



Association between Sleep Disorders and Diabetes

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Message from the Guest Editors

Dear Colleagues,

Sleep is a basic function of life; however, only in recent years has it received enough attention from the medical community. The role of sleep duration, its various phases and sequence are still largely unknown, along with their role in life. Another critical phenomenon relating to sleep is SAS (sleep apnea syndrome), which is very frequent in the general population. Although we are in the third millennium, we have very scant knowledge of the impact of sleep and SAS on disease states, but its data have demonstrated that their alterations impact on diabetes, which is the paradigm of metabolic disorders. It is highly suspected that sleep disorders and SAS may cause diabetes, worsen glycemic control and even cause death. This Special Issue aims to address at least some of these points and possibly identify the role of various derangements that occur during sleep.





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