



nutrients



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Marine Omega-3s and Human Health

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Deadline for manuscript
submissions:

closed (30 December 2020)

Message from the Guest Editor

In this Special Issue of *Nutrients*, we would like to bring together papers dealing with topics relating to marine omega-3s (EPA/DHA) on health conditions including but not limited to cardiovascular, metabolic, and mental health. We welcome all types of papers, ranging from review articles, meta-analyses, to original data articles pertaining to long-chain 'marine' omega-3s.

The beneficial effects of marine omega-3s have been a topic of hot debate for decades. Many clinicians and the general public are confused about whether these long-chain fatty acids provide any benefits. There is also confusion regarding what health conditions may be improved with omega-3 consumption, what dose of EPA/DHA is needed for improving health markers, and whether there is a difference between many common over the counter omega-3 supplements and prescription omega-3s. This issue will help to answer some of these questions and provide further evidence for additional research that may be needed in the marine omega-3 space.

Therefore, the journal aims to collect high-quality manuscripts that focus on marine omega-3s effects on health conditions.



mdpi.com/si/44191

Special Issue



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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