

The Dichotomy of Mn–H Bond Cleavage and Kinetic Hydricity of Tricarbonyl Manganese Hydride Complexes

Elena Osipova¹, Sergey Kovalenko¹, Ekaterina Gulyaeva^{1,2}, Nikolay Kireev¹, Alexander Pavlov¹, Oleg Filippov¹, Anastasia Danshina^{1,3}, Dmitry Valyaev^{2*}, Yves Canac², Elena Shubina^{1*}, Natalia Belkova^{1*}

1 A.N. Nesmeyanov Institute of Organoelement Compounds, Russian Academy of Sciences (INEOS RAS), 28, Vavilova Str., 119334 Moscow, Russia; aosipova92@gmail.com (E.S.O.); kovalenko2000as@gmail.com (S.A.K.); elenor.kagami@gmail.com (E.S.G.); koly-100@mail.ru (N.V.K.); alex90pavlov@mail.ru (A.A.P.); h-bond@ineos.ac.ru (O.A.F.); danshina.aa@phystech.edu (A.A.D.); shu@ineos.ac.ru (E.S.S.)

2 LCC-CNRS, Université de Toulouse, CNRS, 205 Route de Narbonne, 31077 Toulouse, CEDEX 4, France; yves.canac@lcc-toulouse.fr

3 Center of National Technological Initiative, Bauman Moscow State Technical University, 2nd Baumanskaya Str., 5, 105005 Moscow, Russia

4 Moscow Institute of Physics and Technology, Institutskiy per., 9, 141700 Dolgoprudny, Russia

* Correspondence: dmitry.valyaev@lcc-toulouse.fr (D.A.V.); nataliabelk@ineos.ac.ru (N.V.B.)

Electronic Supplementary Information

Table of contents

Figure S1. IR spectra of complex 1 ($c=0.003\text{M}$) and after HMPA (1-10 equiv.) (<i>left</i>) and pyridine (1, 10, 50, 100 equiv.) (<i>right</i>) adding. 190K, $\text{I} = 0.1\text{ cm}$, methylcyclohexane.....	2
Figure S2. IR spectra of complex 3 ($c=0.003\text{M}$) and after HMPA (40 and 70 equiv.) adding. 190K, $\text{I} = 0.05\text{ cm}$, toluene.....	2
Figure S3. Time evolution of IR spectra for ν_{CO} of complex 1 after addition of DBU (1.1 equiv.) during 1.2 h. $c(1) = 0.003\text{ M}$, 230 K, $\text{I} = 0.1\text{ cm}$, methylcyclohexane. IR spectrum of 1 alone (light blue) is shown for comparison.....	2
Thermodynamic data for proton transfer between 1 and DBU from IR study.	3
Determination of kinetic parameters of proton transfer between 1 and DBU from IR study.	4
Figure S4. IR spectra of complex 1 ($c = 0.003\text{ M}$) and after $[\text{Bu}_4\text{N}]^+[\text{4-NO}_2\text{C}_6\text{H}_4\text{O}]^-$ addition (1 equiv.). 298 K, $\text{I} = 0.1\text{ cm}$, MeCN.	4
Figure S5. IR spectra of complex 2 ($c = 0.0144\text{ M}$; blue line) and 2 after KHMDS addition (2 equiv.; red line). 298 K, $\text{I} = 0.1\text{ cm}$, THF.....	5
Figure S6. $^{31}\text{P}\{\text{H}\}$ NMR spectra (162.0 MHz) of complex 3 and its reaction with KHMDS (1:5) in THF-d_8 at 243 K (<i>left</i>) and in CD_3CN at 263 K (<i>right</i>).....	5
Figure S7. IR spectra of complex 4 ($c = 0.0033\text{ M}$) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ ($c = 0.0037\text{ M}$). BuCl , 160-290K, $\text{I} = 0.05\text{ cm}$	5
Figure S8. Proposed reaction pathway between hydride complex 4 and BAr_3 . Coordinated solvent molecules to cationic species are omitted.....	6
Table S1. $^{31}\text{P}\{\text{H}\}$ NMR chemical shifts for complexes 4a and 4b in different media.....	6
Figure S9. Top: IR spectra of 1 ($c = 0.005\text{ M}$) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ (10 equiv). Toluene, $\text{I} = 0.05\text{ cm}$, 190-290K (step 10K). Bottom: temperature dependence of intensity for ν_{CO} bands of 1 and $1\cdots\text{LA}$ and 1^+	7
Figure S10. ^1H (<i>left</i>) and $^{31}\text{P}\{\text{H}\}$ (<i>right</i>) NMR spectra of 1 ($c = 0.01\text{M}$; bottom) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ (10 equiv.). Toluene- d_8 , 200-290 K.	7
Figure S11. IR spectra of complex 2 ($c = 0.003\text{ M}$) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ ($c = 0.003\text{ M}$). CH_2Cl_2 , 180-290K, $\text{I} = 0.05\text{ cm}$	8
Kinetic study of the hydrogen abstraction from complexes 1 – 4 to Lewis acid	8
Figure S12. Plot for the determination of effective rate constant (k_{eff}) of 4 with $\text{B}(\text{C}_6\text{F}_5)_3$ in $n\text{BuCl}$ at 170 K.....	8
Figure S13. Plot $-\ln(k_{\text{eff}} \cdot h/k_b \cdot T)$ vs $1/T$ for the reaction of 4 with $\text{B}(\text{C}_6\text{F}_5)_3$ in $n\text{BuCl}$ (160 - 200 K).	8
Table S2. Crystal data and structure refinement parameters for $[(\text{P-NHC})\text{Mn}(\text{CO})_3(\text{MeCN})][\text{BF}_4]$ (4^{MeCN}) and $[(\text{PPh}_3)_2\text{Mn}(\text{CO})_3(\text{MeCN})][\text{BF}_4]$ (2^{MeCN}).	9
NMR spectroscopic characterization of Mn(I) cationic and anionic complexes (Figure S14-S26)	10

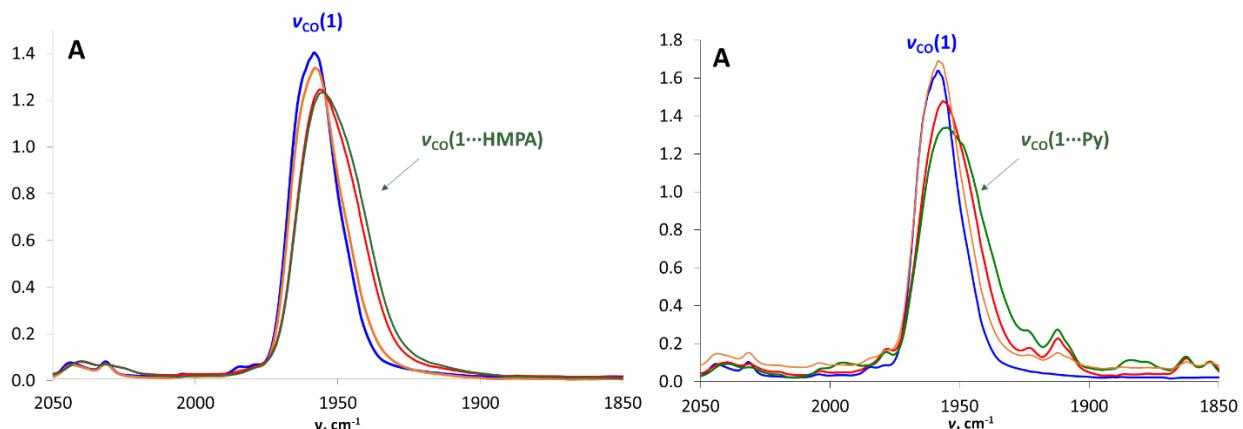


Figure S1. IR spectra of complex **1** ($c=0.003\text{M}$) and after HMPA (1-10 equiv.) (*left*) and pyridine (1, 10, 50, 100 equiv.) (*right*) adding. 190K, $\text{I} = 0.1\text{ cm}$, methylcyclohexane.

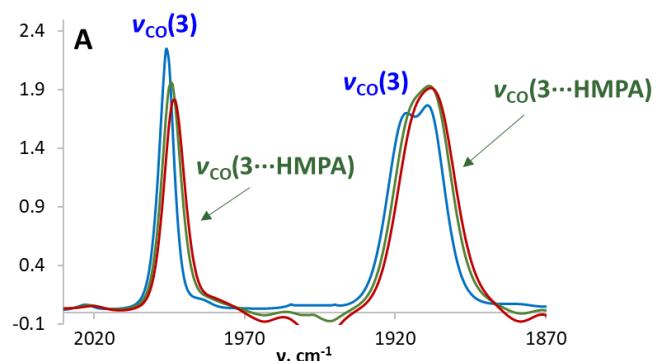


Figure S2. IR spectra of complex **3** ($c=0.003\text{M}$) and after HMPA (40 and 70 equiv.) adding. 190K, $\text{I} = 0.05\text{ cm}$, toluene.

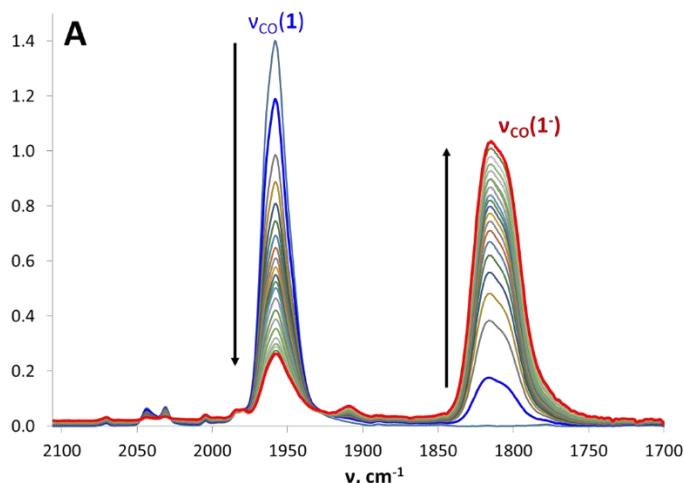
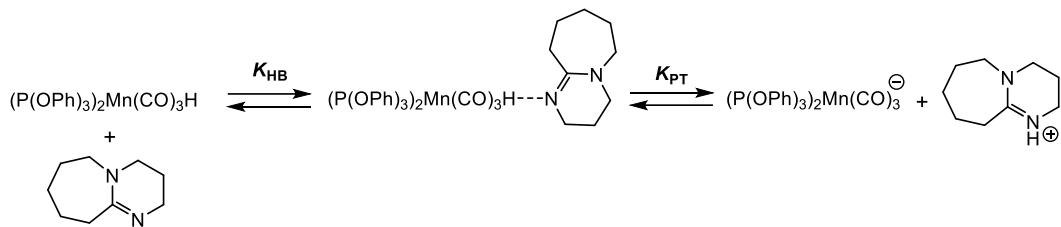


Figure S3. Time evolution of IR spectra for v_{co} of complex **1** after addition of DBU (1.1 equiv.) during 1.2 h. $c(\mathbf{1}) = 0.003\text{ M}$, 230 K, $\text{I} = 0.1\text{ cm}$, methylcyclohexane. IR spectrum of **1** alone (*light blue*) is shown for comparison.

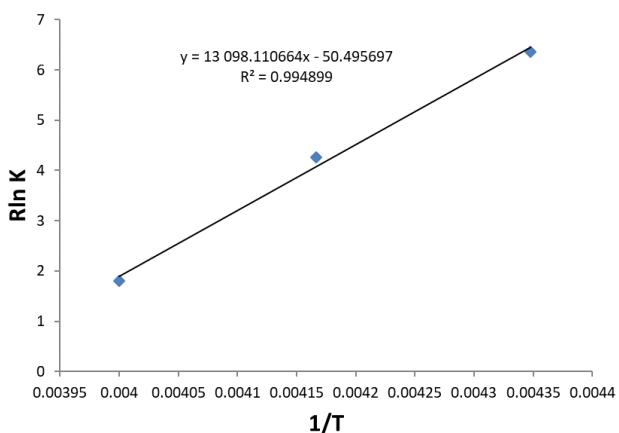
Thermodynamic data for proton transfer between **1** and DBU from IR study.

