

Article

Naturally Available Flavonoid Aglycones as Potential Antiviral Drug Candidates against SARS-CoV-2

Ahmed A. Al-Karmalawy ^{1,*},[†] , Mai M. Farid ^{2,†}, Ahmed Mostafa ³ , Alia Y. Ragheb ², Sara H. Mahmoud ³, Mahmoud Shehata ^{3,4} , Noura M. Abo Shama ³, Mohamed GabAllah ³, Gomaa Mostafa-Hedeab ^{5,6} and Mona M. Marzouk ² 

¹ Department of Pharmaceutical Medicinal Chemistry, Faculty of Pharmacy, Horus University-Egypt, New Damietta 34518, Egypt

² Department of Phytochemistry and Plant Systematics, National Research Centre, 33 El Bohouth St., Dokki, Giza 12622, Egypt; mainscience2000@gmail.com (M.M.F.); aliyassin81@yahoo.com (A.Y.R.); monakhilil66@hotmail.com (M.M.M.)

³ Center of Scientific Excellence for Influenza Virus, Environmental Research Division, National Research Centre, 33 El Bohouth St., Dokki, Giza 12622, Egypt; ahmed_elsayed@daad-alumni.de (A.M.); sarahusseini9@yahoo.com (S.H.M.); shehata_mmm@hotmail.com (M.S.); noura.mahrous1995@gmail.com (N.M.A.S.); gaballah09@gmail.com (M.G.)

⁴ Institute of Medical Virology, Justus Liebig University Giessen, 35392 Giessen, Germany

⁵ Pharmacology Department & Health Research Unit, Medical College, Jouf University, Skaka 11564, Saudi Arabia; gomaa@ju.edu.sa

⁶ Pharmacology Department, Medical College, Beni-Suef University, Beni-Suef 62521, Egypt

* Correspondence: akarmalawy@horus.edu.eg; Tel.: +20-10-9214-7330

† These authors equally contributed to this work.



Citation: Al-Karmalawy, A.A.; Farid, M.M.; Mostafa, A.; Ragheb, A.Y.; H. Mahmoud, S.; Shehata, M.; Shama, N.M.A.; GabAllah, M.; Mostafa-Hedeab, G.; Marzouk, M.M. Naturally Available Flavonoid Aglycones as Potential Antiviral Drug Candidates against SARS-CoV-2. *Molecules* **2021**, *26*, 6559. <https://doi.org/10.3390/molecules26216559>

Academic Editor: Su-Jane Wang

Received: 7 October 2021

Accepted: 27 October 2021

Published: 29 October 2021

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

Abstract: Flavonoids are important secondary plant metabolites that have been studied for a long time for their therapeutic potential in inflammatory diseases because of their cytokine-modulatory effects. Five flavonoid aglycones were isolated and identified from the hydrolyzed aqueous methanol extracts of *Anastatica hierochuntica* L., *Citrus reticulata* Blanco, and *Kickxia aegyptiaca* (L.) Nabelek. They were identified as taxifolin (**1**), pectolinarigenin (**2**), tangeretin (**3**), gardenin B (**4**), and hispidulin (**5**). These structures were elucidated based on chromatographic and spectral analysis. In this study, molecular docking studies were carried out for the isolated and identified compounds against SARS-CoV-2 main protease (Mpro) compared to the co-crystallized inhibitor of SARS-CoV-2 Mpro (α -ketoamide inhibitor (**KI**), $IC_{50} = 66.72 \mu\text{g/mL}$) as a reference standard. Moreover, *in vitro* screening against SARS-CoV-2 was evaluated. Compounds **2** and **3** showed the highest virus inhibition with IC_{50} 12.4 and 2.5 $\mu\text{g/mL}$, respectively. Our findings recommend further advanced *in vitro* and *in vivo* studies of the examined isolated flavonoids, especially pectolinarigenin (**2**), tangeretin (**3**), and gardenin B (**4**), either alone or in combination with each other to identify a promising lead to target SARS-CoV-2 effectively. This is the first report of the activity of these compounds against SARS-CoV-2.

Keywords: *Anastatica hierochuntica*; *Citrus reticulata*; *Kickxia aegyptiaca*; flavonoid aglycones; molecular docking; SARS-CoV-2; *in vitro* screening

1. Introduction

Severe Acute Respiratory Syndrome Coronavirus-2 (SARS-CoV-2) represents an evolving global threat worldwide; its infection is characterized by acute respiratory symptoms, such as fever, dry cough, and shortness of breath with an incubation period of about 5 days (average 2–14 days) [1]. By 19 October 2021, 194 vaccines are in the pre-clinical phase and 127 candidate vaccines are in clinical progress (WHO, Vaccine tracker, and landscape) [2]. Currently, different types of vaccines are approved for use in many countries, such as Sanofi–GSK, BioNTech–Pfizer, Curevac, AstraZeneca (The University of Oxford), Moderna, and Johnson & Johnson [3]. However, vaccines are a prophylactic approach

and cannot be implemented for treatment, especially in pandemic situations [4]. Furthermore, the search for new therapeutic drugs from safe natural sources is crucial during pandemics [2,5–13]. Several naturally existing bioactive compounds were reported to behave as antiviral agents [14–16]. Flavonoids demonstrated antiviral and immunomodulatory activities against coronaviruses [17]. Therefore, the antiviral properties of flavonoids might also be applicable in the current COVID-19 pandemic. The antiviral activity of some flavonoids against coronaviruses (CoVs) is recognized by inhibiting 3C-like protease (3CLpro), which is capable of blocking the enzymatic activity of SARS-CoV 3CLpro [18].

The SARS-CoV-2 main protease (Mpro) enzyme plays an important role in the synthesis of viral functional proteins from its basic polypeptides [19–21]. Therefore, it seems to be responsible for both viral transcription and replication [22,23]. Based on the given facts, it is recommended to target the SARS-CoV-2 Mpro enzyme to obtain a fast and promising lead to solve the COVID-19 pandemic situation as soon as possible [24–26].

One of the most important methods for drug discovery processes nowadays is computational drug design [27,28]. Molecular docking studies assist scientists greatly to discover new drugs in a fast-track manner [29–32]. Moreover, molecular dynamic simulations confirm the results of molecular docking, especially in absence of *in vitro* studies [6,20]. Previous computational studies have revealed that taxifolin could be a potential inhibitor against the SARS-CoV-2 Mpro enzyme [33]. Moreover, tangeretin showed potential for the treatment and prevention of COVID-19 [34], while, hispidulin showed a better binding affinity to Mpro of SARS-CoV-2 and ACE2 receptor than hydroxychloroquine and could be used as a therapeutic candidate against COVID-19 [35]. No studies, either computational or *in vitro*, were reported for the compounds pectolarigenin and gardenin B regarding their effects on SARS-CoV-2. Therefore, we take the responsibility for their investigations.

