



Article Quantifying the Hydrophobic Effect per CF₂ Moiety from Adsorption of Fluorinated Alcohols at the Water/Oil Interface

Boyan Peychev ¹, Dimitrinka Arabadzhieva ², Ivan L. Minkov ^{2,3}, Elena Mileva ², and Radomir I. Slavchov ^{1,*}

- ¹ School of Engineering and Materials Science, Queen Mary University of London, Mile End Road, London E1 4NS, UK; b.peychev@qmul.ac.uk
- ² Rostislaw Kaischew Institute of Physical Chemistry, Bulgarian Academy of Sciences, Acad. G. Bonchev Str., bl. 11, 1113 Sofia, Bulgaria; dimi@ipc.bas.bg (D.A.); minkov.ivan@gmail.com (I.L.M.); mileva@ipc.bas.bg (E.M.)
 ³ Donastment of Chemistry, Biochemistry, Physical and Bath analysical and Faculty of Madiaira, Sofia
 - Department of Chemistry, Biochemistry, Physiology, and Pathophysiology, Faculty of Medicine, Sofia University, 1 Koziak Str., 1407 Sofia, Bulgaria
- Correspondence: r.slavchov@qmul.ac.uk

Abstract: Amphiphilic fluorocarbon substances are a trending topic of research due to their wide range of applications accompanied by an alarming environmental and health impact. In order to predict their fate in the environment, use them more economically, develop new water treatment methods, etc., a better understanding of their physicochemical behavior is required. Their hydrophobicity in water/oil systems is particularly sensitive to one key thermodynamic parameter: the free energy of transfer of a perfluoromethylene group from oil to water. However, for the $-CF_2$ - moiety, the transfer energy values reported in the literature vary by more than $\pm 25\%$. Due to the exponential relationship between this energy and the adsorption constants or the partition coefficients, such an uncertainty can lead to orders of magnitude error in the predicted distribution of fluorinated species. We address this problem by presenting an experimental determination of the hydrophobic effect of a $-CF_2$ - moiety with a greater certainty than currently available. The transfer energy is determined by measuring the interfacial tension of water|hexane for aqueous solutions of short-chained fluorotelomer alcohols. The obtained results for the free energy of transfer of a $-CF_2$ - moiety from oil to water are $1.68 \pm 0.02 \times RT_0$, $1.75 \pm 0.02 \times RT_0$, and $1.88 \pm 0.02 \times RT_0$ at 288.15 K, 293.15 K, and 303.15 K, respectively.

Keywords: hydrophobic effect; fluorotelomer alcohol; adsorption model; water-soluble perfluoroalkyl substances; tensiometer

1. Introduction

Fluorocarbons and their derivatives have a number of unique properties that make them valuable in many industrial branches. In fact, in a recent study, Glüge et al. identified almost 300 unique uses for perfluoroalkyl substances [1]. In more than a third of these applications, the perfluoroalkyl substances are used because of their superior surface activity. Due to the larger size of the fluorine atom compared to the hydrogen atom, fluorocarbons are more hydrophobic than hydrocarbons, making fluorosurfactants more effective at reducing the interfacial energy compared to conventional surfactants of similar molecular size [2]. Furthermore, due to the extreme electronegativity and low polarizability of the fluorine atom, fluorocarbons are also oleophobic, allowing for coatings that are simultaneously water- and oil-repellent [2,3]. On the other hand, fluorine-containing organic substances have received much media attention under the umbrella term "forever chemicals" because their chemical-, thermal-, and photo-stability leads to accumulation in the environment. The shorter water-soluble fluorosurfactants, often surface-active products of chemical degradation, have been transported by the water cycle all over the world [4–6]. Furthermore, perfluoroalkyl substances have been associated with numerous health hazards [7–9]. Thus, there is regulatory



Citation: Peychev, B.; Arabadzhieva, D.; Minkov, I.L.; Mileva, E.; Slavchov, R.I. Quantifying the Hydrophobic Effect per CF₂ Moiety from Adsorption of Fluorinated Alcohols at the Water/Oil Interface. *Molecules* **2024**, *29*, 1421. https://doi.org/ 10.3390/molecules29071421

Academic Editor: Marek Kosmulski

Received: 9 February 2024 Revised: 19 March 2024 Accepted: 20 March 2024 Published: 22 March 2024



Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). in the human body or of their interaction with lipid structures [13]; and could aid in the design of separation methods. In general, fluorocarbon substances are much less studied than their hydrocarbon analogues. For instance, even though separation methods for fluorocarbon substances are a trending topic [7,11,12], their partitioning behavior has not been extensively investigated yet [12]. For perfluoroalkylated substances, the bulk partitioning and the adsorption out of aqueous solutions are driven by the hydrophobic effect, as quantified by the free energy $\Delta \mu_{CF_2}$ for transferring the nonpolar moiety $-CF_2$ - from the hydrophobic phase to the aqueous phase. The values of its aliphatic counterpart, $\Delta \mu_{CH_2}$, are well-known for both air and oil phases under a range of conditions [14–22] and prove to be very useful for calculating the thermodynamic parameters of homologous series of aliphatic substances, such as partition coefficients, adsorption constants, critical micelle concentrations, etc. In contrast, for the -CF₂- fragment, the value of the transfer energy between oil and water has not been established with certainty. The reported results for $\Delta \mu_{CF_2}$ from oil to water are based on data for the change in the length of the hydrophobic tail (C_nF_{2n+1}) of the partition coefficient [23] and on the adsorption constant of fluorinated ionic surfactants [24] (see the discussion in Peychev and Slavchov [25]), and they range from $\Delta \mu_{CF_2} = 1.6$ to $2.2 \times RT_0$ (*R* is the universal gas constant, $T_0 = 298.15$ K). This high uncertainty results in at least an order of magnitude uncertainty in the predicted adsorption constants and the oil/water partition coefficients of fluorinated substances.

