

Supplementary Materials



Figure S1. ActiGraph GT3X (LLC, Fort Walton Beach, FL, USA) <https://actigraphcorp.com/support/activity-monitors/gt3x/>

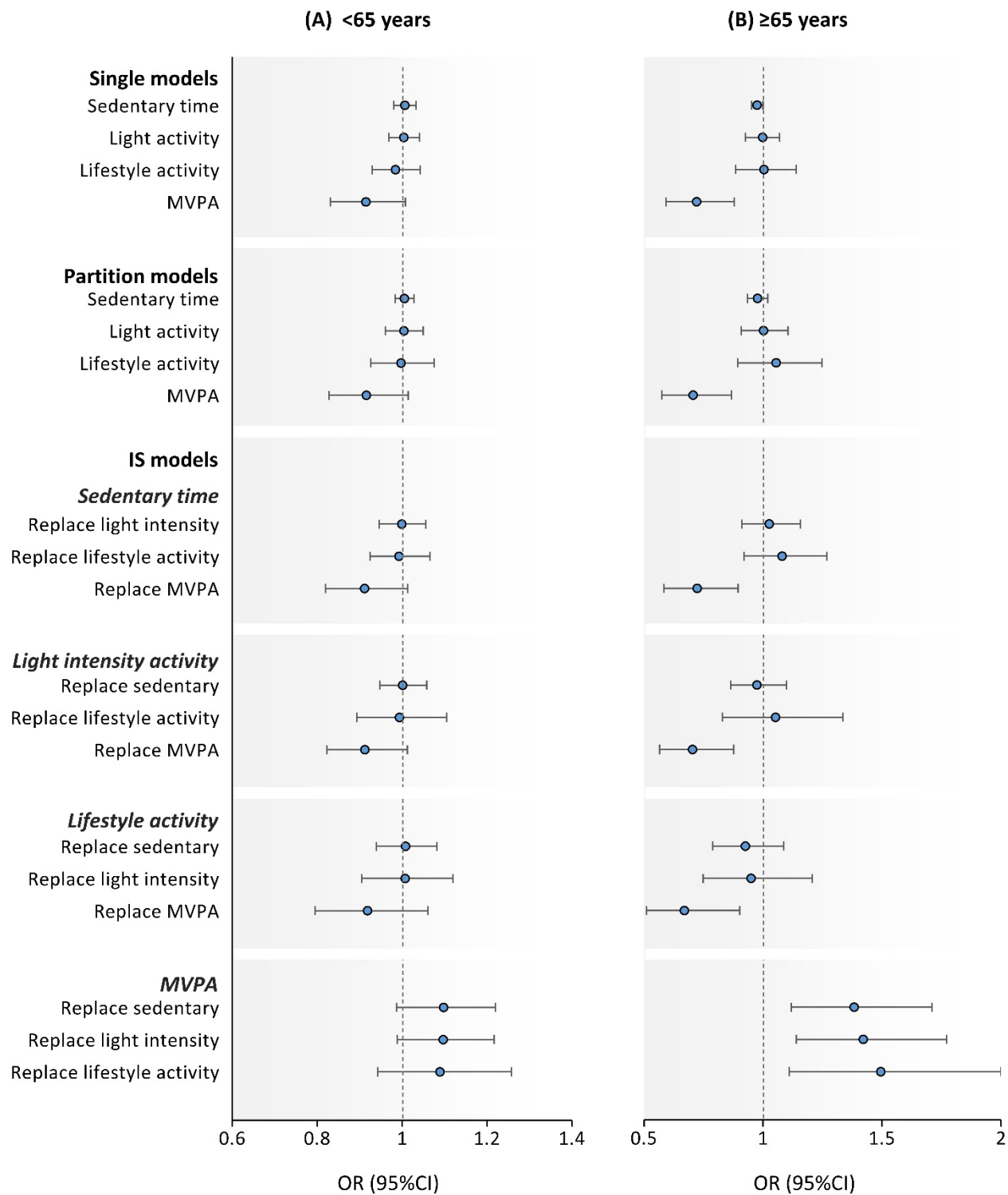


Figure S2. Single factor, partition, and isothermal substitution models examining the association of sedentary behavior, light and lifestyle, and MVPA with adverse cardiometabolic health (≥ 3 risk factors) by age group

