

Figure S1. ^1H NMR (500 MHz, CD_3OD) spectrum of urolithin M5.

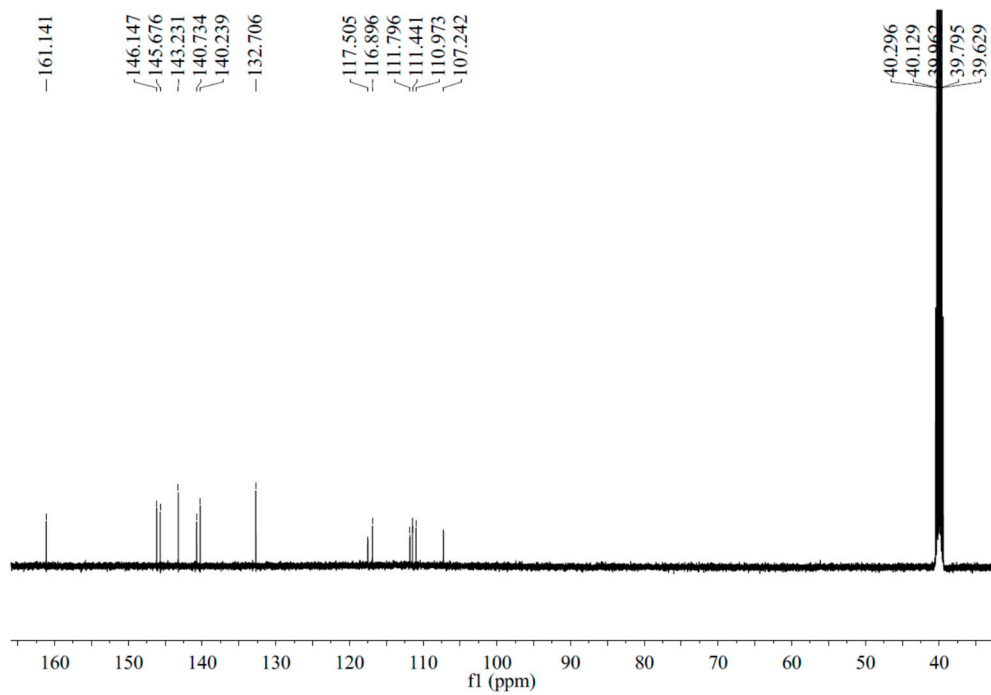


Figure S2. ^{13}C NMR (125 MHz, CD_3OD) spectrum of urolithin M5.

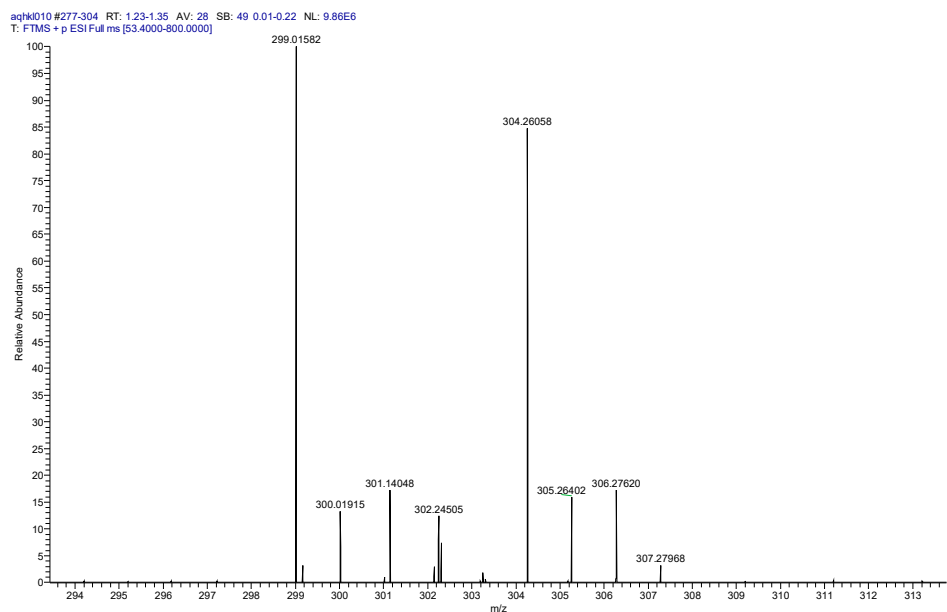


Figure S3. HRESIMS spectrum of urolithin M5.

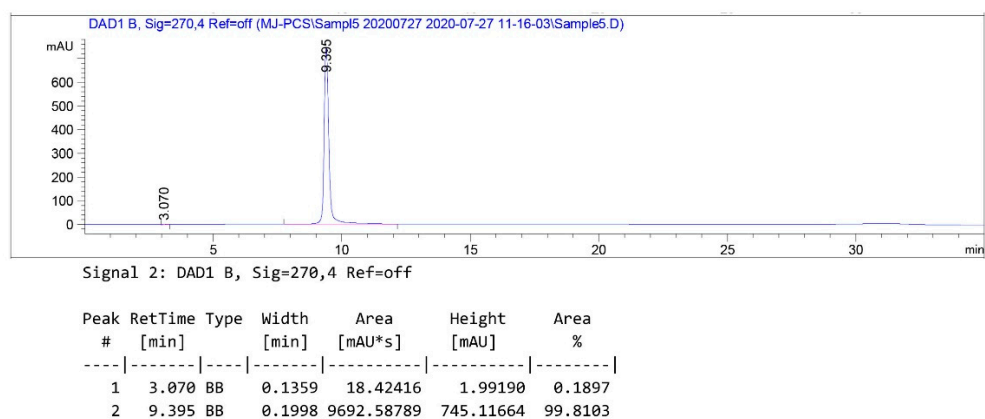


Figure S4. HPLC spectrum of urolithin M5.

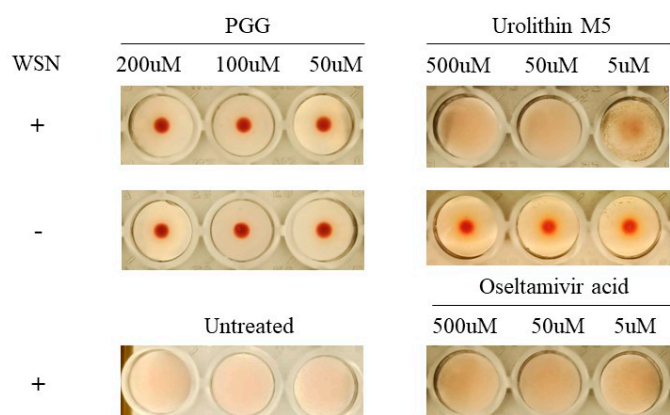


Figure S5. Hemagglutination inhibitory assay of urolithin M5.