

Supplementary Materials

Effect of Combined Levothyroxine (L-T₄) and 3-Iodothyronamine (T₁AM) Supplementation on Memory and Adult Hippocampal Neurogenesis in a Mouse Model of Hypothyroidism

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Supplementary Methods

HPLC-MS/MS analysis of thyroid hormones

Serum samples (100 μ L) were placed in a 2 mL Eppendorf[®] tube and added with 10 μ L of a 200 ng/mL ($^{13}\text{C}_6$ -T₃ and $^{13}\text{C}_6$ -T₄) stable isotope-labelled internal standards mixture. Samples were gently vortexed and equilibrated for 30 min at room temperature (RT). Then, 300 μ L of cold acetone were added and samples were vortexed and kept 30 min at 4°C to allow proteins precipitation. After a centrifugation step at 22780 x g for 10 min, the supernatants were transferred to a new 2 mL Eppendorf[®] tube, warmed up at 40 °C, and dried under a gentle stream of nitrogen until reaching ~ 100 μ L. Afterwards, samples were added with 400 μ L of a 0.1 M potassium acetate buffer (pH=4) and submitted to a Solid Phase Extraction (SPE) using Agilent (Santa Clara, CA, USA) Bond-Elut Certify 130 mg SPE cartridges, as previously described [35]. Eluates were dried at 40 °C under a nitrogen stream, reconstituted with 100 μ L of methanol/water (30/70 by volume) and 5 μ L were injected into the HPLC-MS/MS system. Stock solutions of T₃ and T₄ were separately prepared at 1 μ g/mL concentration in methanol. Calibration curves were daily prepared by serial dilution with methanol at a concentration ranging from 0.1 to 100 ng/mL. Water, methanol (MeOH), acetonitrile (ACN), and formic acid (FA, purity \geq 98%-100%) were LC-MS grade, while ammonium hydroxide (NH₄OH, 28% in H₂O (w), purity \geq 99.99%), 2-propanol, hexane, and dichloromethane were analytical grade. 3,3',5-Triiodo-L-thyronine (T₃), T₃- $^{13}\text{C}_6$, L-Thyroxine (T₄), and T₄- $^{13}\text{C}_6$ solutions, all of them 100 μ g/mL in MeOH with 0.1 M NH₄OH, and solvents were purchased from Sigma Aldrich-Merck (Germany).

The instrument layout consisted in an Agilent (Santa Clara, CA, USA) 1290 UHPLC system, including a binary pump, a column oven set at 20°C, and a thermostated autosampler, coupled to an AB-Sciex (Concord, Ontario, Canada) QTRAP 6500+ mass spectrometer working as a triple quadrupole, and equipped with an IonDrive[™] Turbo V source. Chromatographic separation was achieved by using a 110 Å, 2x50 mm, 3 μ m particle size, Gemini C18 column (Phenomenex, Torrance, CA), protected by a C18 Security Guard Cartridge and using (A) MeOH/ACN (20/80 v/v) added with 0.1% FA and (B) water containing 0.1% FA as mobile phases. The integrated 6 ports switching valve was used to discard both head and tail of the HPLC runs. Gradient elution (400 μ L/min flow rate) was performed as follows: 0.1-3 min (A) 5%, 8.5 min (A) 65%, 9.0-11.0 min (A) 100%, 11.50-13.50 (A) 5%. System control, data acquisition and analyses were performed using an ABSciex Analyst[®] version 1.7.3 software. A mass spectrometry selected reaction monitoring (SRM) method operated in positive ion mode. For each compound, after the optimization of declustering potential (DP), collision energy (CE) and collision exit potential (CxP), three transitions were considered in the analysis. Based on the highest signal/noise

ratios, one of them was used as quantifier (Q) and the other two as qualifiers (q) as reported in Table S1. Further operative parameters were gas source 1 (GS1), 60 arbitrary units; gas source 2 (GS2), 45 arbitrary units; ion spray voltage (ISV), 5.5 kV; source temperature (TEM), 650°C; entrance potential (EP), 10V; Curtain gas (CUR), 20 arbitrary units; collision gas (CAD) N₂, operative pressure with CAD gas on, 2 mPa.

Table S1. Mass spectrometry operative parameters.

