

## Supplementary Material

### ILD diagnoses

ILD diagnoses	ICD
NSIP (non-specific interstitial pneumonia)	J84.0, J84.1, J84.8, J84.9
Unclassifiable IIP (idiopathic interstitial pneumonia)	J84.0, J84.1, J84.8, J84.9
HP (hypersensitivity pneumonitis)	J67.*
Exposure-related ILD	J60, J61, J62, J63.*, J64
Sarcoidosis	D86.0, D86.2
RA-ILD (rheumatoid arthritis associated ILD)	J99.0*M05.1 / M05.1*J99.0, M45, M05.0, M05.1, M05.8, M05.9, M06.* + J84.1, J84.8, J84.9
SSc-ILD (systemic sclerosis-associated ILD)	M34.0, M34.1, M34.8, M34.9 + J84.1, J84.8, J84.9
Mixed CTD (connective tissue disease)	M35.1
Other diffuse CTD	M32.* + J84.*, M33.0 + J84.*, M33.1 + J84.*, M33.9 + J84.*, M33.2 + J84.*, M35.0
IPF	J84.0, J84.1, J84.8, J84.9

### Comorbidities

#### Diabetes

E10.x (x = 1,2,5,6,7,9)	juvenile diabetes
E11.x (x = 1,2,3,5,6,7,8,9)	adult diabetes
E14.9	undefined diabetes

#### Obesity

E66.x (x = 0,2,8,9)	obesity
---------------------	---------

#### Sleep apnea

G47.3	sleep apnea
-------	-------------

#### Cardiovascular diseases

I11.x	hypertension
I12.x	renal insufficiency related to hypertension
I13.x	hypertensive heart and chronic kidney disease
I15.x	hypertension related renal insufficiency

I20.x	angina pectoris
I21.x	myocardial infarction
I22.x	myocardial infarction
I24.x	ischemic heart disease
I25.x	ischemia
I63.x	stroke
G46.x	cerebral palsy
Renal insufficiency	
N17.x	renal insufficiency
N18.x	renal insufficiency
Chronic lower respiratory diseases	
J43.9	lung emphysema
J44.x	COPD
J45.x	asthma
J46	acute severe asthma
Malignant diseases	
C00-C97 (Cx)	malignant diseases (cancer)
Mood and other anxiety disorders	
F30.	manic disorder
F31.	bipolar disorder
F32., F33.,	depression
F34., F38.	mood disorders
F41.x	other anxiety disorders

### ATC codes of medications

#### Immunosuppressants

azathioprine	L04AX01
methotrexate	L04AX03
	L01BA01

#### TNF-alpha inhibitors

etanercept	L04AB01
infliximab	L04AB02
adalimumab	L04AB04
sertolimumab	L04AB05

golimumab	L04AB06
selective immunosuppressants	
abatasept	L04AA24
apremilast	L04AA32
leflunomid	L04AA13
JAK inhibitors	L04AA29 L04AA37 L04AA44
mycophenolate	L04AA06
IL-6 inhibitors	
tosililtzumab	L04AC07
IL-1 -blocker anakinra	L04AC03
aurothiomalate	M01CB01
chlorocine hhydroxychlorocine	P01BA01
B cell inhibitor	
rituximab	L01XC02
glucocorticoids	
dexamethasone	H02AB02
methylprednisolon	H02AB04
prednisolon	H02AB06
sulfasalazine	A07E01

### **Codes for acute hospitalizations**

A40.3, A40.8, A41.0, A41.1, A41.5, A41.8, A41.9, A49.9, B34.0, B59+, D86.0, D86.2, D86.8, D86.8+I41.8, D86.8+N16.2, D86.9, J10.0, J11.0, J12.1, J12.8, J13, J15.9, J18.9, J20.9, J21.0, J22, J32.0, J32.9, J47, J61, J62.8, J63.3, J67.9, J69.0, J69.8, J80, J82, J84.1, J84.8, J84.9, J92.0, J92.9, J93.1, J93.9, J94.8, J96.0, J96.1, J98.0, R04.2, R04.9, R05, R06.0, R06.2