For the reaction of $[P(OPh)_3]_2Mn(CO)_3H$ (**1**) and 1,8-diazabicyclo[5.4.0]undec-7-ene (DBU) in MCH experimental equilibrium constants were obtained at 230 K, 240 K, 250 K and thermodynamic parameters (ΔH° , ΔS° , ΔG°_{298K}) of proton transfer were obtained by Van't-Hoff method.



$$\Delta G^\circ = \Delta H^\circ - T\Delta S^\circ$$

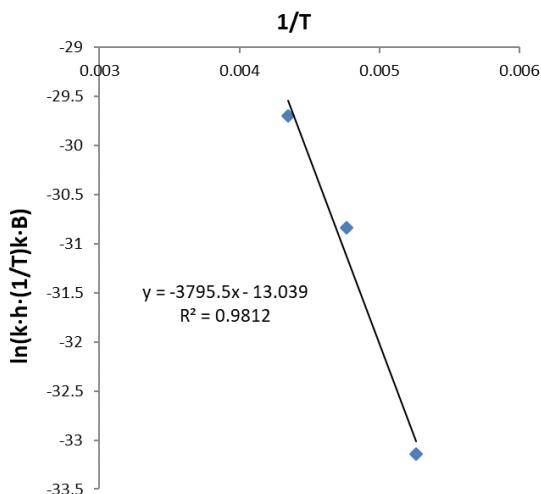
$$-\frac{\Delta H^\circ}{T} + \Delta S^\circ = R \ln K_{exp}$$



T, K	1/T	K_{exp}	$R \ln K_{exp}$		Thermodynamic parameters
250	0.004	2.47	1.80		$\Delta H^\circ, \text{kcal/mol}$ 13.1 ± 0.9
240	0.004167	8.54	4.27		$\Delta S^\circ, \text{cal}/(\text{mol}\cdot\text{K})$ 50 ± 4
230	0.004348	24.46	6.36		$\Delta G^\circ_{298K}, \text{kcal/mol}$ 1.9 ± 0.2

Determination of kinetic parameters of proton transfer between **1** and DBU from IR study.

The observed rate constants (k_{obs}) of proton transfer from the complex $[\text{P(OPh)}_3]_2\text{Mn}(\text{CO})_3\text{H}$ (**1**) to DBU were obtained at 190 K, 210 K and 230 K by IR monitoring (ν_{CO} (**1**) decrease). By use of Eyring equation, the activation parameters (ΔH^\ddagger , ΔS^\ddagger , $\Delta G^\ddagger_{298\text{K}}$) were determined.



T, K	1/T	k_{obs}	$\ln(k \cdot h \cdot (1/T) / k_B)$	Activation parameters	
				ΔH^\ddagger , kcal/mol	ΔS^\ddagger , cal/(mol·K)
190	0.005263	0.016	-33.14		
210	0.004762	0.177	-30.84		
230	0.004348	0.609	-29.69		
				ΔH^\ddagger , kcal/mol	7.5 ± 0.5
				ΔS^\ddagger , cal/(mol·K)	26 ± 2
				$\Delta G^\ddagger_{298\text{K}}$, kcal/mol	15.3 ± 0.2

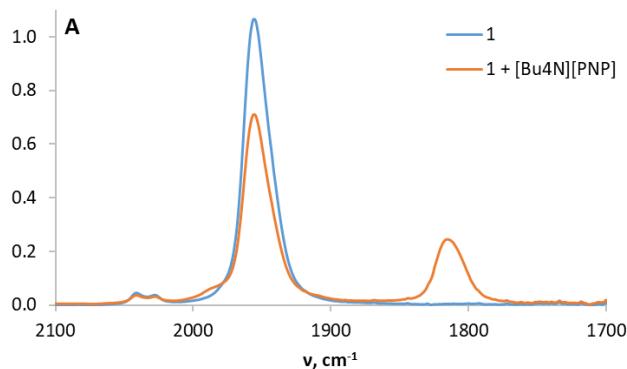


Figure S4. IR spectra of complex **1** ($c = 0.003$ M) and after $[\text{Bu}_4\text{N}]^+[\text{4-NO}_2\text{C}_6\text{H}_4\text{O}]^-$ addition (1 equiv.). 298 K, $\text{I} = 0.1$ cm, MeCN.

pK_a value was calculated with following equation:

$$-\text{p}K_{\text{eq}} = \text{p}K_a(\text{BH}^+) - \text{p}K_a(\text{MH}) \quad [1];$$

$K_{\text{eq}} = 0.25$ was obtained from the spectral data (Figure S4); $\text{p}K_a(\text{BH}^+) = 20.7$ in MeCN [2].

¹ R. T. Edidin, J. M. Sullivan and J. R. Norton, *J. Am. Chem. Soc.*, **1987**, *109*, 3945-3953.

² F. Eckert, I. Leito, I. Kaljurand, A. Kütt, A. Klamt and M. Diedenhofen, *J. Comput. Chem.*, **2009**, *30*, 799-810.

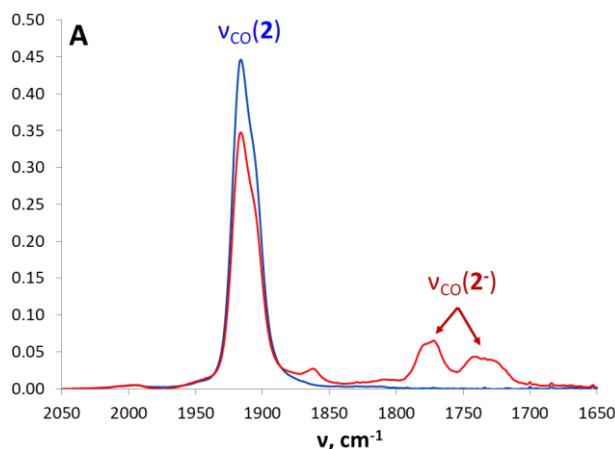


Figure S5. IR spectra of complex **2** ($c = 0.0144 \text{ M}$; blue line) and **2** after KHMDS addition (2 equiv.; red line). 298 K, $l = 0.1 \text{ cm}$, THF.

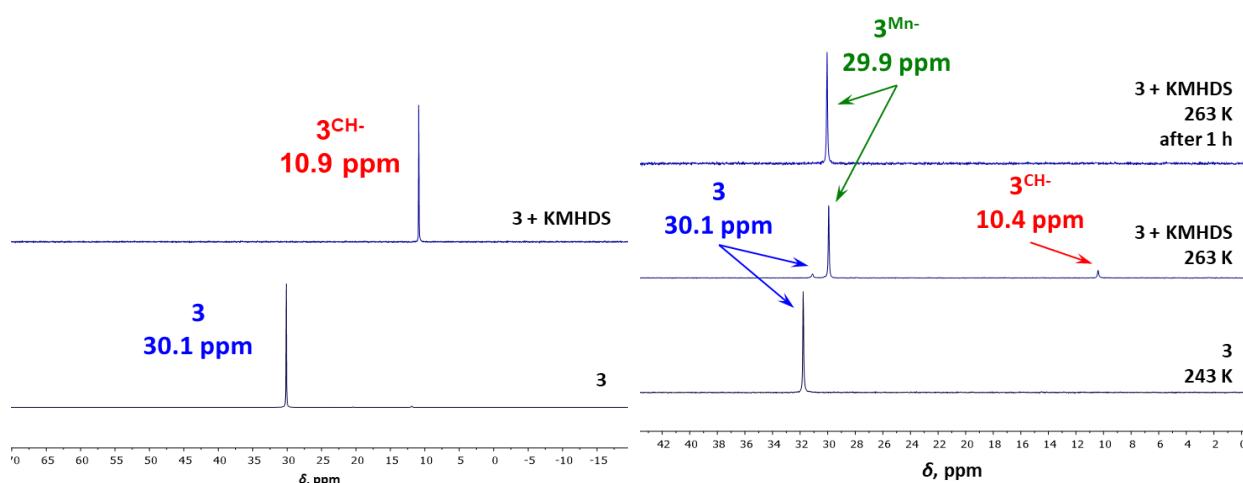


Figure S6. $^{31}\text{P}\{^1\text{H}\}$ NMR spectra (162.0 MHz) of complex **3** and its reaction with KHMDS (1:5) in $\text{THF}-d_8$ at 243 K (left) and in CD_3CN at 263 K (right).

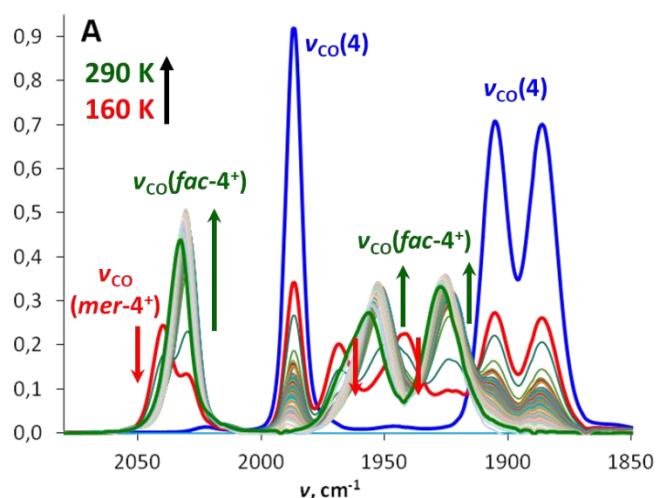


Figure S7. IR spectra of complex **4** ($c = 0.0033 \text{ M}$) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ ($c = 0.0037 \text{ M}$). BuCl , 160–290 K, $l = 0.05 \text{ cm}$.

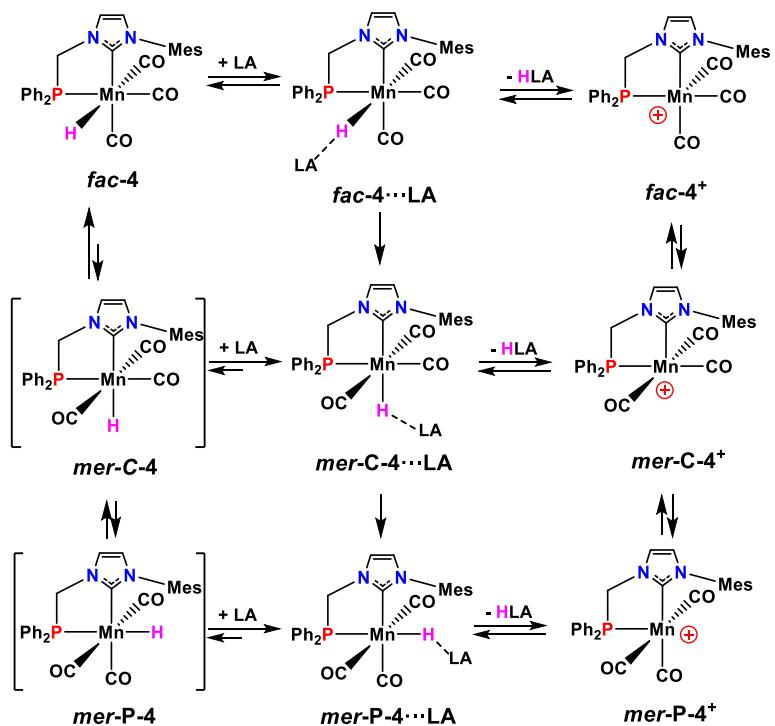


Figure S8. Proposed reaction pathway between hydride complex **4** and BAr_3 . Coordinated solvent molecules to cationic species are omitted.

