



Advances in Asthma

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Message from the Guest Editors

Dear Colleagues,

Bronchial asthma is currently a very intriguing topic. The definition of several different endotypes/phenotypes has led to a more personalized approach, mainly based on different types of biologic inflammation. The development of many biologics has been a great step forward in the treatment of severe asthma, leading to a significant reduction of exacerbations and the use of oral steroids. However, from unsuccessful cases we are learning the need for more specific biomarkers and the careful clinical evaluation of each individual case. Moreover, despite the availability of very effective drugs for any level of severity, the lack of asthma control is still a major problem in the management of the disease. The support of digital medicine, as well as easier schedules of treatment, would increase the low adherence to the treatment. In summary, the management of asthma is still a “work in progress” despite the significant progress that has been made in its pharmacological treatment.





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