## Regular expressions used to extract 6MWT and lowest SpO2

```
library(RtoolsKTP)
```

```
library(stringr)
```

```
## 6 MIN WALKING TEST ##
```

```
sentence_data <- extract_sentences_from_text(text_data$TEXT, horizontal = F)
```

```
sentence_data_sub <- sentence_data[grepl("6 min|teoreettisesta etä", sentences)]
```

```
# % FROM THEORETICAL DISTANCE
```

```
sentence_data_sub[, REL_DIST := str_extract(str_extract(sentences, "(\\d+[.,]?\\d*)\\s?\\%\\s?"),
"\\d+[.,]?\\d*"))]
```

```
# LOWEST SpO2
```

```
sentence_data_sub_spo2 <- sentence_data[grepl("alim", sentences)]
```

```
sentence_data_sub_spo2[, MIN_SPO2 := str_extract(str_extract(sentences,
"(?<=alimmillaan|alimillaan|alimilleen|alimmilleen).*(\\d+[.,]?\\d*)\\s?\\%\\s?"), "\\d+[.,]?\\d*")]
```

## Fibrosis status during the follow-up years 1-5

Patient Group	1				2				3			
	IPF (N=110)	PPF (N=142)	F-ILD (N=194)	F-ILD-U (N=138)	IPF (N=101)	PPF (N=142)	F-ILD (N=192)	F-ILD-U (N=89)	IPF (N=79)	PPF (N=130)	F-ILD (N=186)	F-ILD-U (N=59)
Fibrosis status												
Increased	24 (21.8 %)	10 (7.0 %)	3 (1.5 %)	2 (1.4 %)	18 (17.8 %)	11 (7.7 %)	3 (1.6 %)	3 (3.4 %)	15 (19.0 %)	3 (2.3 %)	5 (2.7 %)	1 (1.7 %)
Decreased	0 (0.0 %)	0 (0.0 %)	2 (1.0 %)	0 (0.0 %)	0 (0.0 %)	0 (0.0 %)	3 (1.6 %)	0 (0.0 %)	0 (0.0 %)	0 (0.0 %)	1 (0.5 %)	1 (1.7 %)
Missing	86 (78.2%)	132 (93.0%)	189 (97.4%)	136 (98.6%)	83 (82.2%)	131 (92.3%)	186 (96.9%)	86 (96.6%)	64 (81.0%)	127 (97.7%)	180 (96.8%)	57 (96.6%)

  

Patient Group	4				5			
	IPF (N=49)	PPF (N=114)	F-ILD (N=154)	F-ILD-U (N=34)	IPF (N=31)	PPF (N=85)	F-ILD (N=114)	F-ILD-U (N=16)
Fibrosis status								
Increased	8 (16.3 %)	4 (3.5 %)	4 (2.6 %)	0 (0.0 %)	2 (6.5 %)	4 (4.7 %)	4 (3.5 %)	0 (0.0 %)
Decreased	0 (0.0 %)	0 (0.0 %)	1 (0.6 %)	0 (0.0 %)	0 (0.0 %)	0 (0.0 %)	0 (0.0 %)	0 (0.0 %)
Missing	41 (83.7%)	110 (96.5%)	149 (96.8%)	34 (100%)	29 (93.5%)	81 (95.3%)	110 (96.5%)	16 (100%)

