



## New Insights into Type 1 Diabetes

Guest Editors:

**Dr. Antonio J. Amor**

Diabetes Unit, Endocrinology  
and Nutrition Department,  
Hospital Clínic, Villarroel 170,  
08036 Barcelona, Spain

**Dr. Verónica Perea**

Endocrinology and Nutrition  
Department, Hospital Universitari  
Mútua de Terrassa, 08221  
Terrassa, Spain

Deadline for manuscript  
submissions:

**10 September 2024**

### Message from the Guest Editors

Dear Colleagues,

Type 1 diabetes is a chronic metabolic disease. In recent years, some therapies have greatly improved the glucose control of these patients. However, there are also other metabolic derangements, beyond hyperglycemia, that are involved in the risk of chronic complications of these individuals. In this sense, even in those with good glucose control, the risk of cardiovascular disease is still two-to-four-fold increased. Other factors such lipoprotein disturbances, insulin resistance-related metabolic derangements or obstetric complications could be involved in the risk of vascular complications of these individuals. Notwithstanding, there are still many gaps in the knowledge of the underlying factors involved in micro/macrovacular complications in this disease.

The scope of this special issue is to provide an overview of the recent advances in type 1 diabetes, both in the management of hyperglycemia or other cardiovascular risk factors, as well as in the assessment of vascular complications in this disease. Therefore, researchers in the field of type 1 diabetes are encouraged to submit an original article or review to this Special Issue.





an Open Access Journal by MDPI

## Editors-in-Chief

**Prof. Dr. Emmanuel Andrès**

Internal Medicine Department,  
University Hospital Strasbourg,  
67000 Strasbourg, France

**Prof. Dr. Kent Doi**

Department of Emergency and  
Critical Care Medicine, University  
of Tokyo, Tokyo 113-8655, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPus / SciFinder, and other databases.

**Journal Rank:** JCR - Q2 (*Medicine, General & Internal*) / CiteScore - Q1 (*General Medicine*)

## Contact Us

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
✉@JCM\_MDP