



Article

Can Natural and Synthetic Zeolites Be Dietary Modulators of Microorganism Population, Fermentation Parameters, and Methane Emission in the Rumen? A Preliminary Study on Cow

Małgorzata P. Majewska *, Renata Miltko, Anna Tuśnio, Marcin Barszcz, Kamil Gawin, Joanna Bochenek, Urszula Wolska-Świętlicka and Barbara Kowalik

The Kielanowski Institute of Animal Physiology and Nutrition, Polish Academy of Sciences, Instytucka 3, 05-110 Jabłonna, Poland; r.miltko@ifzz.pl (R.M.); a.tusnio@ifzz.pl (A.T.); m.barszcz@ifzz.pl (M.B.); k.gawin@ifzz.pl (K.G.); j.bochenek@ifzz.pl (J.B.); u.wolska-swietlicka@ifzz.pl (U.W.-Ś.); b.kowalik@ifzz.pl (B.K.) * Correspondence: m.majewska@ifzz.pl; Tel.: +48-22-7653365

Abstract

Zeolites are 'magic stones' with crystalline structures and unique properties, which enable them to selectively adsorb molecules, including gases. The aim of the study was to determine the effect of different types and doses of zeolites on microorganisms, nutrient digestion, and methane production in the rumen. The study was conducted on five two-year-old Jersey heifers (350 kg live weight) fistulated to the rumen in a 5 × 5 Latin square design divided into five feeding groups: control (basal diet), ZN2 (+120 g clinoptilolite/d), ZS2 (+120 g ZP-4A zeolite/d), ZN4 (+240 g clinoptilolite/d), and ZS4 (+240 g ZP-4A zeolite/d). During five periods of the experiment, the samples of the ruminal fluid and digesta were taken before and 3 h after feeding. The pH value, bacteria and methanogens populations, as well as short-chain fatty acids (SCFAs) and methane production in the rumen were not affected after zeolite addition (p > 0.05). ZN2 diet decreased the number of total protozoa by 41.2% (p = 0.023) and Entodinium spp. by 51.1% (p = 0.021), while ZS2, ZN4, and ZS4 diets reduced Diplodinium population by 70.5% (p < 0.001) 3 h after feeding in comparison to the control diet. An increased population of Ophryoscolex spp. was noted in ZN2 and ZS4 cow 3 h after feeding (p < 0.001; 0.15 × 104/mL and 0.08 × 104/mL vs. 0.02 × 104/mL) when compared to control animals. Furthermore, ZS4 diet increased ammonia (p = 0.007; 3.97 mM/L vs. 2.27 mM/L), tryptamine (p = 0.014; 0.009 µmol/g vs. 0.007 µmol/g) and 1.7-diaminoheptane (p <0.001; 0.016 µmol/g vs. 0.006 µmol/g) concentrations in the rumen, while phenylethylamine level was 90.9% higher in ZN4 cows (p = 0.007), in comparison to control, depending on time. To summarise, zeolites may act in a type- and dose-dependent manner on the protozoa population and indicators of protein degradation.

Keywords: clinoptilolite; zeolite 4A; protozoa; bacteria; methanogens; short-chain fatty acids; ammonia; amines; heifers

Academic Editor: Simona Sagona

Received: 29 August 2025 Revised: 3 October 2025 Accepted: 7 October 2025 Published: 10 October 2025

Citation: Majewska, M.P.; Miltko, R.; Tuśnio, A.; Barszcz, M.; Gawin, K.; Bochenek, J.; Wolska-Świętlicka, U.; Kowalik, B. Can Natural and Synthetic Zeolites Be Dietary Modulators of Microorganism Population, Fermentation Parameters, and Methane Emission in the Rumen? A Preliminary Study on Cow. *Molecules* 2025, 30, 4040. https://doi.org/10.3390/molecules30204040

Copyright: © 2025 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

1. Introduction

Recently, there has been an increasing interest in society in the issues related to global climate change, especially greenhouse gases. According to the report of the Intergovernmental Panel on Climate Change (IPCC), methane, as one of the greenhouse gases, accounts for 30% of global warming [1]. Livestock production is responsible for 35% of total

Molecules 2025, 30, 4040 2 of 20

anthropogenic methane emissions into the atmosphere, and ruminants are considered to be the main producers of this gas [1,2]. Interestingly, this phenomenon has harmful consequences not only for the natural environment but also for high-yielding cows, for which the excessive methane production is connected with a loss of about 2–12% of gross energy, depending on the feeding system [3]. Thus, scientists are seeking nutritional additives (especially of natural origin) that can be used in ruminant nutrition with the potential to limit methane production during enteric fermentation [4].

Zeolites, commonly known as 'magic stones', are hydrated aluminosilicates with a crystalline structure, in which a channel system and chambers can be distinguished [5]. These compounds constitute a diverse group with physicochemical properties, in which about 40 types of natural zeolites can be distinguished, of which clinoptilolite is the best known, and about 150 synthetic zeolites artificially produced in the autoclaves at high temperature and pressure [5]. In view of the unique properties, zeolites have been used in the industrial sector, ecology, and biomedical applications [6,7]. Their porous structure and large surface area of several hundred m²/g allow for high sorption capacity ('molecular sieves'), ion-exchange ability as well as selectivity dependent on the shape and size of the molecules relative to the pore diameter [8,9]. Zeolites can adsorb and absorb gases, water, radioactive elements, toxic substances, heavy metals, and smells [10]. Most importantly, such porous materials are stable in the gastrointestinal tract and do not react with nutrients and body fluids [10,11]. For that reason, they are considered to be safe in both human and animal nutrition and constitute an attractive alternative to the plant extracts for growers because of their low cost.

Most microbiological studies on zeolites were carried out in laboratory conditions and were focused mainly on wastewater management and water purification [12,13]. Studies conducted on animals showed that zeolites are buffering agents and may improve fibre digestion [14–16], animal productivity [17,18], as well as animal health and immune status in newborn animals [19,20]. Interestingly, the results of recent laboratory studies may indicate a potential involvement of zeolites in hydrogen [21,22] and methane adsorption [23,24].

In light of these premises, the hypothesis of the study assumed that the zeolites may reduce methane production by modifying the number of microorganisms and carbohydrate fermentation in the rumen. Thus, the aim of the study was to determine and compare the effects of different types of zeolites (natural vs. synthetic) and their contribution in a diet on the number of bacteria, methanogens, and protozoa, as well as to measure the concentrations of short-chain fatty acids (SCFAs), ammonia, amines, and gas production in the rumen of the cow.

2. Results

2.1. Diets

All animals received balanced diets, which contained approximately 10% of crude protein, 30% of crude fibre, as well as 4% of crude fat (Table 1). The composition of the cow diet and feed intake were previously presented in the study of Majewska et al. [16] as a part of this experiment. It appeared that orts constituted approximately 1% of the total diet, depending on the feeding group (control, ZN2, ZS2, ZN4); however, in cows fed a higher dose of synthetic zeolites (ZS4 group), the feed residues were more than 5 times greater (up to 5.23%).

Molecules 2025, 30, 4040 3 of 20

Table 1. Composition of cow diets (adopted from Majewska et al. [16]).

Time	C11	Natural Ze	olites (ZN)	Synthetic Ze	eolites (ZS)
Item	Control	ZN2	ZN4	ZS2	ZS4
Components (g/kg DM)					
Meadow hay	855	840	826	841	827
Barley meal	111	109	107	109	107
Soybean meal	28.2	27.7	27.2	27.7	27.3
Dolfos 1	6.18	6.07	5.96	6.07	5.97
ZeoFEED	-	17.6	34.6	-	-
ZP-4A	-	-	-	16.7	32.8
Chemical composition (g/kg DM)					
DM	897	897	898	896	896
Crude protein ²	94.3	92.7	91.2	92.7	91.2
Crude fat	23.0	22.6	22.2	22.6	22.2
Crude ash	37.6	37.0	36.3	37.0	36.3
Crude fibre	271	266	262	266	262
NDF	599	588	579	588	579
ADF	352	346	340	346	340
ADL	59.9	58.9	57.9	58.9	57.9
NFC	241	237	233	237	233
Nutrient intake (g/d)					
DM	6312	6361	6385	6487	6184
Crude protein	664	657	661	659	629
Crude fat	162	160	161	161	154
Crude ash	265	262	264	263	251
Crude fibre	1905	1886	1895	1890	1805
NDF	4214	4172	4193	4181	3994
ADF	2478	2453	2465	2459	2348
ADL	422	418	420	419	400
NFC	1697	1680	1684	1684	1608

DM—dry matter, NDF—neutral detergent fibre, ADF—acid detergent fibre, ADL—acid detergent lignin, NFC—non-fibrous carbohydrate. 1 Dolfos DOLMIX B consisted of: calcium carbonate; sodium chloride; calcium-magnesium carbonate; mono-calcium phosphate; magnesium oxide; glycerol; UI: vit. A 700,000; vit. D3 140,000; mg: vit. E 1650; niacin 500; DL- α -tocopherol 1500; trace elements mg: copper 30; manganese 60; zinc 1000; selenium 30; g: sulfur 5.5; calcium 253; sodium 80; magnesium 30; phosphorus 10. 2 expressed as N × 6.25.

