

Supplementary table 1. Frequencies for studied variables

| | Total | | Females | | Males | |
|---------------------------------|-------|-------|---------|-------|-------|-------|
| | F | % | F | % | F | % |
| Urban/Rural | | | | | | |
| Rural | 548 | 62.8% | 252 | 62.4% | 288 | 62.6% |
| Urban | 324 | 37.2% | 152 | 37.6% | 172 | 37.4% |
| Socioeconomic status | | | | | | |
| Below average | 14 | 1.6% | 2 | 0.5% | 12 | 2.6% |
| Average | 812 | 93.1% | 390 | 96.5% | 414 | 90.0% |
| Above average | 46 | 5.3% | 12 | 3.0% | 34 | 7.4% |
| Paternal education | | | | | | |
| Elementary school | 64 | 7.3% | 42 | 10.4% | 22 | 4.8% |
| High school | 636 | 72.9% | 292 | 72.3% | 336 | 73.0% |
| College level | 96 | 11.0% | 40 | 9.9% | 56 | 12.2% |
| University level | 76 | 8.7% | 30 | 7.4% | 46 | 10.0% |
| Maternal education | | | | | | |
| Elementary school | 266 | 30.5% | 150 | 37.1% | 116 | 25.2% |
| High school | 495 | 56.8% | 212 | 52.5% | 283 | 61.5% |
| College level | 50 | 5.7% | 22 | 5.4% | 28 | 6.1% |
| University level | 61 | 7.0% | 26 | 6.4% | 35 | 7.6% |
| Smoking | | | | | | |
| Never smoked | 580 | 66.5% | 280 | 69.3% | 294 | 63.9% |
| Quitted | 44 | 5.0% | 14 | 3.5% | 28 | 6.1% |
| From time to time but not daily | 160 | 18.3% | 74 | 18.3% | 86 | 18.7% |
| Daily smoking (< 10 cigs) | 42 | 4.8% | 20 | 5.0% | 22 | 4.8% |
| Daily smoking (> 10 cigs) | 46 | 5.3% | 16 | 4.0% | 30 | 6.5% |
| AUDIT CAT | | | | | | |
| Nonharmful drinking | 772 | 88.5% | 374 | 92.6% | 390 | 84.8% |
| Harmful drinking | 100 | 11.5% | 30 | 7.4% | 70 | 15.2% |
| Illicit drugs | | | | | | |
| Nonusers | 830 | 95.2% | 390 | 96.5% | 440 | 95.7% |
| Users | 34 | 3.9% | 14 | 3.5% | 20 | 4.3% |
| PA_changes | | | | | | |
| incline | 336 | 38.5% | 146 | 36.1% | 182 | 39.6% |
| decline | 536 | 61.5% | 258 | 63.9% | 278 | 60.4% |