As an extension to our research targeting the SARS-CoV-2 Mpro enzyme [36–39], we examined the anti-SARS-CoV-2 activities of the five isolated flavonoids (1–5) and suggest their mechanism of action using molecular docking as SARS-CoV-2 Mpro inhibitors in addition to their *in vitro* evaluation.

2. Results and Discussion

2.1. Identification of the Isolated Compounds

The chemical investigation of three investigated plant extracts led to the isolation of five major flavonoid aglycones (1–5). Taxifolin (1) and pectolarigenin (2) were obtained from *A. hierochuntica* and *K. aegyptiaca*, respectively, whereas the citrus peel extract afforded three methoxylated flavonoid aglycones—tangeretin (3), gardenin B (4), and hispidulin (5). Their chemical structures are shown in Figure 1.

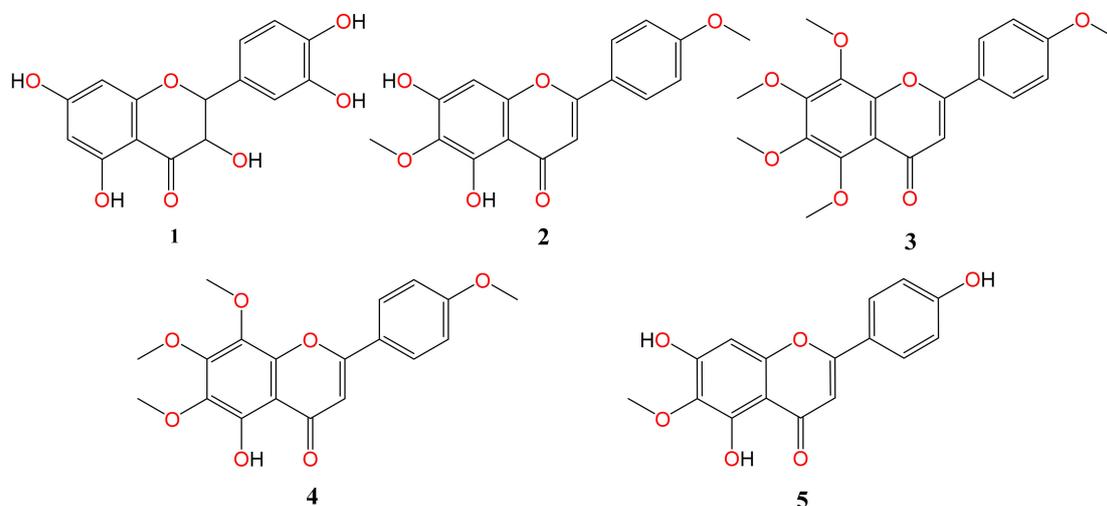


Figure 1. The chemical structures of the isolated flavonoid compounds.

2.2. Docking Studies

The study of the binding mode of the co-crystallized α -ketoamide inhibitor (**KI**) of the isolated dimer form of the SARS-CoV-2 Mpro showed an asymmetric binding. Moreover, the molecular docking of the α -ketoamide inhibitor (**KI**) was conducted in addition to the isolated and identified flavonoids, namely taxifolin (**1**), pectolinarigenin (**2**), tangeretin (**3**), gardenin B (**4**), and hispidulin (**5**) against SARS-CoV-2 Mpro. The binding scores for the docked compounds were found to be in the following order: redocked **KI** > tangeretin (**3**) > taxifolin (**1**) > gardenin B (**4**) > hispidulin (**5**) > pectolinarigenin (**2**). Their binding scores were near to each other (from -6.61 to -5.74 kcal/mol) compared to that of the docked co-crystallized α -ketoamide inhibitor (-8.17 kcal/mol), with promising binding interactions with the pocket amino acids (Table 1).

Table 1. The binding scores and interactions of the docked **KI** in addition to the five examined flavonoids (**1–5**) inside the SARS-CoV-2 Mpro pocket.

No.	Isolated Compound	S ^a	RMSD ^b	Interactions	Distance (Å)
KI	α -Ketoamide inhibitor	-8.17	1.64	Glu166/H-donor	2.89
				Glu166/H-acceptor	3.10
				Glu166/H-donor	3.42
				Gly143/pi-H	3.70
1	Taxifolin	-6.50	1.58	Arg188/H-donor	2.85
				Glu166/H-donor	3.16
				Cys145/H-donor	3.60
				His41/H-pi	3.44
2	Pectolinarigenin	-5.74	1.72	Glu166/pi-H	4.19
				Met165/pi-H	4.47
3	Tangeretin	-6.61	1.17	Glu166/pi-H	4.09
				Glu166/pi-H	4.19
4	Gardenin B	-6.48	0.74	Glu166/pi-H	4.10
				Glu166/pi-H	4.28
5	Hispidulin	-5.85	1.14	His41/H-pi	3.83
				Glu166/pi-H	3.87
				His41/pi-H	4.32

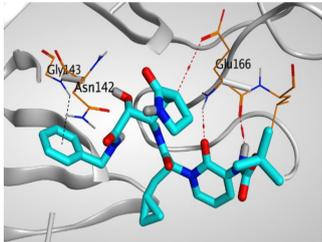
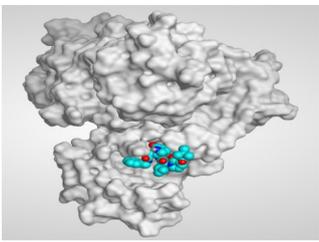
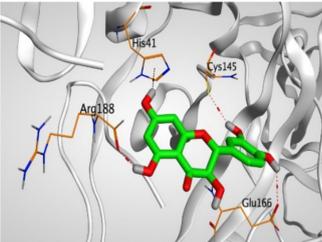
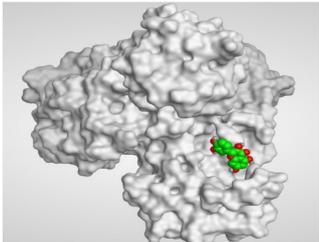
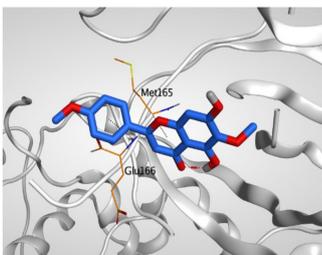
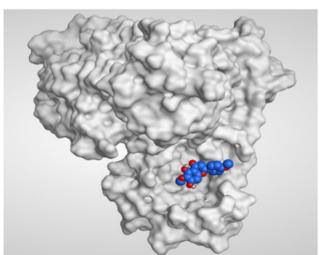
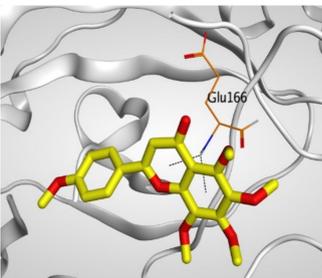
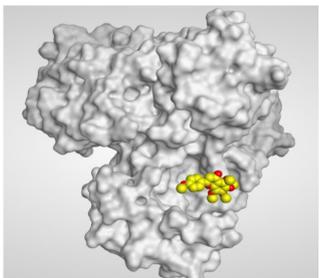
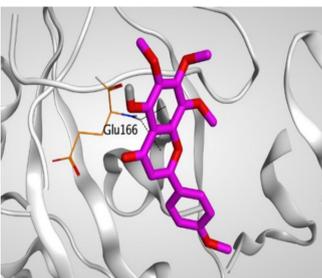
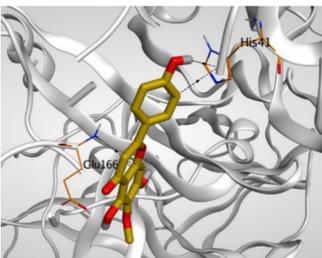
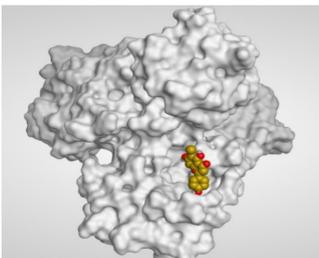
^a S: Score of a docked compound inside the docking site (kcal/mol). ^b RMSD: Root mean squared deviation between the obtained pose compared to the native one.