Table S1. ${}^{31}\text{P}\{{}^1\text{H}\}$ NMR chemical shifts for complexes **4a** and **4b** in different media.

Solvent	δ_{P} (4a)	δ_{P} (4b)
Toluene	74.1	71.1
BuCl	76.1	71.5
$\text{C}_6\text{H}_5\text{Cl}$	77.7	71.1
CD_2Cl_2	78.1	71.1
MeCN	77.5	-

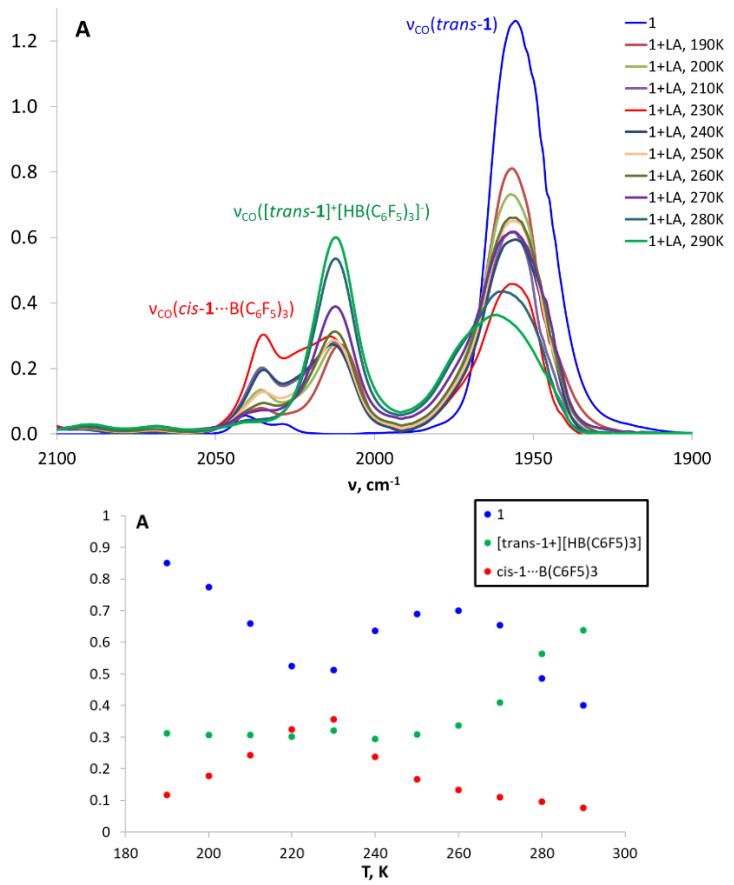


Figure S9. Top: IR spectra of **1** ($c = 0.005$ M) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ (10 equiv). Toluene, $I = 0.05$ cm, 190-290K (step 10K). Bottom: temperature dependence of intensity for v_{CO} bands of **1** and **1** \cdots LA and **1** $^+$.

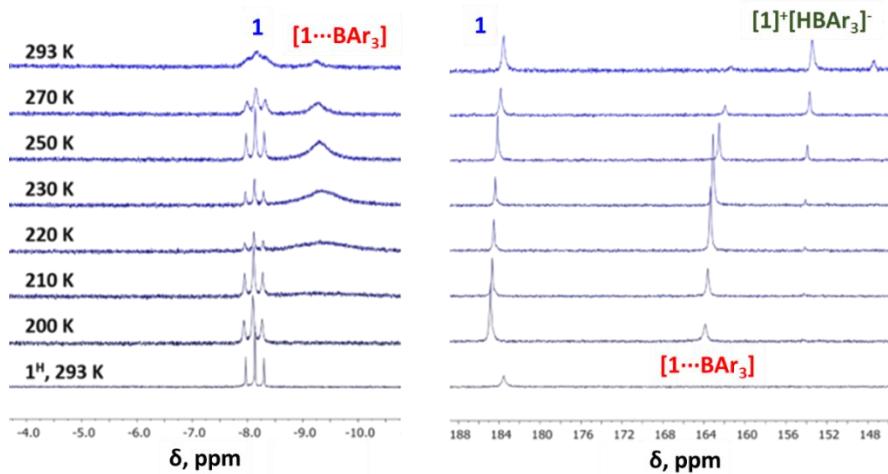


Figure S10. ¹H (left) and ³¹P{¹H} (right) NMR spectra of **1** ($c = 0.01$ M; bottom) and its mixture with $\text{B}(\text{C}_6\text{F}_5)_3$ (10 equiv.). Toluene- d_8 , 200-290 K.

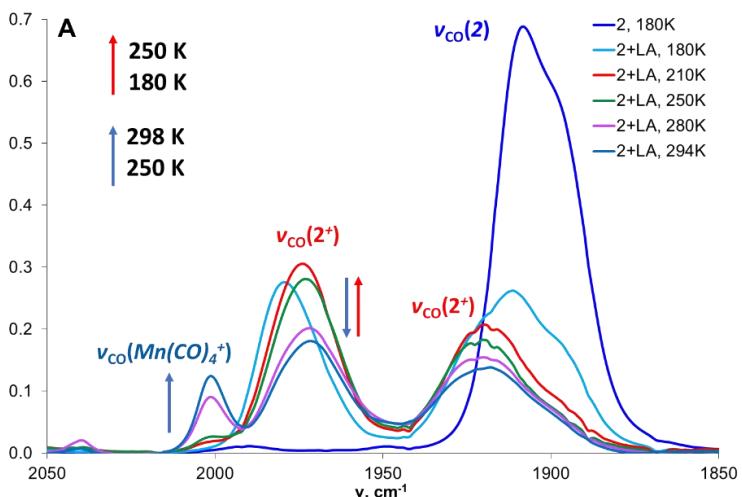


Figure S11. IR spectra of complex **2** ($c = 0.003$ M) and its mixture with $B(C_6F_5)_3$ ($c = 0.003$ M). CH_2Cl_2 , 180–290 K, $l = 0.05$ cm.

Kinetic study of the hydrogen abstraction from complexes **1 – 4** to Lewis acid

For the hydride abstraction reaction from the complexes **1 – 4** to $B(C_6F_5)_3$ current concentrations of the components were calculated from the absorptions obtained by IR monitoring (ν_{CO} of the initial hydride decrease) at the temperature range (160 – 200 K). The effective rate constants (k_{eff}) were obtained by second-order law for reaction type $A + B \rightarrow C + B$:

$$k = \frac{1}{t(a_o - b_o)} \ln \frac{b_0(a_o - a)}{a_0(b_0 - b)}$$

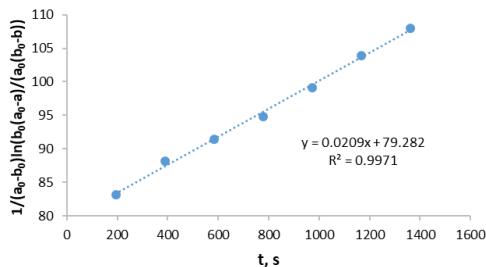


Figure S12. Plot for the determination of effective rate constant (k_{eff}) of **4** with $B(C_6F_5)_3$ in $nBuCl$ at 170 K.

By use of Eyring equation, the activation parameters (ΔH^\ddagger , ΔS^\ddagger , ΔG^\ddagger_{298K}) were determined at 160 – 200 K temperature range:

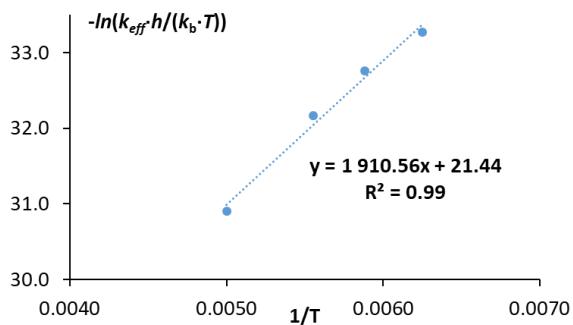


Figure S13. Plot $-\ln(k_{eff} \cdot h / (k_b \cdot T))$ vs $1/T$ for the reaction of **4** with $B(C_6F_5)_3$ in $nBuCl$ (160 – 200 K).

Table S2. Crystal data and structure refinement parameters for $[(P\text{-NHC})\text{Mn}(\text{CO})_3(\text{MeCN})]\text{[BF}_4]$ (**4^{MeCN}**) and $[(\text{PPPh}_3)_2\text{Mn}(\text{CO})_3(\text{MeCN})]\text{[BF}_4]$ (**2^{MeCN}**).

Complex	$[(P\text{-NHC})\text{Mn}(\text{CO})_3(\text{MeCN})]\text{[BF}_4]$ 4^{MeCN}	$[(\text{PPPh}_3)_2\text{Mn}(\text{CO})_3(\text{MeCN})]\text{[BF}_4]$ 2^{MeCN}
Empirical formula	$\text{C}_{30}\text{H}_{28}\text{BF}_4\text{MnN}_3\text{O}_3\text{P}$	$\text{C}_{42}\text{H}_{35}\text{BCl}_2\text{F}_4\text{MnNO}_3\text{P}_2$
Formula weight	651.27	876.30
T, K	100	100
Crystal system	Monoclinic	Monoclinic
Space group	P-1	P2 ₁ /c
Z	4	4
a, Å	12.8975(3)	11.802(3)
b, Å	15.9475(3)	25.753(8)
c, Å	16.7390(4)	13.846(3)
α , °	73.6000(10)	90
β , °	89.9020(10)	107.127(8)
γ , °	66.2240(10)	90
V, Å ³	2997.78(12)	4021.9(19)
D _{calc} (g cm ⁻¹)	1.443	1.447
μ , cm ⁻¹	5.55	6
F(000)	1336	1792
2 θ _{max} , °	58	60
Reflections measured	40707	43067
Independent reflections	15881	11717
Observed reflections [$I > 2\sigma(I)$]	9234	8607
Parameters	805	506
R1	0.0693	0.0528
wR2	0.1876	0.1238
GOOF	1.031	1.089
$\Delta\rho_{\text{max}}/\Delta\rho_{\text{min}}$ (e Å ⁻³)	1.451/-0.580	0.597/-0.781

NMR spectroscopic characterization of Mn(I) cationic and anionic complexes

1, mer,trans- $[(P(OPh)_3)_2Mn(CO)_3H]$ in CD_3CN :

1H NMR (400.1 MHz, 293 K, CD_3CN): δ 7.34 (t, $^3J_{HH} = 7.8$ Hz, 12H, CH_{Ar}), 7.20 (t, $^3J_{HH} = 7.3$ Hz, 6H, CH_{Ar}), 7.12 (d, $^3J_{HH} = 8.0$ Hz, 12H, CH_{Ar}), -8.60 (t, $^2J_{PH} = 49.2$ Hz, 1H, Mn-H).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 293 K, CD_3CN): δ 183.3 (s)

1, mer,trans- $[(P(OPh)_3)_2Mn(CO)_3H]$ in toluene- d_8 :

1H NMR (400.1 MHz, 293 K, toluene- d_8): δ 7.17 (d, $^3J_{HH} = 8.0$ Hz, 12H, CH_{Ar}), 6.97 (t, $^3J_{HH} = 7.7$ Hz, 12H, CH_{Ar}), 6.83 (t, $^3J_{HH} = 7.4$ Hz, 6H, CH_{Ar}), -8.23 (t, $^2J_{PH} = 49.8$ Hz, 1H, Mn-H).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 293 K, toluene- d_8): δ 183.4 (s)

1⁻, $[(P(OPh)_3)_2Mn(CO)_3][HDBU]$ in CD_3CN :

1H NMR (400.1 MHz, 293 K, CD_3CN): δ 7.73-7.39 (m, 30H, CH_{Ar})

$^{31}P\{^1H\}$ NMR (162.0 MHz, 293 K, CD_3CN): δ 206.5 (s)

1⁺, $[(P(OPh)_3)_2Mn(CO)_3][HB(C_6F_5)_3]$ in toluene- d_8 :

1H NMR (400.1 MHz, 293 K, toluene- d_8): δ 6.80-6.94 (m, 30H, CH_{Ar})

$^{31}P\{^1H\}$ NMR (162.0 MHz, 293 K, toluene- d_8): δ 153.5 (s)

2, mer,trans- $[(PPh_3)_2Mn(CO)_3H]$ in CD_2Cl_2 :

1H NMR (400.1 MHz, 293 K, CD_2Cl_2): δ 7.54 (m, 12H, o- CH_{Ar}), 7.42 (br t, 18H, m- and p- CH_{Ar}), -7.38 (t, $^2J_{PH} = 27.4$ Hz, 1H, Mn-H).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 293 K, CD_2Cl_2): δ 80.5 (s).

