

University personality inventory is a 60-item self-report measure assessing whether an individual usually experienced the described symptom during the past year. For each item, a score of 1 was given for “Yes”, and 0 was given for “No”. Lie scales include items 5, 20, 35, and 50, which check the positive aspects of the student's character. Students with a UPI total sum score above 20 or those who respond “yes” to item 25 (“Have an idea of wanting to die”) are identified and guided to arrange personal interviews with mental health professionals

University personality inventory

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| 1 | Poor appetite |
| 2 | Feel sick, stomachache |
| 3 | Easily have diarrhea or constipation |
| 4 | Care about palpitation and pulse |
| 6 | Full of dissatisfaction and complaints |
| 7 | High expectation from parents |
| 8 | My past and family is misfortune |
| 9 | Over-worry about my future |
| 10 | Do not like meeting others |
| 11 | Feel that I am not myself |
| 12 | Lack of enthusiasm and positivity |
| 13 | Pessimistic |
| 14 | Distracted |
| 15 | Over-uneven in emotion |
| 16 | Frequent insomnia |
| 17 | Headache |
| 18 | Ache in neck and shoulder |
| 19 | Chest pain or feel oppressed |
| 21 | Intolerance |
| 22 | Inclined to worry |
| 23 | Restless |
| 24 | Irritable |
| 25 | Have idea of wanting to die |
| 26 | No interest in anything |
| 27 | Declining memory |
| 28 | Lack of patience |
| 29 | Lack of judgment |
| 30 | Too dependent on others |
| 31 | Distressed by blushing |
| 32 | Stuttering, faltering voice |
| 33 | Feel hot and cold |
| 34 | Concern about urination or sexual organs |
| 36 | Uneasy without reason |
| 37 | Feel uneasy when alone |
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38	Lack of confidence
39	Irresolute about anything
40	Easily feel misunderstood
41	Lack faith in others
42	Over-suspicious
43	Unwilling to associate with others
44	Feel self-abased
45	Catastrophizing
46	Physically exhausted
47	In cold sweat when I hurry
48	Dizzy when I stand up
49	Have ever lost consciousness, cramp
51	Over-rigid
52	Cannot give up repeating things
53	Susceptible to dirtiness
54	Cannot get rid of meaningless idea
55	Sense weird smell from myself
56	Suspect others say something bad about me
57	Wary of others
58	Care about others' gaze
59	Feel others despise me
60	Sensitive emotions
