

## Supplementary Materials: Different Risk Factors for Very Low Birth Weight, Term-Small-for-Gestational-Age, or Preterm Birth in Japan

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**Table S1.** The parental characteristics of participants imputed missing values.

	<i>N (%)</i>			<i>N (%)</i>	
<b>Maternal characteristics</b>			<b>Paternal characteristics</b>		
<b>Age at entry (years old)</b>			<b>Age at entry (years old)</b>		
≤24	2635	(14.6)	≤24	1320	(7.3)
25–34	12290	(68.1)	25–34	11399	(63.1)
≥35	3134	(17.4)	≥35	5340	(29.6)
<b>Prepregnancy BMI (kg/m<sup>2</sup>)</b>			<b>Smoking habit during 1st trimester</b>		
<18.5	3054	(16.9)	No	6451	(35.7)
18.5–24.9	13297	(73.6)	Yes	1734	(9.6)
25.0–29.9	1346	(7.5)	<b>Previous medical history</b>		
≥30.0	362	(2.0)	No	11351	(62.9)
<b>Active smoking during 1st trimester</b>			Yes	6708	(37.1)
No	15846	(87.7)	<b>Paternal educational level (years)</b>		
Yes	2213	(12.3)	≤9	1332	(7.4)
<b>Passive smoking during 1st trimester</b>			10–12	7864	(43.5)
No	5603	(31.0)	13–15	4144	(22.9)
Yes	12456	(69.0)	≥16	4719	(26.1)
<b>Drinking habit during 1st trimester</b>			<b>Familial characteristics</b>		
Never	7153	(39.6)	<b>Household income (million yen)</b>		

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Ex-drinker	8794	(48.7)	<3.0	4612	(25.5)
Current drinker	2112	(11.7)	3.0–4.9	8141	(45.1)
<b>Previous medical history</b>			5.0–7.9	4220	(23.4)
No	9783	(54.2)	≥8	1086	(6.0)
Yes	8276	(45.8)			
<b>Regular use of any supplement</b>					
No	12565	(69.6)			
Yes	5494	(30.4)			
<b>Using ART</b>					
No	17347	(96.1)			
Yes	712	(3.9)			
<b>Maternal educational level (years)</b>					
≤9	934	(5.2)			
10–12	7825	(43.3)			
13–15	7446	(41.2)			
≥16	1854	(10.3)			

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ART, assisted reproductive technology; BMI, body mass index.

**Table S2.** Parental characteristics by very low birth weight ( $n=72$ ), term-small for gestational age ( $n = 1192$ ) births, and preterm birth ( $n=805$ ) imputed missing values.

No	38	0.4	9745	99.6	0.81	642	6.9	8724	93.1	0.70	398	4.1	9385	95.9	<0.01
Yes	34	0.4	8242	99.6		550	7.0	7304	93.0		407	4.9	7869	95.1	
<b>Regular use of any supplement</b>															
No	50	0.4	12515	99.6	0.98	802	6.7	11178	93.3	0.08	559	4.4	12006	95.6	0.93
Yes	22	0.4	5472	99.6		390	7.4	4850	92.6		246	4.5	5248	95.5	
<b>Using ART</b>															
No	65	0.4	17282	99.6	0.01	1142	6.9	15424	93.1	0.46	747	4.3	16600	95.7	<0.01
Yes	7	1.0	705	99.0		50	7.6	604	92.4		58	8.1	654	91.9	
<b>Maternal educational level (years)</b>															
≤9	4	0.4	930	99.6		74	8.3	813	91.7		43	4.6	891	95.4	
10–12	32	0.4	7793	99.6	0.70	515	6.9	6967	93.1	<0.01	325	4.2	7500	95.8	0.25
13–15	26	0.3	7420	99.7		512	7.2	6565	92.8		358	4.8	7088	95.2	
≥16	10	0.5	1844	99.5		91	5.1	1683	94.9		79	4.3	1775	95.7	
<b>Paternal characteristics</b>															
<b>Age at entry (years old)</b>															
<24	5	0.4	1315	99.6		90	7.1	1179	92.9		49	3.7	1271	96.3	
25–34	36	0.3	11363	99.7	0.04	748	6.9	10141	93.1	0.93	287	2.6	10912	97.4	0.03
≥35	31	0.6	5309	99.4		354	7.0	4708	93.0		269	5.0	5071	95.0	
<b>Smoking habit during 1st trimester</b>															
No	19	0.3	6432	99.7	0.10	396	6.4	5782	93.6	0.05	262	4.1	6189	95.9	0.05
Yes	53	0.5	11555	99.5		796	7.2	10246	92.8		543	4.7	11065	95.3	
<b>Previous medical history</b>															
No	46	0.4	11305	99.6	0.86	736	6.8	10116	93.2	0.34	477	4.2	10874	95.8	0.03
Yes	26	0.4	6682	99.6		456	7.2	5912	92.8		328	4.9	6380	95.1	