2⁺, $[(PPh_3)_2Mn(CO)_3][HB(C_6F_5)_3]$:

1H NMR (400.1 MHz, 293 K, CD_2Cl_2): δ 7.55 – 7.42 (m, 30H, CH_{Ar}).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 293 K, CD_2Cl_2): δ 61.8 (br s).

3, fac-[$(dppm)Mn(CO)_3H$] in THF- d_8 :

1H NMR (400.1 MHz, 243 K, THF- d_8): δ 7.70 (br s, 4H, CH_{Ar}), 7.63 (br s, 4H, CH_{Ar}), 7.42 (br s, 12H, CH_{Ar}), 4.42 (td, $^2J_{HH} = 15.5$ Hz, $^2J_{PH} = 9.5$ Hz, $^4J_{HH} = 5.5$ Hz, 1H, PCH_2P), 4.07 (dt, $^2J_{HH} = 15.4$ Hz, $^2J_{PH} = 11.3$ Hz, 1H, PCH_2P), -5.53 (td, $^2J_{PH} = 44.0$ Hz, $^4J_{HH} = 5.5$ Hz, 1H, Mn-H).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 243 K, THF- d_8): δ 30.1 (s).

$^{13}C\{^1H\}$ NMR (100.6 MHz, 243 K, THF- d_8): δ 225.9 (t, $^2J_{CP} = 7.0$ Hz, Mn-CO), 222.7 (t, $^2J_{CP} = 13.2$ Hz, Mn-CO), 138.8 (vt, $J_{PC} = 24.4$ Hz, C_{ipso} PPh₂), 136.6 (vt, $J_{PC} = 16.0$ Hz, C_{ipso} PPh₂), 132.8–132.7 (m, CH_{Ar}), 131.2 (d, $J_{PC} = 5.4$ Hz, CH_{Ar}), 129.5 (vdt, $J_{PC} = 10.7$, 5.0 Hz, CH_{Ar}), 48.0 (t, $^1J_{CP} = 22.4$ Hz, PCH_2P).

3^{CH-}, fac-[$(CH^-dppm)Mn(CO)_3H$] in THF- d_8 :

1H NMR (400.1 MHz, 243 K, THF- d_8): δ 7.74 (br s, 4H, CH_{Ar}), 7.67 (br s, 4H, CH_{Ar}), 7.69–7.65 (m, 12H, CH_{Ar}), 1.95 (t, $^2J_{PH} = 5.0$ Hz, 1H, PCH^-P), -5.54 (t, $^2J_{PH} = 44.0$ Hz, 1H, Mn-H).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 243 K, THF- d_8): δ 10.9 (s).

$^{13}C\{^1H\}$ NMR (100.6 MHz, 243 K, THF- d_8): δ 231.8 (t, $^2J_{CP} = 7.1$ Hz, Mn-CO), 225.0 (t, $^2J_{CP} = 14.7$ Hz, Mn-CO), 150.0 (vt, $J_{PC} = 20.9$ Hz, C_{ipso} PPh₂), 149.0 (vt, $J_{PC} = 18.8$ Hz, C_{ipso} PPh₂), 132.1 (vt, $J_{PC} = 4.9$ Hz, CH_{Ar}), 131.7 (vt, $J_{PC} = 5.1$ Hz, CH_{Ar}), 127.6–127.5 (m, CH_{Ar}), 127.1 (s, CH_{Ar}), 20.8 (t, $^1J_{CP} = 51.4$ Hz, PCH^-P).

3, fac-[$(dppm)Mn(CO)_3H$] in CD_3CN :

1H NMR (400.1 MHz, 243 K, CD_3CN): δ 7.66–7.58 (m, 8H, CH_{Ar}), δ 7.44–7.40 (br s, 12H, CH_{Ar}), 4.61 (td, $^2J_{HH} = 15.6$ Hz, $^2J_{PH} = 11.2$ Hz, $^4J_{HH} = 5.6$ Hz, 1H, PCH_2P), 3.99 (dt, $^2J_{HH} = 15.6$ Hz, $^2J_{PH} = 11.5$ Hz, 1H, PCH_2P), -5.09 (td, $^2J_{PH} = 43.4$ Hz, $^4J_{HH} = 5.7$ Hz, 1H, Mn-H).

$^{31}P\{^1H\}$ NMR (162.0 MHz, 243 K, CD_3CN): δ 31.8 (s).

$^{13}C\{^1H\}$ NMR (100.6 MHz, 243 K, CD_3CN): δ 225.5 (t, $^2J_{CP} = 7.0$ Hz, Mn-CO), 222.8 (t, $^2J_{CP} = 15.2$ Hz, Mn-CO), 137.9 (vt, $J_{PC} = 24.6$ Hz, C_{ipso} PPh₂), 135.0 (vt, $J_{PC} = 16.7$ Hz, C_{ipso} PPh₂), 132.3 (vt, $J_{PC} = 5.8$ Hz, CH_{Ar}), 132.0 (vt, $J_{PC} = 5.6$ Hz, CH_{Ar}), 131.2 (d, $J_{PC} = 6.3$ Hz, CH_{Ar}), 129.6 (vdt, $J_{PC} = 10.5$, 4.9 Hz, CH_{Ar}), 48.0 (t, $^1J_{CP} = 23.0$ Hz, PCH_2P).

3^{Mn-}, *fac*-[(dppm)Mn(CO)₃](K) in CD₃CN:

¹H NMR (400.1 MHz, 293 K, THF-*d*₈): δ 7.64–7.59 (m, 8H, CH_{Ar}), 7.30–7.21 (m, 12H, CH_{Ar}).

³¹P{¹H} NMR (162.0 MHz, 243 K, THF-*d*₈): δ 29.9 (s).

¹³C{¹H} NMR (100.6 MHz, 243 K, THF-*d*₈): δ 245.7 (t, ²J_{CP} = 10.4 Hz, Mn–CO), 173.2 (s, C_{ipso} PPh₂), 144.6 (vt, J_{PC} = 12.9 Hz, C_{ipso} PPh₂), 131.7 (vt, J_{PC} = 5.9 Hz, CH_{Ar}), 128.7 (s, CH_{Ar}), 128.4 (vt, J_{PC} = 4.3 Hz, CH_{Ar}), 45.3 (t, ¹J_{CP} = 22.1 Hz, PCH₂P).

4, *fac*-[(P-NHC)Mn(CO)₃H]:

¹H NMR (300.1 MHz, 293 K, CD₂Cl₂): δ 7.75 (m, 2H, CH_{Ph}), 7.56 (m, 2H, CH_{Ph}), 7.26 (s, 1H, CH_{Im}), 7.45 (m, 6H, CH_{Ph}), 7.01 (s, 1H, CH_{Im}), 6.99 (s, 1H, CH_{Mes}), 6.87 (s, 1H, CH_{Mes}), 4.86 (dd, ²J_{HH} = 13.2 Hz, ²J_{PH} = 7.3 Hz, 1H, PCH₂), 4.45 (dd, ²J_{HH} = 13.2 Hz, ²J_{PH} = 3.6 Hz, 1H, PCH₂), 2.35 (s, 3H, CH_{3Mes}), 2.04 (s, 3H, CH_{3Mes}), 1.99 (s, 3H, CH_{3Mes}), –7.33 (d, ²J_{PH} = 53.4 Hz, Mn–H);

³¹P{¹H} NMR (162.0 MHz, 293 K, CD₂Cl₂): δ 95.8 (s).

4^{MeCN}, *fac*-[(P-NHC)Mn(CO)₃(MeCN)]⁺[BF₄]⁻:

¹H NMR (300.1 MHz, 293 K, CD₂Cl₂): 7.93 (s, 1H, CH_{Ph}), 7.64–7.56 (m, 9H, CH_{Ph} + 1H, CH_{Im}), 7.20 (s, 1H, CH_{Im}), 7.06 (s, 1H, CH_{Mes}), 7.05 (s, 1H, CH_{Mes}), 5.50 (dd, ²J_{HH} = 14.5, ²J_{PH} = 6.8 Hz, 1H, PCH₂), 5.00 (dd, ²J_{HH} = 15.0, ²J_{PH} = 5.3 Hz, 1H, PCH₂), 2.36 (s, 3H, CH_{3Mes}), 1.99 (s, 3H, CH_{3CN}–Mn), 1.93 (s, 3H, CH_{3Mes}), 1.69 (s, 3H, CH_{3Mes}).

³¹P{¹H} NMR (162.0 MHz, 293 K, CD₂Cl₂): δ 77.5 (s).

4a, *fac*-[(P-NHC)Mn(CO)₃(CD₂Cl₂)]⁺[HB(C₆F₅)₃]:

¹H NMR (300.1 MHz, 293 K, CD₂Cl₂): δ 7.66 (s, 1H, CH_{Ph}), 7.51 (m, 2H, CH_{Ph} + CH_{Im}), 7.39–7.43 (m, 3H, CH_{Ph}), 7.23 (2H, CH_{Ph}), 7.17 (2H, CH_{Ph}), 7.14 (s, 1H, CH_{Im}), (7.05 (s, 1H, CH_{Mes}), 7.02 (s, 1H, CH_{Mes}), 5.07 (dd, ²J_{HH} = 14.0, ²J_{PH} = 5.1 Hz, 1H, PCH₂), 4.94 (dd, ²J_{HH} = 14.1, ²J_{PH} = 6.6 Hz, 1H, PCH₂), 2.37 (s, 3H, CH_{3Mes}), 1.97 (s, 3H, CH_{3Mes}), 1.79 (s, 3H, CH_{3Mes}).

³¹P{¹H} NMR (162.0 MHz, 293 K, CD₂Cl₂): δ 78.1 (s).

4b, *fac*-[(P-NHC)Mn(CO)₃]⁺[HB(C₆F₅)₃]:

¹H NMR (300.1 MHz, 293 K, CD₂Cl₂): δ 7.87–7.81 (m, 2H, CH_{Ph}), 7.51 (m, 3H, CH_{Ph} + CH_{Im}), 7.36 (3H, CH_{Ph}), 7.25 (2H, CH_{Ph}), 7.15 (1H, CH_{Ph}), 7.02 (s, 1H, CH_{Im}), 6.98 (s, 1H, CH_{Mes}), 6.94 (s, 1H, CH_{Mes}), 5.48 (vt, ²J_{HH} = 14.4 Hz, ²J_{PH} = 13.7 Hz, 1H, PCH₂), 4.99 (d, ²J_{HH} = 14.4 Hz, 1H, PCH₂), 2.30 (s, 3H, CH_{3Mes}), 1.92 (s, 3H, CH_{3Mes}), 1.76 (s, 3H, CH_{3Mes}).

