

| | Focused | Soothing | Structured | Avoidant |
|--|---------|----------|------------|----------|
| 10. I get into the knowledge he/she has about the covid-19 | .51 | | | |
| 12. I show him/her some of the preventive and protective actions we all should take (e.g., washing hands properly) | .67 | | | |
| 13. I try to solve his/her doubts about the covid-19, and its consequences | .78 | | | |
| 14. I encourage him/her to express his/her emotions about the situation | .73 | | | |
| 4. I try to keep calm so my child cannot feel my anxiousness | | .46 | | |
| 5. If needed, I explain that he/she and our family and close friends are safe | | .36 | | |
| 15. I often show him/her affect (saying “I love you”, holding him/her) | | .46 | | |
| 6. I set a daily schedule and activities plan | | | .55 | |
| 7. I try to get him/her to exercise every day | | | .68 | |
| 8. Under the current circumstances, I try that he/she keeps a well- balanced diet | | | .62 | |
| 9. I try to share leisure activities with my child | | | .68 | |
| 11. I control the time he/she spends watching TV, and the kind of informative programs he/she watches | | | .59 | |
| 1. I avoid talking to him/her about covid-related issues | | | | .67 |
| 2. I try not to let him/her know the seriousness of the problem | | | | .86 |
| 3. I tell him/her not to worry | | | | .36 |