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The Impact of Diet, Nutrition, and Lifestyle Habits on Cognition and the Risk of Developing Mild Cognitive Impairment and Dementia

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Message from the Guest Editor

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Deadline for manuscript
submissions:

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Dear Colleagues,

In this Special Issue, contributions focusing on healthy lifestyle habits are welcome, with a particular emphasis on those addressing diet and nutritional supplements in the context of a cognitive decline. Eligible submissions include works with a basic research approach (understanding the relationship between lifestyle habits and pathophysiological mechanisms related to the development of cognitive decline), translational research (the connection between these lifestyle habits, therapeutic strategies focused on promoting brain health and the relation with available biomarkers related with pathologies inducing cognitive decline) and clinical research (evaluating the effectiveness of interventions centered around lifestyle habits to prevent or mitigate cognitive decline). Original research, meta-analyses, systematic reviews and narrative reviews will all be considered.

Dr. Miren Altuna-Azkargorta

Guest Editor



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Special Issue



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