³¹P{¹H} NMR (162.0 MHz, 293 K, CD₂Cl₂): δ 71.1 (s).

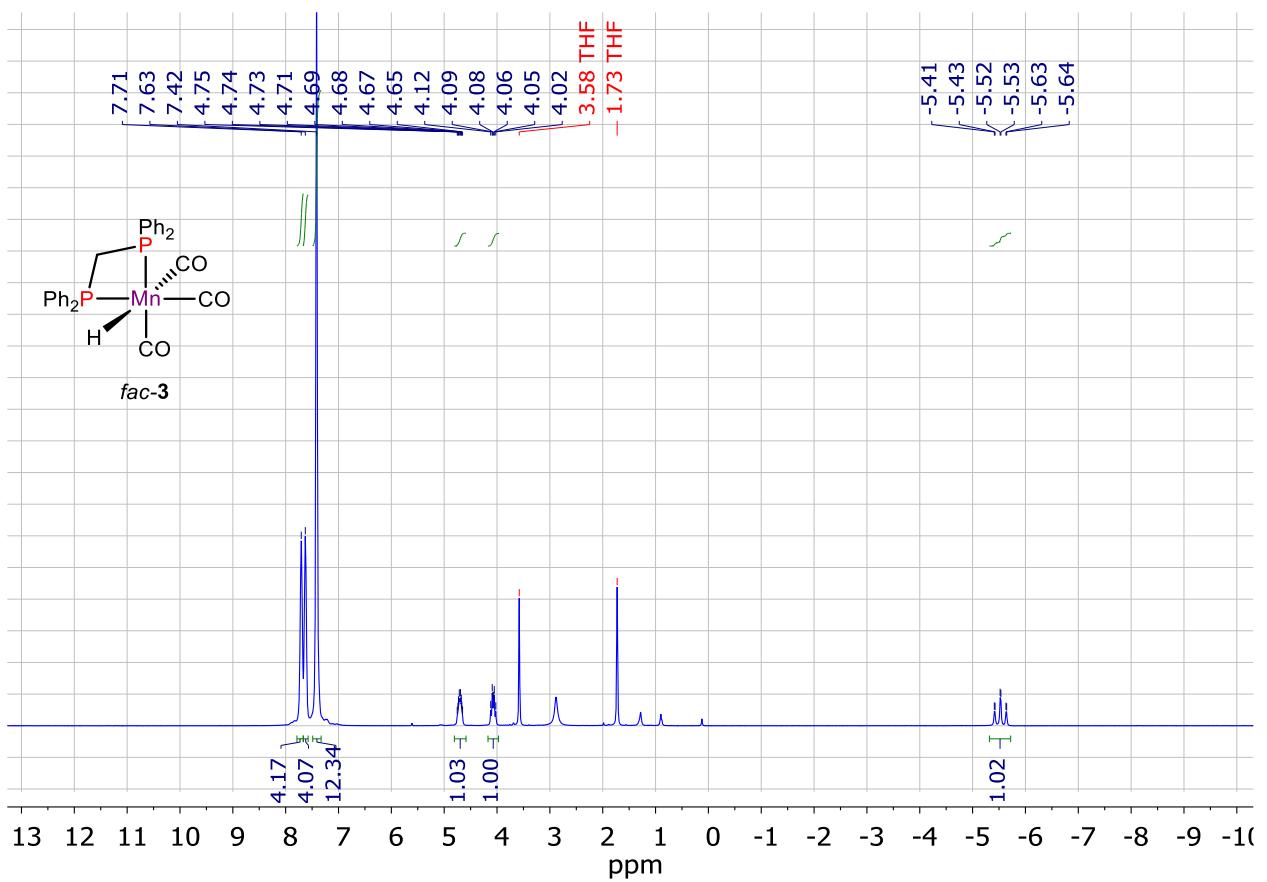


Figure S14. ^1H NMR spectrum of complex *fac*-3 (400.1 MHz, $\text{THF}-d_8$, 298 K).

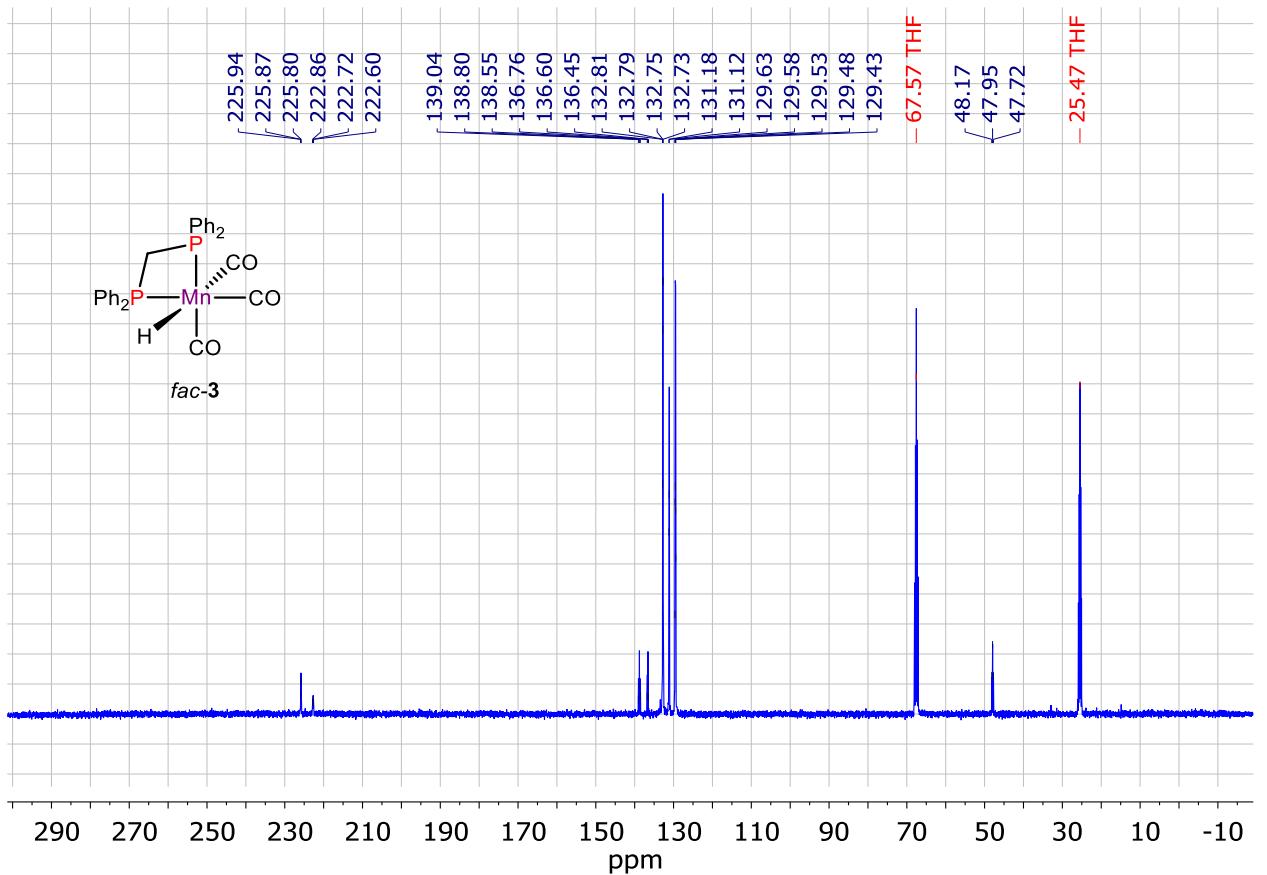


Figure S15. ^{13}C NMR spectrum of complex *fac*-3 (150.9 MHz, $\text{THF}-d_8$, 298 K).

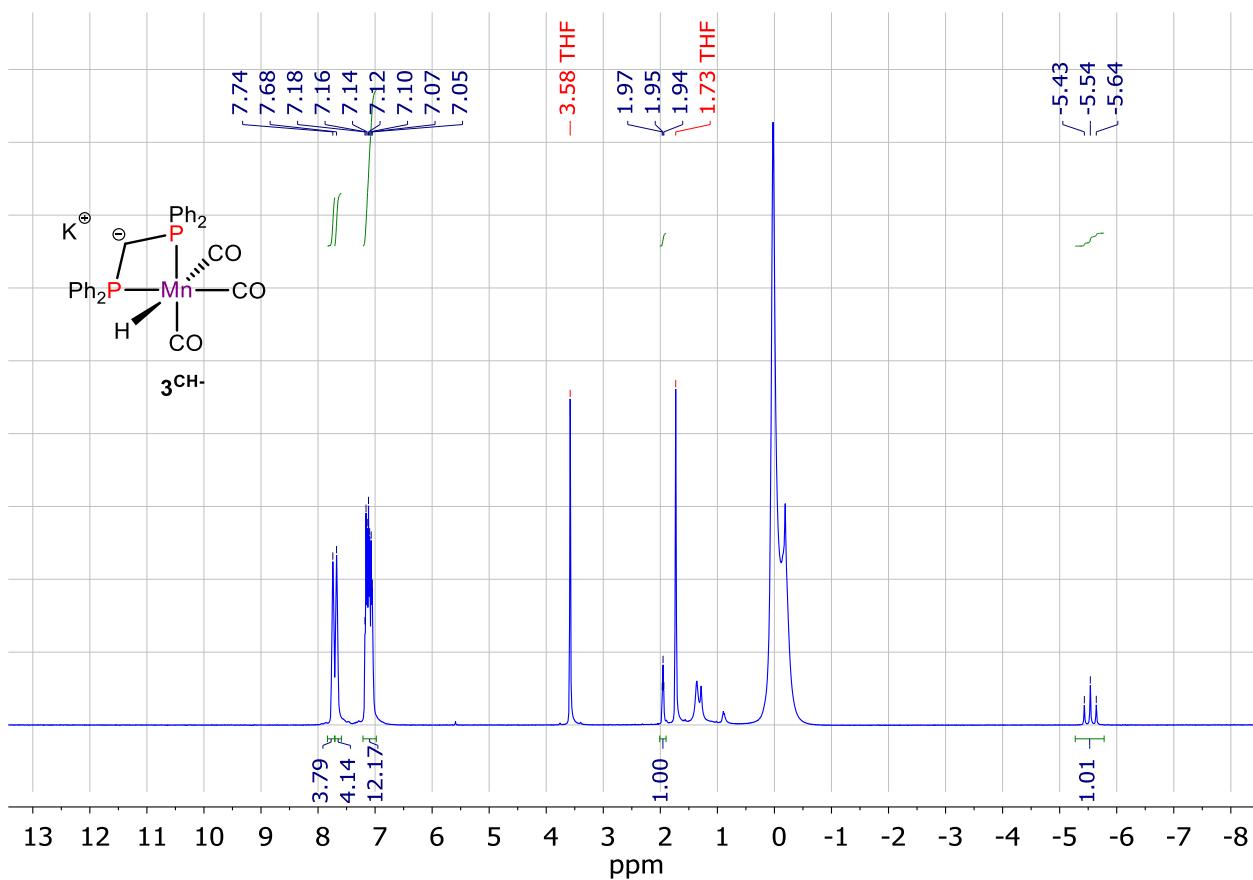


Figure S16. ^1H NMR spectrum of complex $3^{\text{CH}-}$ (400.1 MHz, $\text{THF-}d_8$, 243 K).

