



Table S1. Hierarchical multiple regression predicting STAI Y1 scores from sociodemographic variables, health-related items, and COVID-19-related questions in the worker group (N = 478).

Predictors	B	β	t	STAI Y1		Adj R ²	F	ΔR^2	ΔF
				95% CI					
Model 1						0.059	8.420 **	0.066	8.420 **
Age	0.010	0.002	0.044	−0.431; 0.451					
Gender	−7.001	−0.244	−5.421 **	−9.539; −4.463					
Marital status	2.571	0.043	0.948	−2.761; 7.904					
Educational level	−2.568	−0.106	−2.129 *	−4.938; −0.198					
Model 2						0.242	26.377 **	0.185	58.215 **
Age	−0.158	−0.035	−0.779	−0.557; 0.241					
Gender	−4.412	−0.153	−3.720 **	−6.742; −2.081					
Marital status	3.028	0.050	1.242	−1.763; 7.819					
Educational level	−2.009	−0.083	−1.853	−4.140; 0.122					
Health evaluation	−2.273	−0.273	−6.763 **	−2.933; −1.612					
Health concern	1.766	0.341	8.382 **	1.352; 2.180					
Model 3						0.240	17.740 **	0.003	0.601
Age	−0.166	−0.037	−0.817	−0.565; 0.233					
Gender	−4.286	−0.149	−3.592 **	−6.630; −1.941					
Marital status	3.200	0.053	1.309	−1.604; 8.004					
Educational level	−2.035	−0.084	−1.873	−4.169; 0.100					
Health evaluation	−2.231	−0.268	−6.589 **	−2.897; −1.566					
Health concern	1.792	0.346	8.417 **	1.373; 2.210					
COVID-19_1	−0.291	−0.012	−0.273	−2.386; 1.804					
COVID-19_2	0.045	0.001	0.028	−3.091; 3.180					
COVID-19_3	−3.159	−0.051	−1.255	−8.105; 1.787					

STAI Y1 = State-Trait Anxiety Inventory Form Y1; CI = Confidence Interval; COVID-19_1 = Knowing of others who are positive for COVID-19; COVID-19_2 = Knowing of others who died of COVID-19; COVID-19_3 = Having had contacts with others positive for COVID-19. * $p < .05$; ** $p < .01$.

Table S2. Hierarchical multiple regression predicting BDI-II scores from sociodemographic variables, health-related items, and COVID-19-related questions in the worker group (N = 478).

Predictors	B	β	t	BDI-II		Adj R ²	F	ΔR^2	ΔF
				95% CI					
Model 1						0.028	4.450 **	0.036	4.450 **
Age	0.084	0.025	0.480	−0.260; 0.428					
Gender	−3.317	−0.150	−3.290 **	−5.299; −1.336					
Marital status	0.710	0.015	0.335	−3.453; 4.873					
Educational level	−2.677	−0.144	−2.841 **	−4.529; −0.826					
Model 2						0.143	14.230 **	0.117	32.598 **
Age	−0.078	−0.023	−0.472	−0.404; 0.247					
Gender	−2.494	−0.113	−2.573 *	−4.399; −0.589					
Marital status	1.429	0.031	0.717	−2.485; 5.343					
Educational level	−2.253	−0.121	−2.542 *	−3.995; −0.511					
Health evaluation	−2.198	−0.343	−7.994 **	−2.739; −1.658					

Health concern	0.196	0.049	1.135	-0.143; 0.534				
Model 3					0.143	9.859 **	0.006	1.100
Age	-0.088	-0.026	-0.533	-0.414; 0.238				
Gender	-2.471	-0.112	-2.538 *	-4.385; -0.557				
Marital status	1.521	0.033	0.763	-2.398; 5.439				
Educational level	-2.287	-0.123	-2.579 **	-4.030; -0.544				
Health evaluation	-2.192	-0.342	-7.925 **	-2.736; -1.649				
Health concern	0.216	0.054	1.241	-0.126; 0.558				
COVID-19_1	0.622	0.034	0.715	-1.088; 2.332				
COVID-19_2	0.670	0.024	0.515	-1.888; 3.228				
COVID-19_3	-3.182	-0.067	-1.550	-7.216; 0.853				

BDI-II = Beck Depression Inventory; CI = Confidence Interval; COVID-19_1 = Knowing of others who are positive for COVID-19; COVID-19_2 = Knowing of others who died of COVID-19; COVID-19_3 = Having had contacts with others positive for COVID-19. * $p < .05$; ** $p < .01$.