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Dietary and Nutritional Status in the Management of Inflammatory Bowel Disease

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Message from the Guest Editors

Dear Colleagues,

The global incidence of inflammatory bowel disease (IBD) is increasing. Evidence has shown that diet modifications can be considered a useful therapeutic tool.

Nevertheless, no exclusion dietary regimen has demonstrated superiority compared to another in terms of beneficial effects in IBD management thus far. Furthermore, many nutritional aspects could be potential targets to induce better control of symptoms, a deeper remission and an overall improvement in the quality of life of IBD patients; still, strong evidence is lacking.

This Special Issue aims to provide a better understanding of how specific nutritional aspects, both dietetics and micronutrient deficiency management, are linked to the disease activity status and how they could modify the clinical course of IBD patients.

The present Special Issue is now open for submission of manuscripts that provide original research using cell culture systems and animal models, as well as clinical/interventional studies and reviews of the current state of research.

Prof. Giovanni Latella; Dr. Marco Valvano
Guest Editor Assistant



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Special Issue



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Message from the Editorial Board

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