

**Table S6.** Mixed Methods Appraisal Tool (MMAT) for mixed method studies.

First author, publication year <sup>ref. no.</sup>	Are there clear research questions?	1	Do the collected data allow to address the research questions?	2	Is there an adequate rationale for using a mixed methods design to address the research question?	3	Are the different componen ts of the study effectively integrated to answer the research question?	4	Are the outputs of the integration of qualitative and quantitative components adequately interpreted?	5	Are divergences and inconsistencie s between quantitative and qualitative results adequately addressed?	6	Do the different components of the study adhere to the quality criteria of each tradition of the methods involved?	7	Score
Dassel et al, 2019 <sup>52</sup>	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	U	U	Y	Y	6/7
Lee et al, 2020 <sup>50</sup>	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	U	U	U	U	5/7