

Table S3. Mental characteristics of the respondents in groups differing in the number of medications taken

Feature (variable)	Number of medications currently taken				P-value
	From 1 to 3 N = 301	From 4 to 6 N = 151	From 7 to 10 N = 40	More than 10 N = 8	
Assessment of basic activities of daily living (ADL scale)					0.017
M ± SD	5.9 ± 0.4	5.9 ± 0.3	5.8 ± 0.5	5.5 ± 0.8	
Me (IQR)	6 (6-6)	6 (6-6)	6 (6-6)	6 (5-6)	
Min - Max	2 - 6	4 - 6	4 - 6	4 - 6	
ADL < 5 pts	3 1.0%	2 1.3%	1 2.5%	1 12.5%	0.049
Assessment of Complex Daily Life Activities (IADL scale)					<0.001
M ± SD	23.3 ± 1.8	22.6 ± 2.6	22.4 ± 2.9	19.5 ± 4.4	
Me (IQR)	24 (24-24)	24 (22-24)	24 (22-24)	20 (16-24)	
Min - Max	13 - 24	11 - 24	12 - 24	14 - 24	
IADL < 24 pts	64 21.3%	54 35.8%	16 40.0%	5 62.5%	<0.001
Mental performance assessment (AMTS scale)					0.273
M ± SD	9.2 ± 1.0	9.1 ± 0.9	9.0 ± 0.9	8.8 ± 1.5	
Me (IQR)	9 (9-10)	9 (9-10)	9 (8-10)	9 (8-10)	
Min - Max	5 - 10	6 - 10	7 - 10	6 - 10	
Assessment of depression in the elderly (GDS-15 scale)					<0.001
M ± SD	4.2 ± 3.6	5.4 ± 4.1	6.5 ± 4.2	8.4 ± 5.1	
Me (IQR)	3 (1-6)	5 (2-9)	6 (3-11)	10 (5-13)	
Min - Max	0 - 14	0 - 15	0 - 13	0 - 13	
GDS-15 > 5 pts	88 29.2%	61 40.4%	21 52.5%	6 75.0%	0.001
Assessment of anxiety in the elderly on the GAS-10 scale					<0.001
M ± SD	6.6 ± 4.4	7.8 ± 4.5	9.1 ± 5.2	10.9 ± 6.6	
Me (IQR)	6 (3-9)	7 (4-10)	9 (5-13)	12 (5-17)	
Min - Max	0 - 25	0 - 22	2 - 23	2 - 19	
GAS > 7 pts (anxiety)	100 33,2%	72 47,7%	23 57,5%	6 75,0%	<0.001
Assessment of social isolation of older people (LSNS-6 scale)					0.048
M ± SD	14.3 ± 6.0	14.2 ± 5.9	14.2 ± 5.3	9.0 ± 2.9	
Me (IQR)	15 (10-18)	14 (10-18)	15 (11-17)	10 (8-11)	
Min - Max	0 - 30	0 - 30	5 - 26	3 - 13	
LSND < 15 pts	144 47.8%	78 51.7%	19 47.5%	8 100.0%	0.032
Assessment of loneliness on the Gierveld scale					0.514
M ± SD	13.2 ± 1.8	13.1 ± 1.8	12.8 ± 1.6	13.8 ± 2.6	
Me (IQR)	13 (12-14)	13 (12-14)	13 (12-14)	14 (13-15)	
Min - Max	8 - 18	6 - 17	8 - 15	9 - 18	
Nutritional Assessment (MNA scale)					0.005
M ± SD	13.0 ± 1.2	12.5 ± 1.8	12.2 ± 1.7	11.8 ± 2.1	
Me (IQR)	13 (12-14)	13 (12-14)	12 (11-14)	12 (11-14)	
Min - Max	8 - 14	6 - 14	6 - 14	8 - 14	
MNA < 12 pts	36 12,0%	32 21,2%	11 27,5%	3 37,5%	0.005