Regarding the docking results depicted in Table 1, it is worth mentioning that tangeretin (**3**) showed the best binding score among all isolates (-6.61 kcal/mol) compared to the docked co-crystallized native Mpro inhibitor (**KI**, -8.17 kcal/mol). Tangeretin (**3**) was stabilized inside the Mpro pocket of SARS-CoV-2 through the formation of 2 pi-H bonds with Glu166 amino acid at 4.09 and 4.19 Å. Furthermore, the docked **KI** formed 3 H-bonds with Glu166 amino acid at 2.89, 3.10, and 3.42 Å. It also formed 1 pi-H bond with Gly143 amino acid at 3.70 Å (Tables 1 and 2).

It is evident that the Glu166 amino acid seems to be very crucial for SARS-CoV-2 Mpro pocket binding and inhibition.

From Tables 1 and 2 it can be observed that the docking results of the isolated and identified five flavonoids from the aerial parts of *A. hierochuntica* and *K. aegyptiaca* and the citrus peel of *C. reticulata* fruits, namely taxifolin (**1**), pectolinarigenin (**2**), tangeretin (**3**), gardenin B (**4**), and hispidulin (**5**), examined against SARS-CoV-2 Mpro and compared to the docked **KI**, give us a clear promising idea towards their binding affinities, which indicates, subsequently, their expected intrinsic activities as well their importance to combat the SARS-CoV-2 pandemic.

Table 2. 3D pictures showing the receptor interactions and positioning between the docked KI in addition to the five examined flavonoids (1–5) inside the binding site of SARS-CoV-2 Mpro.

Isolated Comp.	3D Binding	3D Positioning
α-Ketoamide Inhibitor (KI)		
Taxifolin (1)		
Pectolinarigenin (2)		
Tangeretin (3)		
Gardenin B (4)		
Hispidulin (5)		

The red dash represents H-bonds and the black dash represents H-pi interactions.

2.3. In Vitro Validation

Based on the *in silico* studies, pectolarigenin, tangeretin, and gardenin B showed the best evidence of the studied drugs to be selected for further *in vitro* validation against SARS-CoV-2. Hence, the *in vitro* study was conducted on the five compounds and the results were effective with pectolarigenin, tangeretin, and gardenin B. To identify the proper concentrations to define the antiviral activity of pectolarigenin, tangeretin, and gardenin B, the half-maximal cytotoxic concentration “CC₅₀” was calculated by a crystal violet assay (Figure 2). All compounds showed a wide range of safety within the tested concentrations (10 ng/mL–100 mg/mL).

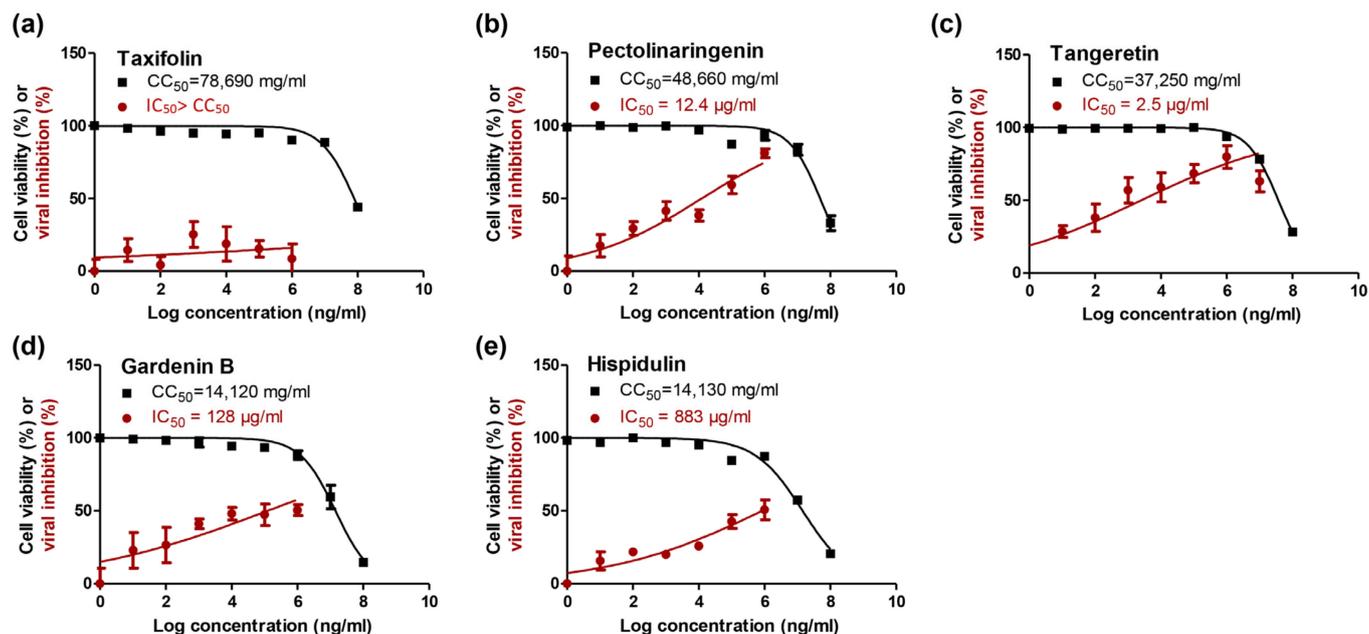


Figure 2. Dose-response and inhibition curves for the five isolated compounds (taxifolin (a), pectolarigenin (b), tangeretin (c), gardenin B (d), and hispidulin (e)) showing the half-maximal cytotoxic concentration (CC₅₀) in Vero E6 cells and inhibitory concentration 50% (IC₅₀) against NRC-03-nhCoV which were calculated using the nonlinear regression analysis of the GraphPad Prism.

