



Nutritional Management in Gastrointestinal Diseases

Guest Editor:

Prof. Dr. Miguel Montoro

1. Gastroenterology, Hepatology and Nutrition Unit, University Hospital San Jorge, 22004 Huesca, Spain
2. Department of Medicine, Faculty of Health and Sport Sciences, University of Zaragoza, 22002 Huesca, Spain
3. Aragon Health Research Institute (IIS Aragón), 50009 Zaragoza, Spain

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Message from the Guest Editor

Dear Colleagues,

Digestive tract diseases frequently lead to states of malnutrition due to various causes. These include swallowing disorders, a set of disorders leading to states of malassimilation of nutrients, protein-losing enteropathy or others that, in addition to compromising nutrient supply, lead to increased metabolic demands due to severe inflammation (e.g., severe caustic esophagitis, severe acute pancreatitis, or inflammatory bowel disease). Liver diseases, especially steatotic liver disease associated with metabolic dysfunction or liver disease caused by harmful use of alcohol, constitute an important chapter, as do the consequences of surgery performed on the upper (e.g., Dumping syndrome) and lower digestive tracts. Neglecting the nutritional status of our patients can have a very negative impact on outcomes while increasing healthcare costs. The major aim of this Special Issue is to provide an overview of the nutritional burden of digestive diseases and how to approach their management with the involvement of gastroenterologists, hepatologists, nurses, dietitians, and experts in intensive care medicine, as appropriate.





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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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