

**Table S1:** Sleep disturbance and suicidal thoughts

The sleep disturbance of participants was assessed with the question: “In the past week, did you have sleep problems?”
Suicidal thoughts were evaluated by the question: “In the past week, did you ever have suicidal thoughts?”

**Table S2.** Worry about COVID-19

The first question was “If you were to develop flu-like symptoms tomorrow, would you be...” with the response ranging from 0 (not at all worried) to 6 (extremely worried).
The second question was “In the past one week, have you ever worried about catching COVID-19?” with the response ranging from 1 (no, never think about it) to 5 (worried about it all the time).
The third question was “Please rate the current level of your worry towards COVID-19”; the score of this item ranged from 1 (very mild) to 10 (very severe).
The fourth question was “How likely do you think it is that you will contract COVID-19?” with the response ranging from 0 (never) to 6 (certain).
The fifth question was “What do you think are your chances of getting COVID-19 over the next 1 month compared to others outside your family?” with the response ranging from 1 (not at all) to 7 (certain).

**Table S3.** Impact of the COVID-19 pandemic on participants’ daily lives.

<b>These questions were as following:</b>
In the past week, did you
1) avoid going to crowded places
2) keep good indoor ventilation
3) clean or disinfect the house more often
4) wash your hands more often
5) wear a mask more often
6) search for information on COVID-19
7) miss reservations at clinics?

**Table S4.** Impact of the COVID-19 pandemic on social interaction.

<b>The questions included:</b>
In the past week, did you reduce the frequency of your social interaction with your
1) neighborhood,
2) family,
3) friends, and
4) colleagues or classmates?

**Table S5.** Academic/occupational interference by the COVID-19 pandemic.

<b>The question was as following:</b>
In the past week, did the COVID-19 pandemic interfere with your academic or occupational performance?

**Table S6.** Perceived social support and COVID-19-specified support.

<b>For social support, the questions were as following:</b>
In the past week were you satisfied with the support you received from your
1) family members
2) friends
3) colleagues or classmates?
<b>For COVID-19 specific support, the questions were as following:</b>
During the COVID-19 pandemic, did you get enough resources or support with regard to the following:
1) basic equipment for daily lives, such as masks or hand sanitizer
2) information about infection control
3) financial support
4) medical resources
5) mental support?

**Table S7.** Self-reported physical health.

<b>The two questions were as following:</b>
1. How is your physical health state compared with other people in the past week?
2. How was your physical health state compared with other people before the COVID-19 pandemic?