

Supplementary Table S1. Prevalence of healthcare demand behaviour according to selected characteristics, adjusted prevalence ratios (PRs) and corresponding 95% confidence intervals (CI)*, among the subgroup of 3,521 subjects with at least one chronic condition.

	Cancellation/postponement of scheduled visits		Reduction of ED access		Reduction of hospitalisations	
	Prev. (n)	PR ¹ (95% CI)	Prev. (n)	PR ¹ (95% CI)	Prev. (n)	PR ¹ (95% CI)
Overall	26.7 (940)		8.0 (282)		6.1 (217)	
Sex						
Women	24.8 (520)	¹²	7.7 (163)	¹²	5.8 (124)	¹²
Men	29.4 (420)	1.20 (1.07-1.34)	8.3 (119)	1.12 (0.89-1.41)	6.5 (93)	1.16 (0.89-1.51)
Age group						
65-74	24.7 (373)	¹²	6.4 (97)	¹²	4.4 (66)	¹²
≥75	28.3 (567)	1.13 (1.01-1.27)	9.2 (185)	1.56 (1.21-1.99)	7.5 (151)	1.90 (1.42-2.55)
Marital status						
Divorced/widowed/single	26.4 (280)	¹²	7.5 (80)	¹²	5.5 (60)	¹²
Married	26.8 (660)	1.15 (0.93-1.42)	8.2 (202)	0.85 (0.59-1.23)	6.4 (157)	0.86 (0.56-1.31)
Number of household components						
1	28.2 (230)	¹²	6.4 (53)	¹²	4.6 (39)	¹²
2	27.1 (587)	0.86 (0.68-1.08)	7.7 (168)	1.58 (1.02-2.45)	6.2 (134)	1.76 (1.06-2.94)
≥3	22.7 (123)	0.76 (0.58-0.99)	11.3 (61)	2.47 (1.55-3.92)	8.1 (44)	2.59 (1.50-4.46)
<i>P for trend</i>		0.035		<0.001		<0.001
Education level						
None or primary school	25.7 (180)	¹²	9.5 (67)	¹²	6.8 (48)	¹²
Secondary	25.9 (329)	1.02 (0.87-1.20)	6.6 (84)	0.74 (0.54-1.01)	5.5 (70)	0.86 (0.60-1.24)
High school/Degree	27.8 (431)	1.07 (0.91-1.25)	8.4 (131)	0.94 (0.70-1.27)	6.3 (99)	1.02 (0.72-1.45)
<i>P for trend</i>		0.065		0.917		0.711
Self-reported economic status						
Low	21.7 (140)	¹²	10.5 (68)	¹²	6.5 (42)	¹²
Medium	26.6 (691)	1.31 (1.11-1.55)	7.2 (189)	0.85 (0.57-1.27)	5.8 (152)	0.73 (0.48-1.11)
High	39.5 (109)	1.89 (1.53-2.34)	9.1 (25)	1.26 (0.80-1.98)	8.4 (23)	0.80 (0.48-1.33)
<i>P for trend</i>		<0.001		0.074		0.582
Number of comorbidities						
1	20.9 (267)	¹²	7.0 (90)	¹²	5.4 (69)	¹²
2	28.9 (414)	1.44 (1.26-1.65)	7.6 (109)	1.11 (0.85-1.46)	5.5 (79)	1.02 (0.74-1.39)
≥3	32.3 (259)	1.57 (1.35-1.82)	10.2 (83)	1.47 (1.10-1.96)	8.5 (69)	1.55 (1.11-2.15)
<i>P for trend</i>		<0.001		0.012		0.013
COVID-19 infection						
No	26.6 (897)	¹²	7.9 (266)	¹²	6.0 (205)	¹²
Yes	28.5 (43)	0.92 (0.72-1.19)	10.5 (16)	1.31 (0.81-2.11)	7.9 (12)	1.3 (0.75-2.27)
Anxiety symptoms (GAD-2) in 2019						
No (<3)	26.9 (826)	¹²	8.1 (249)	¹²	6.2 (190)	¹²
Yes (≥3)	25.0 (114)	0.95 (0.80-1.14)	7.2 (33)	0.91 (0.63-1.3)	5.8 (27)	0.96 (0.65-1.44)
Change in anxiety symptoms 2020 vs 2019						
Unchanged (<3 in both periods)	26.2 (636)	¹²	7.6 (185)	¹²	5.9 (144)	¹²
Unchanged (≥3 in both periods)	25.3 (102)	1.00 (0.83-1.20)	6.6 (27)	0.9 (0.6-1.34)	5.6 (23)	0.97 (0.63-1.51)
Worsened	30.0 (190)	1.19 (1.04-1.36)	10.1 (64)	1.33 (1.01-1.75)	7.2 (46)	1.22 (0.88-1.69)
Improved	22.9 (12)	0.99 (0.60-1.63)	11.1 (6)	1.52 (0.70-3.29)	7.4 (4)	1.32 (0.50-3.48)
Depressive symptoms (PHQ-2) in 2019						
No (<3)	26.9 (861)	¹²	8.2 (263)	¹²	6.3 (203)	¹²
Yes (≥3)	24.9 (79)	0.95 (0.77-1.17)	5.8 (19)	0.72 (0.45-1.15)	4.3 (14)	0.68 (0.39-1.17)
Change in depressive symptoms 2020 vs 2019						
Unchanged (<3 in both periods)	26.2 (740)	¹²	8.1 (228)	¹²	6.2 (177)	¹²
Unchanged (≥3 in both periods)	24.9 (66)	0.96 (0.77-1.20)	5.1 (14)	0.64 (0.37-1.10)	3.6 (10)	0.57 (0.30-1.09)
Worsened	31.7 (121)	1.20 (1.02-1.40)	9.1 (35)	1.14 (0.81-1.60)	6.7 (26)	1.10 (0.73-1.65)
Improved	24.6 (13)	1.06 (0.65-1.72)	9.2 (5)	1.25 (0.53-2.95)	7.7 (4)	1.32 (0.51-3.39)

GAD-2: Generalized Anxiety Disorder; PHQ-2: Patient Health Questionnaire.

¹Estimated through weighted log-binomial regression models adjusted by sex, age group, marital status, education level, number of household components, self-reported economic status, number of chronic diseases, and self-reported COVID-19 infection.

²Reference category.