

Table S1: objective and subjective change criteria

12 « Objective » change criteria

Residential stability

- 1: no residential stability
- 2: weak residential stability
- 3: average residential stability (housing and shelter)
- 4: considerable residential stability (several successive housing episodes)
- 5: absolute residential stability (always in the same housing)

Reduction in consumption on substances/addiction

- 1: aggravation of consumption
- 2 : stability in consumption
- 3 : important consumption but less than before entering the program
- 4 : intermittent consumption
- 5 : no more consumption

Increase in resources

- 1: no resources
- 2: fewer resources than before
- 3: same amount of resources as before
- 4: somewhat more resources than before
- 5: many more resources than before

Eligibility for entitlements

- 1: loss of entitlements
- 2: same entitlements as before
- 3: access to entitlements
- 4: obtained several new entitlements
- 5 : all entitlements for which eligible

Social ties

- 1: break in social ties
- 2: no new social relationships outside those with professionals
- 3: at least one social relationship outside those with professionals
- 4: several new social relationships
- 5: increase in and diversification of social relationships

Family

- 1: no relationship to family

- 2: maintains a relationship with one family member
- 3: maintains a relationship with several family members
- 4: contact renewed with one family member
- 5: contact renewed with several family members

Sexuality/couple

- 1: no sexual relations or couple relationship
- 2: keeps a couple relationship
- 3: new relationship/lover
- 4: new couple relationship
- 5: Living in a couple

Work

- 1: no work
- 2: new training
- 3: intermittent work
- 4: return to part-time work
- 5: return to full-time work

Activities (outings-leisure-sports-cultural activities etc.)

- 1: no activities
- 2: fewer activities than before
- 3: same activities as before
- 4: a new activity
- 5: several new activities

Physical health

- 1: In worse health than before
- 2: In bad health like before
- 3: In good health like before
- 4: In better health than before
- 5: In much better health than before

Mental health

- 1: In worse health than before
- 2: In bad health like before
- 3: In good health like before
- 4: In better health than before
- 5: In much better health than before

Search for treatment, alternative resources

- 1: no treatment sought, like before
- 2: treatment seeking, like before
- 3: a new search for treatment
- 4: search for several types of treatment
- 5: search for treatment and alternative resources

6 « Subjective » change criteria

Hope, projection, goal-setting

- 1: no hope, like before
- 2: hope, like before, but no short-term goal-setting
- 3: more hope than before, but no short-term goal-setting
- 4: more hope, short-term goal setting, beginning to project future
- 5: more hope, beginning to project future, short- and medium-term goal setting

Reflexivity

- 1: No reflexivity, like before
- 2: beginnings of reflexivity
- 3: intermittent reflexivity
- 4: strong reflexivity (regarding self, others)
- 5: very strong reflexivity (regarding self, others, proximal environment and society)

Identity and social roles

- 1: Re-acquired a low-esteem identity, like before
- 2: re-acquired a lower-esteem identity
- 3: re-acquired a more positive identity
- 4: re-acquired an identity and new social role
- 5: required a positive identity and several new social roles

Ontological security

- 1: no sense of security, like before
- 2: weak sense of security, like before
- 3: medium sense of security, compared to before
- 4: sense of security about some aspects of life
- 5: complete sense of security

Symptom/disorder control

- 1: no control, like before
- 2: weak control, like before
- 3: occasional better control than before
- 4: good control of persistent symptoms

5: subjective absence of symptoms

Elaboration of strategies

1: no strategies, like before

2: some strategies, like before

3: a new strategy

4: several new strategies

5: several effective strategies

Table S2. Scores on scale of factors affecting recovery and trajectory type.

Respondant	Summary calculation (12 objective variables; maximum score = 60). Percentages: actual summary score /maximum possible summary score.	Summary calculation (6 subjective variables; maximum score = 30) Percentages: actual summary score /maximum possible summary score.	Typology of trajectories*	
			Researcher 1	Researcher 2
Fouad	38 - 63%	18 – 60%	2	2
Sabine	33 - 55%	15 - 50%	1	1
Dylan	40 -66%	28– 93%	3	3
Christian	42 - 70%	25 – 83%	3	3
Tom	38 – 63%	22 – 73%	2	3
Dominique	43 – 71%	20- 66%	2	2
Hamed	32 - 53%	17 – 56%	2	2
Mouloud	31 – 51%	14 – 23%	2	2
Hervé	23 – 38%	14 – 23%	1	1
Raymond	35 – 58%	16 – 53%	2	2
Louis	42 – 70%	25 – 83%	3	3
Bernard	35 – 58%	22 – 73%	1	1
Elias	32 – 53%	20 – 66%	2	3

Legend : Grey shading : experimental group; White shading: control group; *Type 1 trajectory, experimental group only: downward trajectory before entering the program with a **cushioning effect** on the downward course.

Type 2 trajectory: « Jagged trajectory» with **intermittent positive effect** on the trajectory. Type 3 trajectory: « Split» trajectory” with upward course and bifurcation, or **rebound effect**