The antiviral screening revealed that pectolarigenin (2) and tangeretin (3) exhibited a promising cytotoxic inhibitory activity against NRC-03-nhCoV with IC₅₀ = 12.4 and 2.5 µg/mL, respectively (Figure 2b,c). Both natural compounds exerted their anti-SARS-CoV-2 activities with high selectivity indices (CC₅₀/IC₅₀ > 1000). In previous reports that mentioned the biological activities of pectolarigenin and gardenin B; pectolarigenin showed potent inhibitory activities on melanogenesis [40] and exhibited powerful *in vitro* anti-diabetic, hepatoprotective, and anticancer activities [41–43]. On the same line, gardenin B, which is a methoxylated flavonoid derived from a tangeretin, showed slight anti-SARS-CoV-2 activity (IC₅₀ = 128 µg/mL). Interestingly, gardenin B, motioned previously for its induction of cell death in human leukemia cells, involves multiple caspases [44] and also shows *in vitro* antiviral activity against the *Encephalomyocarditis* virus (EMV) [45].

3. Material and Methods

3.1. Plant Material

Three plant species were collected and identified as belonging to three different families: *A. hierochuntica* L. (Brassicaceae), *C. reticulata* Blanco (Rutaceae), and *K. aegyptiaca* (Plantaginaceae). The aerial parts of the first and last species were collected from the northern coast of El Dabaa road, in March 2019, while the fresh matured fruits of *C. reticulata* were obtained from the traditional market, Giza, Egypt.

3.2. Extraction, Isolation and Structure Elucidation

The aerial parts of *A. hierochuntica* and *K. aegyptiaca* as well as the peel of *C. reticulata* fruits were air-dried and ground. Each obtained powder was extracted with MeOH:H₂O (7:3) 3 times at room temperature. All extracts were evaporated under reduced pressure and temperature to obtain residues. Each residue was subjected to an acid hydrolysis process (2N HCl, 100 °C, 2 h) [46]. The acidic solutions were extracted with ethyl acetate several times, affording aglycones extracts upon evaporation. Each extract was subjected to a Sephadex LH-20 column; using MeOH:H₂O (1:1) afforded fractions. Each fraction was subjected to PPC using BAW and 50% AcOH several times to isolate the flavonoid aglycones. All compounds were finally purified with a Sephadex LH-20 column, using 100% MeOH as eluent to reach pure aglycones. Compound (1) was obtained from *A. hierochuntica*, compound (2) from *K. aegyptiaca*, while compounds (3–5) were obtained from *C. reticulata* (tangerine). The structures of the isolated flavonoids were elucidated by extensive chromatographic, chemical, and spectroscopic methods (HRESI-MS, UV, and NMR) as well as Co-PC with reference samples. Their spectroscopic data were compared with previously reported values [38–41]. HRESI-MS and NMR chromatograms are provided as supplementary files (Supplementary Material Figures S1–S10).

3.2.1. Taxifolin (Dihydroquercetin) (1)

¹H-NMR (DMSO-*d*₆, 500 MHz): δ 11.87 (1H, br s, 5-OH), 6.83 (2H, m, *J* = 2.0 Hz, H-2', H-6'), 6.69 (1H, *J* = 8.0 Hz, H-5'), 5.87 (1H, d, *J* = 2.0 Hz, H-8), 5.82 (1H, d, *J* = 2.0 Hz, H-6), 5.72 (1H, d, *J* = 6.5 Hz, H-2), 4.95 (1H, dd, *J* = 6.5 Hz, H-3_{ax}), 4.45 (1H, dd, *J* = 17.0, 5.0 Hz, H-3_{eq}). Positive HRMS: 305.0723 (C₁₅H₁₃O₇⁺) [47].

3.2.2. Pectolarigenin (Scutellarein 4',6-Dimethyl Ether) (2)

¹H-NMR (DMSO-*d*₆, 500 MHz): δ 13.01 (1H, s, 5-OH), 10.71 (1H, s, 7-OH), 8.01 (2H, d, *J* = 8.5 Hz, H-2', H-6'), 7.09 (2H, d, *J* = 8.5 Hz, H-3', H-5'), 6.85 (1H, s, H-8), 6.59 (1H, s, H-3), 3.83 (3H, s, 4'-OCH₃), 3.71 (3H, s, 6-OCH₃). Negative HRMS: 313.0719 (C₁₇H₁₃O₆⁻) [48].

3.2.3. Tangeretin (4',5,6,7,8-Pentamethoxyflavone) (3)

¹H-NMR (DMSO-*d*₆, 500 MHz): δ 7.98 (2H, d, *J* = 8.5 Hz, H-2', H-6'), 7.12 (2H, d, *J* = 8.5 Hz, H-3', H-5'), 6.73 (1H, s, H-3), 3.99 (3H, s, 5-OCH₃), 3.94 (3H, s, 7-OCH₃), 3.84 (3H, s, 4'-OCH₃), 3.8 (3H, s, 8-OCH₃), 3.74 (3H, s, 6-OCH₃). Positive HRMS: 373.1285 (C₂₀H₂₁O₇⁺) [49].

3.2.4. Gardenin B = Demethyltangeretin (5-Hydroxy 6,7,8,4'-Tetra Methoxy Flavone) (4)

¹H-NMR (DMSO-*d*₆, 500 MHz): δ 12.51 (1H, s, 5-OH), 8.01 (2H, d, *J* = 8.5 Hz, H-2', H-6'), 7.13 (2H, d, *J* = 8.5 Hz, H-3', H-5'), 6.78 (1H, s, H-3), 3.84 (3H, s, 7-OCH₃), 3.83 (3H, s, 4'-OCH₃), 3.75 (3H, s, 8-OCH₃), 3.74 (3H, s, 6-OCH₃). Positive HRMS: 359.1135 (C₁₉H₁₉O₇⁺) [49].