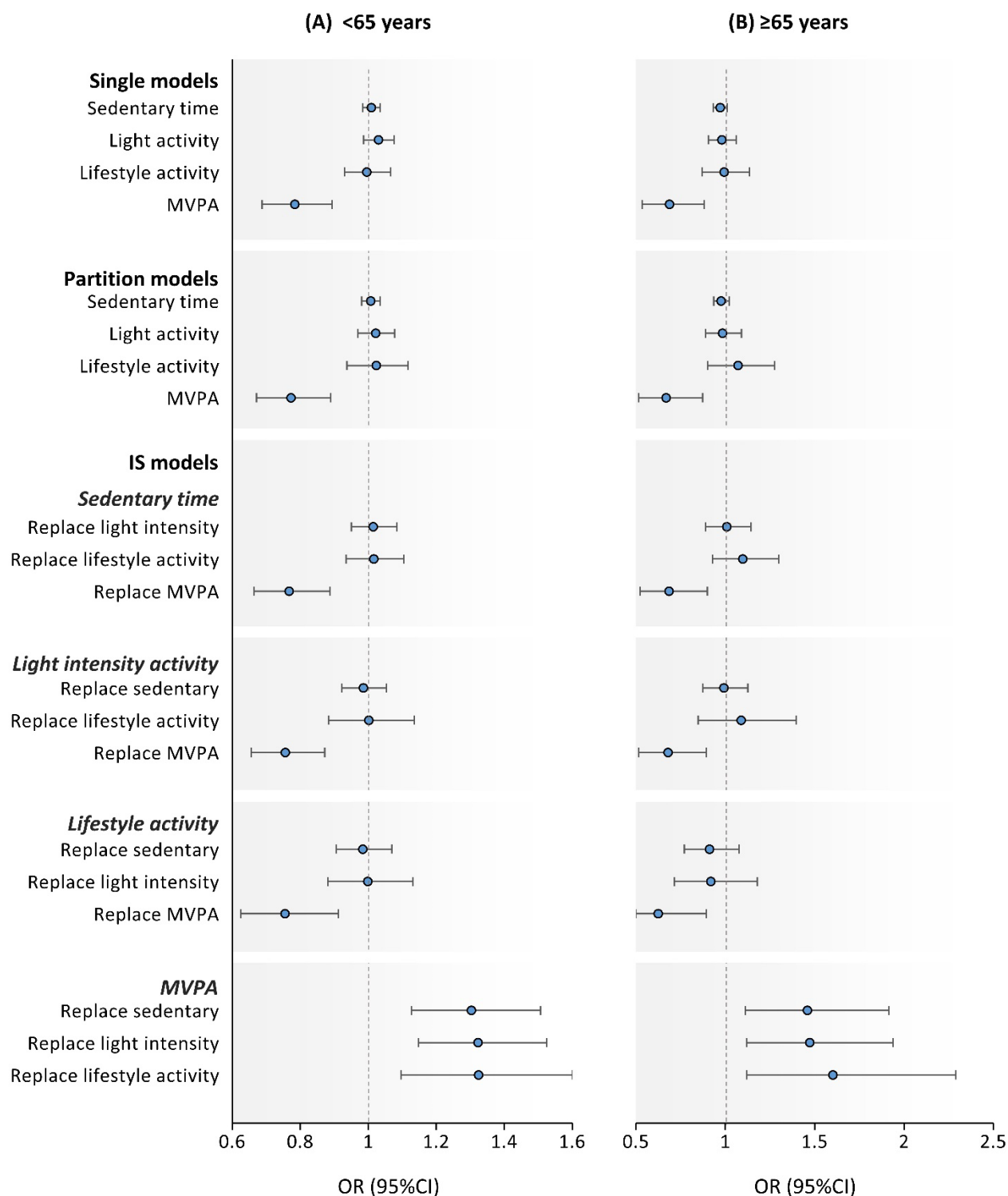


Figure S3. Single factor, partition, and isothermal substitution models examining the association of sedentary behavior, light and lifestyle, and MVPA with adverse cardiometabolic health (≥ 4 risk factors) by age group