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Healthy Eating and Determinants of Food Choice

Guest Editors:

Prof. Dr. Fiona Pelly

School of Health and Behavioural
Sciences, University of the
Sunshine Coast, Queensland,
Australia

Dr. Libby Swanepoel

School of Health and Behavioural
Sciences, University of the
Sunshine Coast, Queensland,
Australia

Dr. Rachael Thurecht

School of Health and Behavioural
Sciences, University of the
Sunshine Coast, Queensland,
Australia

Deadline for manuscript
submissions:

closed (5 March 2024)

Message from the Guest Editors

Dear Colleagues,

Despite diet being vital to health, and information on healthy eating being more accessible than ever, there is still significant disparity between dietary intake and healthy eating guidelines. The factors that impact food choices are broad reaching, extending across policy, environmental, social and individual domains. Over 400 different determinants of nutrition and eating have been identified in the literature, highlighting the complexity of food choices. Given that nutrition interventions strive to support factors that enable healthy eating, it is crucial to understand the key factors impacting food choices to deliver effective nutrition interventions.

The aim of this Special Issue is to provide the latest evidence on the determinants of food choices in relation to diet and health in any population. We encourage researchers in this field to submit original research or high-quality reviews to broaden the knowledge in this field.

We look forward to your submission.



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Special Issue



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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