The main reason for this status quo is that the fluorinated substances that are in common use have long chains and negligible solubility in water. This makes the adsorption out of aqueous solution impossible and the analysis of their partitioning behavior difficult. In contrast, the typical fluorocarbon bioaccumulating pollutants are the shorter water-soluble species, which can be circulated in the water cycle. Furthermore, at least in some cases, the shorter species are more ecotoxic [26]. However, the properties of the water-soluble fluorosurfactants, in particular the nonionic ones, have been scarcely studied. Another reason for the uncertainty in the $\Delta \mu_{CF_2}$ estimates is that, unlike their fatty analogues, unbranched perfluorinated chains have two preferred conformations and can transition between the two, as demonstrated by structural studies [27–30], making $\Delta \mu_{CF_2}$ length-dependent.

Perhaps the most precise method of determining $\Delta \mu_{CF_2}$ is through the adsorption constant K_a for fluorosurfactant adsorbing from a water solution to the water oil interface. The adsorption constant has an exponential dependence on $\Delta \mu_{CF_2}$, i.e., each unit of -CF₂- added to the hydrophobic tail increases the surface activity of the surfactant by a factor of $\exp(\Delta \mu_{\rm CF_2}/RT)$, which is on the order of 5–6, e.g., for ideal solutions, one -CF₂- decreases sixfold the concentration needed to achieve the same interfacial tension, a variant of Traube's rule [31]. This dependence allows the determination of $\Delta \mu_{CF_2}$ from tensiometric data. Accordingly, in this work, we aim to do exactly that—determine $\Delta \mu_{CF_2}$ via tensiometry for homologous series of water-soluble fluorinated nonionic surfactants adsorbing on the water oil interface. The practical limitation of this approach is that perfluoroalkylated nonionic compounds are very hydrophobic. Perfluorinated chains with as few as five carbon atoms already partition almost completely to the oil phase and, moreover, have exceedingly low solubility in water. On the other hand, the shortest members of a homologous series are known to deviate from Traube's rule. Thus, no more than a few homologues can be used for the determination, and the result has to be corrected for the expected deviations.

One solution to the low solubility problem is the use of fluorinated ionic surfactants, as done by Mukerjee and Handa [24], who used salts of perfluorinated carboxylic acids. However, using ionic surfactants complicates the interpretation of the results due to the

change in the surface charge, the ionic strength effects, and the possibility for hydrolysis at the surface. Moreover, specifically in Mukerjee and Handa's [24] experiments, only two homologues were studied and only in the infinite dilution region, where impurities, adsorption kinetics, and possible depletion effects may complicate the determination of the equilibrium interfacial tension. These factors increase the uncertainty of the obtained $\Delta \mu_{CF_2}$. Instead, here we focus on nonionic surfactants, which both eliminates potential sources of error due to surface charging and makes the analysis simpler.

To achieve the set goal, we collected tensiometric data for the three shortest watersoluble fluorotelomer alcohols of the type $F(CF_2)_nCH_2OH$, with n = 1, 2, 3, adsorbing on the water|hexane interface (see Table 1). The particular choice of alcohols as surfactants and hexane as the oil phase was based on the large amount of previous work done for similar systems, usually with longer oil-soluble homologues; this includes experimental [32–38], theoretical [25], and simulation studies [39]. Furthermore, we also investigated the temperature dependence of $\Delta\mu_{CF_2}$ in the range 288.15–303.15 K.

Table 1. The investigated fluoroalcohols.

n	Formula	Name
1	CF ₃ CH ₂ OH	2,2,2-trifluoro-1-ethanol
2	CF ₃ CF ₂ CH ₂ OH	2,2,3,3,3-pentafluoro-1-propanol
3	CF ₃ CF ₂ CF ₂ CH ₂ OH	2,2,3,3,4,4,4-heptafluoro-1-butanol

For the analysis of the tensiometric data, we used the sticky disk adsorption model [40,41] and the molecular thermodynamic model for K_a of Ivanov et al. [21,22,41], both of which were shown previously to work well for longer oil-soluble fluorotelomer alcohols [25]. The explicit model for K_a accounts for the deviations from Traube's rule for short taillengths, which allows us to determine a more accurate value of $\Delta \mu_{CF_2}$.

2. Theory

2.1. SD Model

The sticky disk (SD) adsorption model was developed to describe fluid monolayers (i.e., nonlocalized adsorption) on soft matter interfaces [40,41]. At its core, it is a hard-disk fluid model based on the scaled particle theory, wherein surfactant molecules occupy a certain hard-disk area α and can move freely on the surface without overlapping [42]. Ivanov's group also added a 1D sticky potential correction [40] to account for the lateral attraction. This results in an additional attraction parameter β , making the SD model a three-parametric model, i.e., α , β , and the adsorption constant K_a . Furthermore, it was shown that β implicitly accounts for the depletion attraction effect from the solvent present in the monolayer [43]. The SD model works well for noncohesive and weakly cohesive monolayers, with lateral attraction parameter $\beta << 38$, but fails when strong attraction is present $\beta \geq 38$ [21,22]. A comparison of the SD model to other, more popular threeparametric adsorption models, such as those of Frumkin and Van der Waals, shows that the SD model is superior in the sense that all of its parameters correspond to their theoretical definition and can be predicted from independent data, while for the others, they are more or less empirical [22]. We have previously shown that the SD model works very well for fluorotelomer alcohols with 8–12 carbon atoms [25] that are structurally similar but more cohesive than the ones studied here.