2.2. Microorganisms

Significant interaction between diet and sampling time for all types of ciliates was noted ($p \le 0.05$, Table 2). ZS2 and ZN2 diets decreased total protozoa number by 36.7% (p = 0.048) and 41.2% (p = 0.021) in comparison to the control group, respectively, depending on the sampling time. An upward trend of total protozoa number was noted in ZS4 animals in comparison to the ZN2 group (p = 0.058, 17.60×10^4 /mL vs. 11.01×10^4 /mL) 3 h after feeding. Furthermore, a decreased number of *Entodinium* was noted in the ruminal fluid of ZN2 cow 3 h after feeding, when compared to control animals (p = 0.021; 6.88×10^4 /mL vs. 14.07×10^4 /mL). In addition, the ZS2 diet significantly reduced the number of *Entodinium* in comparison to the ZS4 diet before feeding (p = 0.021; 6.98×10^4 /mL vs. 14.83×10^4 /mL, respectively). Both types and doses of zeolites administered to cow diets significantly decreased *Diplodinium* number, but the largest decrease was noted in ZS4 group in comparison to the control group before feeding (p < 0.001; 0.38×10^4 /mL vs. 1.98×10^4 /mL) and 3 h after feeding (p < 0.001; 0.56×10^4 /mL vs. 2.07×10^4 /mL). Interestingly, the number of *Ophryoscolex* in the

Molecules 2025, 30, 4040 4 of 20

rumen was two times higher in the ZS2 diet than in other feeding groups (p < 0.001) before feeding, whereas it was 46.7% and 86.7% higher in the ZN2 diet 3 h after feeding when compared to the ZS4 and control groups (p < 0.001), respectively. In contrast, the 86.7% and 58.8% reduction in *Ophryoscolex* number after feeding was noted for control and ZS2 animals (p < 0.001), respectively. A tendency of an increased number of *Isotricha* was noted for the ZS2 group in comparison to the ZS4 diet before feeding (p = 0.058; 0.74×10^4 /mL vs. 0.46×10^4 /mL). Regarding the time effect, the number of *Isotricha* was 67.4% higher in the ZS4 group (p = 0.012), while it was 8.10% lower in the ZS2 group (p = 0.55) 3 h after feeding. A reduced number of *Dasytricha* was documented in the ZS4 group before feeding in comparison to the ZN4 diet (p = 0.027; 1.54×10^4 /mL vs. 2.90×10^4 /mL). Moreover, the *Dasytricha* population increased in the ZS4 cow by 92.2% 3 h after feeding in comparison to the time before feeding (p < 0.05). The reverse findings over time were noted in the ZN4 group but only as a tendency (p = 0.066; 2.90×10^4 /mL vs. 2.01×10^4 /mL).

Table 2. Protozoa number in the ruminal fluid of cow (×104/mL).

D N 1	D:-(/D)	Sampling	g Time (T)	CEM	<i>p-</i> Value		
Protozoa Number	Diet (D)	0 h	3 h	SEM	D	T	D×T
Total protozoa	Control	18.16 A	18.72 A	0.586	0.023	0.626	0.054
-	ZN2	15.62 AB	11.01 в				
	ZS2	11.50 в	13.75 AB				
	ZN4	$14.01~^{\mathrm{AB}}$	13.82 AB				
	ZS4	17.32 AB	17.60 AB				
Entodinium	Control	12.75 AB	14.07 A	0.576	0.021	0.975	0.015
	ZN2	11.08 AB	6.88 B				
	ZS2	6.98 B	10.25 AB				
	ZN4	9.06 AB	10.37 AB				
	ZS4	14.83 A	13.23 AB				
Diplodinium	Control	1.98 A	2.07 A	0.086	< 0.001	0.015	< 0.001
,	ZN2	1.19 ^B	1.25 A				
	ZS2	1.04 ^B	0.66 в				
	ZN4	1.16 ^B x	$0.61~^{\mathrm{B}}\mathrm{Y}$				
	ZS4	0.38 €	0.56 в				
Ophryoscolex	Control	0.15 ^B x	0.02 ^C Y	0.012	< 0.001	< 0.001	< 0.001
, •	ZN2	0.13 в	0.15 ^A				
	ZS2	0.34 A_{X}	$0.14~^{\mathrm{AB}}\mathrm{Y}$				
	ZN4	0.18 B	0.13^{AB}				
	ZS4	0.11 ^B	0.08 в				
Isotricha	Control	0.63	0.58	0.026	0.206	0.969	0.025
	ZN2	0.57	0.52				
	ZS2	0.74	0.51				
	ZN4	0.70	0.71				
	ZS4	0.46 y	0.77 x				
Dasytricha	Control	2.64 AB	1.98	0.100	0.961	0.279	< 0.001
-	ZN2	2.64 AB	2.20				
	ZS2	2.40 AB	2.19				
	ZN4	2.90 A	2.01				
	ZS4	1.54 By	2.96 x				

D—effect of diet, T—effect of sampling time, D × T—diet and sampling time interaction effect, SEM—standard error of mean. A.B.C—means with different letters in a column differ significantly at $p \le 0.05$ between diet (control, ZN2, ZS2, ZN4, ZS4). x,Y—mean with different letters in a row differ significantly at $p \le 0.05$ between sampling times (0, 3 h).

Molecules 2025, 30, 4040 5 of 20

Neither type of zeolites nor their contribution in a diet did not significantly affected the number of total bacteria and methanogens in the rumen (Table 3). Only a tendency of a lowered number of the total methanogens in ZN2 animal 3 h after feeding was noted (p = 0.059; 8.09 $\log_{10} \operatorname{rrs copies/g}$ vs. 7.97 $\log_{10} \operatorname{rrs copies/g}$).

Table 3. The abundance of microorganism	ns in the rumina	i digesta of cow	(log10 rrs copies/g)).
				_

Thomas	D: -+ (D)	Sampling Time (T)		CEM		<i>p</i> -Value		
Item	Diet (D)	0 h	3 h	SEM	D	T	D×T	
Total bacteria	Control	12.47	12.32	0.279	0.992	0.077	0.560	
	ZN2	12.43	12.33					
	ZS2	12.40	12.38					
	ZN4	12.45	11.58					
	ZS4	12.39	11.47					
Total methanogens	Control	8.08	7.98	0.017	0.930	0.009	0.806	
	ZN2	8.09	7.97					
	ZS2	8.03	7.98					
	ZN4	8.06	8.03					
	ZS4	8.03	7.94					

D-effect of diet, T-effect of sampling time, $D \times T$ -diet and sampling time interaction effect, SEM-standard error of mean.

2.3. Ruminal Parameters

The pH value of the ruminal fluid of the cow ranged from 6.83 to 7.27 (Table 4). The type of zeolites and their contribution in the cow diet had no significant effect on its value both before and 3 h after feeding (p = 0.176). Regardless of the feeding group, a significant decrease in pH value by an average of 3.95% 3 h after feeding was noted (p < 0.001).

Experimental factors did not significantly affect the concentration of total SCFAs, acetic acid, propionic acid, and methane in the rumen (p > 0.05; Table 4). Only the sampling time affected specific SCFAs in the rumen. Briefly, an increased concentrations of butyric acid in control (p = 0.045; 0.75 mM/100 mL vs. 0.63 mM/100 mL) and ZS4 groups (p = 0.086; 0.81 mM/100 mL vs. 0.70 mM/100 mL) as well as valeric acid in control animals (p = 0.077; 0.11 mM/100 mL vs. 0.09 mM/100 mL) 3 h after feeding were observed. On the contrary, the concentration of isoacids was on average 17.1% lower in ZN2, ZS2, ZN4, and ZS4 cows (p < 0.001), after feeding.

Both factors (diet and time) had a significant effect on ammonia concentration in the ruminal fluid (p < 0.05; Table 4). The ZS4 diet increased ammonia concentration by 88.5% in comparison to the ZN2 diet (p = 0.010) before feeding, and 3 h after feeding by an average of 69.0% when compared to other feeding groups (p = 0.005). A tendency of lower ammonia concentration was noted for control (p = 0.072; 3.52 mM/L vs. 2.27 mM/L) and ZS2 (p = 0.086; 3.16 mM/L vs. 2.53 mM/L) groups 3 h after feeding.

Table 4. pH, SCFAs (mM/100 mL), methane (mM/100 mL) and ammonia (mM/L) concentrations in the rumen.

