

SUPPLEMENTARY TABLE 1 – Serum parameters

| | W | HHTg | P |
|-------------------------------|------------------|-----------------|--------|
| Body weight (g) | 428.13 ± 11.51 | 410.63 ± 9.17 | n.s. |
| ETT weight (g/100g b.w.) | 1.235 ± 0.034 | 1.839 ± 0.038 | <0.001 |
| Non-fasting glucose (mmol/l) | 6.563 ± 0.191 | 8.638 ± 0.181 | <0.001 |
| AUC ₀₋₁₈₀ (mmol/l) | 1268 ± 22 | 1476 ± 18 | <0.001 |
| HOMA-IR | 2.095 ± 0.083 | 2.667 ± 0.110 | <0.01 |
| Insulin (nmol/l) | 0.279 ± 0.022 | 0.273 ± 0.028 | n.s. |
| Glucagon (pg/ml) | 224.61 ± 14.82 | 191.22 ± 13.38 | n.s. |
| Serum TG (mmol/l) | 1.559 ± 0.108 | 3.446 ± 0.256 | <0.001 |
| Serum cholesterol (mmol/l) | 1.506 ± 0.067 | 1.773 ± 0.034 | <0.01 |
| HDL-C (mmol/l) | 1.265 ± 0.082 | 0.883 ± 0.030 | <0.01 |
| NEFA (mmol/l) | 0.496 ± 0.020 | 0.713 ± 0.015 | <0.001 |
| TNF α (pg/ml) | 4.289 ± 0.301 | 13.337 ± 0.921 | <0.001 |
| MCP-1 (ng/ml) | 4.794 ± 0.242 | 10.552 ± 1.492 | <0.01 |
| IL-6 (pg/ml) | 126.501 ± 12.453 | 171.047 ± 8.329 | <0.05 |
| Leptin (ng/ml) | 5.513 ± 0.635 | 7.510 ± 0.217 | <0.05 |
| HMW Adiponectin (μ g/ml) | 1.015 ± 0.034 | 0.893 ± 0.030 | <0.05 |

SUPPLEMENTARY TABLE 2 – Parameters of lipid metabolism in the myocardium

| | W | HHTg | P |
|--|-----------------|------------------|--------|
| TG in heart (μ mol/g) | 1.357 ± 0.099 | 1.726 ± 0.112 | <0.05 |
| DAG in heart (μ mol/g) | 0.372 ± 0.015 | 0.671 ± 0.061 | <0.01 |
| CE in heart (μ mol/g) | 0.397 ± 0.025 | 0.555 ± 0.045 | <0.05 |
| Lysophosphatidylcholine (μ mol/g) | 1.617 ± 0.041 | 2.341 ± 0.115 | <0.001 |
| 14,15 – EET (ng/mg prot.) | 4.623 ± 0.185 | 3.696 ± 0.366 | <0.05 |
| 20 – HETE (ng/mg prot.) | 147.433 ± 4.075 | 188.709 ± 14.092 | <0.05 |
| Glucose oxidation (nmol/g/g/2h) | 203.59 ± 4.73 | 176.19 ± 9.15 | <0.05 |
| Fatty acid oxidation (nmol/g/g/2h) | 1169.72 ± 45.56 | 1351.73 ± 35.73 | <0.01 |
| FADS1 ($2^{-\Delta\Delta Ct}$) | 1.000 ± 0.053 | 0.954 ± 0.047 | n.s. |
| FADS2 ($2^{-\Delta\Delta Ct}$) | 1.000 ± 0.033 | 1.202 ± 0.071 | <0.05 |
| SCD1 ($2^{-\Delta\Delta Ct}$) | 1.000 ± 0.045 | 1.250 ± 0.053 | <0.01 |
| SCD4 ($2^{-\Delta\Delta Ct}$) | 1.000 ± 0.051 | 1.068 ± 0.049 | n.s. |
| CYP2c6 ($2^{-\Delta\Delta Ct}$) | 1.000 ± 0.050 | 1.305 ± 0.067 | <0.05 |
| CYP2c11 ($2^{-\Delta\Delta Ct}$) | 1.000 ± 0.037 | 0.696 ± 0.043 | <0.01 |
| D5D index (PL) | 1.000 ± 0.114 | 0.447 ± 0.021 | <0.001 |
| D6D index (PL) | 1.000 ± 0.078 | 1.276 ± 0.047 | <0.001 |
| D9D index (PL) | 1.000 ± 0.204 | 1.754 ± 0.138 | <0.001 |
| D5D index (CE) | 1.000 ± 0.181 | 0.405 ± 0.043 | <0.001 |
| D6D index (CE) | 1.000 ± 0.261 | 1.507 ± 0.058 | <0.001 |
| D9D index (CE) | 1.000 ± 0.124 | 1.198 ± 0.049 | <0.01 |

SUPPLEMENTARY TABLE 3 – Fatty acid profile in cardiac phospholipids

| | W | HHTg | P |
|-------------------------------|----------------|----------------|--------|
| Palmitic acid (mol %) | 15.088 ± 0.231 | 17.050 ± 0.287 | <0.001 |
| Palmitoleic acid (mol %) | 0.209 ± 0.018 | 0.420 ± 0.036 | <0.001 |
| Stearic acid (mol %) | 25.321 ± 0.826 | 27.545 ± 0.233 | <0.05 |
| Oleic acid (mol %) | 2.794 ± 0.149 | 3.524 ± 0.153 | <0.01 |
| Vaccenic acid (mol %) | 4.633 ± 0.214 | 4.436 ± 0.116 | n.s. |
| Linoleic acid (mol %) | 23.628 ± 0.394 | 25.915 ± 0.358 | <0.001 |
| Arachidonic acid (mol %) | 24.882 ± 0.307 | 18.250 ± 0.372 | <0.001 |
| Eicosapentaenoic acid (mol %) | 0.064 ± 0.003 | 0.025 ± 0.001 | <0.001 |
| Docosahexaenoic acid (mol %) | 2.534 ± 0.165 | 2.835 ± 0.062 | n.s. |

SUPPLEMENTARY TABLE 4 – Fatty acid profile in cardiac cholesteryl esters

| | W | HHTg | P |
|-------------------------------|----------------|----------------|--------|
| Palmitic acid (mol %) | 34.264 ± 0.366 | 33.476 ± 0.718 | n.s. |
| Palmitoleic acid (mol %) | 0.891 ± 0.116 | 0.722 ± 0.046 | n.s. |
| Stearic acid (mol %) | 11.625 ± 0.529 | 12.653 ± 0.143 | n.s. |
| Oleic acid (mol %) | 11.681 ± 0.921 | 14.068 ± 0.552 | <0.05 |
| Vaccenic acid (mol %) | 2.188 ± 0.161 | 1.839 ± 0.142 | n.s. |
| Linoleic acid (mol %) | 21.110 ± 0.551 | 17.302 ± 0.583 | <0.001 |
| Arachidonic acid (mol %) | 15.689 ± 0.326 | 17.395 ± 0.204 | <0.001 |
| Eicosapentaenoic acid (mol %) | 0.359 ± 0.063 | 0.559 ± 0.066 | <0.05 |
| Docosahexaenoic acid (mol %) | 2.194 ± 0.127 | 1.986 ± 0.156 | n.s. |