The SD equation of state reads:

$$\Pi = RT \frac{R_{\beta} - 1}{2\alpha\beta(1 - \alpha\Gamma)}, \quad \text{where} \quad R_{\beta} = \sqrt{1 + 4\beta \frac{\alpha\Gamma}{1 - \alpha\Gamma}}, \tag{1}$$

and where $\Pi = \gamma_0 - \gamma$ is interfacial pressure, γ is interfacial tension, γ_0 is the interfacial tension of the surfactant-free interface, Γ is surfactant adsorption, α is the hard-disk area of the surfactant per mole (i.e., parking area; the reader is referred to [44] for a discussion

about the different types of molecular areas), and *T* is temperature. The associated surface activity coefficient f_a of the surfactant in the monolayer is:

$$f_{a} = \frac{1}{1 - \alpha \Gamma} \left(\frac{2}{1 + R_{\beta}} \right)^{2 + 1/\beta} \exp\left[\frac{\alpha \Gamma (4 - 3\alpha \Gamma)}{(1 - \alpha \Gamma)^{2}} \times \frac{2}{1 + R_{\beta}} \right].$$
(2)

2.2. Hard-Disk Area α

For the SD model, the area parameter corresponds exactly to the cross-sectional area of the amphiphile molecule standing upright. Since the –OH group and the hydrocarbon chain are smaller than the perfluorocarbon chain, α is determined by the cross-sectional area of a perfluorocarbon chain, i.e., $\alpha = N_A \alpha_{CF_2}$. The fluorocarbon chain has two preferential conformations: distorted antiperiplanar and helical [27,28], with different cross-sectional areas. Assuming a single constant hard-disk area for all studied surfactants, we previously found that $\alpha_{CF_2} = 24.5 \text{ Å}^2$, consistent with a helical conformation of the F-block, which agrees well with the tensiometric data for oil-soluble surfactants [25]. We will use this constant value throughout this paper as well, as an approximation. In reality, the cross-sectional area is a function of both the length of the blocks [29,30] and the temperature [28], and it has to be appreciated that the low molecular weight surfactants studied here may approach the area of the antiperiplanar configuration, $\alpha_{CF_2} = 21.6 \text{ Å}^2$, as the fluorocarbon chain length decreases. However, these 3 Å² of difference result in a relatively small (approx. 5%) change in the transfer energy calculated below.

2.3. Attraction Parameter β

As we did previously, we calculate β based on a combination of osmotic attraction and effective Van der Waals interaction between the F-blocks through hexane [43]:

$$\beta = \beta_{\rm osm} + \frac{1}{R_{\rm CF_2}^2} \int_{2R_{\rm CF_2}}^{\infty} \left\{ \exp\left[\frac{nL_{\rm CF_2}}{4RTl_{\rm CF_2}r^5} \left(\frac{nl_{\rm CF_2}r}{r^2 + n^2l_{\rm CF_2}^2} + 3\arctan\frac{nl_{\rm CF_2}}{r}\right) \right] - 1 \right\} r dr, \quad (3)$$

where $l_{CF_2} = 1.306$ Å [45] is the height of the –CF₂– fragment, and $R_{CF_2} = \sqrt{\alpha_{CF_2}/\pi} = 2.79$ Å is the effective radius of the –CF₂– fragment (see Figure 1). The presence of solvent molecules in the monolayer results in the depletion contribution, which was found to be $\beta_{osm} = 0.17$ for perfluoroalkylated alcohols at water|hexane [25]. The parameter $L_{CF_2} = 6.32 \times 10^{-54}$ J·m⁶/mol is an effective interaction constant for –CF₂– groups trough hexane [25]. Equation 3 represents well the dependence of β on the number *n* of perfluorinated carbon atoms for longer, oil-soluble homologues [25]. However, the dependence of β on temperature extracted from the experimental data is somewhat steeper than the theoretical one, probably due to the neglected effect of the temperature on the hard-disk area α . For the studied surfactants of n = 1, 2, 3 at 293 K, Equation (3) predicts the values $\beta = 0.26, 0.51$, and 0.94, respectively.

2.4. Adsorption Constant K_a.

In general, the adsorption isotherm of the surfactant reads:

$$K_{\rm a}C = f_{\rm a}\Gamma,\tag{4}$$

assuming that the aqueous surfactant solution is ideal (that the surfactant's bulk activity coefficient is unity). The surface activity coefficient f_a is controlled by the intralayer interactions, through the area per molecule α (a measure of the repulsive interaction) and the attraction parameter β (a measure of the attractive interactions in the monolayer); see the SD model's Equation (2). It should be noted that f_a varies significantly with the adsorption model. In particular, it is different for theories with localized (site) and nonlocalized (two-dimensional fluid) adsorption. The third adsorption parameter appearing in the

adsorption isotherm—the adsorption constant K_a —is a characteristic of the adsorption of a single molecule on the neat interface; therefore, the value of K_a is independent of the adsorption model.



Figure 1. A fluorotelomer alcohol molecule modeled as a structure of connected cylindrical segments, as used in Ivanov's K_a model. Each segment is characterized by a height l_i , cross-sectional area α_i , and a free energy of transfer of the segment $\Delta \mu_i$ from oil to water.

For long monoblock surfactants, the adsorption constant is an exponential function of the so-called adsorption free energy, $K_a = \delta_a \exp(-E_a/RT)$, where the adsorption energy E_a corresponds to the minimum of the free energy of the surfactant molecule at the surface [14] and is a linear function of the chain length *n*. The pre-exponential factor δ_a is known as the adsorption length (due to its dimensions), and it is common to assume that it is equal to the length of the surfactant molecule, as suggested by Davies [14]. However, Ivanov et al. [41] showed that the actual value of δ_a is about an order of magnitude lower than the size of the surfactant [22,41] and does not depend on the chain length. The theory of Ivanov et al. has been shown to predict adequate values for K_a for water-soluble alkylbased nonionic and ionic surfactants, both at water|air and water|oil [22,46], and also for the effective adsorption constant from water to a monolayer in the liquid expanded phase [21,46].

Ivanov's model predicts deviation from the simple exponential (Traube-like) dependence $K_a(n)$ for very short surfactants—there, a more complex dependence is expected:

$$K_{\rm a} = \delta_{\rm a} \left[1 - \exp\left(-n \frac{\Delta \mu_{\rm CF_2}}{RT} \right) \right] \exp\left(-\frac{E_{\rm a}(n)}{RT} \right) - n l_{\rm CF_2}.$$
 (5)

This is a variant of Equation (2.15) from ref. [46]. For long-chained surfactants, Equation (5) simplifies to Davies' expression: $K_a = \delta_a \exp(-E_a(n)/RT)$. However, for *n* equal to 1 or 2 (which are of interest here), the more complicated dependence on the size of the chain *n* has to be used, i.e. Equation (5).