Thomas	D: ** (D)	Sampling	Sampling Time (T)		<i>p</i> -Value		
Item	Diet (D)	0 h	3 h	SEM	D	T	D×T
pН	Control	7.24	6.92	0.031	0.176	< 0.001	0.958
	ZN2	7.27 x	6.94 y				
	ZS2	7.17 x	6.93 y				
	ZN4	7.12 x	6.83 y				
	ZS4	7.07 x	6.83 y				
Total SCFA	Control	7.19	7.19	0.120	0.490	0.989	0.791

Molecules 2025, 30, 4040 6 of 20

	ZN2	7.13	7.18				
	ZS2	7.37	7.23				
	ZN4	7.45	7.83				
	ZS4	8.04	7.75				
Acetic acid	Control	4.99	4.90	0.079	0.516	0.329	0.744
	ZN2	4.93	4.90				
	ZS2	5.10	4.88				
	ZN4	5.14	5.30				
	ZS4	5.56	5.22				
Propionic acid	Control	1.23	1.21	0.027	0.314	0.698	0.955
•	ZN2	1.21	1.20				
	ZS2	1.25	1.22				
	ZN4	1.30	1.35				
	ZS4	1.42	1.38				
Butyric acid	Control	0.63 ү	0.75 x	0.020	0.825	< 0.001	0.596
•	ZN2	0.63	0.77				
	ZS2	0.69	0.79				
	ZN4	0.66	0.86				
	ZS4	0.70	0.81				
Valeric acid	Control	0.09	0.11	0.003	0.809	0.017	0.598
	ZN2	0.09	0.11				
	ZS2	0.10	0.12				
	ZN4	0.10	0.10				
	ZS4	0.10	0.10				
Isoacids 1	Control	0.25	0.21	0.005	0.786	< 0.001	0.840
	ZN2	0.27 x	0.21 y				
	ZS2	0.25 x	0.21 y				
	ZN4	0.26 x	0.22 y				
	ZS4	0.27 x	0.23 y				
Methane	Control	2.16	2.17	0.034	0.607	0.830	0.657
	ZN2	2.14	2.18				
	ZS2	2.22	2.18				
	ZN4	2.22	2.36				
	ZS4	2.39	2.30				
Ammonia	Control	3.52 AB	2.27 ^B	0.144	0.007	<0.001	0.138
	ZN2	2.35 B	2.19 ^B				
	ZS2	3.16 AB	2.53 BC				
	ZN4	3.14 AB	2.86 B				
	ZS4	4.43 A	3.97 A				

D—effect of diet, T—effect of sampling time, D × T—diet and sampling time interaction effect, SEM—standard error of mean. 1 sum of iso-butyric and iso-valeric acids. A,B,C —means with different letters in a column differ significantly at $p \le 0.05$ between diet (control, ZN2, ZS2, ZN4, ZS4). x,y—mean with different letters in a row differ significantly at $p \le 0.05$ between sampling times (0, 3 h).

2.4. Biogenic Amines

The effect of diet, time, and their interaction on phenylethylamine (p = 0.009) and 1.7-diaminoheptane concentrations (p < 0.001) has been shown (Table 5). Briefly, the ZN4 diet significantly increased phenylethylamine concentration in the rumen before feeding in comparison to the control (p = 0.006; 0.021 µmol/g vs. 0.011 µmol/g), ZS2 (p = 0.001; 0.021 µmol/g vs. 0.010 µmol/g), and ZS4 groups (p < 0.001; 0.021 µmol/g vs. 0.009 µmol/g). Additionally, the level of 1.7-diaminoheptane in ZS4 animals was 1.67 times higher before feeding in comparison to control, ZN2, ZS2, and ZN4 groups (p < 0.001). Likely, the ZS4

Molecules **2025**, 30, 4040 7 of 20

diet significantly increased the concentration of tryptamine by 28.6% in comparison to the control (p=0.037) and ZN2 (p=0.030) diets 3 h after feeding. Moreover, a tendency of an increased concentration of cadaverine in the ZS4 diet 3 h after feeding in comparison to the control group (p=0.061; 0.060 µmol/g vs. 0.037 µmol/g) was also documented. Time effect was observed for phenylethylamine, 1.7-diaminoheptane, tyramine, and methylamine concentrations (p<0.001). Briefly, the level of phenylethylamine decreased after feeding by 30.8% and 52.4% in ZN2 (p=0.038) and ZN4 (p<0.001), respectively. Similarly, the concentration of 1.7-diaminoheptane in the ZS4 group decreased over time (p<0.001; 0.016 µmol/g vs. 0.08 µmol/g). The concentrations of cadaverine and tyramine were 23.1% and 20% lower after feeding in the ZN2 (p=0.045) and control groups (p=0.015), respectively. However, methylamine concentration was on average 2.25 times higher 3 h after feeding in all experimental groups ($p\le0.001$).

The experimental diet did not significantly affect the concentrations of total amines (p = 0.099) and putrescine (p = 0.176). Importantly, the concentrations of histamine, spermidine, and spermine were below the detection limit.

Table 5. The concentrations of biogenic amines in the ruminal digesta of cow (µmol/g).

T(D:-(/D)	Sampling Time (T)		CENA	<i>p</i> -Value		
Item	Diet (D)	0 h	3 h	SEM	D	T	D×T
Total amines	Control	0.091	0.099	0.0028	0.099	0.378	0.492
	ZN2	0.109	0.099				
	ZS2	0.104	0.111				
	ZN4	0.116	0.123				
	ZS4	0.119	0.122				
Methylamine	Control	0.007 ч	0.016 x	0.0009	0.494	< 0.001	0.100
•	ZN2	0.006 y	0.015 x				
	ZS2	0.005 ч	0.019 x				
	ZN4	0.004 y	0.017 x				
	ZS4	0.005 y	0.017 x				
Tryptamine	Control	0.007	0.007 в	0.0002	0.014	0.500	0.460
<i>J</i> 1	ZN2	0.007	0.007 в				
	ZS2	0.008	0.008 AB				
	ZN4	0.007	0.009 AB				
	ZS4	0.009	0.009 A				
Phenylethylamine	Control	0.011 в	0.010	0.0006	0.007	< 0.001	0.009
J J	ZN2	$0.013~{}^{\mathrm{AB}}\mathrm{X}$	0.009 y				
	ZS2	0.010 в	0.008				
	ZN4	$0.021 ^{A_X}$	0.010 y				
	ZS4	0.009 в	0.008				
Putrescine	Control	0.019	0.019	0.0005	0.176	0.239	0.307
	ZN2	0.020	0.018				
	ZS2	0.016	0.016				
	ZN4	0.022	0.019				
	ZS4	0.016	0.016				
Cadaverine	Control	0.036	0.037	0.0021	0.040	0.578	0.387
	ZN2	0.052 x	0.040 y				
	ZS2	0.055	0.050				
	ZN4	0.051	0.058				
	ZS4	0.060	0.060				
1.7-diaminoheptane	Control	0.006 в	0.006	0.0004	<0.001	<0.001	< 0.001
1	ZN2	0.006 в	0.006				
	ZS2	0.006 в	0.006				

Molecules 2025, 30, 4040 8 of 20

	ZN4 ZS4	0.006 ^B 0.016 ^A x	0.006 0.008 y				
Tyramine	Control	0.005 x	0.004 y	0.0001	0.964	< 0.001	0.387
	ZN2	0.005	0.004				
	ZS2	0.004	0.004				
	ZN4	0.005	0.004				
	ZS4	0.004	0.004				

D—effect of diet, T—effect of sampling time, D × T—diet and sampling time interaction effect, SEM—standard error of mean. A,B—means with different letters in a column differ significantly at $p \le 0.05$ between diet (control, ZN2, ZS2, ZN4, ZS4). x,Y—mean with different letters in a row differ significantly at $p \le 0.05$ between sampling times (0, 3 h).

3. Discussion

Both types of zeolites and their contribution to diets did not significantly affect pH in the rumen. The stable pH value after zeolites addition may indicate their buffering properties. Zeolites exert a high affinity for water and active cations, which may influence fermentation and osmotic activity in the rumen, as a consequence [25]. Khachlouf et al. [26] indicated that high content of aluminium and magnesium silicate may influence the buffering capacity of zeolites. The results obtained are in agreement with the study of Bosi et al. [14] on dairy cows supplemented with clinoptilolite (200 g/d). On the contrary, the study of El-Nile et al. [27] documented an increased pH after supplementing Barki goats with natural zeolites (clinoptilolite, 20 g/kg DM diet) and nano-zeolites (0.40 g/kg DM diet). The various actions of zeolites on pH may be dependent on the chemical composition of zeolites, which can act as alkalizers due to the H+ ion exchange capacity [26]. The great importance may also have diet composition, especially with a high contribution of carbohydrates or protein, where zeolites effect could be stronger and more effective. In the present study, the reduction in pH value was noted after feeding animals, which is a normal phenomenon. It is related to the activity of microorganisms and the appearance of the end products of fermentation (organic acids) in the rumen environment [28].

