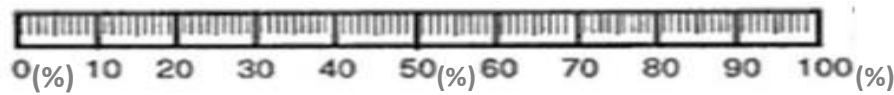


Supplementary material file S1

1. Please estimate the percentage of steps you wear the offloading device of all the steps you walk in an average day: Circle **any number on the line** ranging from 0 to 100 to indicate your adherence. 0% means you don't wear the offloading device in any steps, 50% means you wear the offloading device in half of your daily steps and 100% means you consistently wear the offloading device for every single step"



0%=Not wearing the
device in any step

50%=Wearing the device
in half of daily steps

100%=Wearing the
device for every single
step