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Impact of Phytochemical Intake on Chronic Disease

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Message from the Guest Editor

Dear Colleagues,

In recent years, chronic disease prevention is particularly important, especially the role of dietary intervention has received extensive attention. Recent research has shown that phytochemical intake plays an important role in the prevention and treatment of chronic disease. Several food ingredients possess anti-inflammatory and antioxidant biological activities and are the functional factors for regulating body function. Therefore, it is particularly important to seek dietary interventions that can alleviate depression symptoms from the perspective of food and nutrition, thus preventing depression in advance. However, the precise biological target(s) and the actual mode(s) of action are still unexplored, and the traditionally recognized health effects have also been challenged by population-based studies. We aim to provide new insights towards the role of natural products in maintaining and promoting human health, especially in the prevention of chronic disease, and focus on the selection of evidence-based reviews and original laboratory research with high-quality advanced knowledge.



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Special Issue



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