The effect of zeolites on the microorganism population in the gastrointestinal tract of ruminants is still unknown in the literature. In the present study, the protozoa from Ophryoscolecidae (Entodinium spp., Diplodinium spp., Ophryoscolex spp.) and Isotrichidae (Isotricha spp., Dasytricha ssp.) families were identified in the rumen of cows. The Entodinium genus was a predominant group found in the rumen, while the least numerous ciliates were the Ophryoscolex genus. Regardless of sampling time, ZN2 and ZS2 diets reduced the number of total protozoa and Entodinium spp., known for decomposing easily digestible carbohydrates (starch). Similarly, the ZS4 diet significantly decreased other populations of ciliates able to utilise soluble carbohydrates (Dasytricha ssp.) before feeding. An ambiguous effect of the tested zeolites was observed for fibrolytic protozoa. On the one hand, natural and synthetic zeolites used in different doses decreased the abundance of Diplodinium spp. On the other hand, the contribution of 2% of both zeolites in cow diets increased Ophryscolex spp., depending on time. On the contrary, in the study of El-Nile et al. [27] on goats, the addition of 20 g natural zeolites (clinoptilolite) and 0.40 g of its nanoform significantly increased the number of *Isotricha* spp. without any effect on other groups. Mahdavirad et al. [15] documented an increased protozoa number in Arabi lambs receiving 2% zeolites in a diet in comparison to the control group. The results obtained from the present study showed that zeolites can act in a type- and dose-dependent manner on different groups of protozoa, utilising both structural and non-structural carbohydrates. Unfortunately, the mechanisms of zeolites' action on protozoa in the literature are poorly understood. Binding protozoa inside the zeolite structure should be excluded, mainly due to the size of primary cells (20-215 µm depending on the species) in relation Molecules 2025, 30, 4040 9 of 20

to the diameter of the zeolite pores (<400 pm). However, it is believed that these compounds may affect the ciliate population by impacting the environment of the rumen through their buffering properties. Differences observed in the zeolites' action on protozoa population may also be derived from the diet composition used in animal studies. In the abovementioned studies, animals received diets with a high contribution of concentrate, including carbohydrates and protein, while in the present study, Jersey cows received diets at a household dose.

In the literature, more studies on zeolites were conducted on different groups of bacteria. Weiß et al. [29] observed that natural zeolite (clinoptilolite) can be colonised by certain groups of bacteria (Clostridium, Pseudomonas, Methanoculleus) under in vitro conditions, constituting their micro-habitat and affecting their biological activity. Bacterial cell walls are negatively charged physiologically, allowing them to interact with cations on the surface of zeolites [30]. Interestingly, Hrenović et al. [31] demonstrated the positive effect of natural zeolites (clinoptilolite) on the *Acinetobacter junii* (phosphate-accumulating bacteria), while synthetic zeolites of lynde type A had a toxic effect on this culture. Authors indicated that the main mechanism of clinoptilolite action on bacteria was their immobilisation onto the surface, which, in consequence, increased bacterial biomass. In the present study, we did not observe any significant differences regarding the type of zeolites used on the total bacterial population. When interpreting the effects of zeolites' action on ruminants, the mutual relations between protozoa and bacteria in the rumen should not be omitted. As it is already known, ciliates are predators and engulf bacterial cells, simultaneously regulating the size of their population [32]. However, despite shifts observed in the ruminal protozoa population after zeolite incorporation into the diet, we did not note any significant effect on the total bacteria population in the present study. Goodarzi and Nanekarani [33] documented an increased population of cellulolytic bacteria in a Lori sheep fed a diet with 4% calcic clinoptilolite at 3 and 6 h after feeding without any significant effect on the total bacteria population in the rumen. Authors claimed that the positive effect on cellulolytic bacteria was caused by an increased pH value in the rumen, which improved and favoured the conditions of their growth and development.

Valpotić et al. [25] indicated that zeolites of different origins can influence energy metabolism in ruminants due to changes in the fermentation pattern. The results of the current study showed that the administration of natural and synthetic zeolites did not significantly affect the concentration of SCFAs in the rumen, regardless of the dose used. However, the concentrations of total SCFAs, acetate, propionate, and butyrate were insignificantly higher when animals received ZN4 and ZS4 diets. Similarly, Bosi et al. [14] did not document any significant effect of clinoptilolite on the concentrations of total SCFAs and their types. Roque-Jiménez et al. [34] showed that increasing levels of clinoptilolite (20, 40, 60 g/kg) tended to increase the concentration of SCFAs. McCollum and Galyean [35] noted increased concentration of propionic acid in beef steers fed high-concentrate diets with 2.5% clinoptilolite. Moreover, authors showed that clinoptilolite-rich diets (2.5 and 5% DM) tended to increase the concentration of total SCFAs in the rumen, similar to results obtained from the present study. Grabherr et al. [36] noted an increased proportion of acetate and decreased concentration of propionate and valerate in dairy cows fed a diet with zeolite A in a dose of 10 and 2 g/kg DM per day, without any significant effect on total SCFAs. The differences in the ruminal fermentation pattern can be caused by the chemical structure of zeolites used as well as animal diet composition.

Microorganisms inhabiting the rumen take part in the methanogenesis. Carbon dioxide produced in the carbohydrate fermentation is reduced by methanogens to methane by using hydrogen. Importantly, these microorganisms live in close proximity to protozoa, which, due to the presence of a hydrogenosome (the mitochondrial equivalent) in the cell, are important hydrogen donors in the rumen [37]. Morgavi et al. [38] demonstrated that

Molecules 2025, 30, 4040 10 of 20

partial or complete elimination of protozoa inhibited methane production in the rumen. Therefore, any changes in the relationship between protozoa and methanogens may determine the scale of methane production in the rumen. In the study of Wrzosek-Jakubowska and Gworek [23], it was demonstrated that methane can be adsorbed in the channels and chambers of synthetic zeolites (4A and NaY, physical adsorption), using a molecular modelling program. Similar relationships have been documented by Hao et al. [24] for modified clinoptilolite. Other studies have shown that clinoptilolite also has the ability to bind hydrogen (the substrate for the production of methane) in amounts up to 4% of its weight at room temperature [21]. In the present study, the abundance of the methanogen population was unchanged after dietary treatments, with the exception of their lower number in the ZN2 group. Furthermore, despite a lower number of protozoa in zeoliterich diets, we did not observe any significant effect on methane production, which was contrary to the assumed hypothesis. It is worth noting that gas production is generally related to nutrient degradation and microbial fermentation [39]. An increased cellulolytic activity of the ruminal digesta in cows receiving 2% synthetic zeolites in a diet [16] did not significantly affect ruminal fermentation. Notably, propionic acid is considered a methane antagonist; for that reason, at higher concentrations of this acid, reduced methane production is documented [40]. In the present study, methane production was estimated according to the calculations of SCFAs concentrations [41]. Thus, the lack of relevant changes in the proportions of acetate, propionate, and butyrate after dietary treatments resulted in unaltered methane concentration. Interestingly, an in vitro study of El-Nile et al. [27], showed reduced methane production without any adverse effect of nutrient degradation when increasing level of nano-zeolites was added. The reduced number of protozoa and methanogens population (as a tendency) in the ZN2 group prompts conducting further research on this topic.

Ammonia level is an indicator of the nitrogen degradation in the rumen. The lowest concentration of ammonia was observed for the ZN2 group in both sampling times, which confirms the capacity of zeolites to adsorb harmful substances. Interestingly, zeolites can take up approximately 15% of the ammonia, which prevents excessive absorption of its ions from the rumen [34,42]. Thus, zeolites may improve nitrogen utilisation by gradually releasing excess ammonia and enable bacteria to utilise it for microbial protein synthesis [25]. Zeolites are also considered eco-friendly because of the removal of excess N in faeces and bedding [6,43]. The results of the present study are in agreement with El-Nile et al. [27]. Similarly, in Holstein steers fed a diet containing urea (20 g/kg), a reduced level of ammonia nitrogen in the rumen after 30 g/kg clinoptilolite supplementation was noted [44]. On the other hand, the addition of 1.4% natural zeolites in dairy cows to the TMR diet did not significantly affect the concentration of ammonia N [45].

Biogenic amines are non-volatile nitrogenous compounds of high activity, formed by microbial decarboxylation of amino acids, but also by amination or transamination of ketones and aldehydes [46]. These substances have an impact on protein synthesis, DNA replication, as well as permeability of cell membranes at the cellular level. They are also considered toxic and carcinogenic substances, and their presence in the food is related to health hazards. In the present study non-significant effect of natural and synthetic zeolites of different doses on total amines was noted. Considering individual types of amines, an increased concentration of tryptamine and 1.7-diaminoheptane was observed in the ZS4 group, as well as phenylethylamine in the ZN4 group, depending on time. An increased concentration of some types of amines in the ruminal digesta is unfavourable due to the potential toxicity of biogenic amines on organisms. The *in vitro* studies of Gokdogan et al. [47] and Özogul et al. [48], examined the effect of natural zeolites (clinoptilolite) on biogenic amine production. It was shown that their effect was dose-dependent and strictly related to the bacterial strains. Interestingly, the addition of 1% zeolite reduced tyramine

Molecules 2025, 30, 4040 11 of 20

production by Gram-negative bacteria (especially *E. coli* and *P. aeruginosa*), while 5% zeo-lite increased their concentration [48]. Moreover, 1% zeolite reduced the accumulation of putrescine and cadaverine by testing Gram-positive bacteria (*S. aureus*, *E. faecalis*, and *L. monocytogenes*), but had a stimulating effect on the tyramine production. Similar dependencies were noted in the present study when ZN4 and ZS4 diets were administered to the animals. Interestingly, the lack of effect on biogenic amine production was observed when cows received ZN2 and ZS2 diets. The results obtained for amines are complementary to the concentration of isoacids in the rumen. It should be underlined that the basal diet for cows contained 10% protein, and perhaps for that reason, the concentrations of biogenic amines were unchanged after 2% zeolite administration. It is thought that the action of zeolites could be more pronounced at higher levels of dietary protein.