Analyte	SRM transitions (Da)	Operative Parameters		
		DP (V)	CE (V)	CXP (V)
T ₃	651.8 → 478.9 (q)	76	47.7	13.7
	651.8 → 508.0 (q)		31.2	14.8
	651.8 → 605.9 (Q)		31.3	17.9
¹³ C ₆ -T ₃	657.8 → 484.9 (q)	76	47.7	13.7
	657.8 → 514.0 (q)		31.2	14.8
	657.8 → 611.9 (Q)		31.3	17.9
T ₄	777.8 → 604.8 (q)	82	52.8	17.0
	777.8 → 633.9 (q)		36.0	18.6
	777.8 → 731.9 (Q)		34.0	22.0
¹³ C ₆ -T ₄	783.8 → 610.8 (q)	82	52.8	17.0
	783.8 → 639.9 (q)		36.0	18.6
	783.8 → 737.9 (Q)		34.0	22.0

Table S2. Predesigned 96-well PrimePCR™ “Neurogenesis Tier 1 M96” collection panel (Bio-Rad, USA) containing primer sets for 88 gene targets involved in neurogenesis pathway.

	1	2	3	4	5	6	7	8	9	10	11	12
A	<i>Akt1</i>	<i>Bmp2</i>	<i>Ctnnb1</i>	<i>Epo</i>	<i>Gdnf</i>	<i>Igf1r</i>	<i>Mapk8</i>	<i>Nfkb1</i>	<i>Ntrk2</i>	<i>Rein</i>	<i>Sox2</i>	<i>Tbp</i>
B	<i>Akt2</i>	<i>Bmp4</i>	<i>Cxcl12</i>	<i>Esr1</i>	<i>Gfap</i>	<i>Jak2</i>	<i>Mapt</i>	<i>Ngf</i>	<i>Ntrk3</i>	<i>Rest</i>	<i>Src</i>	<i>Gapdh</i>
C	<i>Akt3</i>	<i>Casp3</i>	<i>Cxcr4</i>	<i>Esr2</i>	<i>Gsk3b</i>	<i>Kdr</i>	<i>Met</i>	<i>Ngfr</i>	<i>Pax6</i>	<i>Ret</i>	<i>Stat3</i>	<i>Hprt</i>
D	<i>Apoe</i>	<i>Cd44</i>	<i>Dcx</i>	<i>Fgf2</i>	<i>Hes1</i>	<i>Kit</i>	<i>Ncam1</i>	<i>Notch1</i>	<i>Pdgfra</i>	<i>Rhoa</i>	<i>Tgfb1</i>	gDNA
E	<i>App</i>	<i>Cdk5</i>	<i>Dll1</i>	<i>Fgfr1</i>	<i>Hif1a</i>	<i>L1cam</i>	<i>Nes</i>	<i>Nr3c1</i>	<i>Prom1</i>	<i>S100b</i>	<i>Th</i>	PCR
F	<i>Ascl1</i>	<i>Cnr1</i>	<i>Egf</i>	<i>Fgfr2</i>	<i>Hras1</i>	<i>Lep</i>	<i>Neurod1</i>	<i>Nrg1</i>	<i>Psen1</i>	<i>Shh</i>	<i>Trp53</i>	RQ1
G	<i>Bcl2</i>	<i>Cntf</i>	<i>Egfr</i>	<i>Foxg1</i>	<i>Ifng</i>	<i>Mapk1</i>	<i>Neurog1</i>	<i>Ntf3</i>	<i>Pten</i>	<i>Smad4</i>	<i>Vegfa</i>	RQ2
H	<i>Bdnf</i>	<i>Creb1</i>	<i>Ephb2</i>	<i>Gap43</i>	<i>Igf1</i>	<i>Mapk3</i>	<i>Neurog2</i>	<i>Ntrk1</i>	<i>Rb1</i>	<i>Sod1</i>	<i>Wnt1</i>	RT

