



## Nutrition and Health of Food Molecules

Guest Editors:

**Prof. Dr. Warren McNabb**

Riddet Institute - Advancing  
Frontiers in Food Science, New  
Zealand Centre of Research  
Excellence, Massey University,  
Palmerston North 4442, New  
Zealand

**Dr. Hao Wu**

Department of Palaeontology,  
Johannes Gutenberg-Universität  
Mainz, 55128 Mainz, Germany

Deadline for manuscript  
submissions:

**closed (31 December 2023)**

### Message from the Guest Editors

The editorial board of *Molecules* invites you to submit an article to a Special Issue entitled "Nutrition and Health of Food Molecules".

The concept of food molecules has recently received much attention in reference to their effects on food nutrition and health, and this has even extended to food authenticity. Molecules are the basic units that constitute different food matrices and structures, and their effects on food nutrition metabolism, toxic effects, and human health are diverse and complex, and have become a leading research topic in the field of food nutrition and health.

*Molecules* is indexed by the Science Citation Index Expanded (Web of Science), MEDLINE (PubMed) and other databases, and has an Impact Factor of 4.927 (2021).





an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. Thomas J. Schmidt

Institute of Pharmaceutical  
Biology and Phytochemistry,  
University of Münster,  
Corrensstrasse 48, D-48149  
Münster, Germany

## Message from the Editor-in-Chief

As the premier open access journal dedicated to experimental organic chemistry, and now in its 25th year of publication, the papers published in *Molecules* span from classical synthetic methodology to natural product isolation and characterization, as well as physicochemical studies and the applications of these molecules as pharmaceuticals, catalysts and novel materials. Pushing the boundaries of the discipline, we invite papers on multidisciplinary topics bridging biochemistry, biophysics and materials science, as well as timely reviews and topical issues on cutting edge fields in all these areas.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [MEDLINE](#), [PMC](#), [Reaxys](#), [CaPlus / SciFinder](#), [MarinLit](#), [AGRIS](#), and [other databases](#).

**Journal Rank:** JCR - Q2 (*Chemistry, Multidisciplinary*) / CiteScore - Q1 (*Chemistry (miscellaneous)*)

## Contact Us

*Molecules* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/molecules](http://mdpi.com/journal/molecules)  
[molecules@mdpi.com](mailto:molecules@mdpi.com)  
[X@Molecules\\_MDPI](https://twitter.com/X@Molecules_MDPI)