



an Open Access Journal by MDPI

Premenopausal Nutrition and Fertility

Guest Editor:

Dr. Beverley Vollenhoven

Department of Obstetrics and Gynaecology, Monash University, Clayton, Victoria, Australia

Deadline for manuscript submissions:

closed (30 November 2015)

Dear Colleagues,

This Special Issue of *Nutrients*, entitled "Premenopausal Nutrition and Fertility", welcomes the submissions of manuscripts that either describe original research or review scientific literature. Manuscripts should focus on female nutrition and its effect on fertility.

Potential topics may include, but are not limited to:

- Female BMI and IVF success
- PCOS and fertility
- PCOS and pregnancy

Message from the Guest Editor

- How much weight should be lost for fertility to be normalized
- Is there an ideal weight reduction program
- Obesity and pregnancy
- Fertility in the underweight female
- Elite athletes and fertility

Dr. Beverley Vollenhoven *Guest editor*









an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition & Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Contact Us

Nutrients Editorial Office MDPI, St. Alban-Anlage 66 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/nutrients nutrients@mdpi.com X@Nutrients_MDPI