Ivanov's model has also been generalized to the adsorption constant of diblock surfactants [25]: as in the original model, the molecule is represented as a stack of cylindrical segments of different lengths and different free energy penalties for transfer from oil to water (see Figure 1). However, the alpha carbon next to the –OH group has been found to behave as part of the polar group that remains immersed in the aqueous phase [15,22]. Therefore, for the fluorotelomer alcohols studied here, the hydrophobic tail is a fluorocarbon, and Equation (5) is sufficient. In this case, the adsorption length is:

$$\delta_{\rm a} = \frac{RT l_{\rm CF_2}}{2\Delta\mu_{\rm CF_2}},\tag{6}$$

and the adsorption free energy from water to water oil is:

$$E_{\rm a} = -\frac{2\sqrt{3}}{\pi}\alpha\gamma_0 - (n-1)\Delta\mu_{\rm CF_2} - \Delta\mu_{\rm CF_3},\tag{7}$$

where $\Delta \mu_{CF_2}$ and $\Delta \mu_{CF_3}$ are the free energy changes of transfer from oil to water of the –CF₂– and –CF₃ moieties, respectively. The interfacial tension of neat water hexane is a linear function of the temperature: $\gamma_0 / [mN/m] = 50.56 - 0.0876(T/[K] - 298.15)$ (an average from literature data [47–51]). The first term in Equation (7) is the interfacial energy gained by removing the $2\sqrt{3}/\pi \times \alpha$ contact area between hexane and water, when a surfactant molecule is adsorbed. The coefficient $2\sqrt{3}/\pi$ is the ratio between the hard-disk area and the partial area per surfactant molecule in the mixed monolayer of water and surfactant, assuming a quasi-hexagonal order. The second and third terms stand for the removal of the fluorocarbon chain water contact area and the creation of a fluorocarbon chain hexane contact area. For hydrocarbons, there is evidence that the $\Delta \mu_{CH_3} / \Delta \mu_{CH_2}$ is equal to the ratio of the contact areas with water for both moieties, as it follows from the hydrophobic/entropic origin of the transfer energies $\Delta \mu_{CH_2}$ and $\Delta \mu_{CH_3}$, i.e., $\Delta \mu_{CH_3} / \Delta \mu_{CH_2} \approx 2$ [22]. For fluorocarbons, even though the fluorine atom is bigger, the contact area of the CF_3 - moiety with water is also approximately twice as large as that of the $-CF_2$ - moiety. Therefore, in the present report, we use the approximation $\Delta \mu_{CF_3} = 2\Delta \mu_{CF_3}$. This leaves only a single unknown in the adsorption model: the sought value of the transfer energy, $\Delta \mu_{\rm CF_2}$.

3. Results and Discussion

The experimental results for the interfacial pressure as a function of the alcohol concentrations are presented in Figure 2. The increase in temperature results in an increase of the interfacial pressure, i.e., the adsorption of aqueous perfluoroalkylated surfactants to the water oil interface is an endothermic process. This is in contrast to the adsorption of longer oil-dissolved fluorotelomer alcohols to water oil, e.g., $CF_3(CF_2)_6CH_2OH$ studied by Takiue et al. [32], which is exothermic.



Figure 2. The interfacial pressure as a function of surfactant concentration in the aqueous phase at different temperatures for the three alcohols. Points are experimental data; lines are the SD model combined with the molecular thermodynamic Equations (1)–(5) for the adsorption parameters, with a single fitting parameter $\Delta \mu_{CF_2}$. The fitting is done on the data for CF₃CF₂CH₂OH and CF₃(CF₂)₂CH₂OH at each temperature, while CF₃CH₂OH is omitted, since Ivanov's K_a model deviates from the data for the shortest homologue (see the text).

As a preliminary analysis, we calculated a $\Delta \mu_{CF_2}$ value from each experimental surface pressure Π . This is done by calculating from Equation (1) the value of the adsorption Γ ,

using Equation (2) to calculate the respective activity coefficient f_a , employing Equation (4) to calculate K_a , and finally solving Equations (5) and (7) for $\Delta \mu_{CF_2}$. The averaged results are presented in Figure 3a. From the graph, it would appear that there are two populations of data: CF₃CH₂OH produces values scattered around $2.15 \times RT_0$, while the CF₃CF₂CH₂OH and $CF_3(CF_2)_2CH_2OH$ data are scattered around $1.8 \times RT_0$. The confidence intervals of the latter two overlap, while the distance of the fluorinated ethanol cluster from the fluorinated propanol and butanol cluster is more than twice the deviation within a dataset for a single surfactant. The average value of $\Delta \mu_{CF_2}$ obtained for CF₃CH₂OH is not only higher than that obtained from $CF_3CF_2CH_2OH$ and $CF_3(CF_2)_2CH_2OH$, but also rather high compared to previous estimates of $\Delta \mu_{CF_2}$ [25]. Therefore, we can conclude that the results for CF₃CH₂OH are qualitatively different than the other two alcohols. In the literature, there are other examples where the first member of a homologous series behaves differently from the rest, e.g., the closely related solvation free energy of hydrocarbons in water [52]. It is reasonable to assume that the K_a model (Equation (5)) is inadequate for n = 1. A likely reason for this is the interaction between the polar $-CF_3$ group and the aqueous phase, which may produce a more horizontal orientation of the adsorbed molecules. This violates the assumptions of Ivanov's model. Therefore, for $CF_3CH_2OH_2$ (i) the 1/2 factor in Equation (6) for the adsorption length should be reevaluated, and (ii) the area per molecule should be larger than α_{CF_2} . Hence, we exclude the fluorinated ethanol from the following analysis.