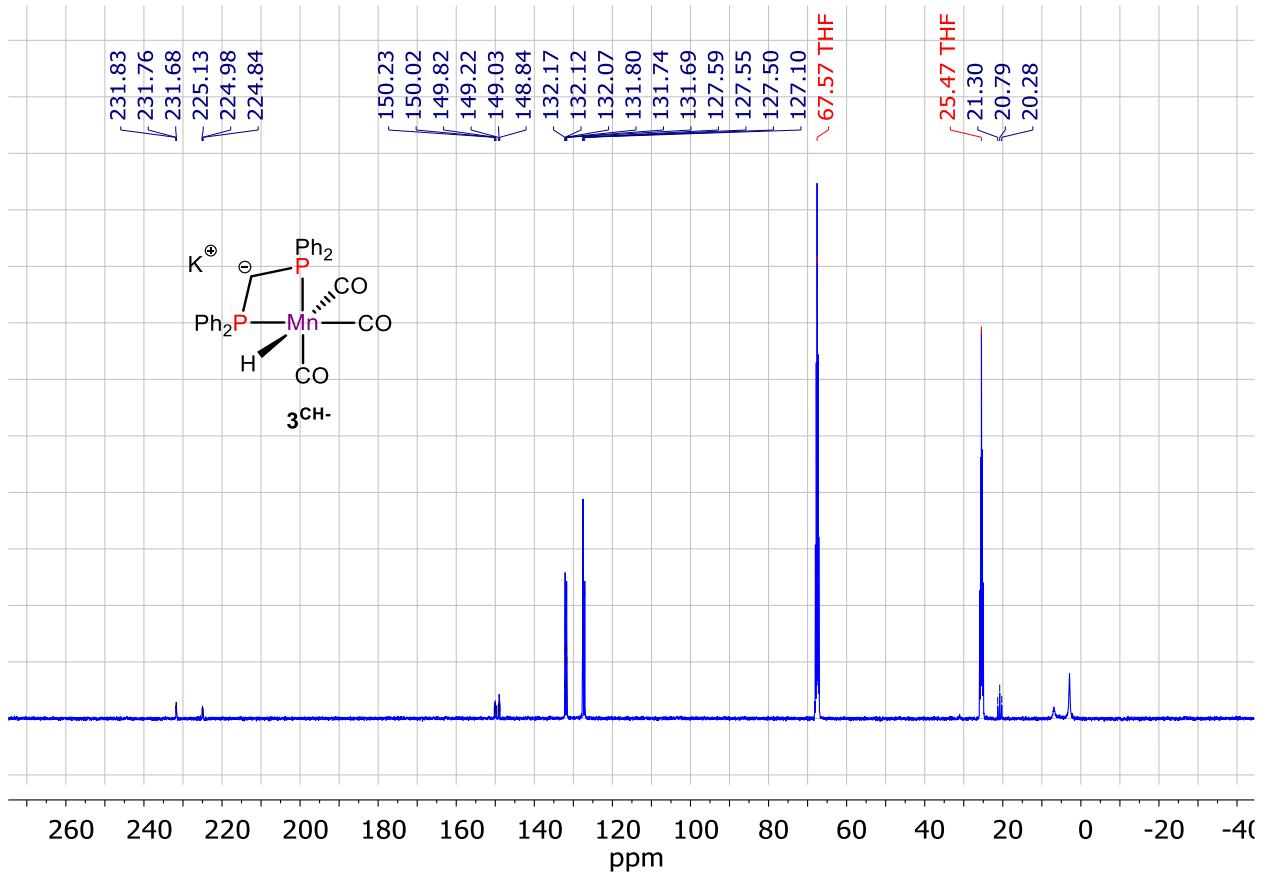


Figure S17. ^{13}C NMR spectrum of complex $fac-3^{\text{CH}-}$ (150.9 MHz, $\text{THF-}d_8$, 243 K).

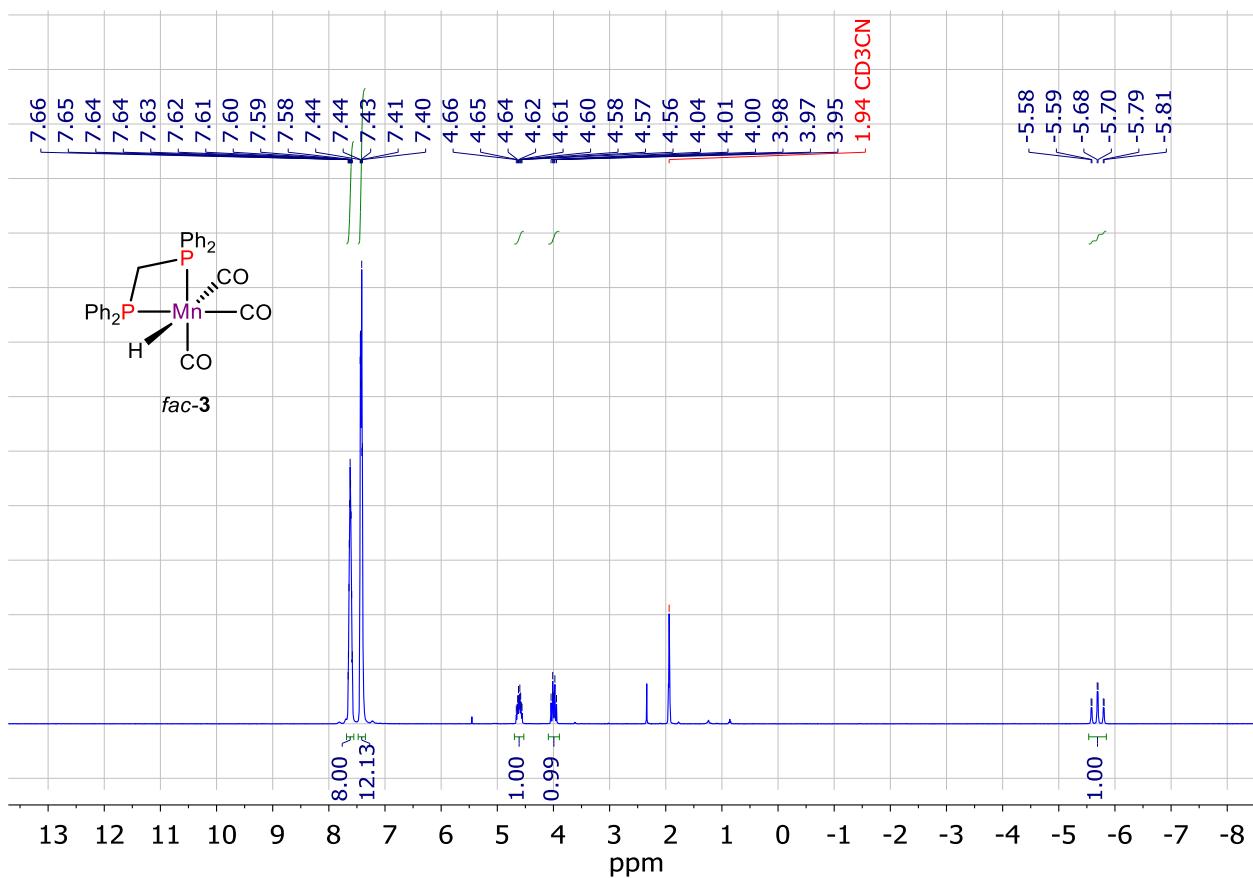


Figure S18. ¹H NMR spectrum of complex **3** (400.1 MHz, CD₃CN, 298 K).

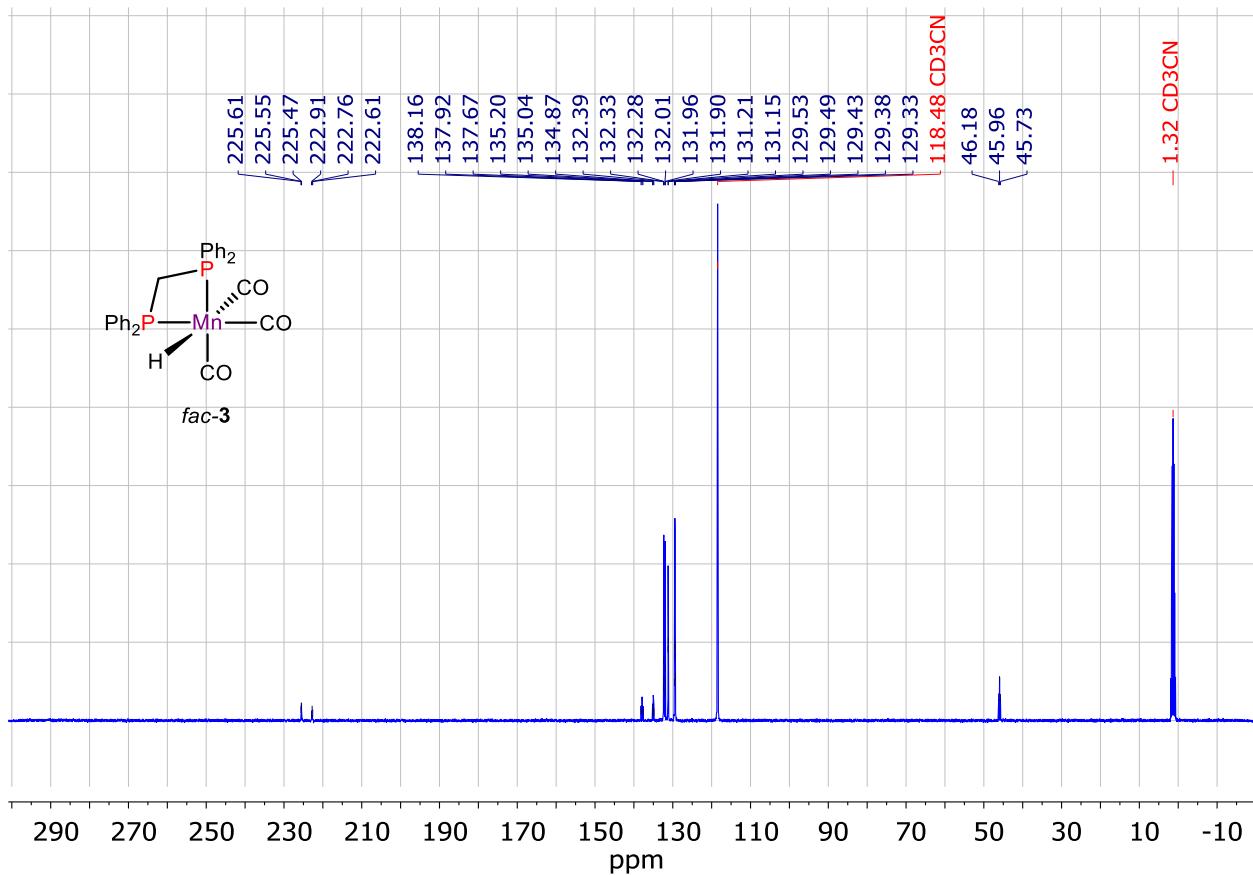


Figure S19. ¹³C NMR spectrum of complex *fac*-**3** (150.9 MHz, CD₃CN, 298 K).