4. Materials and Methods

Generative artificial intelligence (GenAI) has not been used in this paper.

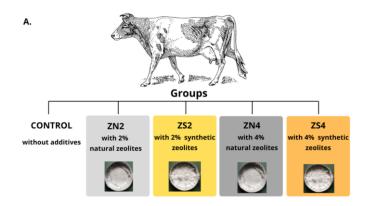
4.1. Animals and Diets

For this study, five Jersey heifers (two years old, 350 kg live weight) fistulated to the rumen were used in a 5 × 5 Latin square design to compare the effect of various types and doses of zeolites on the ruminal parameters (Figure 1). The experiment consisted of 5 periods with 5 dietary treatments that ensured n = 5 per feeding group. Each experimental period lasted 36 d, including a gradual transition to the diet (14 d), adaptation to the diet (21 d), and sampling (1 d). The animals were housed in the cow room with the individual litterfree stalls equipped with rubber mats. Cows had constant access to the trough, an automatic waterer, and salt licks. The animals were fed twice a day at 7.30 am and 3.30 pm. The basal diet consisted of (kg/d): meadow hay (6), barley meal (0.8), soybean meal (0.2), and mineralvitamin mixture (Dolfos Dolmix B, 0.04) (Table 1) and was formulated according to the IZ PIB-INRA recommendations to cover the existing needs of the animals [49]. The experimental cows received additionally natural (ZN) or synthetic zeolites (ZS) in a dose of 120 and 240 g/d, which contributed to 2% (ZN2 or ZS2) and 4% (ZN4 or ZS4) of the basal diet, respectively. ZeoFEED (82–86% of clinoptilolite, 200 µm particle size, ZEOCEM, Slovakia) was used as a source of the natural zeolites, while ZP-4A (99% zeolites, 3–5 μm particle size, SILKEM, Slovenia) served as a source of the synthetic zeolites. Feed intake was monitored daily, and all appearing orts were collected during the whole experiment.

Feed samples (barley meal, soybean meal, both types of zeolites, meadow hay) were collected throughout the whole experiment. The chemical composition of each ingredient was analysed according to the AOAC methods [50]. The following components were determined: dry matter (DM, 934.01), crude protein (CP, 954.01), crude fat (CF, 930.09), crude ash (CA, 930.05), crude fibre (978.10), neutral detergent fibre (NDF, 2002.04), acid detergent fibre (ADF, 973.18) and acid detergent lignin (ADL, 973.18). The concentration of non-fibrous carbohydrate (NFC) in cow diets was determined according to the following formula [51]:

$$NFC = 100 - (NDF + CP + CF + CA).$$

Molecules 2025, 30, 4040 12 of 20



в.					
Cow Period	R	Red .	RAP		R
ı	CONTROL	ZN2	ZS2	ZN4	ZS4
п	ZS4	CONTROL	ZN4	ZS2	ZN2
III	ZN2	ZS2	CONTROL	ZS4	ZN4
IV	ZN4	ZS4	ZN2	CONTROL	ZS2
V	ZS2	ZN4	ZS4	ZN2	CONTROL

Figure 1. The scheme of the experiment design (prepared using https://canva.com). (**A**). Groups of animals used in the experiment. (**B**). Allocation of cows to specific experimental groups in periods I-V according to 5×5 Latin square design.

4.2. Characterisation of Zeolites

Both types of zeolites belong to the technological additives, mainly used as binders, anti-caking agents, and coagulants (according to the manufacturer's information).

Clinoptilolite is a hydrated aluminosilicate, (Na₄K₄)(Al₄Si₄O₉₆)·24H₂O. The mineral composition of this zeolite and its purity depend largely on the place where it was deposited. Furthermore, clinoptilolite has been classified by the European Union as a feed additive for animals. In the United States, this mineral has been granted 'safe' status [9].

Zeolite 4A is a synthetic sodium aluminosilicate (Na₂O·Al₂O₃·2SiO₂·4.5H₂O), also known as E554. It is obtained by the reaction of aluminium sulphate and sodium silicate, followed by precipitation, or by the reaction of sodium meta-silicate, metabisulphite, and aluminium sulphate by steam heating. This zeolite is listed in a Commission Regulation (EU) No 231/2012 of 9 March 2012 [52] as an authorised food additive and classified as an additive other than colours and sweeteners. More detailed characteristics of zeolites used in the present study are presented in Table 6.

Table 6. Characteristics of zeolites used in cow diets (according to the product information).

Parameters	Natural Zeolites ¹	Synthetic Zeolites 2
Ingredients	≥90% clinoptilolite	>99% zeolite 4A
	H O H	
Chemical structure ³	K^ H O H	o Alo
	Ca ^^ H O H	o = Si = O
	Al ^^^	

Molecules 2025, 30, 4040 13 of 20

	HEU	LTA
Framework type ⁴		
Chemical composition (%)		
SiO_2	63.2	29.0
Al_2O_3	12.3	32.5
Fe_2O_3	1.45	-
CaO	2.85	-
Na ₂ O	-	18.0
Heavy metals (ppm)		
Pb	12.3	< 0.33
Cd	0.021	< 0.014
Hg	0.007	< 0.010
As	1.24	<0.20

¹ ZeoFeed® from ZEOCEM, Bystré, Slovakia (CAS: 12173-10-3); ² ZP-4A from SILKEM, Slovenia (CAS: 1318-02-1; EC: 930-915-9); ³ chemical structure of zeolites was adopted from https://pub-chem.ncbi.nlm.nih.gov (accessed on 26 August 2025); [^] the valency of elements, e.g., K [^] (potassium with valence I), Na [^] (sodium with valence I), Ca ^{^^} (calcium with valence II), Al ^{^^^} (aluminium with valence III) and Si ^{^^^^} (silicon with valence IV); ⁴ framework type of zeolites was adopted from https://www.iza-structure.org/databases (accessed on 26 August 2025).

4.3. Sampling Procedure

The ruminal fluid (on average about 400 mL) was collected from different regions of the rumen (middle and ventral sacs) by using a copper tube with numerous holes connected to a syringe, precisely mixed, and filtered through a fourfold sterile surgical gauze. The ruminal fluid samples were used to determine pH value, protozoa number, SCFAs, and ammonia concentrations.

Solid and liquid fractions of ruminal digesta (on average about 400 g) were collected by hand from dorsal and ventral sacs of the rumen to obtain representative samples, precisely mixed, collected into sterile plastic tubes, and frozen at -24 °C (amines analysis) and -80 °C (microbiological analysis).

The samples of ruminal fluid and digesta were taken before morning feeding (0 h) and 3 h after feeding to observe changes over time.

4.4. Determination of Protozoa Number

A 5 mL sample of each ruminal fluid was preserved with a 10 mL sample of 4% aqueous formaldehyde solution and stored at 4 °C in sealed plastic containers until analysis. Each sample was counted under a light microscope in 3 replications. Morphological criteria (number and size of ciliary zones, number and location of contractile vacuoles, number of spines, size and shape of cell) described by Dehority [53] and followed by Miltko et al. [54] served as a basis to identify protozoa numbers from *Ophryoscolecidae* and *Isotrichidae* families.

4.5. Determination of Bacteria and Methanogens Abundance

The isolation of genomic DNA from the tested samples (up to 250 mg) was carried out using the QIAamp PowerFecal Pro DNA kit on the basis of the protocol enclosed by the manufacturer (Qiagen, Hilden, Germany). The quality of the isolated DNA was tested by

Molecules 2025, 30, 4040 14 of 20

electrophoresis on 1% agarose gel stained with ethidium bromide, and the purity of the DNA was determined by the NanoDrop 2000 spectrophotometer (Thermo Scientific, Wilmington, DE, USA). The samples with the isolated DNA were stored at -80 °C. The qPCR analyses were performed on the Rotor-Gene Q thermocycler (Qiagen, Germany). During analyses, different pairs of bacterial and methanogen starters were tested after prior testing on the BLAST platform (https://www.ncbi.nlm.nih.gov/tools/primer-blast/ accessed on 9–11 February 2024), and the most specific ones were selected (Genomed, Table 7).

Table 7. Primers for qPCR assay.

Target Species	Primer Sequence (5'→3')	Amplicon	References	
Tetallesstade	F: GTGSTGCAYGGYTGTCGTTCA	1501	[55]	
Total bacteria	R: ACGTCRTCCMCACCTTCCTC	150 bp	[55]	
Tetal medican area	F: CCGGAGATGGAACCTGAGAC	1641	[56]	
Total methanogens	R: CGGTCTTGCCCAGCTCTTATTC	TCTTATTC 164 bp		

The qPCR reaction was performed in a 20 μ L volume using: 13.5 μ L of sterile water, 4 μ L of the master mix 5× HOT FIREPol® EvaGreen® Mix Plus (no rox) (Solis Biodyne, Tartu, Estonia), 1.5 μ L of the tested DNA, and 0.5 μ L of each starter (10 μ M/ μ L). The regular qPCR conditions for total bacterial counts were: 95 °C for 10 s (denaturation), 55 °C for 20 s (annealing) and 72 °C for 10 s (extension) (30 cycles), with the exception for the 12 min at 95 °C of the initial activation of polymerase in the first cycle and the 7 min at 72 °C of the extension in the last cycle.