To calculate the transfer energy $\Delta\mu_{CF_2}$ with higher accuracy, we fit simultaneously all experimental points for a temperature with a single $\Delta\mu_{CF_2}$. The Levenberg–Marquardt algorithm is used to minimize the root-mean-square deviation between the model predictions and the experimental surface pressures. Since CF₃CH₂OH is excluded from the fitting procedure, each temperature has six experimental points coming from the propanol and butanol, i.e., a single parameter fit to six points from two homologues. The obtained optimal $\Delta\mu_{CF_2}$ values are presented in Table 2. The error of the fitted $\Delta\mu_{CF_2}$, as determined from the root of its variance, is very low: $0.02RT_0$ (ca. 50 J/mol).

T [K]	$\Delta\mu_{\rm CF2}/RT_0$ [-]
288.15	1.68 ± 0.02
293.15	1.75 ± 0.02
303.15	1.88 ± 0.02
$\Delta h_{\rm CF_2} [\rm kJ/mol]$	$\Delta s_{\rm CF_2}$ [J/mol K]
-10.0 ± 0.2	-48.7 ± 0.7

Table 2. Results for the optimized transfer energy $\Delta \mu_{CF_2}$ and the values of the corresponding enthalpy Δh_{CF_2} and entropy Δs_{CF_2} .

The optimal root-mean-square deviations between the experimental and the theoretical Π are 0.6 mN/m and 0.1 mN/m for CF₃CF₂CH₂OH and CF₃(CF₂)₂CH₂OH, respectively (see Figure 2). For CF₃(CF₂)₂CH₂OH, the deviation 0.1 mN/m is less than the experimentally determined reproducibility. The higher deviation for CF₃CF₂CH₂OH reflects the fact that the experimental points do not neatly fit the SD model (see Figure 2). This is assumed to be due to surface active impurities, up to 3% as reported by the vendor. On the other hand, since the butanol is about five times more surface active as compared to propanol, the impurities in CF₃(CF₂)₂CH₂OH have a much smaller effect, thus, the lower deviation. Fortunately, the uncertainty in the tensiometric measurement propagates logarithmically to the transfer energy $\Delta\mu_{CF_2}$. Therefore, the effect of the impurities in CF₃CF₂CH₂OH is small in terms of the uncertainty of the obtained transfer energy $\Delta\mu_{CF_2}$.



Figure 3. (a) Average free energy of transfer $\Delta \mu_{CF_2}$ calculated from each experimental surface tension at 293.15 K independently. The error bars specify the lowest and highest calculated $\Delta \mu_{CF_2}$. The data for n = 1 (CF₃CH₂OH) deviate significantly from the rest and are excluded from the following analysis. (b) Best fit value of the free energy of transfer $\Delta \mu_{CF_2}$ from simultaneous regression over the data for CF₃CF₂CH₂OH and CF₃(CF₂)₂CH₂OH as a function of the temperature. The different temperatures are color-coded in accordance with Figure 2.

A linear relationship between $\Delta \mu_{CF_2}$ and *T* is observed (Figure 3b). The free energy change is comprised of an entropic and an enthalpic term:

$$\Delta \mu_{\rm CF_2} = \Delta h_{\rm CF_2} - T \Delta s_{\rm CF_2}.$$
(8)

Assuming that both are temperature independent, from the results in Figure 3, the enthalpy for transfer of a $-CF_2$ - group from hexane to water can be determined as $\Delta h_{CF_2} = -10.0 \text{ kJ/mol}$ and the respective entropy as $\Delta s_{CF_2} = -48.7$ J/mol K. The obtained value of Δs_{CF_2} is larger than expected (compare to methylene's Δs_{CH_2} on the order of -10 J/mol K [52]). At this length scale, the hydrophobic effect is approximately proportional to the surface area of the segment [53]. Therefore, Δs_{CF_2} is expected to be about 1.3 times higher than Δs_{CH_2} . However, we determine an entropy that is about 5 times higher than Δs_{CH_2} . This discrepancy might be due to the assumptions of our model, in particular about the temperature dependence of the adsorption parameters. For example, α , which appears in both Equation (7) for K_a and the equation of state (Equation (1)), is assumed to be independent of *T*, which would result in a compensation by an artificial variation of $\Delta \mu_{CF_2}$ with *T* and, respectively, an unrealistic value of Δs_{CF_2} . Nevertheless, the effect on the resultant $\Delta \mu_{CF_2}$ values appears to be relatively small: even if we used $\Delta s_{CF_2} = 1.3 \times \Delta s_{CH_2}$, for the current narrow temperature interval, the error introduced in $\Delta \mu_{CF_2}$ would be within 5% of the values in Figure 3b. The enthalpy Δh_{CF_2} is also higher than the corresponding Δh_{CH_2} , which is close to zero at room temperature [21]. This could be justified physically with the fact that, unlike $-CH_2$ - chains, for $-CF_2$ - chains, there is a significant Van der Waals contribution to $\Delta \mu_{CF_2}$ (the dispersion contribution to β as studied in ref. [25]).

4. Materials and Methods

All reagents—hexane (C_6H_{14} , \geq 99%), 2,2,2-trifluoro-1-ethanol (CF_3CH_2OH , \geq 99%), 2,2,3,3,3-pentafluoro-1-propanol ($CF_3CF_2CH_2OH$, \geq 97%), and 2,2,3,3,4,4,4-heptafluoro-1-butanol ($CF_3CF_2CF_2CH_2OH$, \geq 98%)—were purchased from Sigma-Aldrich and used without further purification. All water used was double distilled using a GFL 2001/2 distiller. Aqueous solutions close to the expected solubility limit were prepared volumetrically and subsequently diluted approximately two and four times (the exact concentrations are reported in Figure 2).

The interfacial tension of each solution was measured with a profile analysis tensiometer (PAT-1, Sinterface, Germany). A hexane drop with constant area, ca. 25 mm², was formed in a 25 cm³ glass cuvette filled with the aqueous solution. The cuvette and the capillary were cleaned before each experiment by immersion in a dichromate solution for at least 24 h. The temperature of the measuring cell was controlled precisely with a thermostat (Ecoline E200, LAUDA DR. R. WOBSER GMBH & CO. KG, Lauda-Königshofen, Germany). Measurements were made at 288.15 K, 293.15 K, and 303.15 K. In a typical experiment, the interfacial tension was observed for ca. 6 h at a constant temperature so as to ensure that the value had settled. Within the studied concentration range, the solution density is assumed to be constant [54]. The average standard deviation of the measured interfacial tension determined from multiple repetitions is 0.26 mN/m.