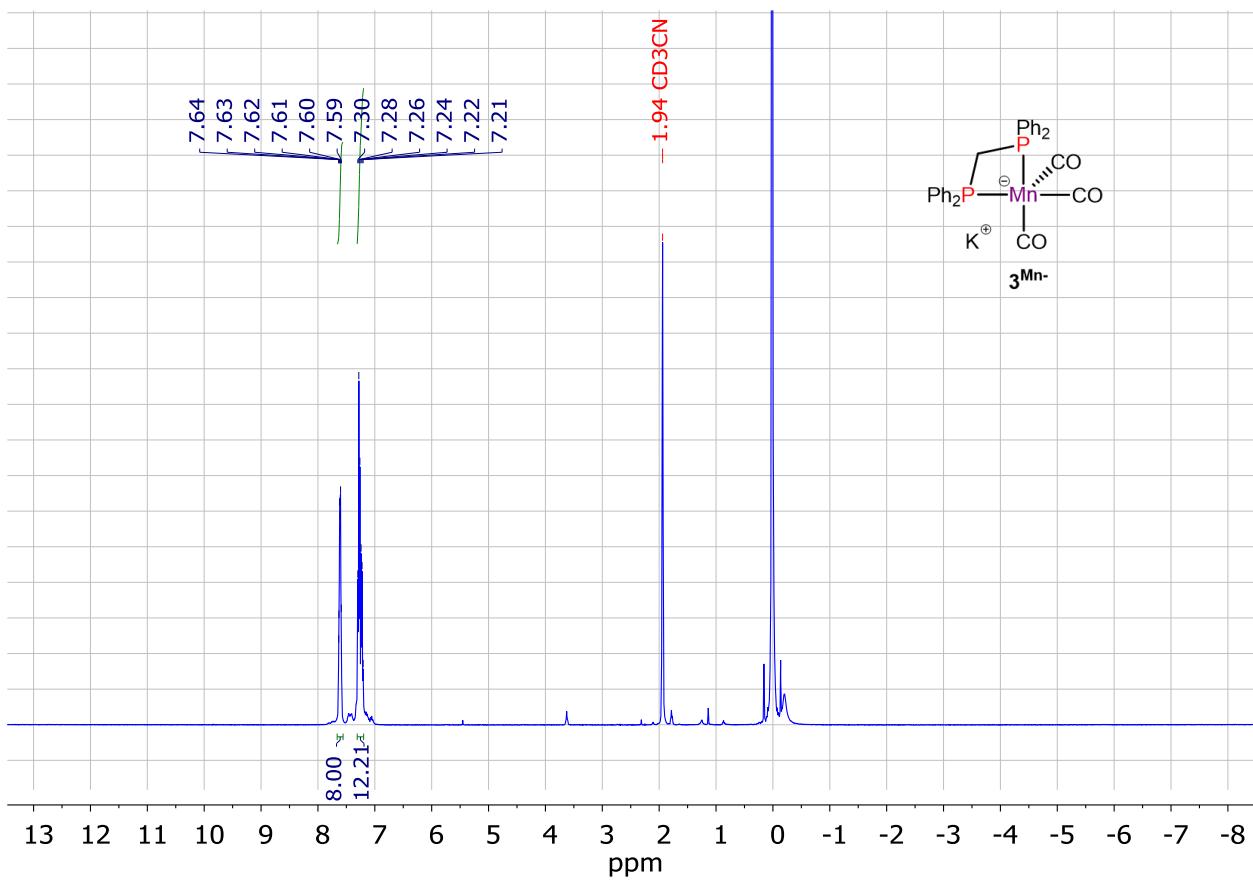


Figure S20. ^1H NMR spectrum of complex $\mathbf{3}^{\text{Mn}-}$ (400.1 MHz, CD_3CN , 263 K).

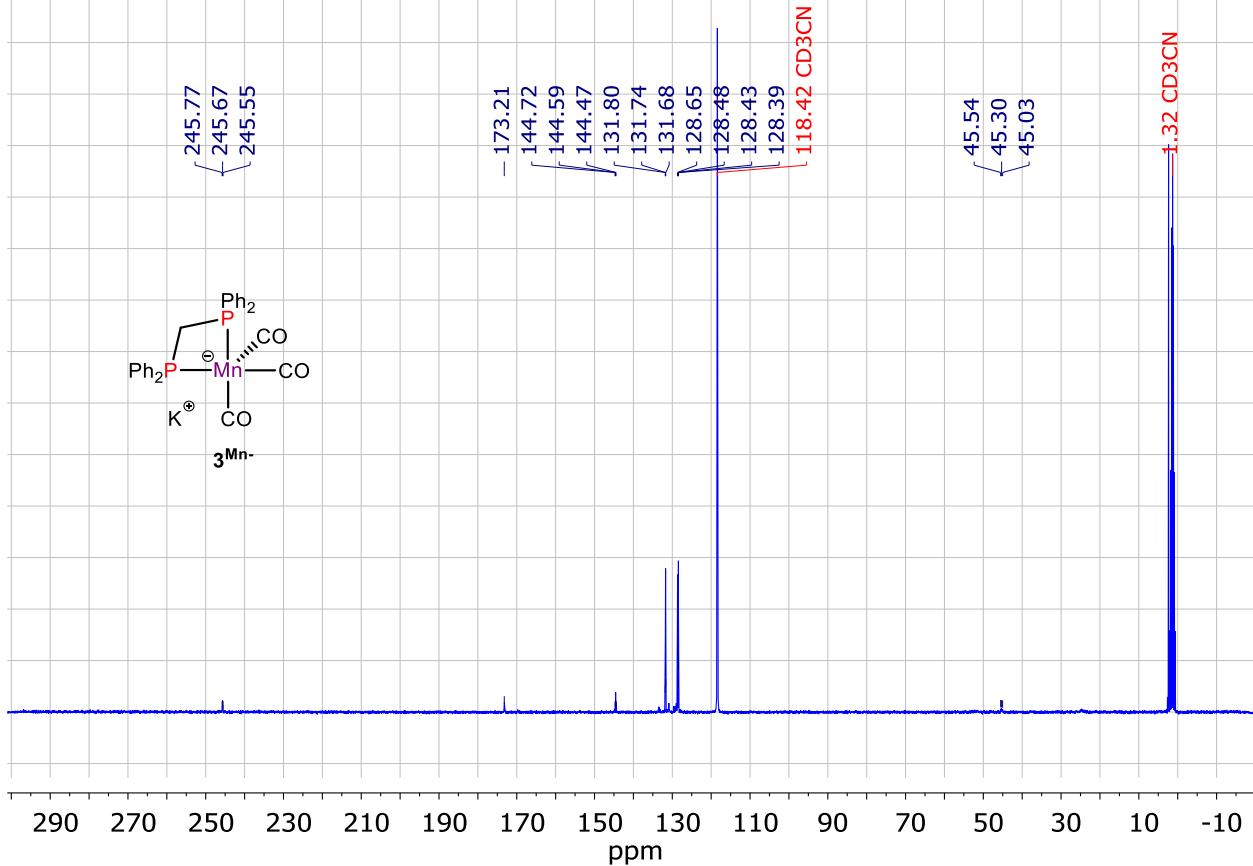


Figure S21. ^{13}C NMR spectrum of complex $\mathbf{3}^{\text{Mn}-}$ (150.9 MHz, CD_3CN , 263 K).

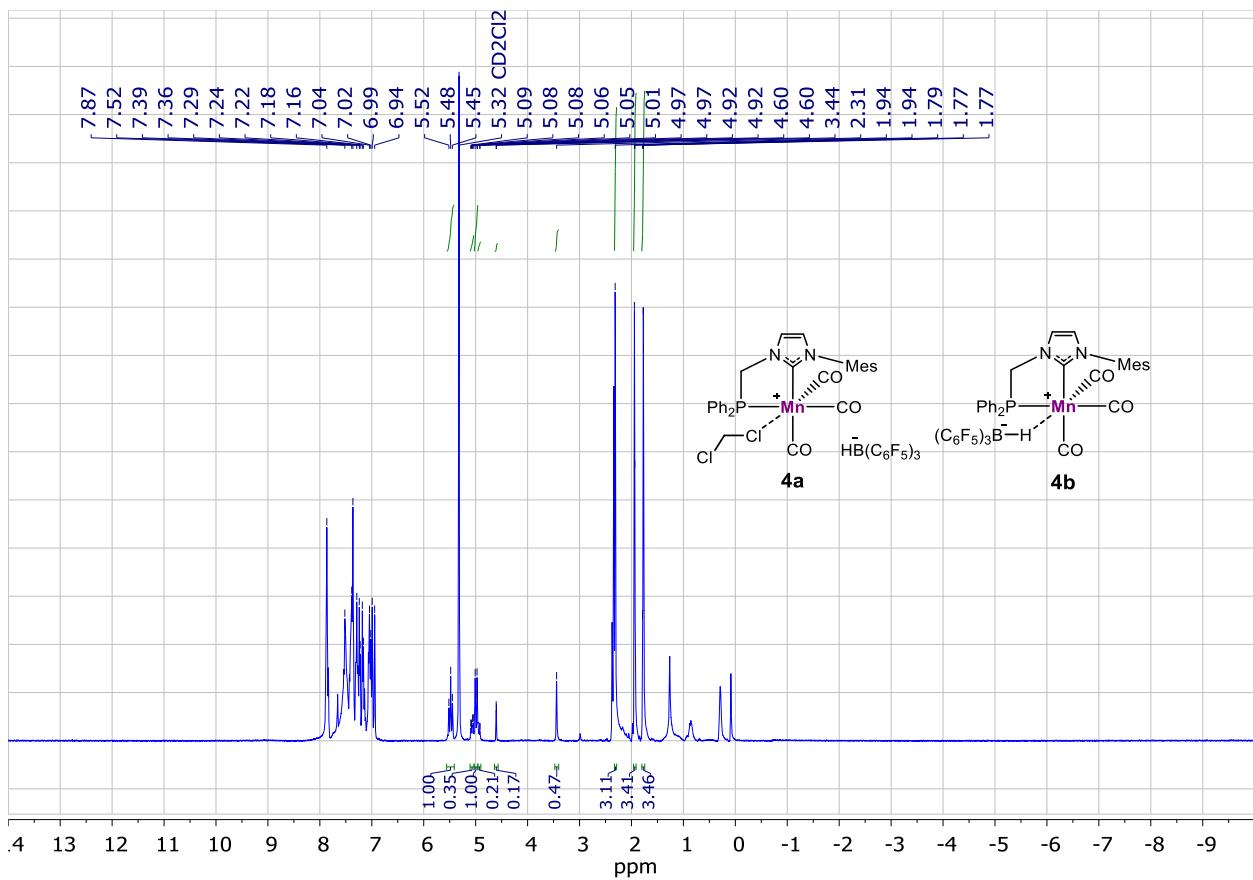


Figure S22. ^1H NMR spectrum of mixture *fac*-**4a** and *fac*-**4b** (400.1 MHz, CD_2Cl_2 , 298 K).

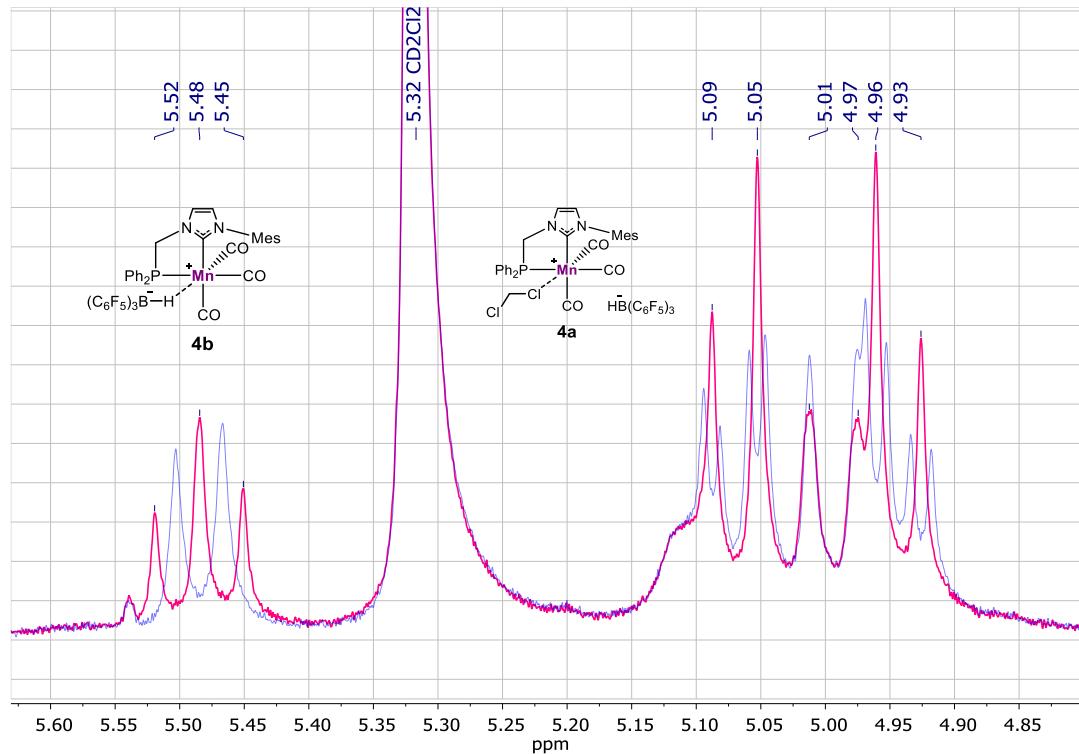


Figure S23. $^1\text{H}\{^{31}\text{P}\}$ NMR spectra of mixture *fac*-**4a** and *fac*-**4b** with selectively decoupled δ_{P} 78.1 ppm (blue line) and with selectively decoupled δ_{P} 71.1 ppm (pink line) (400.1 MHz, CD_2Cl_2 , 298 K).

