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Dietary Intake and Health Status in Older Adults

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Deadline for manuscript submissions:

closed (15 April 2024)

Message from the Guest Editor

Aging is a global concern that affects Western, Asian and other populations inclusively. A large portion of overall health spending is devoted to elderly persons, with much of this being taken up by non-communicable diseases. Healthy dietary patterns and specific nutrients have been shown to be beneficial for promoting health and prolonging life among older adults. While there is considerable interest among scientists regarding the effects of nutrition on the health and aging status of the older population, there is still scant information on temporal and regional patterns. Nutrition can have a specific impact on aging-related health outcomes and disability, such as sarcopenia and frailty, in either prevention or intervention schemes.

We invite you to consider submitting your original research findings or a review article on the topic. Manuscripts should focus on nutrition and aging epidemiology, on public health nutrition for older adults, or on the direct impact of specific food components, dietary patterns, energy intake, macro- and micro-nutrients, food insecurity, innovative foods, malnourishment or appetite on the health status of older populations.



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Special Issue



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