The other regular qPCR conditions were established for the total methanogens: 95 °C for 10 s (denaturation) and 60 °C for 30 s (annealing and extension) (35 cycles), except for the 12 min at 95 °C of the initial activation of polymerase in the first cycle and the 5 min at 72 °C of the extension in the last cycle.

The analysis of qPCR for bacteria and methanogens was performed in 3 replications.

4.6. Determination of SCFAs Concentrations and Methane Production

A 5 mL of each ruminal fluid sample for SCFAs analysis was treated with 0.5 mL of 85% formic acid, centrifuged (11,000 × g for 25 min, 4 °C), and stored in the refrigerator until analysis. The concentration of SCFAs was determined by gas chromatography. The Shimadzu GC-2010 chromatograph (Tokyo, Japan) equipped with a ZB-WAX capillary column (30 m length, 0.25 mm i.d. × 0.25 μm, Zebron, Phenomenex, Torrance, CA, USA) and flame ionisation detector (FID) was used to perform SCFAs analysis according to the method described by Miltko et al. [57]. The temperature of the injector and FID was 250 and 280 °C, respectively. Helium was a carrier gas. A 4-methylvaleric acid served as an internal standard (Sigma-Aldrich Co., St. Louis, MO, USA). The concentration of SCFAs in a 1 µL of experimental sample was measured according to the set column temperature programme at a split ratio of 10:1. The initial temperature of the column was 80 °C, maintained for 1 min. Then, the temperature increased every 15 °C per min, finally to 220 °C maintained for 4 min. Chromatograms obtained have been analysed for specific peaks of fatty acids (FAs, Figure 2). The identification of selected FAs was possible due to the provided standards (acetic acid, propionic acid, butyric acid, iso-butyric acid, valeric acid, and iso-valeric acid). All standards were purchased from Sigma-Aldrich Co. (St. Louis, MO, USA). Each peak of FAs was integrated by using GC software 112 (LabSolutions, Shimadzu, Tokyo, Japan) to obtain the field of peak area.

Molecules 2025, 30, 4040 15 of 20

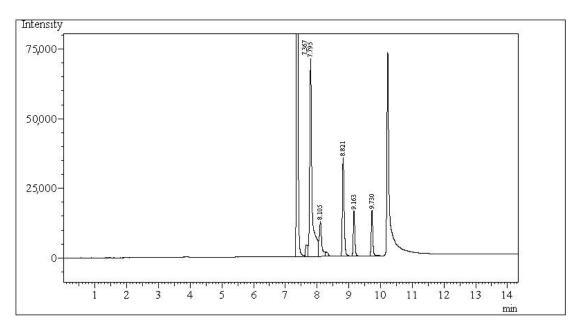


Figure 2. The chromatogram presents SCFAs in the following order: acetic acid (RT, retention time - 7.367 min), propionic acid (RT-7.795 min), iso-butyric acid (RT-8.105 min), butyric acid (RT-8.821 min), iso-valeric acid (RT-9.163 min), and valeric acid (RT-9.730 min).

Methane concentration in the rumen was calculated on the basis of acetic (C2), propionic (C3), and butyric acids (C4) according to the following formula [41]:

Methane =
$$\frac{(1.8 \times C2 - 1.1 \times C3 + 1.6 \times C4)}{4}$$

4.7. Analysis of Ammonia Concentration

The ammonia concentration in the ruminal fluid was spectrophotometrically determined based on the reaction of ammonium ions with Nessler's reagent according to the method described by Taciak et al. [58]. The absorbance was measured at 425 nm using a SpectraMax iD3 microplate reader (Molecular Devices, San Jose, CA, USA). The ammonium chloride solution was used to prepare a standard curve, and on this basis, the concentration of ammonia was calculated.

4.8. Analysis of Amines Concentration

The amines concentration in the ruminal digesta was determined according to the HPLC method [59] after derivatization with 1% dansyl chloride in acetone, using SEP-PAK C18 solid-phase extraction cartridges (6 mL, 500 mg Waters Ltd., Watford, Hertfordshire, UK). The separation was performed using a Finnigan Surveyor Plus liquid chromatograph (Thermo Scientific, San Jose, CA, USA) equipped with a photodiode array detector set to 240 nm. Waters Symmetry Shield RP18 guard column (20 × 3.9 mm id., particle size 5 μ m) and Waters Symmetry Shield RP18 column (150 × 3.9 mm id., particle size 5 μ m) were used for chromatographic separation. Heptylamine served as an internal standard. Amines were identified and quantified according to the previously prepared standard curves of pure compounds.

4.9. Statistical Analyses

The results obtained from the present study were presented as means with the standard error of the mean (SEM). The Shapiro–Wilk test was used to check the normality of the data. The results with abnormal distribution were transformed into logarithms. Levene's test was used to assess the homogeneity of variances. The results obtained were

Molecules 2025, 30, 4040 16 of 20

subjected to repeated measures ANOVA followed by Tukey's HSD post hoc test. The main effects were as follows: diet (CON, ZN2, ZS2, ZN4, ZS4), sampling time (0 h, 3 h), and their interactions. Additionally, the effect of animal (1, 2, 3, 4, 5) and period (I, II, III, IV, V) was also verified. The significances between means were determined at p < 0.05, and all appearing trends were discussed at 0.05 (TIBCO® Software Inc., StatisticaTM, version 13.3, San Ramon, CA, USA). The results in the tables are presented as raw data before logarithmic transformation.

5. Conclusions

The results obtained from the present study showed that zeolites can act both in a typeand dose-dependent manner. Both ZN2 and ZS2 diets significantly reduced the number of total protozoa and *Entodinium* spp., *Diplodinium* spp., while the increased population of *Ophryoscolex* spp., depending on sampling time. Furthermore, the usage of different types and doses of zeolites in cow diets did not significantly affect pH, bacteria, and methanogens population, as well as SCFAs and methane production in the rumen. Importantly, differences in the response of studied parameters to both types of zeolites' action can be a result of their chemical composition and, consequently, their physicochemical properties.

The addition of 4% zeolites in cow diets reduced feed intake and increased concentration of ammonia and specific amines (tryptamine, 1.7-diaminoheptane, phenylethylamine), which can be not profitable for breeders and unfavourable for animal health.

Further research on a larger group of animals is necessary to propose the mechanisms of zeolites' action on the microorganisms population and nutrient digestion in the rumen in the context of limiting the methane production. The usage of advanced computational chemistry tools, including Material Studio and SciGress computer programs, is extremely important to model the sorption and desorption of chemical compounds on the zeolites in the rumen, as well as to visualise and model zeolites to determine their unique properties in the future.

Author Contributions: Conceptualization, M.P.M.; methodology, R.M., A.T., M.B., J.B., B.K.; software, M.P.M., A.T., M.B., J.B.; validation, M.P.M., R.M., A.T., M.B., J.B. and B.K.; formal analysis, M.P.M., A.T., M.B., K.G., J.B., U.W.-Ś.; investigation, M.P.M. and B.K.; resources, M.P.M., B.K.; data curation, M.P.M.; writing—original draft preparation, M.P.M.; writing—review and editing, M.P.M., R.M., M.B., B.K.; visualisation, M.P.M., B.K.; supervision, M.P.M.; project administration, M.P.M.; funding acquisition, M.P.M. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the National Science Centre in Poland as part of the project entitled 'The role of natural and synthetic zeolites in the methanogenesis process in ruminants. Preliminary in vivo studies on the cow model' (MINIATURA 6), grant number 2022/06/X/NZ9/00385. The analyses of the ammonia and amines concentrations in the rumen were financed by the statutory funding of The Kielanowski Institute of Animal Physiology and Nutrition, Polish Academy of Sciences, Jabłonna, Poland.

Institutional Review Board Statement: The present study was approved by the II Local Ethics Committee for Animal Experiments in Warsaw with a location at the Warsaw University of Life Sciences, Ciszewskiego 8, Warsaw, Poland; permission no. WAW2/157/2021 from 10 November 2021.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

Acknowledgments: The authors would like to greatly thank our colleague Misza Kinsner from the Kielanowski Institute of Animal Physiology and Nutrition PAS (Jabłonna, Poland) for providing the necessary instructions during performing q-PCR analysis.

