

**Supplementary Table S1.** Reasons for exclusion of studies.

| Study authors                       | Reasons for exclusion   |
|-------------------------------------|---|
| Alvarez-Rincon et al. 2018 [S1]     | Only abstract available   |
| Bovenzi et al. 2016 [S2]            | No information on outcomes rotator cuff syndrome/subacromial impingement syndrome given |
| Castillo-Lozano 2017 [S3]           | No information on outcomes rotator cuff syndrome/subacromial impingement syndrome given |
| Dalbøge et al. 2016 [S4]            | No information on outcomes given  |
| Haugsboe et al. 2018 [S5]           | No information on outcomes rotator cuff syndrome/subacromial impingement syndrome given |
| Keener et al. 2017 [S6]             | No information on included exposures, e.g. hand above shoulder level                    |
| Klussmann et al. 2017 [S7]          | No information on outcomes rotator cuff syndrome/subacromial impingement syndrome given |
| Lubiatowski et al. 2018 [S8]        | Missing diagnosis of rotator cuff syndrom in control subjects                           |
| Saleem et al. 2018 [S9]             | No information on outcomes rotator cuff syndrome/subacromial impingement syndrome given |
| Thorlund Jakobsen et al. 2018 [S10] | No information on outcomes rotator cuff syndrome/subacromial impingement syndrome given |

## References

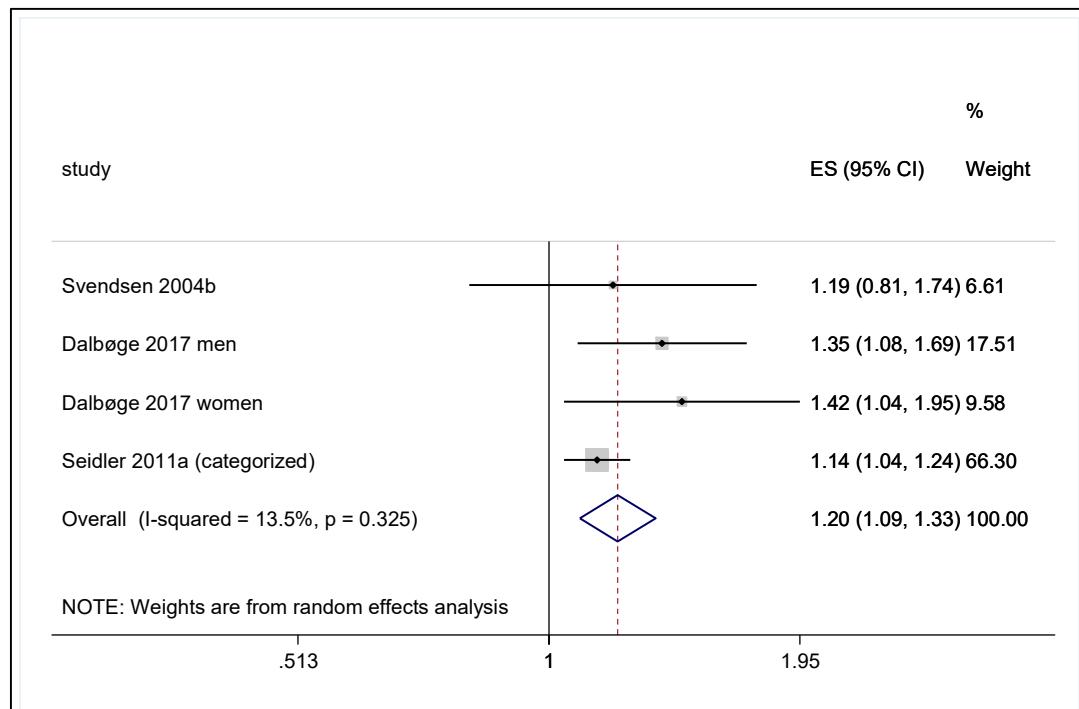
- S1. Alvarez-Rincón, D.; Perez, N. 1054 physical workload exposure threshold in cumulative-trauma disorders useful for primary prevention and for causal assessment: A 12.5 y follow-up cohort study. BMJ Publishing Group Ltd: 2018.
- S2. Bovenzi, M.; Prodi, A.; Mauro, M. A longitudinal study of neck and upper limb musculoskeletal disorders and alternative measures of vibration exposure. *International archives of occupational and environmental health* **2016**, *89*, 923-933.
- S3. Castillo-Lozano, R. Epidemiology and prevention strategies for the musculoskeletal injuries in the paddle-tennis senior players. *Science & Sports* **2017**, *32*, e101-e106.
- S4. Dalbøge, A.; Hansson, G.-Å.; Frost, P.; Andersen, J.H.; Heilskov-Hansen, T.; Svendsen, S.W. Upper arm elevation and repetitive shoulder movements: A general population job exposure matrix based on expert ratings and technical measurements. *Occup Environ Med* **2016**, *73*, 553-560.
- S5. Andersson, S.H.; Bahr, R.; Clarsen, B.; Myklebust, G. Risk factors for overuse shoulder injuries in a mixed-sex cohort of 329 elite handball players: Previous findings could not be confirmed. *Br J Sports Med* **2018**, *52*, 1191-1198.
- S6. Keener, J.D.; Skelley, N.W.; Stobbs-Cucchi, G.; Steger-May, K.; Chamberlain, A.M.; Aleem, A.W.; Brophy, R.H. Shoulder activity level and progression of degenerative cuff disease. *Journal of shoulder and elbow surgery* **2017**, *26*, 1500-1507.
- S7. Klussmann, A.; Liebers, F.; Gebhardt, H.; Rieger, M.A.; Latza, U.; Steinberg, U. Risk assessment of manual handling operations at work with the key indicator method (kim-mho)—determination of criterion validity regarding the prevalence of musculoskeletal symptoms and clinical conditions within a cross-sectional study. *BMC musculoskeletal disorders* **2017**, *18*, 184.
- S8. Lubiatowski, P.; Kaczmarek, P.; Cisowski, P.; Breborowicz, E.; Grygorowicz, M.; Dzianach, M.; Krupecki, T.; Laver, L.; Romanowski, L. Rotational glenohumeral adaptations are associated with shoulder pathology in professional male handball players. *Knee Surgery, Sports Traumatology, Arthroscopy* **2018**, *26*, 67-75.

