

		nothing to maximal						
		0	1	2	3	4	5	6
1.	Physical exertion (palpitations, sweaty, out of breath, breathing heavily)							
2.	Physical discomfort (tense muscles, numbness, stiff join, aching)							
3.	Lack of motivation (lack of concern, passive, indifferent, uninterested)							
4.	Sleepiness (falling asleep, drowsy, yawning, sleepy)							
5.	Lack of energy (worn out, spent, drained, overworked)							
Total Score:								

**Figure S1.** The Swedish Occupational Fatigue Inventory questionnaire [19], which was used to evaluate subjective current fatigue levels of the participants.