3.2.5. Hispidulin (5)

¹H-NMR (DMSO-*d*₆, 500 MHz): δ 13.05 (1H, s, 5-OH), 10.68 (1H, s, 7-OH), 10.33 (1H, s, 4'-OH), 7.91 (2H, d, *J* = 8.5 Hz, H-2', H-6'), 6.89 (2H, d, *J* = 8.5 Hz, H-3', H-5'), 6.76 (1H, s, H-8), 6.56 (1H, s, H-3), 3.71 (3H, s, 6-OCH₃). Negative HRMS: 299.0905 (C₁₆H₁₁O₆⁻) [50].

3.3. Molecular Docking Study

The molecular docking study was performed using the MOE 2019.012 suite [51,52] for the isolated and identified five flavonoids from *A. hierochuntica*, *K. aegyptiaca*, and citrus peels, namely taxifolin (1), pectolarigenin (2), tangeretin (3), gardenin B (4), and hispidulin (5), to propose their mechanism of action as SARS-CoV-2 Mpro inhibitors based on their binding scores and interactions.

Moreover, they were compared to the co-crystallized inhibitor of SARS-CoV-2 Mpro (KI) as a reference standard.

3.3.1. Preparation of the Isolated and Identified Five Flavonoids (1–5)

The 2D chemical structures of the isolated five flavonoids—taxifolin (1), pectolinari-genin (2), tangeretin (3), gardenin B (4), and hispidulin (5)—were sketched using Chem-Draw Professional. Each chemical structure was introduced separately into the MOE window, converted to the 3D orientation, adjusted for partial charges, and energy min-imized to be prepared for docking according to the default preparation steps described earlier [53–56]. After saving each prepared compound separately using the (.moe) ex-tension, the co-crystallized native inhibitor of SARS-CoV-2 Mpro (**KI**) was extracted and saved in a separate MOE file as well. Furthermore, all of the aforementioned prepared compounds (1–5) were imported in the same database file and saved as (.mdb) extension to be uploaded during the docking step.

3.3.2. Target Mpro of SARS-CoV-2 Preparation

The target Mpro enzyme (as a dimer) of SARS-CoV-2 was extracted from the Protein Data Bank (PDB code: 6Y2G) [57]. Moreover, it was subjected to the detailed preparation steps described before [58–61] to be ready for the docking process.

3.3.3. Docking of the Database Compounds (1–5) to the Dimer Mpro of SARS-CoV-2

The previously discussed database, containing the **KI** in addition to the five isolated and identified flavonoids (1–5), was uploaded in place of the ligand during a general docking process. The binding site of the co-crystallized α -ketoamide inhibitor was identi-fied as the docking site. Moreover, the program specifications were adjusted as follows: triangle matcher for the placement methodology, London dG for the first scoring method-ology, GBVI/WSA dG for the final scoring methodology to select the best 10 poses from 30 different poses for each docked compound, and rigid receptor for the refinement method-ology [61–64]. Finally, the best pose for each tested compound, based on the score and RMSD values, was selected for further studies.

Furthermore, a MOE program validation process was carried out before applying the previously described docking process by redocking the co-crystallized **KI** alone at its binding site of Mpro. The obtained low RMSD values (<2) between the native co-crystallized and the redocked α -ketoamide inhibitor confirmed the valid performance [65–67].

3.4. *In Vitro* Anti-SARS-CoV-2 Activity

3.4.1. Cytotoxicity (CC₅₀) Determination

To assess the half-maximal cytotoxic concentration (CC₅₀), stock solutions of the compounds were prepared in 10% DMSO in ddH₂O and diluted further to the working solutions with DMEM. The cytotoxic activity of the extracts was tested in VERO-E6 cells by using a crystal violet assay, as previously described [68] with minor modifications. Briefly, the cells were seeded in 96 well-plates (100 μ L/well at a density of 3×10^5 cells/mL) and incubated for 24 h at 37 °C in 5% CO₂. Control cells were treated with 1% DMSO in DMEM (the concentration of DMSO in the highest concentration of the tested samples). After 24 h, the cells were treated with various concentrations of the compounds in triplicates. After 72 h, the supernatant was discarded, and the cell monolayers were fixed with 10% formaldehyde for 1 h at room temperature (RT). The fixed monolayers were, then, dried and stained with 50 μ L of 0.1% crystal violet for 20 min on a bench rocker at RT. The monolayers were, then, washed and dried, and the crystal violet dye in each well was dissolved with 200 μ L methanol for 20 min on a bench rocker at RT. The absorbance of the crystal violet solutions was measured at λ_{\max} 570 nm as a reference wavelength using a multi-well plate reader. The cytotoxicity of the various concentrations, compared to the untreated cells and the blank background, was determined using nonlinear regression analysis by plotting the log inhibitor versus the normalized response.

3.4.2. Inhibitory Concentration 50 (IC₅₀) Determination

The IC₅₀ values for the compounds were determined as previously described [69], with minor modifications. Briefly, in 96 well tissue culture plates, 2.4×10^4 Vero-E6 cells were distributed in each well and incubated overnight in a humidified 37 °C incubator under 5% CO₂ conditions. The cell monolayers were then washed once with $1 \times$ PBS. An aliquot of the SARS-CoV-2 “NRC-03-nhCoV” virus [70] containing 100 TCID₅₀ was incubated with serially diluted concentrations of the tested compound and kept at 37 °C for 1 h. The Vero-E6 cells were treated with a virus/compound mix and co-incubated at 37 °C in a total volume of 200 µL per well. Untreated cells infected with the virus represented virus control; however, cells that were not treated and not infected were cell control. Following incubation at 37 °C in a 5% CO₂ incubator for 72 h, the cells were fixed with 100 µL of 10% paraformaldehyde for 20 min and stained with 0.5% crystal violet in distilled water for 15 min at RT. The crystal violet dye was then dissolved using 100 µL absolute methanol per well and the optical density of the color was measured at 570 nm using an Anthos Zenyth 200 rt plate reader (Anthos Labtec Instruments, Heerhugowaard, Netherlands). The IC₅₀ is the concentration of the compound required to reduce the virus-induced cytopathic effect (CPE) by 50%, relative to the virus control.

3.5. Statistical Analyses

All experiments were performed in three biological repeats. Statistical tests and graphical data presentation were carried out using GraphPad Prism 5.01 software. Data are presented as the average of the means. The IC₅₀ and CC₅₀ curves represent the nonlinear fit of “normalize” of “transform” of the obtained data; their values were calculated using GraphPad prism as “best fit value”.

4. Conclusions

Five compounds were isolated and identified from *A. hierochuntica*, *K. aegyptiaca*, and the citrus peels of *C. reticulata*, namely, taxifolin (1), pectolarigenin (2), tangeretin (3), gardenin B (4), and hispidulin (5), and examined against SARS-CoV-2 Mpro using *in vitro* and molecular docking studies. Their IC₅₀ and binding score values indicate that the examined flavonoids, especially pectolarigenin (2), tangeretin (3), and gardenin B (4), could be very promising for performing more advanced preclinical and clinical tests, either alone or in combination with each other, for COVID-19 management.

