

	nothing to maximal						
	0	1	2	3	4	5	6
1. Physical exertion (palpitations, sweaty, out of breath, breathing heavily)	0	1	2	3	4	5	6
2. Physical discomfort (tense muscles, numbness, stiff joint, aching)	0	1	2	3	4	5	6
3. Lack of motivation (lack of concern, passive, indifferent, uninterested)	0	1	2	3	4	5	6
4. Sleepiness (falling asleep, drowsy, yawning, sleepy)	0	1	2	3	4	5	6
5. Lack of energy (worn out, spent, drained, overworked)	0	1	2	3	4	5	6
Total Score:							

Figure S1. The Swedish Occupational Fatigue Inventory questionnaire [19], which was used to evaluate subjective current fatigue levels of the participants.