Molecules 2025, 30, 4040 17 of 20

Conflicts of Interest: The authors declare that they have no competing interests. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

Abbreviations

The following abbreviations are used in this manuscript:

ADF Acid detergent fibre
ADL Acid detergent lignin
CA Crude ash
CF Crude fat
CP Crude protein

DM Dry matter FAs Fatty acids

FID Flame ionisation detector

IPCC Intergovernmental Panel on Climate Change

NDF Neutral detergent fibre NFC Non-fibrous carbohydrate

RT Retention time

SCFAs Short-chain fatty acids SEM Standard error of mean

ZN Natural zeolites
ZS Synthetic zeolites

References

- 1. IPCC. AR6 Synthesis Report: Climate Change; IPCC: Interlaken, Switzerland, 2023.
- 2. Islam, M.; Lee, S.-S. Advanced estimation and mitigation strategies: A cumulative approach to enteric methane abatement from ruminants. *J. Anim. Sci. Technol.* **2019**, *61*, 122–137. https://doi.org/10.5187/jast.2019.61.3.122.
- 3. Tseten, T.; Sanjorjo, R.A.; Kwon, M.; Kim, S.W. Strategies to Mitigate Enteric Methane Emissions from Ruminant Animals. *J. Microbiol. Biotechnol.* **2022**, 32, 269–277. https://doi.org/10.4014/jmb.2202.02019.
- 4. Majewska, M.P.; Kędzierska, A.; Miltko, R.; Bełżecki, G.; Kowalik, B. Does humate supplementation affect ciliate population and fermentation pattern in the sheep rumen? *J. Anim. Feed Sci.* **2022**, *31*, 371–378. https://doi.org/10.22358/jafs/153957/2022.
- 5. Laurino, C.; Palmieri, B. Zeolite: "The magic stone"; main nutritional, environmental, experimental and clinical fields of application. *Nutr. Hosp.* **2015**, *32*, 573–581. 10.3305/nh.2015.32.2.8914.
- 6. Trckova, M.; Matlova, L.; Dvorska, L.; Pavlik, I. Kaolin, bentonite, and zeolites as feed supplements for animals: Health advantages and risks. *Vet. Med.* **2004**, *49*, 389–399.
- 7. Bacakova, L.; Vandrovcova, M.; Kopova, I.; Jirka, I. Applications of zeolites in biotechnology and medicine—A review. *Biomater*. *Sci.* **2018**, *6*, 974–989. https://doi.org/10.1039/c8bm00028j.
- 8. Mumpton, F.A. The Role of Natural Zeolites in Agriculture and Aquaculture. In *Zeo-Agriculture: Use of Natural Zeolites in Agriculture and Aquaculture*, 6th ed.; Westview press, Boulder, Colorado, 1983; pp. 3–27.
- 9. Marc, S.; Tulcan, C. Zeolites applications in veterinary medicine. In *Zeolites—New Challenges*; IntechOpen: London, UK, 2019; pp. 1–16. https://doi.org/10.5772/intechopen.87969.
- 10. Toprak, N.N.; Yilmaz, A.; Öztürk, E.; Yigit, O.; Cedden, F. Effect of micronized zeolite addition to lamb concentrate feeds on growth performance and some blood chemistry and metabolites. S. Afr. J. Anim. Sci. 2016, 46, 313–320.
- 11. Smical, I. Properties of natural zeolites in benefit of nutrition and health. HVM Bioflux 2011, 3, 51–57.
- 12. Wang, S.; Peng, Y. Natural zeolites as effective adsorbents in water and wastewater treatment. *Chem. Eng. J.* **2010**, *156*, 11–24. https://doi.org/10.1016/j.cej.2009.10.029.
- 13. Yeritsyan, H.; Sahakyan, A.; Harutyunyan, V.; Nikoghosyan, S.; Hakhverdyan, E.; Grigoryan, N.; Hovhannisyan, A.; Atoyan, V.; Keheyan, Y.; Rhodes, C. Radiation-modified natural zeolites for cleaning liquid nuclear waste (irradiation against radioactivity). *Sci. Rep.* **2013**, *3*, 2900. https://doi.org/10.1038/srep02900.

Molecules 2025, 30, 4040 18 of 20

14. Bosi, P.; Creston, D.; Casini, L. Production performance of dairy cows after the dietary addition of clinoptilolite. *Ital. J. Anim. Sci.* **2002**, *1*, 187–195.

- 15. Mahdavirad, N.; Chaji, M.; Bojarpour, M.; Dehghanbanadaky, M. Compariosn of the effect of sodium bicarbonate, sodium sesquicarbonate, and zeolites as rumen buffers on apparent digestibility, growth performance, and rumen fermentation parameters of Arabi lambs. *Trop. Anim. Health Product.* **2021**, *53*, 465. https://doi.org/10.1007/s11250-021-02909-7.
- Majewska, M.P.; Wolska-Świętlicka, U.; Miltko, R.; Bełżecki, G.; Kędzierska, A.; Kowalik, B. The effect of natural and synthetic zeolites on polysaccharidase activity in the rumen of Jersey heifers. J. Anim. Feed Sci. 2024, 33, 535–541. https://doi.org/10.22358/jafs/194302/2024.
- 17. Ural, D.A.; Ural, K. Effects of short term clinoptilolite supplementation on weight gain in Holstein calves. *Rev. MVZ Córdoba* **2017**, 22, 5631–5637. https://doi.org/10.21897/rmvz.923.
- 18. Khachlouf, K.; Hamed, H.; Gdoura, R.; Gargouri, A. Effects of dietary Zeolite supplementation on milk yield and composition and blood minerals status in lactating dairy cows. *J. Appl. Anim. Res.* **2019**, 47, 54–62. https://doi.org/10.1080/09712119.2018.1563548.
- 19. Mohri, M.; Seifi, H.A.; Maleki, M. Effects of short-term supplementation of clinoptilolite in colostrum and milk on the concentration of some serum minerals in neonatal dairy calves. *Biol. Trace Elem. Res.* **2008**, *123*, 116–123. https://doi.org/10.1007/s12011-008-8114-y.
- 20. Sadeghi, A.A.; Shawrang, P. Effects of natural zeolite clinoptilolite on passive immunity and diarrhea in newborn Holstein calves. *Livest. Sci.* **2008**, *113*, 307–310. https://doi.org/10.1016/j.livsci.2007.08.010.
- 21. Kleperis, J.; Grinberga, L.; Lesnicenoks, P.; Sivars, A.; Bajars, G. The study of hydrogen adsorption in natural zeolite. In Proceedings of the 10th International Symposium, Systems with Fast Ionic Transport, Chernogolovka, Russia, 1–4 July 2012.
- 22. Chica, A. Zeolites: Promised Materials for the Sustainable Production of Hydrogen. *ISRN Chem. Eng.* **2013**, 907425, 1-19. https://doi.org/10.1155/2013/907425.
- 23. Wrzosek-Jakubowska, J.; Gworek, B. Comparison of the physicochemical properties of synthetic 4A and NaY zeolites. Model of methane adsorbtions on zeolites. *Przemysł Chem.* **2016**, *95*, 594–598. https://doi.org/10.15199/62.2016.3.47. (In Polish)
- 24. Hao, X.; Hu, H.; Li, Z.; Wu, L.; Liu, X.; Zhang, Y. Adsorption Properties of Modified Clinoptilolite for Methane and Nitrogen. *Materials* **2018**, *11*, 2024. https://doi.org/10.3390/ma11102024.
- 25. Valpotić, H.; Gračner, D.; Turk, R.; Duričić, D.; Vince, S.; Folnožić, I.; Lojkić, M.; Žaja, I.Ž.; Bedrica, L.; Maćešić, N.; et al. Zeolite clinoptilolite nanoporous feed additive for animals of veterinary importance: Potentials and limitations. *Period. Biol.* **2017**, *119*, 159–172. https://doi.org/10.18054/pb.v119i3.5434.
- 26. Khachlouf, K.; Hamed, H.; Gdoura, R.; Gargouri, A. Effects of zeolite supplementation on dairy cow production and ru-minal parameters—A review. *Ann. Anim. Sci.* **2018**, *18*, 857–877. https://doi.org/10.2478/aoas-2018-0025.
- 27. El-Nile, A.; Elazab, M.; El-Zaiat, H.; El-Azrak, K.E.-D.; Elkomy, A.; Sallam, S.; Soltan, Y. In vitro and in vivo assessment of dietary supplementation of both natural or nano-zeolite in goat diets: Effects on ruminal fermentation and nutrients digestibility. *Animals* **2021**, *11*, 2215. https://doi.org/10.3390/ani11082215.
- 28. Van Soest, P.J. Nutritional Ecology of the Ruminant, 2nd ed.; Cornell University Press, Ithaca: New York, NY, USA, 1994.
- Weiβ, S.; Lebuhn, M.; Andrade, D.; Zankel, A.; Cardinale, M.; Birner-Gruenberger, R.; Somitsch, W.; Ueberbacher, B.J.; Guebitz, G.M. Activated zeolite—Suitable carriers for microorganisms in anaerobic digestion process? *Appl. Microbiol. Biotechnol.* 2013, 97, 3225–3238. https://doi.org/10.1007/s00253-013-4691-6.
- 30. Guo, T.; Cao, S.; Su, R.; Li, Z.; Hu, P.; Xu, Z. Adsorptive property of Cu²⁺-loaded montmorillonite clays for *Escherichia coli* K88 in vitro. *J. Environ. Sci.* **2011**, 23, 1808–1815. https://doi.org/10.1016/S1001-0742(10)60651-1.
- 31. Hrenović, J.; Tibljaš, D.; Sekovanić, L.; Ivanković, T.; Rožić, M. Effect of natural and synthetic zeolites on bacteria. In *Proceedings* of the 1. Croatian Symposium on Zeolites; IRBP: Zagreb, Croatia, 2008; pp. 33–37.
- 32. Williams, A.G.; Coleman, G.S. The rumen protozoa. In *The Rumen Microbial Ecosystem*, 2nd ed.; Hobson, P.N., Stewart, C.S., Eds.; Springer Science & Business Media: Berlin, Germany, 1997.
- 33. Goodarzi, M.; Nanekarani, S. The Effects of Calcic and Potassic Clinoptilolite on Ruminal Parameters in Lori Breed Sheep. *APCBEE Procedia* **2012**, *4*, 140–145.
- Roque-Jiménez, J.A.; Pinos-Rodríguez, J.M.; Rojo-Rubio, R.; Mendoza, G.D.; Vazquez, A.; Cayetano De Jesus, J.A.; Lee-Rangel, H.A. Effect of natural zeolite on live weight changes, ruminal fermentation and nitrogen metabolism of ewe lambs. S. Afr. J. Anim. Sci. 2018, 48, 1148–1155. https://doi.org/10.4314/sajas.v48i6.19.
- 35. McCollum, F.T.; Galyean, M.L. Effects of Clinoptilolite on Rumen Fermentation, Digestion and Feedlot Performance in Beef Steers Fed High Concentrate Diets. *J. Anim. Sci.* **1983**, *56*, 517–524.

