

Table S1. Comparison of Rating Scale of Dependency Act and information from the Survey of Health, Ageing and Retirement in Europe (SHARE).

Rating Scale of Dependency Act		SHARE	
1. Eating and drinking	16.8	1. Eating and drinking	16.8
-Recognize and / or reach the food served	0.25	Eating and drinking tasks	1
-Cut food into pieces	0.20		
-Use fork and knife to bring	0.30		
-The beverage container to the mouth	0.25		
2. Personal hygiene related to urination / defecation	14.8	2. Personal hygiene related to urination / defecation	14.8
-Go to appropriate place	0.20	- Using the toilet,	1
-Manage clothing		including getting up or	
-Move properly	0.15	down	
-Move properly	0.30		
- Clean yourself	0.35		
3. Bathing	8.8	3. Bathing	8.8 + 2.9 ¹
-Open and close the tap	0.15	Bathing or showering	1
-Washing the hands	0.20		
-Go to the bath	0.15		
-Wash the upper part of the body	0.25		
-Wash the down part of the body	0.25		
4. Doing other corporal tasks	2.9	4. Doing other corporal tasks	0
-Comb	0.30	Not available in our data.	
		We imputed the weight of	
		“doing other corporal	
		tasks” to “bathing”	
-Cut the nails	0.15		
-Wash the hair	0.25		
-Wash the teeth			
5. Dressing	11.9	5. Dressing	11.9
-Manage the property clothing	0.15	Dressing and undressing,	1
		including shoes and	
		shocks	
-Put the shoes	0.10		
-Buttoning	0.15		
-Dressing the clothing in the down part of the body	0.30		
-Dressing the clothing in the upper part of the body	0.30		
6. Health	2.9	6. Health	2.9

¹ Since limitations in doing other corporal tasks is not available in SHARE, its weight was imputed to “bathing”.

Rating Scale of Dependency Act		SHARE	
-Ask for therapeutic assistance	0.15	-Taking medications	0.55
-Applied the therapeutic recommendations	0.10	-Use the telephone	0.5
-Avoid risks into home	0.25		
-Avoid risks out of home	0.25		
-Ask for help in case of urgency	0.25		
7. Change and move the position	9.4	7. Change and move the position	9.4
-Change the body from laid to sit down in bed	0.10	- Getting in or out of bed	1
-Change the body from sit down in stand up	0.10		
-Change the body from stand up in sit down in a chair	0.10		
-Transfer while sit down	0.10		
-Transfer while laid	0.10		
-Change the gravitatory point while sit down	0.20		
-Sit down	0.15		
-Stand up	0.15		
8. Move into home	12.3	8. Move into home	12.3
-Move to dress	0.25	-Walking across a room	1
-Move to eat	0.15		
-Move to wash	0.10		
-Move not related to self-care	0.25		
-Move thing in the room	0.10		
-Move around the rooms	0.15		
9. Move out of home	12.2	9. Move out of home	12.2
-Move out of building	0.25	- Leaving the house independently / accessing transportation	1
-Move around of building	0.25		
-Move shortly in known-environment	0.20		
-Move shortly in unknown-environment	0.15		
-Move far away in known-environment	0.10		
-Move far away in unknown-environment	0.05		
10. Housemake tasks	8	10. Housemake tasks	8
-Prepare meal	0.45	-Prepare meal	0.45
-Do the shopping	0.25	-Shopping for groceries	0.25
-Clean the house	0.20	-Doing work around the house or garden	0.20
-Wash clothing	0.10	- Doing personal laundry	0.10

Source: adapted from Oliva-Moreno et al. (2015) and by our own using SHARE and la Resolución de 29 de junio de 2010 por la que se publica el Acuerdo del Consejo Territorial del Sistema para la Autonomía y

Atención a la Dependencia sobre modificación del baremo de valoración de la situación de dependencia establecido en el Real Decreto 504/2007, de 20 de abril.