- S9. Saleem, M.; Tanveer, F.; Ahmad, A.; Gilani, S.A. Correlation between shoulder pain and functional disability. *Rawal Medical Journal* **2018**, 43.
- S10. Jakobsen, E.L.T.; Biering, K.; Kærgaard, A.; Dalbøge, A.; Andersen, J.H. Long-term prognosis for neck-shoulder pain and disorders: A 14-year follow-up study. *Occup Environ Med* **2018**, 75, 90-97.

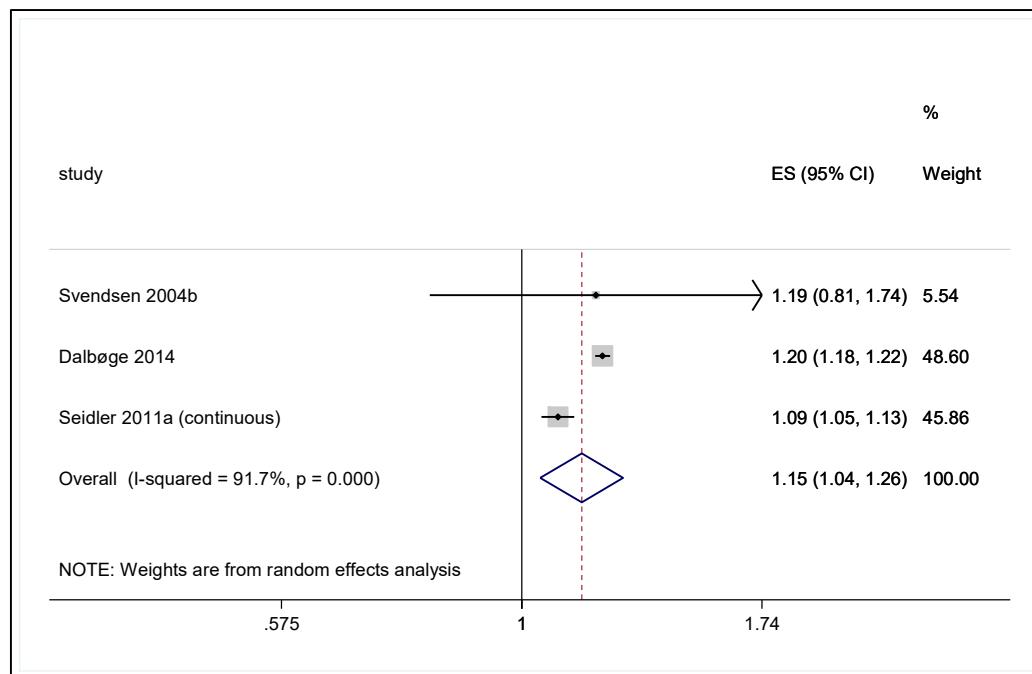
**Supplementary Table S2.** Above-shoulder work sensitivity analyses.

| Sensitivity analysis | Studies  | OR, per 1000 hours (95% CI) | Doubling dose (lifetime hours) | Supplementary Figure # |
|----------------------|--|-----------------------------|--------------------------------|------------------------|
| 1                    | Dalbøge 2017 men,<br>Dalbøge 2017 women,<br>Svendsen 2004 men,<br>Seidler 2011 men (categorized) | 1.20<br>(1.09, 1.33)        | 3802                           | 1                      |
| 2                    | Dalbøge 2014 men and women<br>Svendsen 2004 men<br>Seidler 2011 men                              | 1.15<br>(1.04, 1.26)        | 4959                           | 2                      |
| 3                    | Svendsen 2017 men and women<br>Svendsen 2004 men<br>Seidler 2011 men                             | 1.16<br>(1.03, 1.30)        | 4670                           | 3                      |

**Supplementary Figure S1.** Forest plot of shoulder disease risk due to work above shoulder level (sensitivity analysis 1).



**Supplementary Figure S2.** Forest plot of shoulder disease risk due to work above shoulder level (sensitivity analysis 2).



**Supplementary Figure S3.** Forest plot of shoulder disease risk due to work above shoulder level (sensitivity analysis 3).

