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# Plant-Based Foods and Their Bioactive Components: Effects on Cardiometabolic Disorders and Related Molecular Mechanisms

Guest Editors:	Message from the Guest Editors
Dr. Ren-You Gan	Dear Colleagues,
Dr. Hongyan Liu	The molecular mechanisms underlying the effects of plant-
Prof. Dr. Liang Zeng	based foods and their bioactive components on cardiometabolic disorders are complex and multifaceted,
Prof. Dr. Dingtao Wu	involving metabolic pathway modulation, oxidative stress and inflammation inhibition, insulin sensitivity
Dr. Danyue Zhao	improvement, and gut microbiota modulation, among others.
Deadline for manuscript submissions: <b>25 October 2024</b>	This Special Issue welcomes authors to submit original research articles or reviews. Potential topics include but are not limited to: Antioxidant and anti-inflammatory properties of plant-

based foods and their bioactive components;

metabolism, insulin sensitivity, and cancer cells;

management of cardiometabolic disorders;

impacts on cardiometabolic disorders;

■Effects and underlying mechanisms of plant-based food bioactive components on glucose metabolism, lipid

Health impacts of plant-based foods and their bioactive components on body weight regulation and obesity;Synergistic effects of plant-based foods in the

■The interaction of plant-based foods or their bioactive components with the gut microbiome and related health

■Clinical trials evaluating the cardiometabolic benefits of

**Special**sue

plant-based foods or their bioactive components.



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