



## Supplementary Material

**Table 1.** Association between alcohol consumption and LDL-C level in men.

Alcohol consumption	LDL-C level		$\chi^2$	<i>p</i> -value
	<4.1 mmol/L	≥4.1 mmol/L		
Ever- drinker	77 (91.7)	7 (8.3)		
Non drinker	64 (80.0)	16 (20.0)	4.63	0.031

**Table 2.** Differences in serum lipid among the 3 categories of 25 (OH)D concentration in women.

Serum lipid	25 (OH)D concentration			<i>F</i> -value	<i>p</i> -value
	<75 nmol/L	75-100 nmol/L	>100 nmol/L		
TC	4.94 ± 0.81 <sup>a</sup>	4.82 ± 0.92 <sup>b</sup>	4.58 ± 0.91 <sup>ab</sup>	4.17	0.016
TG	1.32 ± 0.66 <sup>a b</sup>	1.60 ± 0.89 <sup>a</sup>	1.55 ± 0.86 <sup>b</sup>	4.52	0.011
HDL-C	1.44 ± 0.32 <sup>a b</sup>	1.34 ± 0.32 <sup>a</sup>	1.36 ± 0.29 <sup>b</sup>	4.20	0.016
LDL-C	2.88 ± 0.74 <sup>a</sup>	2.75 ± 0.79 <sup>b</sup>	2.52 ± 0.72 <sup>ab</sup>	6.01	0.003

For post-hoc results (LSD tests): <sup>a b</sup> Significant difference between the 2 categories, *p*<0.05.