5. Conclusions

We have determined experimentally the free energy of transfer of a $-CF_2$ - group from oil to water $\Delta\mu_{CF_2}$ from data for the adsorption of water-soluble nonionic fluorosurfactants at water|hexane. As far as we are aware, this has been done for the first time, since only the shortest nonionic fluorinated surfactants (n = 1-3) are water-soluble. The values obtained are $1.68 \pm 0.02 \times RT_0$, $1.75 \pm 0.02 \times RT_0$, and $1.88 \pm 0.02 \times RT_0$ at 288.15 K, 293.15 K, and 303.15 K, respectively, and appear to be of lower uncertainty compared to previous reports [25].

The short length of the fluorocarbon chain results in complications—in particular, the deviations from Traube's rule must be taken into account. While we were successful in resolving this issue for $n \ge 2$ by using Ivanov's explicit model for $K_a(n)$, we found that the adsorption data for the first homologue CF₃CH₂OH suggest a very different behavior from the rest of the series.

The obtained value of $\Delta\mu_{CF_2}$ is within the expected range (see the discussion in Peychev and Slavchov [25]). As it can be deduced from the more hydrophobic behavior of fluorocarbons compared to hydrocarbons, the value of $\Delta\mu_{CF_2}$ is higher than the corresponding free energy of transfer of a $-CH_2$ - group from oil to water ($\Delta\mu_{CH_2} = 1.39 \times RT_0$). However, the result at 293.15 K, $\Delta\mu_{CF_2} = 1.75 \pm 0.02 \times RT_0$, is lower than the value $2.05 \times RT_0$ reported by Mukerjee and Handa [24], based on similar tensiometric experiments but with fluorinated ionic surfactants. Due to the exponential relationship between K_a and $n\Delta\mu_{CF_2}$, this is a very large difference. For instance, for n = 3, the adsorption constant predicted from Equation (5) with Mukerjee and Handa's value $\Delta\mu_{CF_2} = 2.05 \times RT_0$ is twice as high as what we measured experimentally.

The obtained result for $\Delta\mu_{CF_2}$ should be useful for prediction of the partitioning of mixtures of short fluorinated amphiphiles between water and oil and between water and biomembranes [13], through the respective partition coefficient, $RT \ln K_p \propto n \Delta \mu_{CF_2}$ [25,55]. The transfer energy is also an essential parameter for predicting the incorporation of waterdissolved fluorinated amphiphiles into micelles and into adsorption monolayers made of hydrocarbon surfactants (compare to the effective adsorption constant of a liquid expanded monolayer [21,46]). These fundamental thermodynamic characteristics are essential for understanding the environmental fate of perfluoroalkyl substances and their health effects and for modeling separation processes that involve them.

Author Contributions: Conceptualization, R.I.S.; methodology, B.P., I.L.M. and R.I.S.; formal analysis, B.P.; investigation, D.A. and I.L.M.; resources, I.L.M. and E.M.; writing—original draft preparation, B.P.; writing—review and editing, D.A., I.L.M., E.M. and R.I.S.; visualization, B.P.; supervision and project administration, E.M. and R.I.S.; funding acquisition, I.L.M. and E.M. All authors have read and agreed to the published version of the manuscript.

Funding: This study is financed by the European Union-Next Generation EU, through the National Recovery and Resilience Plan of the Republic of Bulgaria, project № BG-RRP-2.004-0008-C01.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Dataset available on request from the authors.

Acknowledgments: The investigation was performed in the Laboratory of Thin Liquid Films at the Institute of Physical Chemistry, Bulgarian Academy of Sciences, Sofia, Bulgaria.

Conflicts of Interest: The authors declare no conflicts of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

