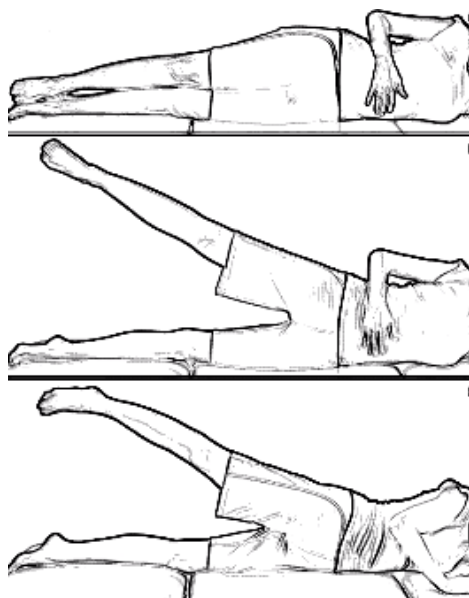




A. Active Hip Abduction (AHAbd) test

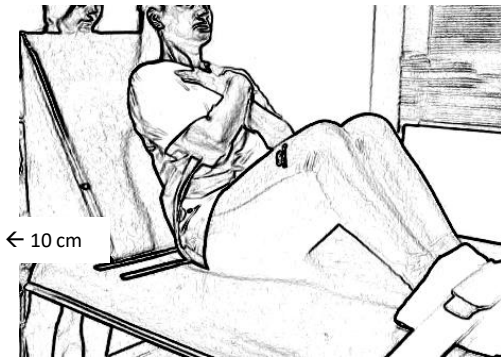


B. Active Straight Leg Raise (ASLR) test

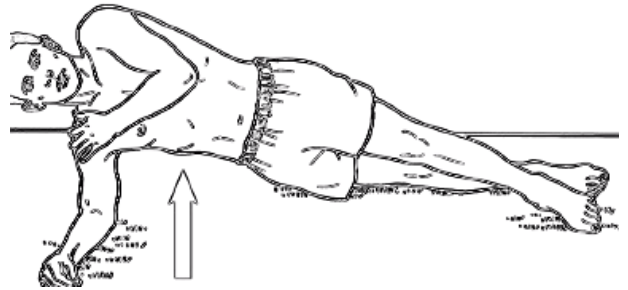


C. Prone Knee Flexion (PKF) test: correct (on the left), not correct (on the right)

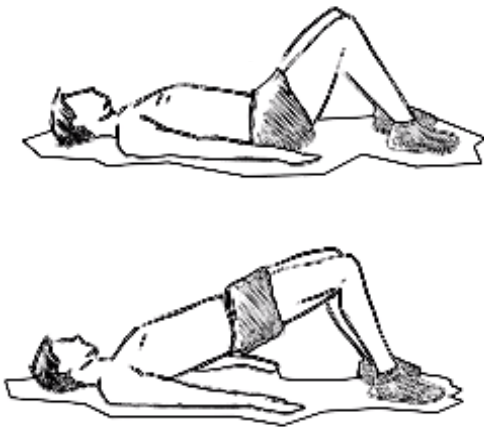
Figure S1. Motor Control Test. (A) AHAbd test, (B) ASLR test, (C) PKF test



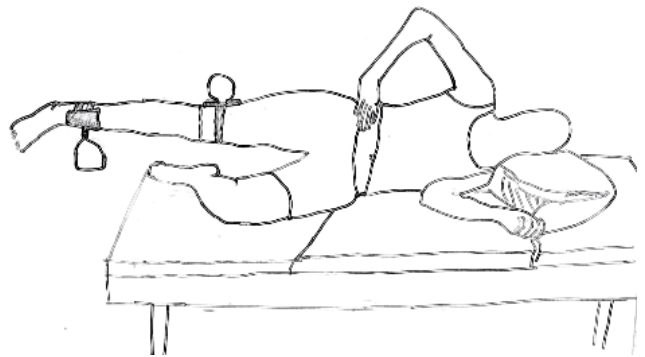
A. Abdominal endurance test



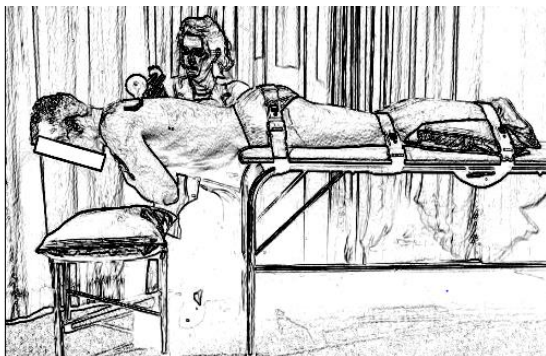
B. Side bridge test



C. Supine bridge test



D. Isometric hip abduction test



E. Biering-Sorensen test

Figure S2. Test of muscle endurance. (A) Abdominal, (B) Side bridge, (C) Supine Bridge, (D) Isometric hip abduction, (E) Biering- Sorensen test