Supplementary Materials: The following are available online. Figures S1–S10: ¹H NMR and HRMS spectra of compounds (1–5); and Figure S11: 2D pictures showing the receptor interactions and positioning between the docked α -ketoamide inhibitor (KI) in addition to the five examined flavonoids (1–5) inside the binding site of SARS-CoV-2 Mpro are available online in the Supplementary Data file.

Author Contributions: Conceptualization, M.M.F., A.A.A.-K. and M.M.M.; methodology, M.M.F., A.A.A.-K., A.Y.R., S.H.M., M.S., N.M.A.S., M.G., G.M.-H., A.M. and M.M.M.; validation, A.A.A.-K. and A.M.; formal analysis, M.M.F., A.A.A.-K., A.M. and M.M.M.; investigation, M.M.F., A.A.A.-K., A.Y.R. and M.M.M.; resources, M.M.F., A.A.A.-K., G.M.-H., A.M. and M.M.M.; data curation, M.M.F., A.A.A.-K., A.M. and M.M.M.; writing—original draft, M.M.F., A.Y.R., A.A.A.-K., A.M. and M.M.M.; writing—review & editing, M.M.F., A.A.A.-K., A.M. and M.M.M. All authors have read and agreed to the published version of the manuscript.

Funding: This research was partially funded by the Egyptian Academy of Scientific Research and Technology (ASRT) within the “Ideation Fund” program under contract number 7303. The chemical investigation was funded by National Research Center under Project No. 11010328.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Conflicts of Interest: The authors declare no conflict of interest.

Sample Availability: Samples of the compounds are available from Mai M. Farid.

References

1. Kamps, B.S.; Christia, H. *COVID Reference*; Steinhauser Verlag: Wuppertal, Germany, 2021; Available online: <https://amedeo.com/CovidReference06.pdf> (accessed on 10 June 2021).
2. Elebeedy, D. Anti-SARS-CoV-2 activities of tanshinone IIA, carnosic acid, rosmarinic acid, salvianolic acid, baicalein, and glycyrrhetic acid between computational and *in vitro* insights. *RSC Adv.* **2021**, *11*, 29267–29286. [[CrossRef](#)]
3. Kandeil, A. Immunogenicity and Safety of an Inactivated SARS-CoV-2 Vaccine: Preclinical Studies. *Vaccines* **2021**, *9*, 214. [[CrossRef](#)] [[PubMed](#)]
4. Shehata, M.M. In Silico and *In Vivo* Evaluation of SARS-CoV-2 Predicted Epitopes-Based Candidate Vaccine. *Molecules* **2021**, *26*, 6182. [[CrossRef](#)]
5. El Gizawy, H.A. *Pimenta dioica* (L.) Merr. Bioactive Constituents Exert Anti-SARS-CoV-2 and Anti-Inflammatory Activities: Molecular Docking and Dynamics, *In Vitro*, and *In Vivo* Studies. *Molecules* **2021**, *26*, 5844. [[CrossRef](#)]
6. El-Demerdash, A. Investigating the structure–activity relationship of marine natural polyketides as promising SARS-CoV-2 main protease inhibitors. *RSC Adv.* **2021**, *11*, 31339–31363. [[CrossRef](#)]
7. Mahmoud, D.B. Delineating a potent antiviral activity of *Cuphea ignea* extract loaded nano-formulation against SARS-CoV-2: In silico and *in vitro* studies. *J. Drug Deliv. Sci. Technol.* **2021**, *66*, 102845. [[CrossRef](#)]
8. Roviello, V.; Roviello, G.N. Less COVID-19 deaths in southern and insular Italy explained by forest bathing, Mediterranean environment, and antiviral plant volatile organic compounds. *Environ. Chem. Lett.* **2021**, 1–11. [[CrossRef](#)]
9. Vicidomini, C.; Roviello, V.; Roviello, G.N. In Silico Investigation on the Interaction of Chiral Phytochemicals from *Opuntia ficus-indica* with SARS-CoV-2 Mpro. *Symmetry* **2021**, *13*, 1041. [[CrossRef](#)]
10. Muhammad, I. Screening of potent phytochemical inhibitors against SARS-CoV-2 protease and its two Asian mutants. *Comput. Biol. Med.* **2021**, *133*, 104362. [[CrossRef](#)]
11. Ibrahim, M.A. Blue Biotechnology: Computational Screening of Sarcophyton Cembranoid Diterpenes for SARS-CoV-2 Main Protease Inhibition. *Mar. Drugs* **2021**, *19*, 391. [[CrossRef](#)] [[PubMed](#)]
12. Oesch, F.; Oesch-Bartlomowicz, B.; Efferth, T. Toxicity as prime selection criterion among SARS-active herbal medications. *Phytomedicine* **2021**, *85*, 153476. [[CrossRef](#)]
13. Vicidomini, C.; Roviello, V.; Roviello, G.N. Molecular Basis of the Therapeutical Potential of Clove (*Syzygium aromaticum* L.) and Clues to Its Anti-COVID-19 Utility. *Molecules* **2021**, *26*, 1880. [[CrossRef](#)] [[PubMed](#)]
14. Calland, N. Hepatitis C virus and natural compounds: A new antiviral approach? *Viruses* **2012**, *4*, 2197–2217. [[CrossRef](#)]
15. Hu, Q.-F. Antiviral phenolic compounds from *Arundina graminifolia*. *J. Nat. Prod.* **2013**, *76*, 292–296. [[CrossRef](#)] [[PubMed](#)]
16. Shoala, T. Nanobiotechnological Approaches to Enhance Potato Resistance against Potato Leafroll Virus (PLRV) Using Glycyrrhizic Acid Ammonium Salt and Salicylic Acid Nanoparticles. *Horticultrae* **2021**, *7*, 402. [[CrossRef](#)]
17. Ngwa, W. Potential of flavonoid-inspired phytomedicines against COVID-19. *Molecules* **2020**, *25*, 2707. [[CrossRef](#)]
18. Jo, S. Inhibition of SARS-CoV 3CL protease by flavonoids. *J. Enzym. Inhib. Med. Chem.* **2020**, *35*, 145–151. [[CrossRef](#)]
19. Abo Elmaaty, A. Computational Insights on the Potential of Some NSAIDs for Treating COVID-19: Priority Set and Lead Optimization. *Molecules* **2021**, *26*, 3772. [[CrossRef](#)] [[PubMed](#)]
20. Mahmoud, A. Telaprevir is a potential drug for repurposing against SARS-CoV-2: Computational and *in vitro* studies. *Heliyon* **2021**, *7*, e07962. [[CrossRef](#)] [[PubMed](#)]
21. Al-Karmalawy, A.A.; Eissa, I.H. Molecular docking and dynamics simulations reveal the potential of anti-HCV drugs to inhibit COVID-19 main protease. *Pharm. Sci.* **2021**, *27*. [[CrossRef](#)]
22. Sarhan, A.A.; Ashour, N.A.; Al-Karmalawy, A.A. The journey of antimalarial drugs against SARS-CoV-2: Review article. *Inform. Med. Unlocked* **2021**, *24*, 100604. [[CrossRef](#)]
23. Zaki, A.A. Calendulaglycoside A Showing Potential Activity Against SARS-CoV-2 Main Protease: Molecular Docking, Molecular Dynamics, and SAR Studies. *J. Tradit. Complement. Med.* **2021**. [[CrossRef](#)] [[PubMed](#)]
24. Elmaaty, A.A. In a search for potential drug candidates for combating COVID-19: Computational study revealed salvianolic acid B as a potential therapeutic targeting 3CLpro and spike proteins. *J. Biomol. Struct. Dyn.* **2021**, *30*, 1–28. [[CrossRef](#)]
25. Soltane, R. Strong Inhibitory Activity and Action Modes of Synthetic Maslinic Acid Derivative on Highly Pathogenic Coronaviruses: COVID-19 Drug Candidate. *Pathogens* **2021**, *10*, 623. [[CrossRef](#)] [[PubMed](#)]
26. Elmaaty, A.A. Revisiting activity of some glucocorticoids as a potential inhibitor of SARS-CoV-2 main protease: Theoretical study. *RSC Adv.* **2021**, *11*, 10027–10042. [[CrossRef](#)]
27. Soltan, M.A. In Silico Prediction of a Multitope Vaccine against *Moraxella catarrhalis*: Reverse Vaccinology and Immunoinformatics. *Vaccines* **2021**, *9*, 669. [[CrossRef](#)] [[PubMed](#)]
28. Soltan, M.A. Proteome Based Approach Defines Candidates for Designing a Multitope Vaccine against the Nipah Virus. *Int. J. Mol. Sci.* **2021**, *22*, 9330. [[CrossRef](#)]
29. Brogi, S. Computational approaches for drug discovery. *Molecules* **2019**, *24*, 3061. [[CrossRef](#)] [[PubMed](#)]
30. Al-Karmalawy, A.A.; Khatlab, M.J. Molecular modelling of mebendazole polymorphs as a potential colchicine binding site inhibitor. *New J. Chem.* **2020**, *44*, 13990–13996. [[CrossRef](#)]