Paternal educational level (years)														
≤9	6	0.5	1326	99.5		93	7.3	1181	92.7		51	3.8	1281	96.2
10–12	31	0.4	7833	99.6	0.99	538	7.2	6979	92.8	0.03	328	4.2	7536	95.8
13–15	16	0.4	4128	99.6		291	7.4	3628	92.6		216	5.2	3928	94.8
≥16	19	0.4	4700	99.6		270	6.0	4237	94.0		210	4.5	4509	95.5
Familial characteristics														
Household Income at entry (million yen)														
<3.0	14	0.3	4598	99.7		320	7.2	4111	92.8		168	3.6	4444	96.4
3.0–4.9	33	0.4	8108	99.6	0.54	523	6.7	7227	93.3	0.81	375	4.6	7766	95.4
5.0–7.9	21	0.5	4199	99.5		278	6.9	3731	93.1		206	4.9	4014	95.1
≥8	4	0.4	1082	99.6		71	6.9	959	93.1		56	5.2	1030	94.8

1: Calculated by Chi-square test. 2: Term- small for gestational age (term-SGA) case group were compared with a control group of infants born at 37–41 weeks' gestational age. ART, assisted reproductive technology; BMI, body mass index; PTB, preterm birth; RRs, relative risks; term-SGA, term- small for gestational age; VLBW, very low birth weight.

**Table S3.** The relative risks of very low birth weight ( $n = 72$ ), term-small for gestational age ( $n = 1192$ ), preterm birth ( $n = 805$ ) imputed missing values, stratified by parental characteristics<sup>1</sup>.

	VLBW												Term-SGA												PTB																	
	Crude						Based on DAG model <sup>2</sup>						Crude						Based on DAG model <sup>2</sup>						Crude						Based on DAG model <sup>2</sup>											
	N			%			RRs			95%CI			p-			RRs			95%CI			p-			RRs			95%CI			p-			RRs			95%CI			p-		
	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value	lower	upper	value						
<b>Maternal characteristics</b>																																										
<b>Age at entry (years)</b>																																										
<24	9	0.3	1.00	0.49	2.05	1.00	0.97	0.46	2.04	0.94	158	6.2	0.89	0.75	1.05	0.15	0.85	0.71	1.00	0.05	95	3.6	0.86	0.69	1.06	0.15	0.86	0.69	1.07	0.15	0.86	0.69	1.07	0.16								
25–34	42	0.3	Reference	Reference	Reference	Reference	826	7.0	Reference	Reference	518	4.2	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference													
≥35	21	0.7	1.96	1.16	3.31	0.02	1.95	1.16	3.29	0.02	208	7.1	1.01	0.87	1.17	0.92	1.02	0.88	1.18	0.81	192	6.1	1.45	1.24	1.71	<0.01	1.46	1.24	1.71	<0.01	1.46	1.24	1.71	<0.01	1.46	1.24	1.71	<0.01				
<b>BMI (kg/m<sup>2</sup>)</b>																																										
<18.5	11	0.4	0.96	0.50	1.84	0.90	1.00	0.52	1.92	0.99	311	10.8	1.69	1.49	1.92	<0.01	1.71	1.51	1.94	<0.01	168	5.5	1.32	1.11	1.56	<0.01	1.36	1.15	1.61	<0.01	1.36	1.15	1.61	<0.01	1.36	1.15	1.61	<0.01				
18.5–25.0	50	0.4	Reference	Reference	Reference	Reference	810	6.4	Reference	Reference	556	4.2	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference												
25.0–29.9	7	0.5	1.38	0.63	3.04	0.44	1.30	0.59	2.86	0.53	55	4.3	0.67	0.52	0.88	<0.01	0.66	0.51	0.86	<0.01	64	4.8	1.14	0.88	1.46	0.33	1.10	0.85	1.41	0.48	1.10	0.85	1.41	0.48	1.10	0.85	1.41	0.48				
≥30.0	4	1.1	2.94	1.07	8.09	0.07	2.78	1.01	7.70	0.09	16	4.6	0.73	0.45	1.18	0.17	0.71	0.44	1.15	0.14	17	4.7	1.12	0.70	1.80	0.64	1.10	0.69	1.76	0.69	1.10	0.69	1.76	0.69	1.10	0.69	1.76	0.69				
<b>Active smoking</b>																																										
No	60	0.4	Reference	Reference	Reference	Reference	1051	7.0	Reference	Reference	706	4.5	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference												
Yes	12	0.5	1.43	0.77	2.66	0.27	1.40	0.76	2.61	0.30	141	6.7	0.96	0.81	1.14	0.66	0.95	0.80	1.13	0.56	99	4.5	1.00	0.82	1.23	0.97	1.01	0.83	1.25	0.89	1.01	0.83	1.25	0.89	1.01	0.83	1.25	0.89				
<b>Passive smoking</b>																																										
No	16	0.3	Reference	Reference	Reference	Reference	334	6.2	Reference	Reference	238	4.2	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference	Reference												
Yes	56	0.4	1.57	0.90	2.74	0.10	1.30	0.45	3.73	0.63	858	7.2	1.16	1.03	1.31	0.02	1.14	0.90	1.44	0.27	567	4.6	1.07	0.92	1.24	0.36	0.80	0.59	1.10	0.16	0.80	0.59	1.10	0.16	0.80	0.59	1.10	0.16				

