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Natural Products and Health: 2nd Edition

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Message from the Guest Editors

Dear Colleagues,

Nutritional status determines a person's condition and resistance to disease. For a developing organism, it influences growth and development. Eating disorders and inflammatory and autoimmune metabolic diseases are often associated with the occurrence of nutritional deficiencies.

We constantly aim to improve the nutritional status of patients, both in terms of increasing their appetite and improving their nutrient absorption efficiency.

Using natural substances to enhance the nutritional statuses and metabolisms of people with metabolic diseases is noteworthy. For example, *Cannabis sativa* is a source of anti-anorexic and hypoglycemic compounds, which support patients' nutrition and pharmacotherapy. Understanding the pharmacology and mechanisms of action of cannabinoids in the regulation of metabolic and enzymatic processes will allow the safe introduction of natural substances to prevent and treat metabolic diseases.



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Special Issue



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