

**Regarding your enquiry**

Moses Benjamin (ADHB) &lt;MosesB@adhb.govt.nz&gt;

Thu 5/13/2021 12:48 AM

To: Joseph Roche &lt;joseph.roche@wayne.edu&gt;

[EXTERNAL]

Der Roche

Thank you for your query relating to sick /rest management post vaccination.

We have a National Policy in place currently as below:

**↓ What happens I have a reaction?**

Some people may experience a mild reaction to the COVID-19 vaccination. Where they are injected they may experience soreness, redness, warmth and slight swelling. These effects usually last less than two days and should not stop you from attending work.

However, in the unlikely event that you do require time off work due to the effects of the vaccine, please advise your manager that this should be on paid special leave (PDSP in Workforce Central).

Workforce Central is the platform for recording leave/pay etc.  
I hope this helps.

**Warm Regards****Moses Benjamin**

Allied Health Director

Interim General Manager, Pathology &amp; Laboratory Medicine

Clinical Support Directorate

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Welcome Haere Mai | Respect Manaaki | Together Tūhono | Aim High Angamua

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Dear Moses,  
Greetings!

As indicated in our brief WhatsApp conversation, a few colleagues and I are writing a paper on "just right physical activity" in the context of preventing complications from COVID-19 illness and vaccination. Since you are in a leadership position for your country's department of health, I would be very grateful if you may please be able to share information on trends you are observing with reference to individuals requiring a sick/rest day following COVID-19 vaccination. In my paper, I plan on making the case that, employers should make contingencies to accommodate the need for a sick/rest day for their employees following vaccination, as part of reducing the risk of post vaccination complications.

In my paper, I will cite the information you share as personal correspondence and mention your name and designation. I would also be happy to mention you in the list of acknowledgments in the paper.

Thank you so very much.

Sincerely,  
Roche*Dr. Joseph A. Roche, BPT, Dip. Rehab. PT, PhD*

Pronouns: he, him, his

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