Drinking habit																				Reference										
	21	0.3	Reference				Reference				424	6.2	Reference				Reference				343	4.8	Reference				Reference			
Never	41	0.5	1.59	0.94	2.68	0.08	1.57	0.93	2.66	0.09	570	6.8	1.09	0.96	1.23	0.17	1.10	0.97	1.24	0.12	373	4.2	0.88	0.77	1.02	0.09	0.88	0.77	1.02	0.10
Ex-drinker	10	0.5	1.61	0.76	3.42	0.23	1.59	0.75	3.37	0.24	198	9.8	1.57	1.34	1.85	<0.01	1.58	1.34	1.85	<0.01	89	4.2	0.88	0.70	1.10	0.26	0.89	0.70	1.11	0.29
Medical history																				Reference										
No	38	0.4	Reference				Reference				642	6.9	Reference				Reference				398	4.1	Reference				Reference			
Yes	34	0.4	1.06	0.67	1.68	0.81	1.06	0.67	1.68	0.81	550	7.0	1.02	0.92	1.14	0.70	1.02	0.91	1.14	0.71	407	4.9	1.21	1.06	1.38	<0.01	1.19	1.04	1.36	0.01
Regular use of any supplement																				Reference										
No	50	0.4	Reference				Reference				802	6.7	Reference				Reference				559	4.4	Reference				Reference			
Yes	22	0.4	1.01	0.61	1.66	0.98	0.95	0.57	1.58	0.85	390	7.4	1.11	0.99	1.25	0.08	1.13	1.00	1.27	0.05	246	4.5	1.01	0.87	1.17	0.92	0.97	0.84	1.13	0.71
Using ART																				Reference										
No	65	0.4	Reference				Reference				1142	6.9	Reference				Reference				747	4.3	Reference				Reference			
Yes	7	1	2.62	1.21	5.70	0.03	2.23	1.00	4.93	0.07	50	7.6	1.11	0.84	1.46	0.46	1.12	0.85	1.47	0.44	58	8.1	1.89	1.46	2.44	<0.01	1.70	1.31	2.21	<0.01
Maternal education (years)																				Reference										
≤9	4	0.4	1.05	0.37	2.95	0.93	1.05	0.37	2.95	0.93	74	8.3	1.21	0.96	1.53	0.12	1.21	0.96	1.53	0.12	43	4.6	1.11	0.81	1.51	0.52	1.11	0.81	1.51	0.52
10–12	32	0.4	Reference				Reference				515	6.9	Reference				Reference				325	4.2	Reference				Reference			
13–15	26	0.3	0.85	0.51	1.43	0.55	0.85	0.51	1.43	0.55	512	7.2	1.05	0.93	1.18	0.41	1.05	0.93	1.18	0.41	358	4.8	1.16	1.00	1.34	0.05	1.16	1.00	1.34	0.05
≥16	10	0.5	1.32	0.65	2.68	0.46	1.32	0.65	2.68	0.46	91	5.1	0.75	0.60	0.93	<0.01	0.75	0.60	0.93	<0.01	79	4.3	1.03	0.81	1.30	0.84	1.03	0.81	1.30	0.84
Paternal characteristics																				Reference										
Age at entry (years)																				Reference										
<24	5	0.4	1.20	0.47	3.05	0.71	1.16	0.45	3.00	0.76	90	7.1	1.03	0.84	1.27	0.77	1.00	0.81	1.24	0.99	49	3.7	0.87	0.65	1.16	0.33	0.89	0.67	1.20	0.44
25–34	36	0.3	Reference				Reference				748	6.9	Reference				Reference				287	2.6	Reference				Reference			
≥35	31	0.6	1.84	1.14	2.97	0.01	1.85	1.14	3.00	0.01	354	7.0	1.02	0.90	1.15	0.77	1.04	0.92	1.18	0.53	269	5.0	1.18	1.02	1.36	0.03	1.18	1.02	1.37	0.03