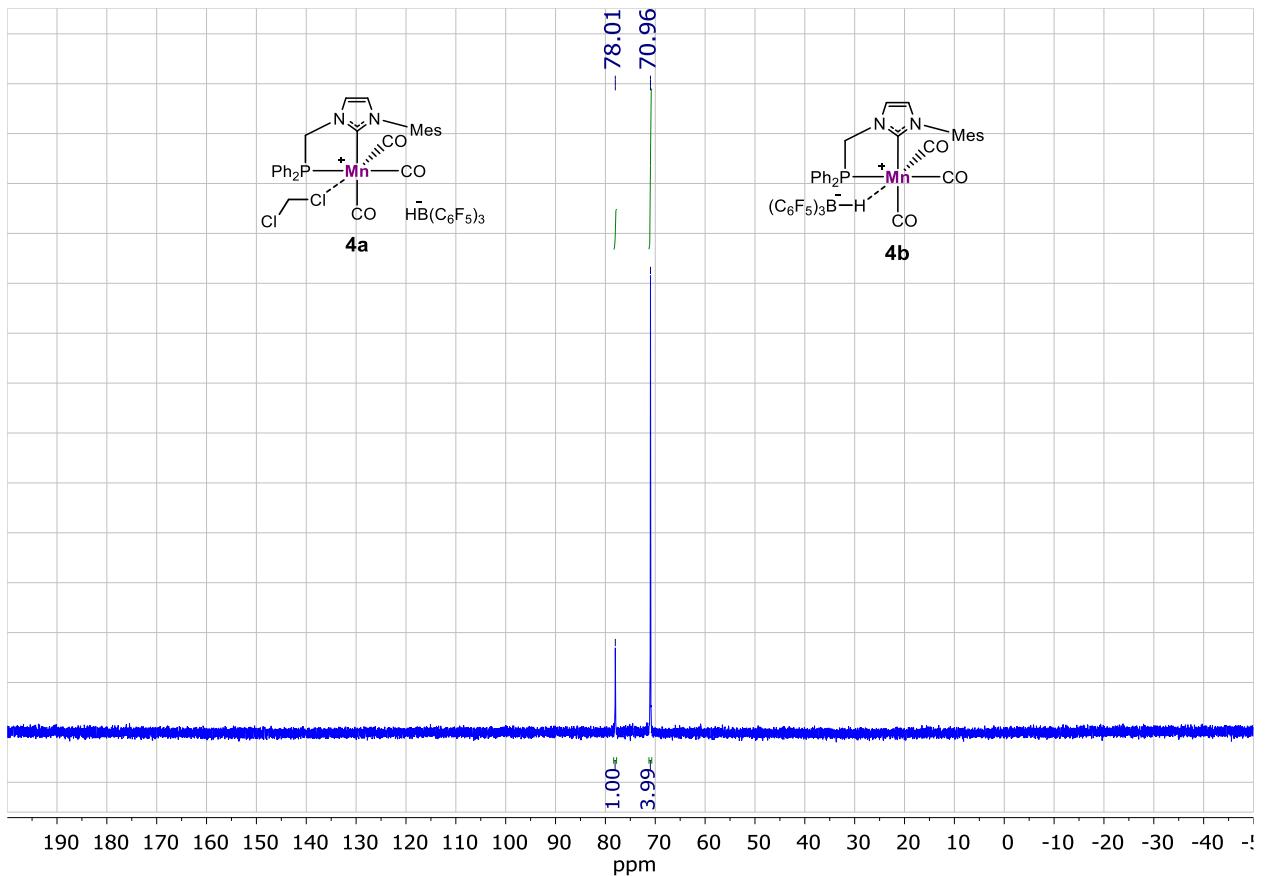


Figure S24. $^{31}\text{P}\{\text{H}\}$ NMR spectrum of mixture **fac-4a** and **fac-4b** (162.0 MHz, CD_2Cl_2 , 298 K).

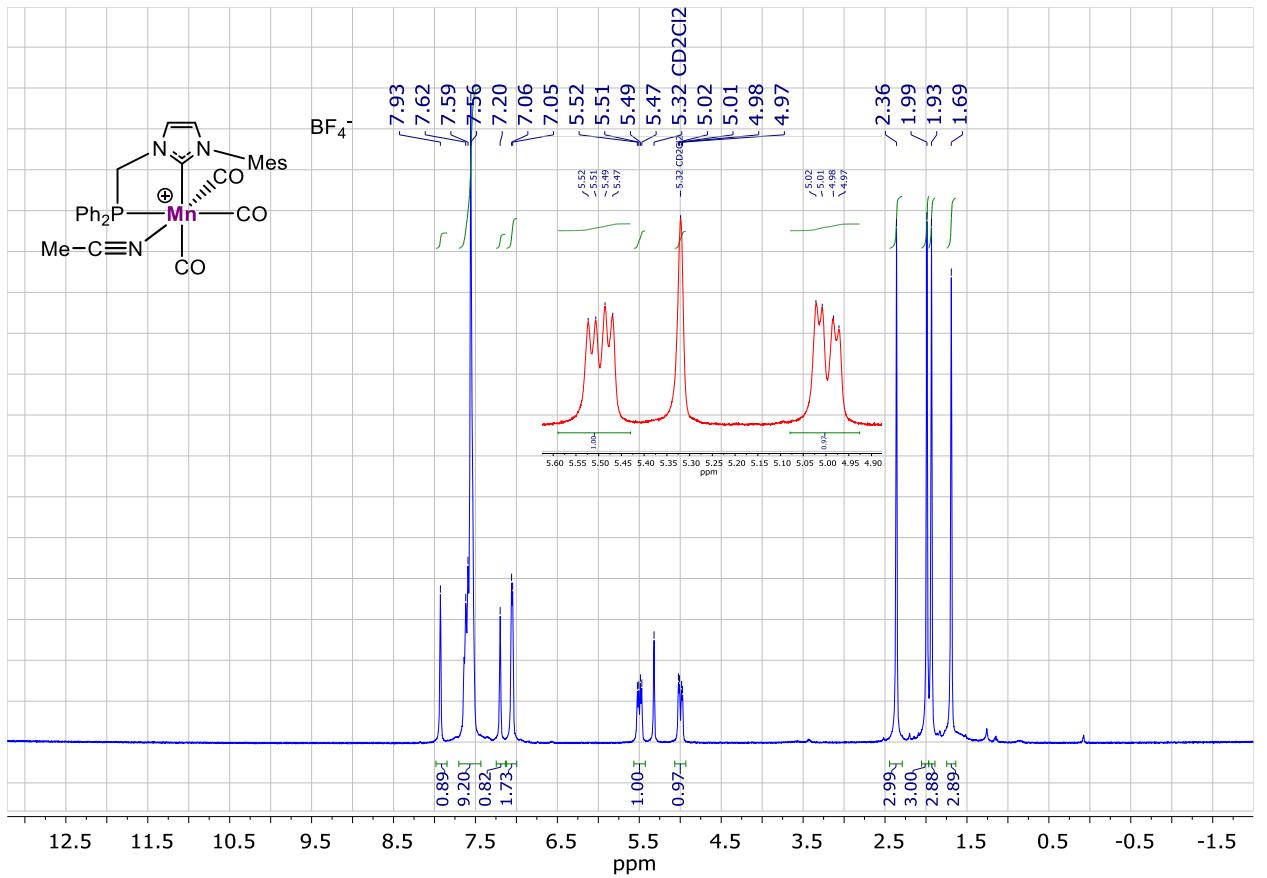


Figure S25. ^1H NMR spectrum of complex **4**^{MeCN} (400.1 MHz, CD_2Cl_2 , 298 K).

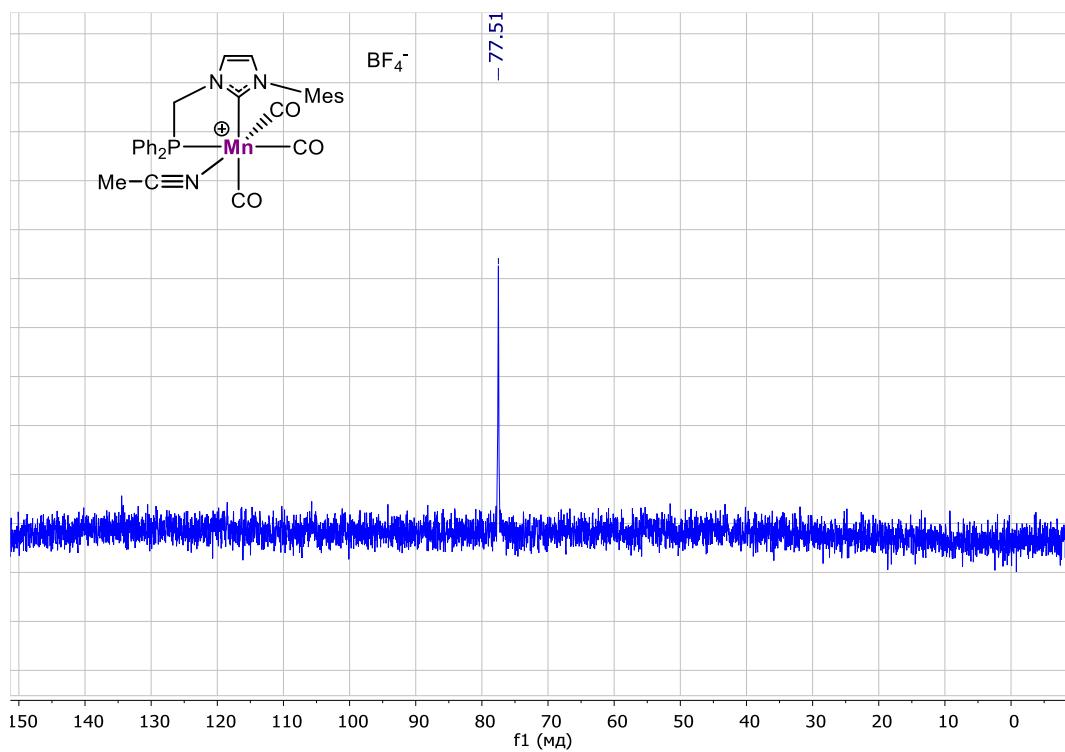


Figure S26. $^{31}\text{P}\{\text{H}\}$ NMR spectrum of complex $\mathbf{4}^{\text{MeCN}}$ (162.0 MHz, C_6D_6 , 298 K).