31. Khattab, M.; Al-Karmalawy, A.A. Revisiting Activity of Some Nocodazole Analogues as a Potential Anticancer Drugs Using Molecular Docking and DFT Calculations. *Front. Chem.* **2021**, *9*, 92. [[CrossRef](#)]
32. Mahmoud, A. *In vitro* and *in silico* characterization of alkaline serine protease from *Bacillus subtilis* D9 recovered from Saudi Arabia. *Heliyon* **2021**, *7*, e08148. [[CrossRef](#)]
33. Gogoi, N. Computational guided identification of a citrus flavonoid as potential inhibitor of SARS-CoV-2 main protease. *Mol. Divers.* **2021**, *25*, 1745–1759. [[CrossRef](#)]
34. Da Rocha, M.N. Virtual screening of citrus flavonoid tangeretin: A promising pharmacological tool for the treatment and prevention of Zika fever and COVID-19. *J. Comput. Biophys. Chem.* **2021**, *20*, 2150013. [[CrossRef](#)]
35. Omar, S.; Bouziane, I.; Bouslama, Z.; Djemel, A. In-Silico Identification of Potent Inhibitors of COVID-19 Main Protease (Mpro) and Angiotensin Converting Enzyme 2 (ACE2) from Natural Products: Quercetin, Hispidulin, and Cirsimaritin Exhibited Better Potential Inhibition than Hydroxy-Chloroquine Against COVID-19 Main Protease Active Site and ACE2. *ChemRxiv* **2020**. [[CrossRef](#)]
36. Kandeil, A. Bioactive Polyphenolic Compounds Showing Strong Antiviral Activities against Severe Acute Respiratory Syndrome Coronavirus 2. *Pathogens* **2021**, *10*, 758. [[CrossRef](#)] [[PubMed](#)]
37. Alnajjar, R. Molecular docking, molecular dynamics, and *in vitro* studies reveal the potential of angiotensin II receptor blockers to inhibit the COVID-19 main protease. *Heliyon* **2020**, *6*, e05641. [[CrossRef](#)]
38. Al-Karmalawy, A.A. Molecular Docking and Dynamics Simulation Revealed the Potential Inhibitory Activity of ACEIs Against SARS-CoV-2 Targeting the hACE2 Receptor. *Front. Chem.* **2021**, *9*, 227.
39. Zaki, A.A. Molecular docking reveals the potential of *Cleome amblyocarpa* isolated compounds to inhibit COVID-19 virus main protease. *New J. Chem.* **2020**, *44*, 16752–16758. [[CrossRef](#)]
40. Lee, S. Pectolarigenin, an aglycone of pectolarin, has more potent inhibitory activities on melanogenesis than pectolarin. *Biochem. Biophys. Res. Commun.* **2017**, *493*, 765–772. [[CrossRef](#)] [[PubMed](#)]
41. Liao, Z.; Chen, X.; Wu, M. Antidiabetic effect of flavones from *Cirsium japonicum* DC in diabetic rats. *Arch. Pharm. Res.* **2010**, *33*, 353–362. [[CrossRef](#)]
42. Yoo, Y.-M. Pectolarin and pectolarigenin of *Cirsium setidens* prevent the hepatic injury in rats caused by D-galactosamine via an antioxidant mechanism. *Biol. Pharm. Bull.* **2008**, *31*, 760–764. [[CrossRef](#)] [[PubMed](#)]
43. Tundis, R.; Deguin, B.; Loizzo, M.R.; Bonesi, M.; Statti, G.A.; Tillequin, F.; Menichini, F. Potential antitumor agents: Flavones and their derivatives from *Linaria reflexa* Desf. *Bioorg. Med. Chem. Lett.* **2005**, *15*, 4757–4760. [[CrossRef](#)]
44. Cabrera, J. Gardenin B-induced cell death in human leukemia cells involves multiple caspases but is independent of the generation of reactive oxygen species. *Chem.-Biol. Interact.* **2016**, *256*, 220–227. [[CrossRef](#)]
45. Parmar, V.S. Highly oxygenated bioactive flavones from Tamarix. *Phytochemistry* **1994**, *36*, 507–511. [[CrossRef](#)]
46. Harborne, J.B. The systematic identification of flavonoids: By T.J. Mabry, K.R. Markham and M.B. Thomas, Springer-Verlag, Berlin-Heidelberg-New York, 1970, pp. xii + 354, price DM.98.00, £11.75, \$27.00. *J. Mol. Struct.* **1971**, *10*, 320.
47. Yoshikawa, M. Anastatins A and B, new skeletal flavonoids with hepatoprotective activities from the desert plant *Anastatica hierochuntica*. *Bioorg. Med. Chem. Lett.* **2003**, *13*, 1045–1049. [[CrossRef](#)]
48. Farid, M.M. Isoscutellarein 8,4'-dimethyl ether glycosides as cytotoxic agents and chemotaxonomic markers in *Kickxia aegyptiaca*. *Biocatal. Agric. Biotechnol.* **2019**, *22*, 101431. [[CrossRef](#)]
49. Huang, X. Inhibitory mechanisms and interaction of tangeretin, 5-demethyltangeretin, nobiletin, and 5-demethylnobiletin from citrus peels on pancreatic lipase: Kinetics, spectroscopies, and molecular dynamics simulation. *Int. J. Biol. Macromol.* **2020**, *164*, 1927–1938. [[CrossRef](#)] [[PubMed](#)]
50. Seghiri, R. Phenolic compounds from *Centaurea africana*. *Chem. Nat. Compd.* **2006**, *42*, 610–611. [[CrossRef](#)]
51. Chemical Computing Group Inc. *Molecular Operating Environment (MOE), 2016*; Chemical Computing Group Inc.: Montreal, QC, Canada, 2021.
52. Ibrahim, M. Design, synthesis, molecular docking and biological evaluation of some novel quinazoline-4 (3H)-one derivatives as anti-inflammatory agents. *Eur. J. Med. Chem.* **2012**, *46*, 185–203.
53. Ghanem, A. Tanshinone IIA synergistically enhances the antitumor activity of doxorubicin by interfering with the PI3K/AKT/mTOR pathway and inhibition of topoisomerase II: *In vitro* and molecular docking studies. *New J. Chem.* **2020**, *44*, 17374–17381. [[CrossRef](#)]
54. Abdallah, A.E. Design and synthesis of new 4-(2-nitrophenoxy)benzamide derivatives as potential antiviral agents: Molecular modeling and *in vitro* antiviral screening. *New J. Chem.* **2021**, *45*, 16557–16571. [[CrossRef](#)]
55. El-Shershaby, M.H. From triazolophthalazines to triazoloquinazolines: A bioisosterism-guided approach toward the identification of novel PCAF inhibitors with potential anticancer activity. *Bioorg. Med. Chem.* **2021**, *42*, 116266. [[CrossRef](#)] [[PubMed](#)]
56. Taher, R.F. Two new flavonoids and anticancer activity of *Hymenosporum flavum*: *In vitro* and molecular docking studies. *J. Herbm. Pharmacol.* **2021**, *10*, 443–458.
57. Zhang, L. Crystal structure of SARS-CoV-2 main protease provides a basis for design of improved α -ketoamide inhibitors. *Science* **2020**, *368*, 409–412. [[CrossRef](#)] [[PubMed](#)]
58. Samra, R.M. Bioassay-guided isolation of a new cytotoxic ceramide from *Cyperus rotundus* L. *S. Afr. J. Bot.* **2021**, *139*, 210–216. [[CrossRef](#)]

