



*nutrients*



an Open Access Journal by MDPI

## Nutrition and Lifestyle Intervention on Child Obesity

Guest Editor:

**Prof. Dr. Joseph Sharkey**

School of Public Health, Texas  
A&M University, College Station,  
TX 77843, USA

Deadline for manuscript  
submissions:

**closed (25 April 2024)**

### Message from the Guest Editor

Dear Colleagues,

Children, especially minorities from limited-resource households and rural communities, have the highest rates of obesity, and have maintained the highest rates of overweight and obesity for many years. Childhood obesity is considered a complex system in which behavior is affected by multiple individual-, family-, community- and environmental-level factors that enable or constrain the sustained balance or imbalance between dietary intake and physical activity. Thus, the constellation of health behaviors and settings that place children at increased risk for obesity must be simultaneously addressed through novel approaches. Understanding the effectiveness of interventions is essential for childhood obesity prevention.

This Special Issue will focus on the “Effect of Lifestyle Intervention on Child Obesity” as it pertains to the implementation and evaluation of family and community-based interventions for preventing obesity and promoting healthy behaviors. In addition to one or two systematic literature reviews, we are interested in original research that focuses on theory-based novel interventions that utilize quasi-experimental or experimental design.



[mdpi.com/si/131869](https://mdpi.com/si/131869)

# Special Issue



# ***nutrients***



an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación  
Biomédica en Red Fisiopatología  
de la Obesidad y la Nutrición  
(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Contact Us

*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/nutrients](http://mdpi.com/journal/nutrients)  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)  
[X@Nutrients\\_MDPI](https://twitter.com/Nutrients_MDPI)