



***nutrients***



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## Association between Childhood Obesity and Dietary Intake and Lifestyle

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Deadline for manuscript  
submissions:

**15 July 2024**

### Message from the Guest Editors

Dear Colleagues,

Obesity is a complex multifactorial disorder resulting from genetic and environmental factors, and in pediatric age, the interaction between these factors is pivotal, and primary prevention becomes of paramount value. In children and adolescents, family, school, and peers have fundamental influences on the development of lifestyles and nutrition, which are also determined by mass media and commercials. Obesity is a disease in itself, but it is also a risk factor for several diseases, particularly cardiovascular diseases.

This Special Issue of *Nutrients* aims to collect scientific contributions, in the form of original articles or reviews, to improve understanding of the factors (genetic and environmental, lifestyle, and dietary) associated with the development of obesity in children and adolescents and to understand whether traditional and digital interventions aimed at changing these factors can help to reduce the pediatric obesity epidemic.



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# Special Issue



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## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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