Smoking habit																						
No	19	0.3	Reference		Reference		283	6.3	Reference		Reference		262	4.1	Reference		Reference		Reference			
Yes	53	0.5	1.55	0.92	2.62	0.09	1.60	0.93	2.76	0.08	796	7.2	1.09	0.96	1.23	0.18	1.09	0.96	1.23	0.18	543	4.7
<b>Medical history</b>																						
No	46	0.4	Reference		Reference		736	6.8	Reference		Reference		477	4.2	Reference		Reference		Reference			
Yes	26	0.4	0.96	0.59	1.55	0.86	0.98	0.60	1.58	0.93	456	7.2	1.06	0.94	1.18	0.35	1.06	0.95	1.19	0.30	328	4.9
<b>Paternal education (years)</b>																						
≤9	6	0.5	1.14	0.48	2.73	0.77	1.14	0.48	2.73	0.77	93	7.3	1.02	0.82	1.26	0.87	1.02	0.82	1.26	0.87	51	3.8
10–12	31	0.4	Reference		Reference		538	7.2	Reference		Reference		328	4.2	Reference		Reference		Reference			
13–15	16	0.4	0.98	0.54	1.79	0.95	0.98	0.54	1.79	0.95	291	7.4	1.04	0.90	1.19	0.60	1.04	0.90	1.19	0.60	216	5.2
≥16	19	0.4	1.02	0.58	1.81	0.94	1.02	0.58	1.81	0.94	270	6.0	0.84	0.73	0.96	0.01	0.84	0.73	0.96	0.01	210	4.5
<b>Familial characteristics</b>																						
<b>Household income (million yen)</b>																						
<3.0	14	0.3	0.75	0.40	1.40	0.35	0.76	0.40	1.47	0.42	320	7.2	1.07	0.94	1.22	0.32	1.08	0.94	1.24	0.30	168	3.6
3.0–4.9	33	0.4	Reference		Reference		523	6.7	Reference		Reference		375	4.6	Reference		Reference		Reference			
5.0–7.9	21	0.5	1.23	0.71	2.12	0.47	1.12	0.63	1.98	0.70	278	6.9	1.03	0.89	1.18	0.70	1.06	0.92	1.23	0.40	206	4.9
≥8.0	4	0.4	0.91	0.32	2.56	0.85	0.75	0.26	2.21	0.60	71	6.9	1.02	0.80	1.30	0.86	1.11	0.87	1.43	0.40	56	5.2

1: Calculated by generalized liner regression models. 2: Based on DAG model was as Figure 2 as follows: Maternal age was adjusted by maternal educational level; Maternal BMI was adjusted by maternal age, maternal active smoking, and maternal educational level; Maternal active smoking at 1st trimester was adjusted by maternal educational level, and maternal drinking habit during 1st trimester; Maternal passive smoking at 1st trimester was adjusted by paternal active smoking during 1st trimester and parental educational level; Maternal drinking habit at 1st trimester was adjusted by maternal educational level; Maternal previous medical history was adjusted by maternal age, and maternal educational level; Maternal regular use of any supplement was adjusted by maternal age, maternal previous medical history, and maternal educational level; Using ART was adjusted by maternal age, maternal educational level, and household income; Maternal educational level was not adjusted by anything; Paternal age was adjusted by paternal educational level; Paternal active smoking

at 1st trimester was adjusted by maternal educational level; Paternal previous medical history was adjusted by paternal age and paternal educational level; Paternal educational level was not adjusted by anything; Household Income was adjusted by parental age and parental educational level. ART, assisted reproductive technology; BMI, body mass index; PTB, preterm birth; RRs, relative risks; term-SGA, term- small for gestational age; VLBW, very low birth weight.

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