59. Al-Karmalawy, A.A.; Elshal, M.F. Concanavalin-A shows synergistic cytotoxicity with tamoxifen via inducing apoptosis in estrogen receptor-positive breast cancer: *In vitro* and molecular docking studies. *Pharm. Sci.* **2021**. [[CrossRef](#)]
60. Gaber, A.A. Pharmacophore-linked pyrazolo [3,4-d]pyrimidines as EGFR-TK inhibitors: Synthesis, anticancer evaluation, pharmacokinetics, and in silico mechanistic studies. *Arch. Pharm.* **2021**, *10*, e2100258.
61. Ibrahim, M.K.; El-Adl, K.; Al-Karmalawy, A.A. Design, synthesis, molecular docking and anticonvulsant evaluation of novel 6-iodo-2-phenyl-3-substituted-quinazolin-4 (3H)-ones. *Bull. Fac. Pharm. Cairo Univ.* **2015**, *53*, 101–116. [[CrossRef](#)]
62. Eliaa, S.G. Empagliflozin and Doxorubicin Synergistically Inhibit the Survival of Triple-Negative Breast Cancer Cells via Interfering with the mTOR Pathway and Inhibition of Calmodulin: *In Vitro* and Molecular Docking Studies. *ACS Pharmacol. Transl. Sci.* **2020**, *3*, 1330–1338. [[CrossRef](#)]
63. Al-Karmalawy, A. Design and Synthesis of New Quinoxaline Derivatives as Potential Histone Deacetylase Inhibitors Targeting Hepatocellular Carcinoma: In Silico, *In Vitro*, and SAR Studies. *Front. Chem.* **2021**, *9*, 725135.
64. El-Shershaby, M.H. The antimicrobial potential and pharmacokinetic profiles of novel quinoline-based scaffolds: Synthesis and in silico mechanistic studies as dual DNA gyrase and DHFR inhibitors. *New J. Chem.* **2021**, *45*, 13986–14004. [[CrossRef](#)]
65. Zaki, A.A. Isolation of cytotoxic active compounds from *Reichardia tingitana* with investigation of apoptosis mechanistic induction: In silico, *in vitro*, and SAR studies. *S. Afr. J. Bot.* **2022**, *144*, 115–123. [[CrossRef](#)]
66. Khattab, M.; Al-Karmalawy, A.A. Computational repurposing of benzimidazole anthelmintic drugs as potential colchicine binding site inhibitors. *Future Med. Chem.* **2021**, *13*, 19. [[CrossRef](#)] [[PubMed](#)]
67. Alesawy, M.S. Design and discovery of new 1,2,4-triazolo[4,3-c] quinazolines as potential DNA intercalators and topoisomerase II inhibitors. *Arch. Pharm.* **2020**, *3*, e2000237.
68. Feoktistova, M.; Geserick, P.; Leverkus, M. Crystal violet assay for determining viability of cultured cells. *Cold Spring Harb. Protoc.* **2016**, *2016*, 087379. [[CrossRef](#)]
69. Mostafa, A. FDA-Approved Drugs with Potent *In Vitro* Antiviral Activity against Severe Acute Respiratory Syndrome Coronavirus 2. *Pharmaceuticals* **2020**, *13*, 443. [[CrossRef](#)]
70. Ahmed Kandeil, A.M. Coding-complete genome sequences of two SARS-CoV-2 isolates from Egypt. *Microbiol. Resour. Announc.* **2020**, *9*, 22.