

## Supplementary Materials

**Table S1.** Summary of elemental biomarker quality control measures.

| Biomarker        | Element | Detection Limit<br>( $\mu\text{g/L}$ ) | Detection Frequency | Accuracy | Precision |
|------------------|---------|----------------------------------------|---------------------|----------|-----------|
| Blood Elements   | Ca      | 70,747                                 | 21%                 | N.A      | 10%       |
|                  | Mg      | 1002.4                                 | 100%                | N.A      | 8%        |
|                  | Fe      | 2299.1                                 | 100%                | N.A      | 7%        |
|                  | Se      | 9.1                                    | 100%                | 86%      | 8%        |
|                  | Cu      | 154.3                                  | 100%                | 103%     | 8%        |
|                  | Zn      | 11,169.4                               | 13%                 | 94%      | 11%       |
| Urinary Elements | Ca      | 7336.1                                 | 93%                 | N.A      | 9%        |
|                  | Mg      | 347.6                                  | 100%                | N.A      | 5%        |
|                  | Fe      | 170.5                                  | 19%                 | N.A      | 19%       |
|                  | Se      | 1.3                                    | 99%                 | 63%      | 7%        |
|                  | Cu      | 362.2                                  | 100%                | 109%     | 26%       |
|                  | Zn      | 133.3                                  | 100%                | 123%     | 24%       |

NA—Not Available.

**Table S2.** Mean probability of dietary micronutrient adequacy (= % > RDA) of e-waste recyclers and controls.

| Dietary Micronutrient Intake (mg) | E-Waste Recyclers |      | Controls | <i>p</i> -value |      |
|-----------------------------------|-------------------|------|----------|-----------------|------|
|                                   | n                 | (%)  | n        | (%)             |      |
| Ca                                | 6                 | (6)  | 2        | (3.9)           | 0.59 |
| Mg                                | 2                 | (2)  | 0        | (0)             | 0.31 |
| Se                                | 9                 | (9)  | 11       | (21.57)         | 0.03 |
| Zn                                | 46                | (46) | 15       | (29.4)          | 0.05 |
| Cu                                | 10                | (10) | 3        | (5.9)           | 0.39 |
| Fe                                | 96                | (96) | 50       | (98.0)          | 0.51 |