## Lung function during the follow-up years 1-5

Patient Group	1			2			3		
	IPF (N=63)	PPF (N=128)	F-ILD (N=134)	IPF (N=52)	PPF (N=104)	F-ILD (N=98)	IPF (N=18)	PPF (N=41)	F-ILD (N=49)
FVC % predicted									
Median (Q1, Q3)	78.4 (67.2, 88.2)	71.6 (57.2, 85.9)	82.5 (69.3, 92.5)	77.2 (64.5, 87.8)	72.0 (60.6, 88.3)	80.3 (72.1, 91.6)	65.5 (59.9, 82.5)	69.8 (52.8, 75.3)	88.1 (77.0, 99.3)
Min - Max	38.9 - 127	30.8 - 136	36.7 - 157	44.0 - 121	30.2 - 113	43.4 - 131	39.0 - 103	28.3 - 101	46.5 - 149

  

Patient Group	4			5		
	IPF (N=12)	PPF (N=26)	F-ILD (N=46)	IPF (N=20)	PPF (N=40)	F-ILD (N=46)
FVC % predicted						
Median (Q1, Q3)	75.3 (50.5, 84.2)	78.1 (56.1, 96.1)	81.3 (66.1, 98.2)	76.3 (62.5, 101)	77.4 (62.4, 84.1)	80.5 (69.8, 94.6)
Min - Max	36.4 - 113	15.4 - 116	40.0 - 139	49.3 - 123	45.0 - 113	38.5 - 150

  

Patient Group	1				2			
	IPF (N=67)	PPF (N=80)	F-ILD (N=104)	F-ILD-U (N=25)	IPF (N=59)	PPF (N=68)	F-ILD (N=92)	F-ILD-U (N=22)
DLCO % predicted								
Median (Q1, Q3)	53.8 (42.6, 59.9)	53.0 (42.6, 62.1)	63.2 (52.4, 77.6)	67.6 (50.4, 74.0)	52.1 (40.5, 60.6)	52.8 (43.4, 61.8)	61.6 (50.4, 73.8)	72.5 (61.4, 78.5)
Min - Max	23.4 - 93.6	22.5 - 87.9	24.5 - 102	32.5 - 82.9	25.7 - 96.8	25.5 - 103	23.8 - 114	44.9 - 89.0

3											
Patient Group	IPF (N=34)	PPF (N=55)	F-ILD (N=73)	F-ILD-U (N=5)	IPF (N=23)	PPF (N=36)	F-ILD (N=49)	F-ILD-U (N=2)	IPF (N=15)	PPF (N=25)	F-ILD (N=28)
DLCO % predicted											
Median (Q1, Q3)	51.2 (42.9, 65.2)	54.7 (45.2, 68.0)	61.7 (48.1, 75.3)	54.5 (50.4, 72.9)	49.8 (43.0, 61.8)	56.5 (47.1, 64.2)	59.1 (51.9, 77.6)	55.1 (46.1, 64.0)	54.1 (45.3, 65.2)	51.7 (41.0, 67.0)	70.0 (54.6, 82.0)
Min - Max	22.1 - 140	13.5 - 99.6	20.0 - 106	43.1 - 80.3	28.2 - 77.3	29.3 - 89.6	26.1 - 115	37.2 - 72.9	13.3 - 69.2	20.9 - 89.4	39.7 - 96.5

1								2			
Patient Group	IPF (N=67)	PPF (N=80)	F-ILD (N=104)	F-ILD-U (N=25)	IPF (N=59)	PPF (N=68)	F-ILD (N=92)	F-ILD-U (N=22)			
TLC % predicted											
Median (Q1, Q3)	69.5 (62.4, 81.8)	70.8 (61.0, 83.4)	78.8 (69.9, 88.8)	81.0 (73.5, 85.3)	70.9 (63.8, 79.2)	71.4 (62.3, 83.8)	78.5 (68.4, 89.6)	83.8 (76.1, 86.0)			
Min - Max	47.2 - 103	41.0 - 101	46.2 - 120	43.8 - 125	50.8 - 110	42.1 - 112	47.5 - 119	65.2 - 99.8			

