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The Role of Diet in Autoimmune Disease

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Message from the Guest Editor

Dear Colleagues,

Autoimmune diseases affect most organs and systems and are characterized by autoreactive immune responses against our own tissues and organs. The causes of autoimmune diseases are unclear in most cases, although genetic and environmental factors have been considered important. Nutrition is a factor that influences the immune system, and deficiencies in nutrients can negatively impact health and immunity. The role of nutrients in preventing or treating autoimmune diseases has been well studied in recent years and is a topic of increasing importance.

Ongoing research in this area will lead to a better understanding of the role of diet and nutrients in autoimmune diseases. Manuscripts presenting basic and clinical research, observational studies and meta-analyses including analytical reviews are encouraged in this Special Issue.

Prof. Dr. Dimitrios P. Bogdanos
Guest Editor



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Special Issue



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