Molecules 2025, 30, 4040 19 of 20

36. Grabherr, H.; Spolders, M.; Lebzien, P.; Hüther, L.; Flachowsky, G.; Fürll, M.; Grün, M. Effect of Zeolite a on Rumen Fermentation and Phosphorus Metabolism in Dairy Cows. *Arch. Anim. Nutr.* **2009**, *63*, 321–336. https://doi.org/10.1080/17450390903020430.

- 37. Newbold, C.J.; de la Fuente, G.; Belanche, A.; Ramos-Morales, E.; McEwan, N.R. The role of ciliate protozoa in the rumen. *Front. Microbiol.* **2015**, *6*, 1313.
- 38. Morgavi, D.P.; Forano, E.; Martin, C.; Newbold, C.J. Microbial ecosystem and methanogenesis in ruminants. *Animal* **2010**, *4*, 1024–1036. https://doi.org/10.1017/S1751731110000546.
- 39. Soltan, Y.A.; Hashem, N.M.; Morsy, A.S.; El-Azrak, K.M.; El-Din, A.N.; Sallam, S.M. Comparative effects of *Moringa oleifera* root bark and monesin supplementations on ruminal fermentation, nutrient digestibility and growth performance of growing lambs. *Anim. Feed Sci. Technol.* **2018**, 235, 189–201. https://doi.org/10.1016/j.anifeedsci.2017.11.021.
- 40. Majewska, M.P.; Miltko, R.; Bełżecki, G.; Kędzierska, A.; Kowalik, B. Protozoa population and carbohydrate fermentation in sheep fed diet with plant additives. *Anim. Biosci.* **2021**, *34*, 1146–1156. https://doi.org/10.5713/ajas.20.0477.
- 41. Moss, A.R.; Jouany, J.P.; Newbold, J. Methane production by ruminants. Its contribution to global warming. *Ann. Zootech.* **2000**, 49, 231–253.
- 42. Papaioannou, D.; Katsoulos, P.D.; Panousis, N.; Karatzias, H. The role of natural and synthetic zeolites as feed additives on the prevention and/or the treatment of certain farm animal diseases: A review. *Microporous Mesoporous Mater.* **2005**, *84*, 161–170. https://doi.org/10.1016/j.micromeso.2005.05.030.
- 43. Ghoneem, W.M.A.; El-Tanany, R.R.; Mahmoud, A.E.M. Effect of natural zeolites as rumen buffer on growth performance and nitrogen utilization of Barki lambs. *Pak. J. Zool.* **2022**, *54*, 1199–1207. https://doi.org/10.17582/journal.pjz/20191207121206.
- 44. Sadeghi, A.A.; Shawrang, P. The effect of natural zeolite on nutrient digestibility, carcass traits and performance of Hol-stein steers given a diet containing urea. *Anim. Sci.* **2006**, *82*, 163–167.
- 45. Dschaak, C.M.; Eun, J.-S.; Young, A.J.; Stott, R.D.; Peterson, S. Effects of Supplementation of Natural Zeolite on Intake, Digestion, Ruminal Fermentation, and Lactational Performance of Dairy Cows. *Prof. Anim. Sci.* **2010**, *26*, 647–654.
- 46. Cieślak, I.; Migdał, W. Biogennic amines in food. Bromat. Chem. Toksykol. 2011, 4, 1087–1096. (In Polish)
- 47. Gokdogan, S.; Özogul, Y.; Kuley, E.; Özogul, F.; Kacar, C.; Ucar, Y. The influences of natural zeolite (clinoptilolite) on ammonia and biogenic amine formation by foodborne pathogen. *J. Food Sci.* **2012**, 77, M452–M457. https://doi.org/10.1111/j.1750-3841.2012.02822.x.
- 48. Özogul, F.; Šimat, V.; Gokdogan, S.; Regenstein, J.M.; Özogul, Y. Effect of natural zeolite (clinoptilolite) on in vitro biogenic amine production by Gram positive and Gram negative pathogens. *Front. Microbiol.* **2018**, *9*, 2585. https://doi.org/10.3389/fmicb.2018.02585.
- 49. IZ PIB-INRA. *Ruminant Nutrition*. *Recommended Allowances and Feed Tables*; Jarrige, E., Ed.; National Research Institute of Animal Production: Balice, Poland, 2009. (In Polish)
- AOAC International. Official Methods of Analysis of AOAC International. In Association of Official Analytical Chemists, 18th ed.;
 AOAC International: Arlington, VA, USA, 2011.
- 51. NRC. Nutrient Requirment of Dairy Cattle. In *National Research Council*, 7th revised ed.; National Academy Press: Washington, DC, USA, 2001.
- 52. Commission Regulation (EU) No 231/2012 of 9 March 2012 Laying Down Specifications for Food Additives Listed in Annexes II and III to Regulation (EC) No 1333/2008 of the European Parliament and of the Council Text with EEA relevance. Available online: https://eur-lex.europa.eu/eli/reg/2012/231/oj/eng (accessed on 18 April 2025).
- 53. Dehority, B.A. Laboratory Manual for Classification and Morphology of Rumen Ciliate Protozoa; CRC Press Inc.: London, UK, 1993.
- 54. Miltko, R.; Pietrzak, M.; Bełżecki, G.; Wereszka, K.; Michałowski, T.; Hackstein, J.H.P. Isolation and in vitro cultivation of the fibrolytic rumen ciliate *Eremoplastron (Eudiplodinium) dilobum. Eur. J. Protistol.* **2015**, *51*, 109–117. https://doi.org/10.1016/j.ejop.2014.11.002.
- 55. Maeda, H.; Fujimoto, C.; Haruki, Y.; Maeda, T.; Kokeguchi, S.; Petelin, M.; Arai, H.; Tanimoto, I.; Nishimura, F.; Takashiba, S. Quantitative real-time PCR using TaqMan and SYBR Green for *Actinobacillus actinomycetemcomitans*, *Porphyromonas gingivalis*, *Prevotella intermedia*, tetQ gene and total bacteria. *FEMS Immunol. Med. Microbiol.* **2003**, *39*, 81–86. https://doi.org/10.1016/S0928-8244(03)00224-4.
- 56. Zhou, M.; Hernandez-Sanabria, E.; Guan, L.L. Assessment of the microbial ecology of ruminal methanogens in cattle with different feed efficiencies. *Appl. Environ. Microbiol.* **2009**, *75*, 6524–6533. https://doi.org/10.1128/AEM.02815-08.
- 57. Miltko, R.; Rozbicka-Wieczorek, J.A.; Więsyk, E.; Czauderna, M. The influence of different chemical forms of selenium added to the diet including carnosic acid, fish oil and rapeseed oil on the formation of volatile fatty acids and methane in the rumen, and fatty acid profiles in the rumen content and muscles of lambs. *Acta Vet.* **2016**, *66*, 373–391. https://doi.org/10.1515/acve-2016-0032.

Molecules 2025, 30, 4040 20 of 20

58. Taciak, M.; Barszcz, M.; Tuśnio, A.; Pastuszewska, B. Interactive effects of indigestible carbohydrates, protein type, and protein level on biomarkers of large intestine health in rats. *PLoS ONE* **2015**, *10*, e0142176. https://doi.org/10.1371/journal.pone.0142176.

59. Taciak, M.; Barszcz, M.; Tuśnio, A.; Bachanek, I.; Pastuszewska, B.; Skomiał, J. The effects of type of protein and fibre fermented in vitro with different pig inocula on short-chain fatty acids and amines concentrations. *J. Anim. Feed Sci.* **2015**, 24, 235–243. https://doi.org/10.22358/jafs/65629/2015.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.