



## Multiple Sclerosis: Diagnosis, Treatment and Clinical Management

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### Message from the Guest Editor

Dear Colleagues,

It is a great pleasure and honor to invite you to contribute a paper to this Special Issue of the *Journal of Clinical Medicine* on Multiple Sclerosis.

Multiple sclerosis (MS) is an autoimmune-mediated neurodegenerative disease of the central nervous system characterized by chronic inflammatory demyelination and axonal transection. MS typically presents during young adulthood and can lead to physical disability and cognitive impairment resulting in a general reduction in patients' quality of life. The McDonald Criteria (2017) enable the early diagnosis of MS if compared to the past, based on a combination of signs and symptoms, MRI and laboratory findings. This provides an opportunity to commence treatment that evidences high efficacy from the very beginning. The advanced and correct clinical management of the disease could improve the outcomes and quality of life of MS patients.

The aim of this *JCM* Special Issue, entitled “*Multiple Sclerosis: Diagnosis, Treatment and Clinical Management*”, is to provide an overview of the latest advancements in the diagnosis and treatment of this disease.

Prof. Carlo Avolio  
*Guest Editor*





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