## Survey of knowledge, attitude, and practice of healthcare workers in oral care of elderly of long-term care institutions

| I. | Knowledge  | Yes | No | Don't know |
|----|--|-----|----|------------|
|    | According to my understanding,   |     |    |            |
| 1  | Oral health is directly related to general health.   |     |    |            |
| 2  | Fluorides can help protect dental health.  |     |    |            |
| 3  | Toothbrushing should be done in the morning after waking up and before bed at night every day.                           |     |    |            |
| 4  | Sugary food, eg candy, increases the risk of tooth decay in residents.   |     |    |            |
| 5  | Dental plaque can cause gum diseases and dental caries.  |     |    |            |
| 6  | Medication is one of the common reasons for dry mouth.   |     |    |            |
| 7  | Dry mouth increases the risk of oral problems.   |     |    |            |
| 8  | Interdental cleaning aids, such as dental floss and interdental brush, can be used to clean the adjacent tooth surfaces. |     |    |            |
| 9  | Mouth rinsing can replace toothbrushing.   |     |    |            |
| 10 | It is normal that the residents feel toothache and sores in their mouth.   |     |    |            |
| 11 | Denture can totally replace natural teeth.   |     |    |            |
| 12 | Denture should be taken out at night, cleaned and soaked.  |     |    |            |
| 13 | It is normal to lose teeth as one gets old.  |     |    |            |
| 14 | Unfit denture may indicate serious oral problems.  |     |    |            |
| 15 | Annual dental check is as important as body check.   |     |    |            |
| 16 | Dental plaque does not form on denture.  |     |    |            |
| 17 | Residents with no teeth need to have dental check regularly.   |     |    |            |
| 18 | The residents with full denture only need mouth rinsing.   |     |    |            |
| 19 | Residents with tubing for feeding need oral care.  |     |    |            |

| II. | . Attitude  |   | disagree | Strongly agree |   |   |  |
|-----|---|---|----------|----------------|---|---|--|
|     | Upon my opinion, I think  | 1 | 2        | 3              | 4 | 5 |  |
| 1   | Daily oral care is an essential procedure.  |   |          |                |   |   |  |
| 2   | Independent residents should clean their dentures by themselves.  |   |          |                |   |   |  |
| 3*  | When I am busy, I tend to ignore oral care to residents.  |   |          |                |   |   |  |
| 4*  | Oral care is an unpleasant task.  |   |          |                |   |   |  |
| 5   | Oral care training for residents can improve my practice skills.  |   |          |                |   |   |  |
| 6*  | I would perform other care procedures instead of oral care procedures to the residents.                     |   |          |                |   |   |  |
| 7*  | It is normal if the gum bleeds while doing oral care to a resident. There is usually no need to follow up.  |   |          |                |   |   |  |
| 8*  | I will only perform oral care to residents who are willing to open their mouth.                             |   |          |                |   |   |  |
| 9   | Oral care to residents is my duty.  |   |          |                |   |   |  |
| 10  | I will assist residents to perform care if they have difficulty.  |   |          |                |   |   |  |
| 11* | I am willing to spend time on oral care for each resident.  |   |          |                |   |   |  |
| 12  | If a resident requests to see a dentist, I am responsible to arrange for making corresponding arrangements. |   |          |                |   |   |  |
| 13  | The outreach dentist programme is helpful in assisting us to deliver oral care to the residents.            |   |          |                |   |   |  |

| III. Practice |  | Strongly disagree Strongly a |   |   |   | y agree |
|---------------|--|------------------------------|---|---|---|---------|
|               | In the past 3 months,  | 1                            | 2 | 3 | 4 | 5       |
| 1             | I will assist all residents in their toothbrushing or wiping their mouths at least once in my shift.     |                              |   |   |   |         |
| 2             | While I am performing oral care, I will brush the resident's teeth.                                      |                              |   |   |   |         |
| 3             | While I am performing oral care, I will brush the margin between teeth and gum.                          |                              |   |   |   |         |
| 4             | While I am performing oral care, I will brush the resident's tongue.                                     |                              |   |   |   |         |
| 5             | I use interdental brush to clean adjacent tooth surfaces for residents with large space between teeth.   |                              |   |   |   |         |
| 6             | I will not perform oral care to residents if there is a risk of choking during the procedure.            |                              |   |   |   |         |
| 7             | I always perform oral care according to the instruction of my unit head or the protocol at my workplace. |                              |   |   |   |         |
| 8             | While performing oral care, I will do oral assessment for the resident.                                  |                              |   |   |   |         |
| 9             | I will refer residents with oral problems to a dentist.  |                              |   |   |   |         |
| 10            | I will inform my senior when I have found oral problems in the resident.                                 |                              |   |   |   |         |
| 11            | I can find adequate equipment to perform oral care to residents in my workplace.                         |                              |   |   |   |         |

Thank you very much!