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Nutritional Management in Gastrointestinal Diseases

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Message from the Guest Editor

Dear Colleagues,

Digestive tract diseases frequently lead to states of malnutrition due to various causes. These include swallowing disorders, a set of disorders leading to states of malassimilation of nutrients, protein-losing enteropathy or others that, in addition to compromising nutrient supply, lead to increased metabolic demands due to severe inflammation (e.g., severe caustic esophagitis, severe acute pancreatitis, or inflammatory bowel disease). Liver diseases, especially steatotic liver disease associated with metabolic dysfunction or liver disease caused by harmful use of alcohol, constitute an important chapter, as do the consequences of surgery performed on the upper (e.g., Dumping syndrome) and lower digestive tracts. Neglecting the nutritional status of our patients can have a very negative impact on outcomes while increasing healthcare costs. The major aim of this Special Issue is to provide an overview of the nutritional burden of digestive diseases and how to approach their management with the involvement of gastroenterologists, hepatologists, nurses, dietitians, and experts in intensive care medicine, as appropriate.



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Special Issue



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Message from the Editorial Board

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