Supplementary Materials: Carnosol and Related Substances Modulate Chemokine and Cytokine Production in Macrophages and Chondrocytes

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Gene	Type of	T .	Unstimulated	LPS Stimulated	Fold
	Expression	Time	Cells	Cells	Change ¹
			Δ CT ± stdev ²	Δ CT ± stdev ²	
COX-2	Intermediate	4 h	15.81 ± 0.40	9.75 ± 0.10	48
iNOS	Intermediate	4 h	16.43 ± 0.19	10.75 ± 0.08	52
TNF-α	High	4 h	13.39 ± 0.05	9.10 ±0 .07	20
IL-1α	Low	4 h	22.90 ± 0.25	10.26 ± 0.08	6650
IL-1β	Low	4 h	31.92 ± 0.23	20.68 ± 0.25	1260
IL-6	Low	4 h	29.83 ± 1.97	16.44 ± 0.18	10800
IL-10	Low	4 h	26.34 ± 0.82	23.64 ± 0.36	6
PGES	Low	4 h	24.17 ± 0.26	23.11 ± 0.04	2
PGDS	Intermediate	4 h	17.12 ± 0.04	18.23 ± 0.19	0.5
MMP-9	High	4 h	14.03 ± 0.04	11.52 ± 0.12	6
CCL4/MIP-1β	High	4 h	14.42 ± 0.29	8.86 ±0 .14	190
CCL5/RANTES	Intermediate	4 h	19.30 ± 0.16	10.50 ± 0.12	450
CXCL10/IP-10	Intermediate	4 h	19.26 ± 0.11	11.07 ± 0.40	290
NF-ĸB1	High	4 h	13.83 ± 0.08	11.56 ± 0.10	5
NF-ĸB49	High	4 h	14.97 ± 0.17	12.92 ± 0.13	4
NF-ĸBp65	High	4 h	13.01 ± 0.04	13.12 ± 0.04	1
Ι-κΒα	High	4 h	13.73 ± 0.21	11.57 ± 0.08	5
CD14	High	4 h	14.05 ± 0.16	12.81 ± 0.10	0.4

Table S1. Gene expression levels in unstimulated and LPS-stimulated murine macrophages RAW264.7.

¹: $2^{-\Delta \Delta CT}$; $\Delta \Delta C_T$ refers to the ΔC_T of unstimulated minus LPS-treated cells. ²: (threshold cycles for 18S rRNA [internal standard]—threshold cycles for genes of) ± st.dev. Cells were cultured for 4 h in the absence or presence of 1 µg/mL LPS. Gene expression levels were measured by quantitative real time PCR and classified as 'high' ($\Delta C_T < 15$), 'intermediate' (($\Delta C_T 15-25$) and 'low' (($\Delta C_T > 25$).

Table S2. Comparison of gene expression levels in unstimulated and IL-1 β -stimulated SW1353 and primary chondrocytes NHAC-kn.

		SW1353		NHAC-kn	
Gene	Time	Unstimulated	IL-1b Stimulated	Unstimulated	IL-1b Stimulated
		$\Delta C_T \pm st.dev.^1$			
COX-2	4 h	22.76 ± 0.87	19.30 ± 0.33	16.76 ±0.09	9.80 ± 0.18
iNOS	4 h	25.70 ± 0.64	19.13 ± 0.24	nd	nd
TNF-α	4 h	25.59 ± 1.07	14.19 ± 0.22	28.98 ± 0.63	15.70 ± 0.25
IL-1α	4 h	23.19 ± 0.48	17.97 ±0.18	26.86 ± 0.27	17.30 ± 0.32
IL-1β	4 h	nd	nd	19.57 ± 0.20	9.08 ± 0.10
IL-6	4 h	24.36 ± 1.85	13.62 ± 0.34	20.66 ± 0.17	8.69 ± 0.10
IL-8	4 h	24.79 ± 0.82	10.06 ± 0.15	19.62 ± 0.06	9.10 ± 0.17
MMP-1	4 h	18.67 ± 0.12	15.75 ± 0.27	20.43 ± 0.16	14.28 ± 0.27
MMP-2	4 h	10.41 ± 0.65	10.50 ± 0.46	12.65 ± 0.22	12.60 ± 0.12
MMP-3	4 h	16.73 ± 0.20	11.38 ± 0.07	19.40 ± 0.14	10.41 ± 0.14
MMP-9	4 h	18.10 ± 0.19	16.03 ± 0.11	20.16 ± 0.25	19.16 ± 0.26
MMP-13	4 h	19.53 ± 0.65	14.09 ± 0.43	20.82 ± 0.21	19.09 ± 0.35
MIP-2	4 h	nd	nd	19.41 ± 0.19	9.54 ± 0.16
MIP-3	4 h	nd	nd	18.97 ± 0.13	9.68 ± 0.12
CCL5/RANTES	4 h	26.44 ± 0.01	16.50 ± 0.49	18.50 ± 0.18	12.37 ± 0.20

		SW1353		NHAC-kn		
Gene	Time	Unstimulated	IL-1b Stimulated	Unstimulated	IL-1b Stimulated	
		$\Delta C_T \pm st.dev.^1$				
CXCL10/IP-10	4 h	25.84 ± 0.28	14.35 ± 0.26	31.56 ± 2.32	20.64 ± 0.51	
TIMP-1	4 h	10.33 ± 0.10	10.25 ± 0.31	8.39 ± 0.23	7.84 ± 0.10	
COL2A1	4 h	20.33 ± 0.66	20.95 ± 0.82	22.34 ± 0.51	22.15 ± 0.27	
Aggrecan	4 h	16.38 ± 0.12	15.49 ± 0.36	13.39 ± 0.18	13.59 ± 0.14	
ADAMTS-4	4 h	23.31 ± 0.73	21.81 ± 0.36	21.98 ± 0.12	19.38 ± 0.45	
LIF	4 h	18.63 ± 0.28	13.59 ± 0.32	16.77 ± 0.15	10.86 ± 0.16	
ADAMTS-5	4 h	19.08 ± 0.87	19.50 ± 1.13	13.73 ± 0.20	13.38 ± 0.15	

Table S2. Cont.

¹: (threshold cycles for 18S rRNA [internal standard]—threshold cycles for genes of) ± st.dev.



Figure S1. Freshly isolated PBLs were incubated with the indicated amounts of carnosol for 1-4 h. Using the Alamar Blue[®] cell viability test according to the manufacturers' instructions (ThermoFischer Scientific), the produced fluorescence was measured at the indicated time points. RFU, relative fluorescence units. In the absence of carnosol, cells produced similar RFU values as those observed in the presence of 3.125 to 25 μ M carnosol.