References

- Glüge, J.; Scheringer, M.; Cousins, I.T.; DeWitt, J.C.; Goldenman, G.; Herzke, D.; Lohmann, R.; Ng, C.A.; Trier, X.; Wang, Z. An overview of the uses of per-and polyfluoroalkyl substances (PFAS). *Environ. Sci. Process. Impacts* 2020, 22, 2345–2373. [CrossRef]
- Krafft, M.P.; Riess, J.G. Chemistry, physical chemistry, and uses of molecular fluorocarbon—Hydrocarbon diblocks, triblocks, and related compounds—Unique "apolar" components for self-assembled colloid and interface engineering. *Chem. Rev.* 2009, 109, 1714–1792. [CrossRef]
- 3. Kissa, E. Fluorinated Surfactants and Repellents, 2nd ed.; Marcel Dekker: New York, NY, USA, 2001.
- 4. Simcik, M.F. Aquatic processes and systems in perspective. Global transport and fate of perfluorochemicals. *J. Environ. Monit.* **2005**, *7*, 759–763.
- 5. Armitage, J.; Cousins, I.T.; Buck, R.C.; Prevedouros, K.; Russell, M.H.; MacLeod, M.; Korzeniowski, S.H. Modeling global-scale fate and transport of perfluorooctanoate emitted from direct sources. *Environ. Sci. Technol.* **2006**, *40*, 6969–6975. [CrossRef]
- 6. Johnson, G.R.; Brusseau, M.L.; Carroll, K.C.; Tick, G.R.; Duncan, C.M. Global distributions, source-type dependencies, and concentration ranges of per-and polyfluoroalkyl substances in groundwater. *Sci. Total Environ.* **2022**, *841*, 156602. [CrossRef]
- Brunn, H.; Arnold, G.; Körner, W.; Rippen, G.; Steinhäuser, K.G.; Valentin, I. PFAS: Forever chemicals—persistent, bioaccumulative and mobile. Reviewing the status and the need for their phase out and remediation of contaminated sites. *Environ. Sci. Eur.* 2023, 35, 1–50.
- 8. Ehrlich, V.; Bil, W.; Vandebriel, R.; Granum, B.; Luijten, M.; Lindeman, B.; Grandjean, P.; Kaiser, A.; Hauzenberger, I.; Hartmann, C.; et al. Consideration of pathways for immunotoxicity of per- and polyfluoroalkyl substances (PFAS). *Environ. Health Glob. Access Sci. Source* 2023, 22, 19. [CrossRef] [PubMed]
- ATSDR. Toxicological Profile for Perfluoroalkyls. 2021. Available online: https://doi.org/10.15620/cdc:59198 (accessed on 13 May 2023).
- 10. Brendel, S.; Fetter, É.; Staude, C.; Vierke, L.; Biegel-Engler, A. Short-chain perfluoroalkyl acids: Environmental concerns and a regulatory strategy under REACH. *Environ. Sci. Eur.* **2018**, *30*, 9. [CrossRef]
- Wanninayake, D.M. Comparison of currently available PFAS remediation technologies in water: A review. J. Environ. Manag. 2021, 283, 111977. [CrossRef] [PubMed]
- 12. Garg, S.; Wang, J.; Kumar, P.; Mishra, V.; Arafat, H.; Sharma, R.S.; Dumée, L.F. Remediation of water from per-/poly-fluoroalkyl substances (PFAS)–Challenges and perspectives. *J. Environ. Chem. Eng.* **2021**, *9*, 105784. [CrossRef]
- Zhang, M.; Peyear, T.; Patmanidis, I.; Greathouse, D.V.; Marrink, S.J.; Andersen, O.S.; Ingólfsson, H.I. Fluorinated alcohols' effects on lipid bilayer properties. *Biophys. J.* 2018, 115, 679–689. [CrossRef]
- 14. Davies, J.; Rideal, E. Interfacial Phenomena; Academic Press: London, UK, 1961.
- 15. Tanford, C. The Hydrophobic Effect: Formation of Micelles and Biological Membranes, 2nd ed.; J. Wiley.: New York, NY, USA, 1980.
- 16. Huckel, W. Theoretical Principles of Organic Chemistry; Elsevier Publishing: Amsterdam, The Netherlands, 1958.
- 17. Kitaigorodskii, A.I. Organic Chemical Crystallography; Consultants Bureau: New York, NY, USA, 1961.
- 18. Israelachvili, J.N. Intermolecular and Surface Forces, 3rd ed.; Academic Press: Burlington, MA, USA, 2011.
- 19. Möbius, D.; Miller, R.; Fainerman, V.B. *Surfactants: Chemistry, Interfacial Properties, Applications;* Elsevier: Amsterdam, The Netherlands, 2001.
- 20. Adam, N.K. The Physics and Chemistry of Surfaces, 3rd ed.; Milford, H., Ed.; Oxford University Press: London, UK, 1941.
- 21. Slavchov, R.; Dimitrova, I.; Ivanov, I. Cohesive and non-cohesive adsorption of surfactants at liquid interfaces. In *Without Bounds: A Scientific Canvas of Nonlinearity and Complex Dynamics*; Springer: Berlin/Heidelberg, Germany, 2013; pp. 199–225.
- 22. Slavchov, R.I.; Ivanov, I.B. Adsorption parameters and phase behaviour of non-ionic surfactants at liquid interfaces. *Soft Matter* **2017**, *13*, 8829–8848. [CrossRef]
- 23. Arp, H.P.H.; Niederer, C.; Goss, K.U. Predicting the partitioning behavior of various highly fluorinated compounds. *Environ. Sci. Technol.* **2006**, *40*, 7298–7304. [CrossRef]
- Mukerjee, P.; Handa, T. Adsorption of fluorocarbon and hydrocarbon surfactants to air-water, hexane-water and perfluorohexanewater interfaces. Relative affinities and fluorocarbon-hydrocarbon nonideality effects. *J. Phys. Chem.* 1981, *85*, 2298–2303. [CrossRef]
- 25. Peychev, B.; Slavchov, R.I. Adsorption model and phase transitions of diblock perfluoroalkylated surfactants at the water/alkane interface. *J. Colloid Interface Sci.* 2021, 594, 372–388. [CrossRef]
- Wang, Z.; Ud-Daula, A.; Fiedler, S.; Schramm, K.W. Impact of fluorotelomer alcohols (FTOH) on the molecular and macroscopic phenotype of Tetrahymena thermophila. *Environ. Sci. Pollut. Res.* 2010, 17, 154–164. [CrossRef] [PubMed]
- 27. Schwickert, H.; Strobl, G.; Kimmig, M. Molecular dynamics in perfluoro-n-eicosane. I. Solid phase behavior and crystal structures. *J. Chem. Phys.* **1991**, *95*, 2800–2806. [CrossRef]

