

Table S1– Multinomial logistic regression of emotional eating by predictors.

	Relative risk ratios					
	2	3	4	5	6	7
Gender						
Male	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
Female	1,7**	2,1**	2,3**	2,1**	2,9**	2,6**
Age						
18-29	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
30-39	1,1	1,0	1,2*	1,3**	1,4*	2,0**
40-49	1,0	1,0	1,1	1,0	1,1	1,7**
50-59	1,0	0,9*	0,9	0,7**	0,8	1,4*
60-69	0,9*	0,8*	0,7**	0,5**	0,4**	0,8
70+	0,7**	0,5**	0,5**	0,3**	0,2**	0,4**
Education level						
Primary school	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
High or trade school	1,0	1,1	1,0	1,1	1,2	1,0
≤ 3 years of higher education	1,1	1,1	1,1	1,2	1,3	0,8
≥ years of higher education	1,2*	1,1	1,0	1,2	1,3	0,7*
Quarantined						
No	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
Yes	1,1*	1,3**	1,2*	1,3**	1,2*	1,4*
Temporarily laid-off						
No	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
Yes	1,2*	1,0	0,9	1,1	1,0	0,9
Health-related worrie						
None	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
Some	1,2*	1,5**	1,4**	1,4**	1,3*	1,2*
Substantial	1,1	1,5**	1,4**	1,5**	1,4*	1,6**
Economy-related worries						
None	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
Some	1,1	1,4**	1,5**	1,3**	1,6**	1,5**
Substantial	1,0	1,4**	1,8**	1,7**	2,3**	3,0**
Psychological distress						
SCL10 ≤ 1,85	Ref.	Ref.	Ref.	Ref.	Ref.	Ref.
SCL10 ≥ 1,85	1,9**	3,5**	4,7**	6,7**	9,9**	12,5**

*significant at p < 0.05

**significant at p < 0.001