3											
Patient Group	IPF (N=34)	PPF (N=55)	F-ILD (N=73)	F-ILD-U (N=5)	IPF (N=23)	PPF (N=36)	F-ILD (N=49)	F-ILD-U (N=2)	IPF (N=15)	PPF (N=25)	F-ILD (N=28)
TLC % predicted											
Median (Q1, Q3)	70.5 (61.9, 79.1)	75.5 (64.0, 84.8)	82.0 (69.9, 92.3)	85.4 (75.8, 86.6)	70.7 (60.3, 78.5)	72.6 (62.4, 80.6)	78.6 (66.5, 91.8)	81.7 (78.7, 84.8)	71.9 (61.8, 82.5)	66.4 (55.7, 74.8)	80.8 (75.0, 90.4)
Min - Max	46.9 - 175	36.1 - 162	47.9 - 127	64.5 - 89.8	49.2 - 99.0	49.2 - 101	47.2 - 119	75.6 - 87.8	53.6 - 98.1	45.0 - 99.3	49.4 - 123

## BMI during the follow-up years 1-5

1								2			
Patient Group	IPF (N=110)	PPF (N=142)	F-ILD (N=194)	F-ILD-U (N=138)	IPF (N=101)	PPF (N=142)	F-ILD (N=192)	F-ILD-U (N=89)			
Body mass index (BMI)											
Mean (SD)	28.6 (5.49)	28.1 (5.09)	28.5 (5.29)	26.4 (5.79)	27.7 (4.57)	27.9 (4.99)	28.1 (4.68)	27.3 (5.48)			
Median (Q1, Q3)	27.2 (25.0, 32.0)	27.9 (24.3, 31.1)	28.0 (25.1, 30.8)	25.7 (22.5, 29.5)	26.7 (24.5, 30.1)	27.9 (24.0, 30.5)	27.5 (25.4, 30.2)	26.7 (23.4, 30.1)			
Min - Max	19.7 - 53.9	18.7 - 43.4	19.6 - 45.2	14.7 - 39.7	19.9 - 38.0	18.0 - 43.8	18.4 - 44.1	19.1 - 42.4			
Missing	19 (17.3%)	10 (7.0%)	33 (17.0%)	84 (60.9%)	25 (24.8%)	28 (19.7%)	53 (27.6%)	47 (52.8%)			

3								4			
Patient Group	IPF (N=79)	PPF (N=130)	F-ILD (N=186)	F-ILD-U (N=59)	IPF (N=49)	PPF (N=114)	F-ILD (N=154)	F-ILD-U (N=34)			
Body mass index (BMI)											
Mean (SD)	27.7 (4.49)	27.7 (5.04)	28.2 (5.27)	28.0 (6.40)	27.4 (4.91)	27.5 (5.31)	27.8 (5.56)	27.5 (6.34)			
Median (Q1, Q3)	26.6 (24.5, 29.7)	27.2 (24.5, 30.4)	27.8 (24.8, 30.9)	27.5 (23.9, 32.7)	26.0 (24.0, 30.5)	26.6 (23.9, 29.8)	27.6 (24.5, 30.2)	26.8 (23.3, 32.0)			
Min - Max	20.6 - 40.3	16.9 - 43.7	18.5 - 41.1	15.1 - 44.4	17.4 - 37.5	18.8 - 48.1	15.7 - 44.1	15.6 - 42.2			
Missing	25 (31.6%)	31 (23.8%)	67 (36.0%)	37 (62.7%)	14 (28.6%)	37 (32.5%)	50 (32.5%)	15 (44.1%)			

5			
Patient Group	IPF (N=31)	PPF (N=85)	F-ILD (N=114)
Body mass index (BMI)			
Mean (SD)	27.0 (4.20)	26.9 (4.21)	27.8 (5.14)
Median (Q1, Q3)	26.3 (24.3, 28.4)	26.5 (24.3, 29.6)	27.3 (24.8, 30.2)
Min - Max	19.4 - 36.8	17.2 - 39.6	17.8 - 39.5
Missing	6 (19.4%)	28 (32.9%)	36 (31.6%)