Guest Editor:

**Dr. Zumin Shi**  
Associate Professor, School of Medicine, University of Adelaide, Adelaide, Level 7, SAHMRI, North Terrace, SA 5000, Australia  
zumin.shi@adelaide.edu.au

Deadline for manuscript submissions:  
closed (31 August 2015)

**Message from the Guest Editor**

Dear Colleagues:

Topics of this Special Issue must have a clear focus on overall dietary patterns and health outcomes. Potential topics may include, but are not limited to:

* Dietary patterns and chronic diseases including obesity, diabetes, asthma, cardiovascular diseases, and mental health problems.  
* Dietary patterns and mortality  
* Dietary patterns and pregnancy outcomes  
* Association between dietary patterns and cognition  
* The mechanisms linking dietary patterns and chronic diseases

Dr. Zumin Shi  
*Guest Editor*