gDNA, DNA Contamination Control

PCR, Positive Control

RQ1 and RQ2, Quality Probe

RT, Reverse Transcription Control

Supplementary Results

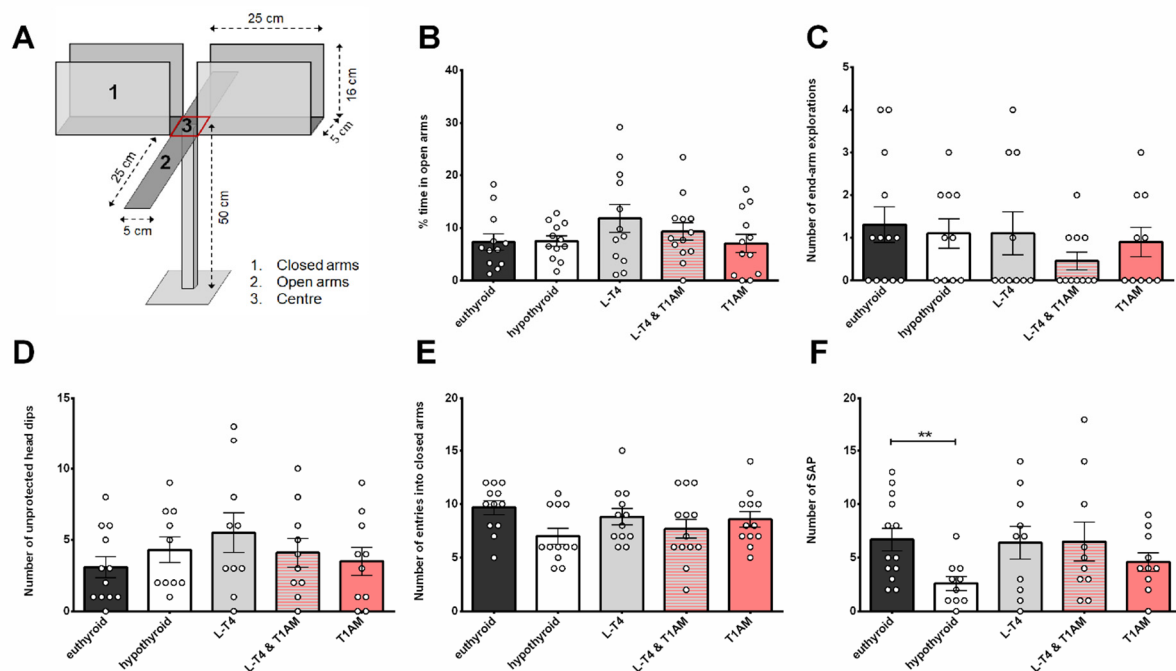


Figure S1. Elevated plus maze. **(A)** EPM apparatus. **(B-D)** Anxiety-related behaviours. **(E)** Spontaneous locomotor activity. **(F)** Risk-assessment and decision-making behaviours. Results are plotted as mean \pm SEM using Graph Pad Prism software. ANOVA and Tukey's multiple comparison test were used to evidence eventual significant differences between the different groups (** $p < 0.01$). Hypothyroid $n=12$, Euthyroid $n=13$, L-T4 $n=12$, L-T4+T1AM $n=13$, T1AM $n=12$.

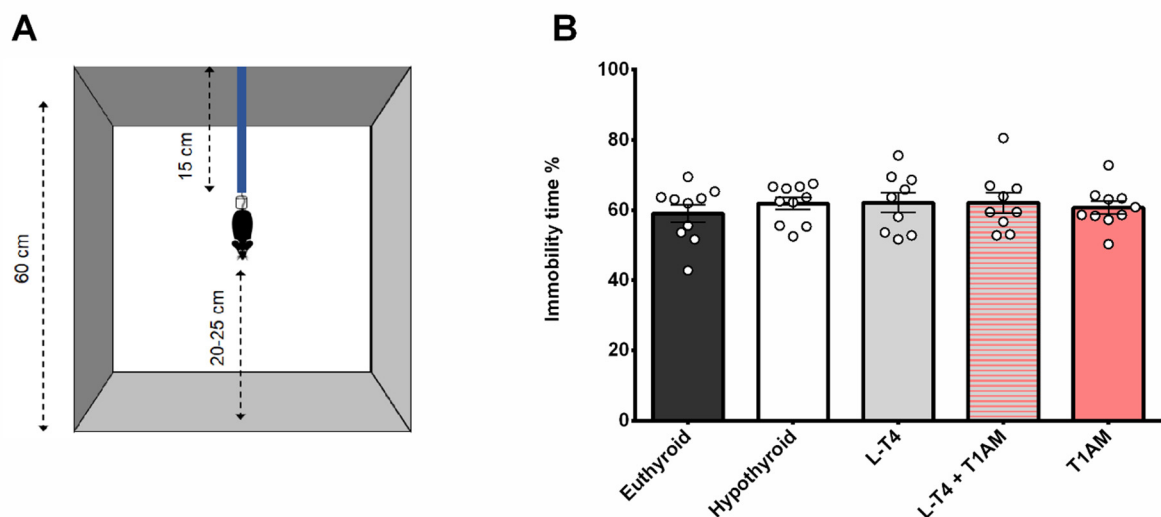


Figure S2. Tail suspension test. **(A)** TST apparatus. **(B)** Depression-related behaviour showing the % of immobility time among the different treatment groups. Results are plotted as mean \pm SEM using Graph Pad Prism software. Hypothyroid $n=10$, Euthyroid $n=10$, L-T4 $n=9$, L-T4+T1AM $n=9$, T1AM $n=10$.