Message from the Guest Editors

Dear Colleagues,

The associations between diet and health are complex, and requires the application of rigorous methods and analysis to describe the nature and extent of the association. The field of nutrition epidemiology has advanced significantly since the initial ecological studies of Ancel Keys and colleagues of dietary determinants of fat and heart disease. Today, researchers are interested in a range of issues including the identification of food / nutrient and disease association in various population groups, development and evaluation of appropriate interventions, the prioritising of services and resources and the potential impact of different dietary patterns on the environment.

The purpose of this special issue is to demonstrate the wide-reaching applications of nutrition epidemiological in the field of public health.

Prof. Dr. Vicki Flood
Prof. Dr. Karen Charlton
Guest Editors