- 28. Albrecht, T.; Elben, H.; Jaeger, R.; Kimmig, M.; Steiner, R.; Strobl, G.; Stühn, B.; Schwickert, H.; Ritter, C. Molecular dynamics in perfluoro-n-eicosane. II. Components of disorder. *J. Chem. Phys.* **1991**, *95*, 2807–2816. [CrossRef]
- 29. Gang, O.; Ellmann, J.; Möller, M.; Kraack, H.; Sirota, E.; Ocko, B.; Deutsch, M. Surface phases of semi-fluorinated alkane melts. *Europhys. Lett.* **2000**, *49*, 761. [CrossRef]
- Wang, J.; Ober, C.K. Solid state crystalline and liquid crystalline structure of semifluorinated 1-bromoalkane compounds. *Liq. Cryst.* 1999, 26, 637–648. [CrossRef]
- 31. Traube, J. Ueber die Capillaritätsconstanten organischer Stoffe in wässerigen Lösungen. J. Liebigs Ann. Chem. 1891, 265, 27–55. [CrossRef]
- 32. Takiue, T.; Sugino, K.; Higashi, T.; Toyomasu, T.; Hayami, Y.; Ikeda, N.; Aratono, M. Temperature effect on the adsorption of fluorooctanols at the hexane/water interface. *Langmuir* 2001, *17*, 8098–8103. [CrossRef]
- 33. Ohta, A.; Murakami, R.; Urata, A.; Asakawa, T.; Miyagishi, S.; Aratono, M. Aggregation behavior of fluorooctanols in hydrocarbon solvents. *J. Phys. Chem. B* 2003, 107, 11502–11509. [CrossRef] [PubMed]
- 34. Murakami, D.; Fukuta, T.; Matsubara, H.; Aratono, M.; Takiue, T. Effect of the partial hydrogenation of hydrophobic chains on the mixing of fluoroalkanols in an adsorbed film at the hexane/water interface. *J. Phys. Chem. C* 2008, 112, 4564–4568. [CrossRef]
- 35. Murakami, D.; Fukuda, T.; Matsubara, H.; Aratono, M.; Takiue, T. Molecular orientation and miscibility of fluorinated *α*, *ω*-alkanediol and alcohol at the hexane/water interface. *Colloids Surf. A Physicochem. Eng. Asp.* **2010**, 354, 205–209. [CrossRef]
- Takiue, T.; Tottori, T.; Tatsuta, K.; Matsubara, H.; Tanida, H.; Nitta, K.; Uruga, T.; Aratono, M. Multilayer Formation of the Fluoroalkanol- *ω*-Hydrogenated Fluorocarbon Mixture at the Hexane/Water Interface Studied by Interfacial Tensiometry and X-ray Reflection. *J. Phys. Chem. B* 2012, *116*, 13739–13748. [CrossRef]
- 37. Fukuhara, R.; Tanida, H.; Nitta, K.; Ina, T.; Uruga, T.; Matsubara, H.; Aratono, M.; Takiue, T. Effect of molecular orientation on monolayer and multilayer formations of fluorocarbon alcohol and fluorocarbon-α, ω-diol mixture at the hexane/water interface. *J. Phys. Chem. B* 2014, *118*, 12451–12461. [CrossRef]
- Mitani, K.; Imai, Y.; Ina, T.; Nitta, K.; Tanida, H.; Uruga, T.; Matsubara, H.; Aratono, M.; Takiue, T. Effect of hydrophobic chain structure on phase transition and domain formation of hybrid alcohol films adsorbed at the hexane/water interface. *J. Phys. Chem. B* 2015, *119*, 12436–12445. [CrossRef]
- 39. Burrows, S.A.; Shon, J.W.; Peychev, B.; Slavchov, R.I.; Smoukov, S.K. Phase transitions of fluorotelomer alcohols at the water|alkane interface studied via molecular dynamics simulation. *Soft Matter* **2024**, *20*, 2243–2257. [CrossRef]
- 40. Gurkov, T.; Ivanov, I.B. Layers of non-ionic surfactants on fluid interfaces adsorption and interactions in the frames of a statistical model. In Proceedings of the 4th World Congress on Emulsions, Lyon, France, 3–6 October 2006; p. 509.
- 41. Ivanov, I.B.; Danov, K.D.; Dimitrova, D.; Boyanov, M.; Ananthapadmanabhan, K.P.; Lips, A. Equations of state and adsorption isotherms of low molecular non-ionic surfactants. *Colloids Surf. A Physicochem. Eng. Asp.* **2010**, *354*, 118–133. [CrossRef]
- 42. Helfand, E.; Frisch, H.; Lebowitz, J. Theory of the Two-and One-Dimensional Rigid Sphere Fluids. *J. Chem. Phys.* **1961**, 34, 1037–1042. [CrossRef]
- Slavchov, R.I.; Ivanov, I.B. Effective osmotic cohesion due to the solvent molecules in a delocalized adsorbed monolayer. J. Colloid Interface Sci. 2018, 532, 746–757. [CrossRef]
- 44. Rusanov, A. The essence of the new approach to the equation of the monolayer state. Colloid J. 2007, 69, 131–143. [CrossRef]
- 45. Tournilhac, F.; Bassoul, P.; Cortes, R. Structure of the smectic B phase formed by linear and branched perfluoroalkyl-alkanes. *Mol. Cryst. Liq. Cryst.* **2001**, *362*, 45–65. [CrossRef]
- 46. Slavchov, R.I.; Karakashev, S.I.; Ivanov, I.B. Ionic surfactants and ion-specific effects: Adsorption, micellization, thin liquid films. In Surfactant Science and Technology: Retrospects and Prospects; CRC Press: Boca Raton, FL, USA, 2014; p. 593.
- 47. Aveyard, R.; Haydon, D. Thermodynamic properties of aliphatic hydrocarbon/water interfaces. *Trans. Faraday Soc.* **1965**, 61, 2255–2261. [CrossRef]
- 48. Rehfeld, S.J. Adsorption of sodium dodecyl sulfate at various hydrocarbon-water interfaces. J. Phys. Chem. **1967**, 71, 738–745. [CrossRef]
- 49. Zeppieri, S.; Rodríguez, J.; López de Ramos, A. Interfacial tension of alkane + water systems. J. Chem. Eng. Data 2001, 46, 1086–1088. [CrossRef]
- 50. Goebel, A.; Lunkenheimer, K. Interfacial tension of the water/n-alkane interface. Langmuir 1997, 13, 369–372. [CrossRef]
- 51. Demond, A.H.; Lindner, A.S. Estimation of interfacial tension between organic liquids and water. *Environ. Sci. Technol.* **1993**, 27, 2318–2331. [CrossRef]
- 52. Ben-Naim, A.Y. Solvation Thermodynamics; Springer Science & Business Media: New York, NY, USA, 2013.
- 53. Lum, K.; Chandler, D.; Weeks, J.D. Hydrophobicity at small and large length scales. J. Phys. Chem. B 1999, 103, 4570–4577. [CrossRef]
- 54. Rochester, C.; Symonds, J. Densities of solutions of four fluoroalcohols in water. J. Fluor. Chem. 1974, 4, 141–148. [CrossRef]
- 55. Leo, A.; Hansch, C.; Elkins, D. Partition coefficients and their uses. *Chem. Rev.* 1971, 71, 525–616. [CrossRef]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.